

MARCH 2020
VILLAGE EDITION



Mt. Carmel CONNECTIONS

Saddle Up Your Horses

When television first became popular at the beginning of the 1950's, TV westerns were an audience favorite. It's difficult to say if the flurry of western movies perpetuated the American romance with the wild west, or if our infatuation with the old west fueled the movie industry. What is certain is that we love the stories of adventure and opportunity that come out of this era of our nation's history. As we get ready to **Mosey into March at Mt. Carmel Community at The Village**, we have rustled up a classic John Wayne movie, *McClintock* and a great western documentary, *The Last Cowboy* for two exciting Monday Western Movie Matinees. Join us in the theater at 2:00 on the 9th and 23rd for these great films, popcorn, and cokes. We'll also explore TV Westerns by featuring their titles in a "TV Westerns" edition of Wheel of Fortune on the 30th. We'll consider the topics of "Horse Sense" and "Cattle Wrangling" at two additional Wheel of Fortune games this month. The enclosed March calendar is full of activities and events that will have you chomping at the bit to join us as we celebrate the wild, wild west. We're featuring a variety of cowboy-themed activities including a Finish the Cowboy Drawing, Cowboy 5-Clue What is it? Game, Cowboy Word Search Puzzle, Cowboy Roll & Cover Dice Game, and Cowboy Person, Place, or Thing Game. We'll tip our hats to the cattle drives of the old west with a Purple Cow Ice Cream Social. Come wet your whistle with a Purple Cow Shake on March 3, and hang around to visit with your friends. Recalling the spirit of the wild west, we'll enjoy some friendly competition at our Horseshoe Beanbag Toss and reminisce together at a Cowboy Campfire Sing-along. Round up your neighbors and join us as Mt. Carmel Community at The Village celebrates the wild, wild west all month long!

☘ Happy-Go-Lucky Fun ☘

You'll feel like you've hit the jackpot when you celebrate St. Patrick's Day with us at Mt. Carmel Community at The Village! As we look forward to the magic of St. Patrick's Day, we're bringing lots of Irish activities your way! Join us for Leprechaun Coloring (3/4), Irish Songs (3/4), Irish Jokes, Trivia, & Limericks (3/13), Shamrock Coloring (3/16), and St. Patrick's Day Donuts & Drawing (3/17). In addition, Ken Goodman and the Common Ground Band will be entertaining us with a variety of Irish songs this month. Our Dietary Department has planned an Irish-inspired St. Patrick's Day lunch menu featuring Corned Beef, Colcannon (a traditional Irish dish consisting of potatoes, bacon, and cabbage), Carrots, Irish Soda Bread, and a Rhubarb Tart.

Life in Tanzania

We have a special guest, Kay Oursler coming to speak to us about the time she spent living in Tanzania. You are invited to come learn more about this East African country, located just south of the Equator, and home to Mt. Kilimanjaro, the highest free-standing mountain in the world. Invite your neighbor to join you for this exciting and informative presentation.

March Birthday Roundup



Mt. Carmel Residents:

March 8 • Lefty Leipold
March 16 • Gladys Dohrer
March 23 • Dale Milford
March 30 • Rogers Driggers

Garden Home Residents:

March 6 • Sissie Arnoult
March 16 • Violet Potts
March 21 • Jerry Bielinski
March 24 • Helen Weber
March 30 • Betty Dawson
March 30 • Pat Blakley

Mt. Carmel Staff:

March 15 • Lolita Greer
March 17 • Kim Beasley
March 23 • Marlaina Buhrmester

Chuck Wagon Days

On a cattle drive, the chuck wagon was as important to the cowboy as his boots! After a long day in the saddle, a hot meal was certainly something to look forward to. If you like to eat out, you'll look forward to our two "Out to Lunch" opportunities this month. On Friday, the 13th we'll be going to **Olive Garden** where you'll find all your Italian favorites on the menu. The following week, on **March 18** we'll be going to **Charlie's Pizza Pub** for lunch. You'll love their hand-crafted brick oven pizzas, but their menu also includes many of your favorite American dishes. Our lunch trips combine food and fellowship in a way that you are sure to enjoy. Sign up today!

Daylight Saving Time



Don't forget to "Spring Forward" by turning your clocks ahead one hour at bedtime on Saturday, March 7.