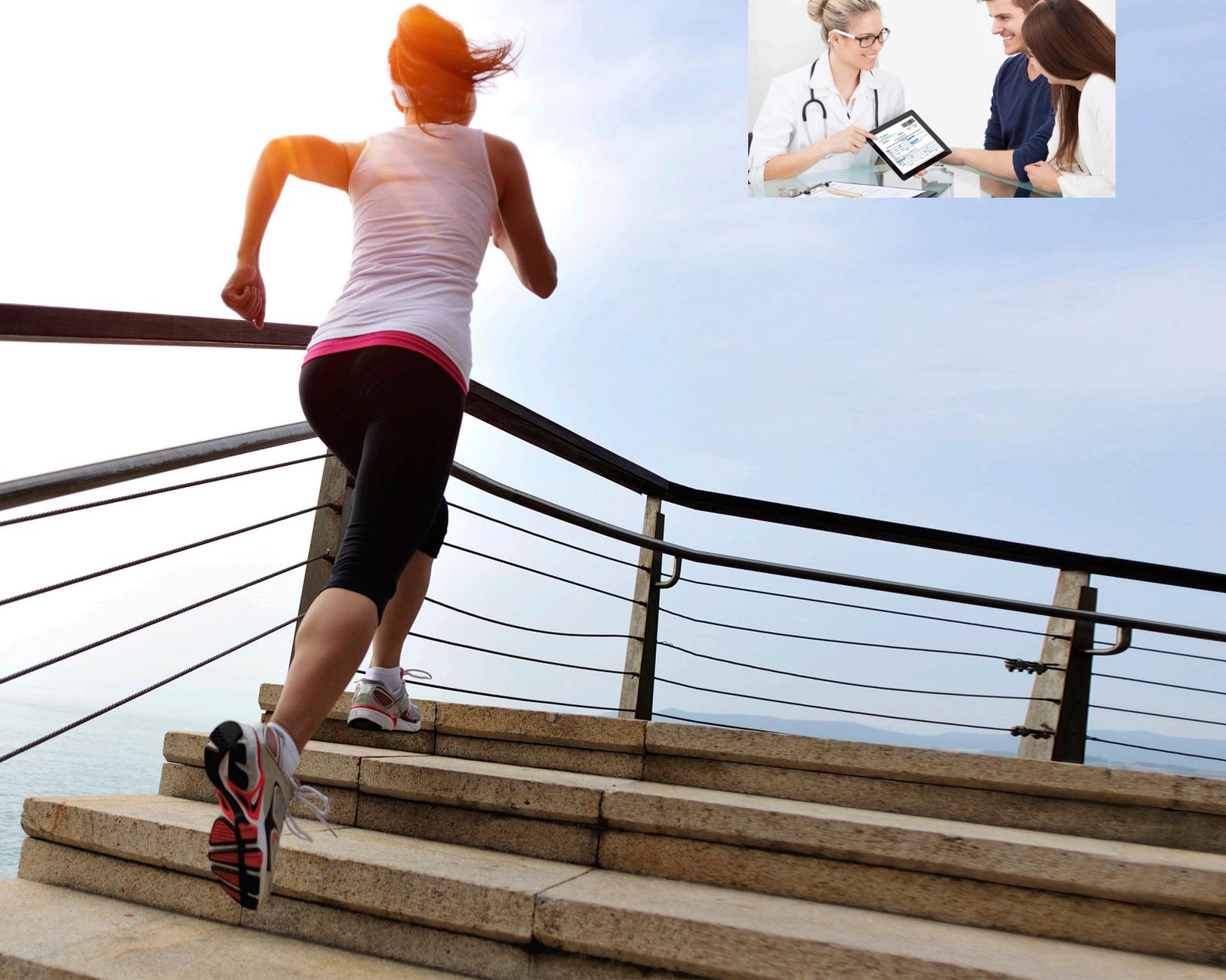


Motions Scientific Solutions along with Cyrex Labs Offers a Personalized and Innovative Approach to Evaluate and Monitor Your Health



910 Wright Street
Marquette, MI 49855
(906) 228-2233
www.motionsfitness.com



AUTOIMMUNE DISORDERS: A GROWING CONCERN—CYREX CAN HELP

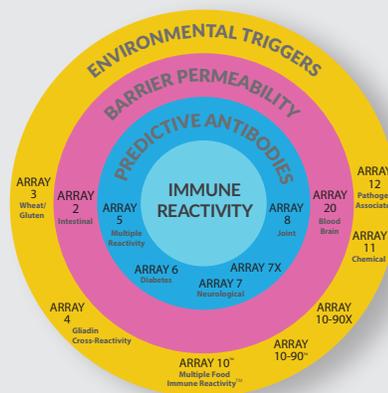
Cyrex is focused on the fast growing health issues of autoimmune disorders now affecting tens of millions of people in the United States. Cyrex test panels are designed to evaluate your immune reactions using our proprietary, advanced technology.

ASK YOURSELF

Does your family have a history of autoimmune disorders? Are you feeling tired? Do you experience brain fog? Do you feel discomfort after a meal? Are you seeking a life-long health and wellness strategy?

As a CLIA licensed clinical laboratory, our innovative tests provide your healthcare professional advanced diagnostic tools to identify and measure immune reactivity and possible autoimmune reactivity that can affect multiple tissues in your body such as:

- Brain
- Nervous system
- Thyroid
- Heart
- Pancreas
- Reproductive Organs
- Liver
- Gastrointestinal System



THE CYREX SYSTEM™:
DESIGNED TO MEET YOUR
NEEDS

PREDICTIVE ANTIBODIES

Assessments your healthcare professional can use to identify autoimmune reactivity at its early stages.



Array 5. Multiple Autoimmune Reactivity Screen™

Measures predictive autoantibodies, some of which can appear up to 10 years before any clinical symptoms. Efficiently and economically assesses possible tissue damage to multiple organs of the body.

Recommended if you:

- Have a diagnosed autoimmune disorder, as there is a 25% chance of developing another condition
- Have chronic increased intestinal permeability, which is the gateway for environmentally-induced autoimmune disorders



Array 6. Diabetes Autoimmune Reactivity Screen™

Assesses markers of the autoimmune components of diabetes. Can be used as a tool to identify reactivity prior to the onset of diabetes, and to monitor a patient who is already diagnosed with diabetes to see how well treatment protocols are working.

Recommended if you:

- Have Type 1 Diabetes or severe/atypical manifestations of Type 2 Diabetes
- Have family history of Type 1 Diabetes or Metabolic Syndrome
- Have Gluten-Reactivity, Dairy-Sensitivity and/or Cerebellar Ataxia



Array 7. Neurological Autoimmune Reactivity Screen™

Assists in the early detection of neuro-autoimmunity, evaluates severity of the autoimmune response, and assists in monitoring the effectiveness of related treatment protocols.

Recommended if you:

- Have idiopathic neurological conditions such as Cerebellar Ataxia or Peripheral Neuropathy
- Show decline in brain function with accompanying fatigue or Fibromyalgia
- Have Gluten-Reactivity and/or Dairy-Sensitivity contributing to neurological dysfunction



Array 7X. Neurological Autoimmune Reactivity Screen™ Expanded

Helps in early detection of neuro-autoimmune reactivity in early detection of autoimmune reactivity of peripheral and central nervous system, and assists in monitoring the effectiveness of related treatment protocols.

Recommended if you:

- Have idiopathic neurological conditions such as Cerebellar ataxia or Peripheral Neuropathy
- Have Gluten-Reactivity, Dairy Sensitivity and/or enhanced permeability of the Gut and/or Blood-Brain Barrier



Array 8. Joint Autoimmune Reactivity Screen™

Assists in the early detection of connective tissue disorders, and in monitoring the effectiveness of related treatment protocols.

Recommended if you:

- Have Arthritis or Arthralgia
- Have joint inflammation induced by exposure to environmental triggers

BARRIER PERMEABILITY ■

When there is a breach in essential defense barriers, the body is at risk for developing environmentally-induced autoimmunity.



Array 2. Intestinal Antigenic Permeability Screen™

Measures intestinal permeability to large molecules, which inflame the immune system.

Recommended if you:

- Present multiple symptom complaints (including Chronic Fatigue Syndrome)
- Complain of food allergy and intolerance
- Suffer from abnormal immune cell count and function (including autoimmune diseases)



Array 20. Blood Brain Barrier Permeability™

Assists in the assessment of increased risk of neurodegenerative disorders, including but not limited to Multiple Sclerosis, Lou Gehrig's Disease, Senile Dementia, Alzheimer's Disease, Parkinson's Disease, Epilepsy and Stroke. Helps in the early investigation of contact sports-related Traumatic Brain Injury, and evaluates the breach of Blood-Brain Barrier caused by stress, trauma or environmental triggers, even in the absence of apparent concussion or brain injury.

Recommended if you:

- Play contact sports during which repeated head trauma occurs
- Engage in activity that involves force or shock to the head and/or body
- Have intestinal permeability with abnormal elevation in LPS and/or Occludin/Zonulin antibodies
- Exhibit changes in cognitive function

ENVIRONMENTAL TRIGGERS ■

Environmental triggers of autoimmunity include dietary proteins, chemicals and heavy metals.



Array 3. Wheat/Gluten Proteome Reactivity and Autoimmunity™

Accurately identifies Gluten Reactivity, and measures antibody production against 8 wheat proteins and peptides and 3 essential enzymes.

Recommended if you:

- Have non-responsive gastrointestinal symptoms
- Present multiple-symptom complaints (including Chronic Fatigue Syndrome and Fibromyalgia)
- Suffer from depression or neuro-autoimmunity



Array 4. Gluten-Associated Cross-Reactive Foods & Foods Sensitivity™

Identifies reactivity to foods known to cross-react to gluten and reactivity to newly introduced foods on a gluten-free diet to which you are sensitized.

Recommended if you:

- Have Non-Celiac Gluten Sensitivity or Celiac disease
- Are experiencing limited improvements or are non-responsive on a gluten-free diet
- Have gut dysbiosis, which appears to be resistant to standard therapy



Array 10™. Multiple Food Immune Reactivity Screen™

This unique, revolutionary panel measures reactivity to 180 food antigens in the cooked, raw, modified or processed form on the same panel. Assists in early detection of dietary-related triggers of autoimmune reactivity and monitors the effectiveness of customized dietary protocols.

Recommended if you:

- Present with unexplained symptoms whether gastrointestinal, neurological, dermatological or behavioral in nature
- Are suspected of having increased intestinal permeability, which is the gateway for environmentally-induced autoimmune disorders



Array 10-90™ and 10-90x Add-on. Multiple Food Immune Reactivity Screen™

Designed to give you the same unique, revolutionary features you get from Array 10 with two options that allow flexibility. Array 10-90 measures reactivity to 90 food antigens most commonly consumed from our Array 10, in cooked, raw, modified or processed forms. The Array 10-90 also features all Cyrex's proprietary food testing technologies.

Array 10-90X is available as an add-on test only to Array 10-90. It includes the remaining 90 food antigens from the Array 10.

Recommended if you:

- Present with unexplained symptoms whether gastrointestinal, neurological, dermatological or behavioral in nature
- Are suspected of having increased intestinal permeability, which is the gateway for environmentally-induced autoimmune disorders



Array 11. Chemical Immune Reactivity Screen™

Identifies the loss of immune intolerance associated with toxic chemicals exposure, which may lead to autoimmune reactivity. Assists in setting guidelines for the avoidance of specific chemicals to reduce the risk of igniting the autoimmune process, and monitoring the effectiveness of the clinical management of protocols.

Recommended if you:

- Have increased chemical sensitivities/intolerance
- Have loss of immune tolerance and/or abnormal immune function



Array 12. Pathogen-Associated Immune Reactivity Screen™

Detect immune reaction to key pathogens that may lead to multiple autoimmune reactivities.

Recommended if you:

- Present with chronic conditions such as gastrointestinal distress, fatigue, body aches or unexplained and general inflammation, including neuroinflammation.
- May have been exposed to bacteria, viruses, parasites, molds, and spirochetes associated with multiple autoimmunities.
- Have not fully responded to clinical interventions, such as detoxification and dietary modifications.



Motions Fitness has been providing Scientific Solutions since 2001. Our techniques are innovative and constantly evolving.

Contact us today to schedule your Cyrex Testing

910 Wright Street, Marquette, Michigan 49855

(906)228-2233

www.motionsfitness.com