MSPA 2021 Spring Conference

Personality Challenges in Adolescence

Carla Sharp, Ph.D.
Clinical Psychology Doctoral Program professor at the University of Houston, Interim Associate Dean for Faculty and Research, Director of the Adolescent Diagnosis Assessment Prevention and Treatment Center and the Developmental Psychopathology Lab at the University of Houston, President of the International Society for the Study of Personality Disorders

Friday, May 14, 2021

The Hotel at Arundel Preserves
7795 Arundel Mills Boulevard
Hanover, Maryland 21076
PROGRAM OVERVIEW

Agenda:
8:15 - 9:00  Registration and light Breakfast
9:00 - 12:00 Evidence for Personality Disorder in Adolescents; Development of Identity
12:00 - 1:30 Lunch, MSPA General Meeting and MSPA Awards
1:30 - 4:00 Demonstration of Evidence Based Assessment & Treatment; Mentalization-Based Treatment of Personality Pathology

Program Description:
The first part of the presentation will explore the Evidence for Personality Disorder in Adolescents. Participants will be provided with state-of-the-science information on the conceptualization of personality challenges adolescents. The barriers (myths) regarding early detection and intervention of Borderline Personality Disorder (BPD) in adolescents as well as evidence in support of the diagnosis in adolescents will be discussed. Next, Dr. Sharp will review the Development of Identity. Participants will be introduced to research on the normative development of personality and identity during adolescence, as well as deviations from normative developmental trajectories. Dan McAdams’s model for typical personality and identity development during childhood and adolescence will be presented and how identity development may go awry manifesting in personality disorder will be discussed. Mentalizing will be introduced as a critical skill for supporting healthy personality development. Dr. Sharp will then cover Evidence Based Assessment & Treatment where participants will be introduced to structured and clinical assessment tools for adolescents with BPD, when conceptualized through the lens of identity development and mentalization. The program will conclude with Dr. Sharp reviewing Mentalization-Based Treatment of Personality Pathology. Participants will be introduced to Mentalization-Based Theory and Treatment for adolescents and how skills can be applied in the school setting.

Learning Objectives:
As a result of this training, participants will be able to:
1. Gain an understanding of how best to conceptualize personality challenges in adolescence.
2. Understand why adolescence is a sensitive period for the development of personality challenges.
3. Gain an understanding of personality challenges in youth, its correlates, causes and its outcomes.
4. Gain knowledge in the identification of personality challenges in adolescence.
5. Develop hands-on techniques for managing personality challenges in adolescence

NASP Domains Addressed:
Domain 4- Mental and Behavioral Health Services and Interventions; Domain 6- Services to Promote Safe and Supportive Schools; Domain 9 – Research and Evidence-Based Practice
ABOUT THE SPEAKER

Carla Sharp, Ph.D. is Professor in the Clinical Psychology doctoral program at the University of Houston and Interim Associate Dean for Faculty and Research. She is also the Director of the Adolescent Diagnosis Assessment Prevention and Treatment Center and the Developmental Psychopathology Lab at the University of Houston. Her work has significantly advanced the scientific understanding of the phenomenology, causes, correlates and treatment of personality pathology in youth. She is the recipient of the 2016 Mid-career award, North American Society for the Study of Personality Disorders and the 2018 Award for Achievement in the Field of Severe Personality Disorders from the Personality Disorders Institute and Borderline Personality Disorder Resource Center, New York. She is the current President of the International Society for the Study of Personality Disorders and incoming Associate Editor for APA journal Personality Disorders: Theory, Research and Treatment. She has published over 260 peer reviewed publications (h-index 59), in addition to numerous chapters and books, including Handbook of Borderline Personality Disorder in Children and Adolescents (Springer, 2013). Her work has been funded by the NICHD, NIAAA, NIMH, the Brain and Behavior Research Foundation and other foundations.

INFORMATION

HOTEL INFORMATION:
The conference will be held at The Hotel at Arundel Preserves, 7795 Arundel Mills Boulevard, Hanover, Maryland 21076. Conference attendees can make hotel reservations through The Hotel at Arundel Preserve’s Reservations Center, 1-888-624-4011. Please identify yourself as part of the Maryland School Psychologists Group when making your reservation using the group code 210514 MSPA. Upgraded rooms may be offered at the time of reservation for an additional fee. The cancellation of guaranteed reservations must be received 24 hours prior to arrival in order to avoid a charge of one night’s room and tax.

The Hotel has established a “Room Block Release Date” of Wednesday, April 14, 2021 for Group reservations. After this date, all rooms not guaranteed by deposit, credit card or the Master Account will be released to the Hotel Reservations for general sale. All ‘no show’ reservations will be billed to each individual’s credit card: if a credit card is not on file for the guest, the master account will be charged for the “no-show”. The cancellation of guaranteed reservations must be received twenty-four (24) hours prior to arrival in order to avoid a charge equal to one night’s room and applicable taxes.

Check in time for all attendees is 3pm. Attendees may be checked in earlier depending on occupancy levels and availability of “ready” rooms. In order to streamline the check-in process, the Hotel would appreciate receiving arrival times for attendees, if available. Checkout time is 11am.

CPD/CE INFORMATION:
The National Association of School Psychologists (NASP) and hence the Maryland Board of Examiners of Psychologists recognize MSPA as an approved provider of Continuing Professional Development/Continuing Education (CPD/CE) for psychologists (NASP APS #1002). MSPA maintains responsibility for the program. Documentation of attendance for 5.5 hours of CPD/CE credit will be provided to certified school psychologists and licensed psychologists who complete the entire workshop. Partial credit cannot be awarded. In order to receive
CPD/CE credit, attendees must arrive no later than 15 minutes after the start, and may not leave prior to 15 minutes before the end of the program. MSPA maintains responsibility for the program. Please direct all CPD/CE related questions to Karen Bell, the MSPA CPD Coordinator cpd@mspaonline.org.

MAIL-IN REGISTRATIONS:
Go to www.mspaonline.org to download the full brochure. Mail in your registration form and check to: MSPA Spring Conference, P.O. Box 1859, Westminster, MD 21158. If you want confirmation of your mail-in registration, please include a stamped, self-addressed postcard or email Amy Jagoda aljagod@carrollk12.org for confirmation. Mail-in registrations must be postmarked by April 26, 2021. There is a $25.00 additional fee for late registrants. The late fee goes into effect beginning April 19, 2021. Your attendance certificate acts as your receipt (monetary receipts are available upon request).

ONLINE REGISTRATIONS:
Go to www.mspaonline.org to register and pay online. There is an ONLINE REGISTRATION DEADLINE of May 1, 2021. There is a $25.00 additional fee for late registrants. The late fee goes into effect beginning April 19, 2021. Your attendance certificate acts as your receipt (monetary receipts are available upon request).

GROUP REGISTRATIONS:
MSPA does not offer a group registration rate however, employers who register a group of 10 or more will receive 1 complimentary registration. Email the list of names as well as registration forms for each registrant to Amy Jagoda at aljagod@carrollk12.org. She will give you the total cost for the registrations.

CANCELLATIONS:
Reimbursement requests for registration cancellations will be honored until May 1, 2021. Reimbursement requests after that date cannot be guaranteed.

QUESTIONS & SPECIAL NEEDS:
Persons with questions or special needs should contact: Amy Jagoda at (410) 386-1818 or aljagod@carrollk12.org.
REGISTRATION FORM

NAME: ____________________________________________________________

ADDRESS: __________________________________________________________________________

CITY / STATE / ZIP: _________________________________________________________________

HOME PHONE: (___) __________ WORK PHONE: (___)____________________________

PREFERRED E-MAIL ADDRESS: _________________________________________________________

EMPLOYER: _______________________________________________________________

POSITION: ________________________________________________________________

___Check if a Sign-language interpreter is needed (request must be received before April 15, 2021)

Conference Fee Schedule: (Make checks payable to MSPA):

___ MSPA Member in Good Standing..............................................$150.00
___ MPA Member in Good Standing..............................................$150.00
___ Nonmember.............................................................................$215.00
___ Full-time MSPA Student Member .......................................$100.00
___ MSPA Retired Member.............................................................$100.00
___ Full-time Student Nonmember ..............................................$115.00
___ Vendor Requesting Table......................................................$250.00
___ Late Fee applied if postmarked April 19th or after..............$25.00