



# March Wellness Bulletin

## Fertility Treatment at InMotion Health Center

Fertility has become an increasing challenge in today's stressful society. Approximately 9.3 million American women are using assisted reproductive technology, which is starting to include Acupuncture and Chinese Medicine. Western medicine is capable of micromanaging human physiology. Chinese medicine addresses the



big picture, thus insuring that the whole organism is brought back to a state of dynamic balance and vibrant health. The two disciplines can work together or separately, and many couples are turning to eastern medicine first.

Doctors at InMotion are often successful, not only in helping our patients achieve a pregnancy, but more importantly creating a “take home baby.” Treating both of the partners is advised for best results.

Employing Acupuncture, herbology, diet and lifestyle changes, the

In the pre-pregnant state, acupuncture causes changes in ovulation and sperm count and motility. This optimizes both parent's physiologies. Acupuncture also prepares the uterus for implantation of the egg and can prevent miscarriages as well. It also helps in relaxation and stress reduction. During pregnancy, nausea and appetite are controlled, insomnia can be helped and back and leg pain reduced. If there is a breech presentation, it can usually be reversed quickly. Labor can often be induced as well. In the post pregnant timeframe, hormones can be worked with to diminish post partum depression and induce and maintain proper lactation.

The Doctors employ diagnostics such as pulse and tongue assessments, as well as a color print out of your energy in graph form, so they can prescribe an adequate regimen of treatment. Treatment often includes dietary and supplemental recommendations as well as lifestyle modifications. The treatments are very relaxing and take approximately half an hour. Each patient is treated individually to normalize their own pattern of imbalance as all infertility cases are not the same. **Difficult cases are welcome.**

*Testimonial: Only 2 months of acupuncture and Juice Plus+ and what a difference it made! Dr. Fitelson, thank you for helping me to achieve my most precious gift—my beautiful baby girl..... Catherine H.*

*Testimonial: After many months of “conventional” and expensive treatment with medications for infertility, I began treatment with Dr. Fitelson. Within a few months I found out I was pregnant. My husband & I were thrilled! - Pam K.*

**Call now for a consultation. 314-644-2081**