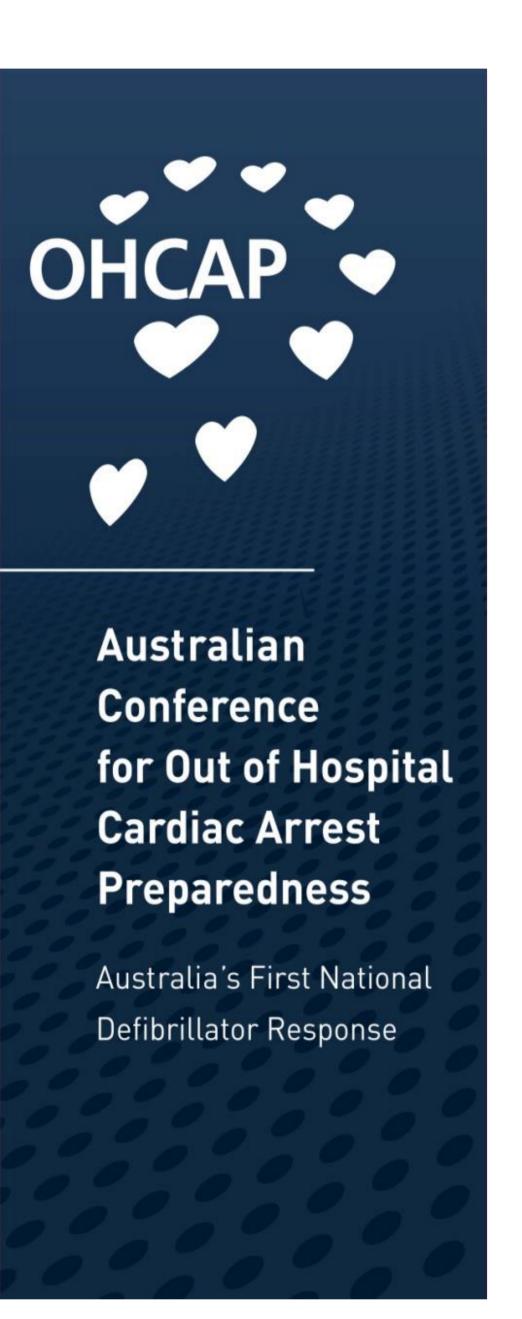
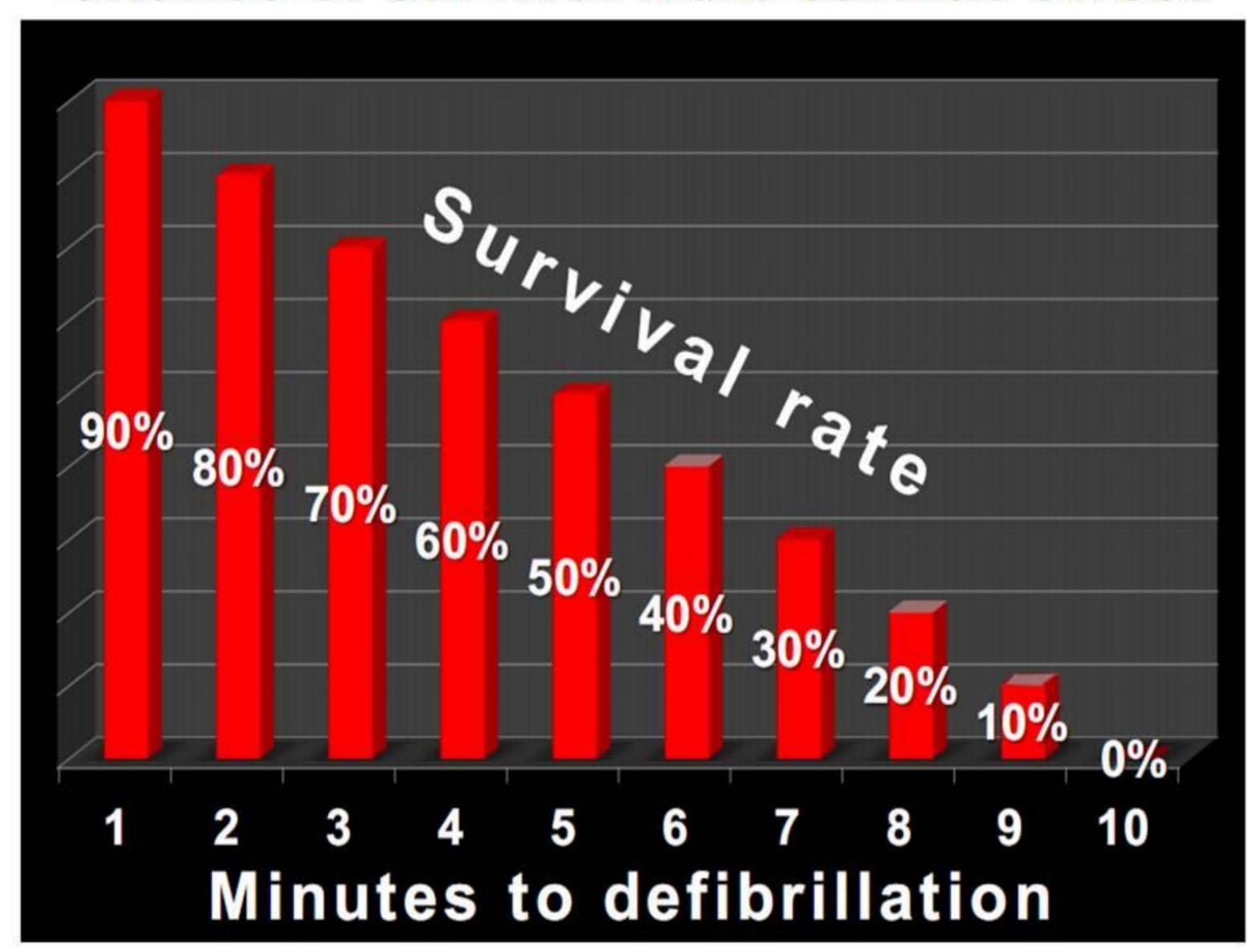
Controlling Out of Hospital Cardiac Arrest (OHCA) Risk

30th October 2015



Chance of survival from cardiac arrest



Source: Cardiac Arrest Survival Foundation, 2012

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Overview

Australian

Conference

for Out of Hospital

Cardiac Arrest

Preparedness

Australia's First National

Defibrillator Response

What is 'risk'?



How do we apply this to OHCA risk?

DEFIBRILLATOR ALARM PRINCIPLES



AWARE

Are you AWARE of what to do with it?



Defibrillator signage (overhead and directional) to be used

- Attend annual training in CPR
- Participate in annual defibrillator orientations

LOCATE Can you LOCATE it?



Defibrillator to be located no more than one to two minutes away from a Potential Victim

- Positioned in a conspicuous and readily accessible location
- Located along normal paths of travel and near exits

ACCESS Can you ACCESS it?



Defibrillator should never be locked away and should be

- Visible
- Accessible
- Mapped to a smart phone where consent for public access is granted

Can you RELY on it?



Defibrillator:

- Preferably fully automatic with interchangeable pads
- Clear rescue prompts
- Automated daily self testing of pads, cable, battery and electrical circuitry
- Extra set of pads
- A first aid pack that contains pocket mask, wipes, razors and scissors

Defibrillator checking:

- Small workplaces (fewer than 50 workers) should check and log their defibrillator daily.
- Large workplaces (50 or more workers) and Public Spaces should have their defibrillators monitored 24/7 for defibrillator operability, access and safety

Defibrillator parts and consumables must be replaced:

- before their expiry date
- after being used
- in accordance with the manufacturer's instructions

MEASURE Do you know about it?



Data collection and record keeping of all defibrillator components, trained rescuers, service records and site emergency details and reporting of all incident details for quality assurance and research purposes to improve response and outcomes.

The Duty Holder is the person recorded as <u>responsible</u> for the defibrillator system conforming with the Defibrillator Guidelines.

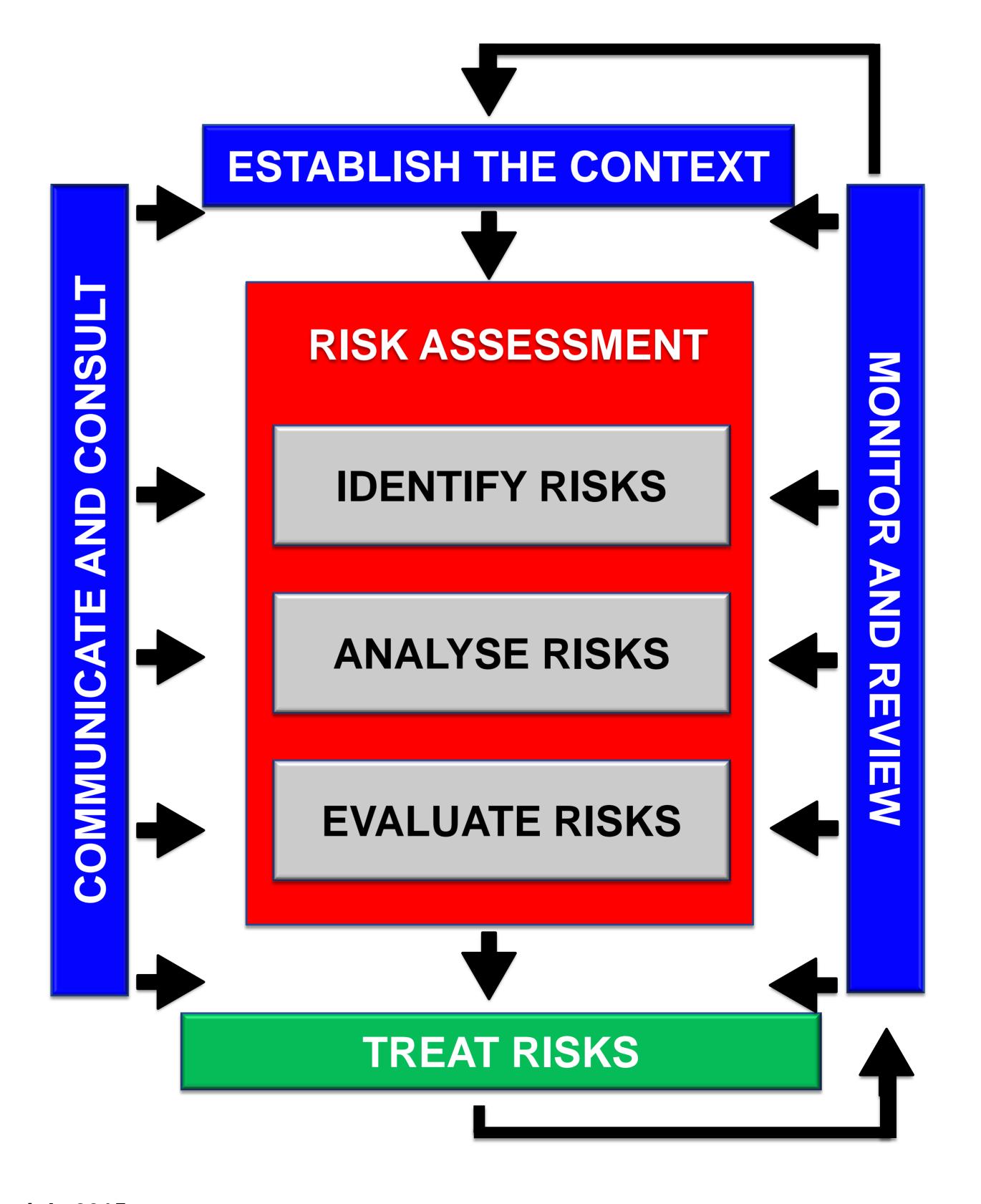
> Potential Victim is a person showing signs of a cardiac arrest. Public Space is a place or a part of Premises that are open to the public

Risk Management 101 – ISO31000

Risk = the effect of uncertainty on objectives.

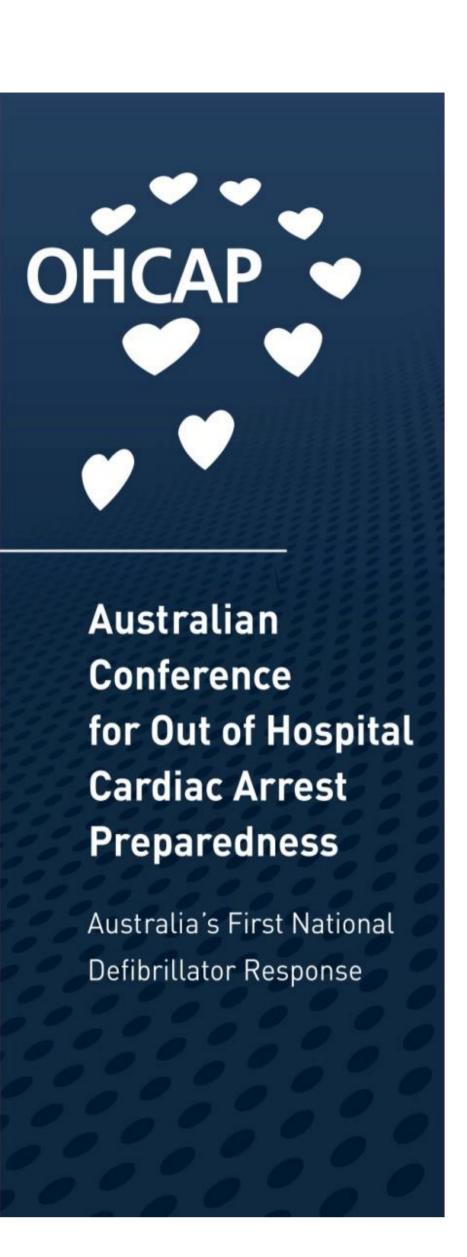


- What are our objectives?
- What can go wrong?
- How likely would that be?
- How would it impact our objectives?
- What can we do about it?
- Is this sufficient? Are there further safeguards available?
- Do it & review it.



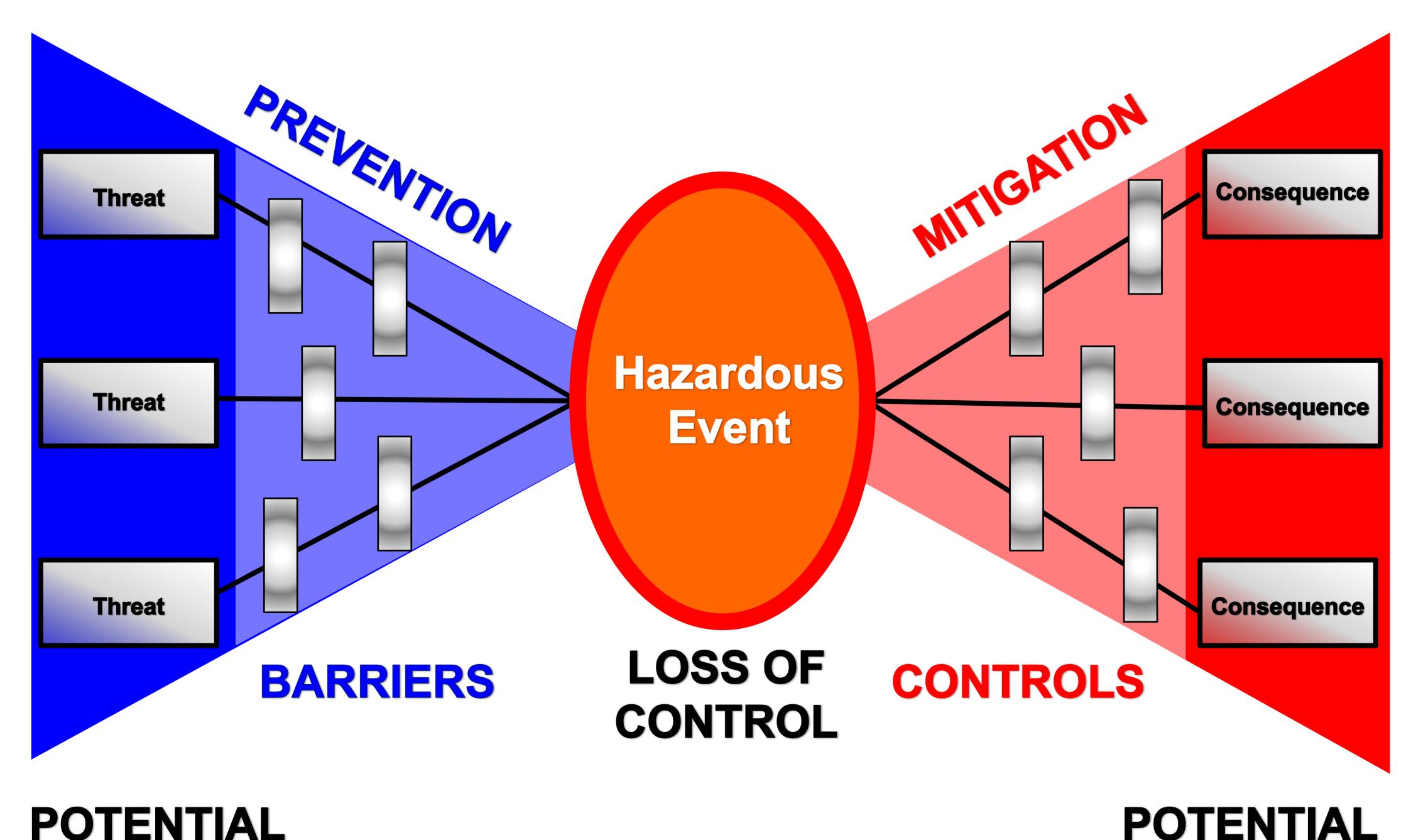
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4 What is 'risk control'....?



CAUSES

The function of a risk control / safeguard / barrier is to prevent or stop an adverse sequence of events or to bring about a less severe consequence.



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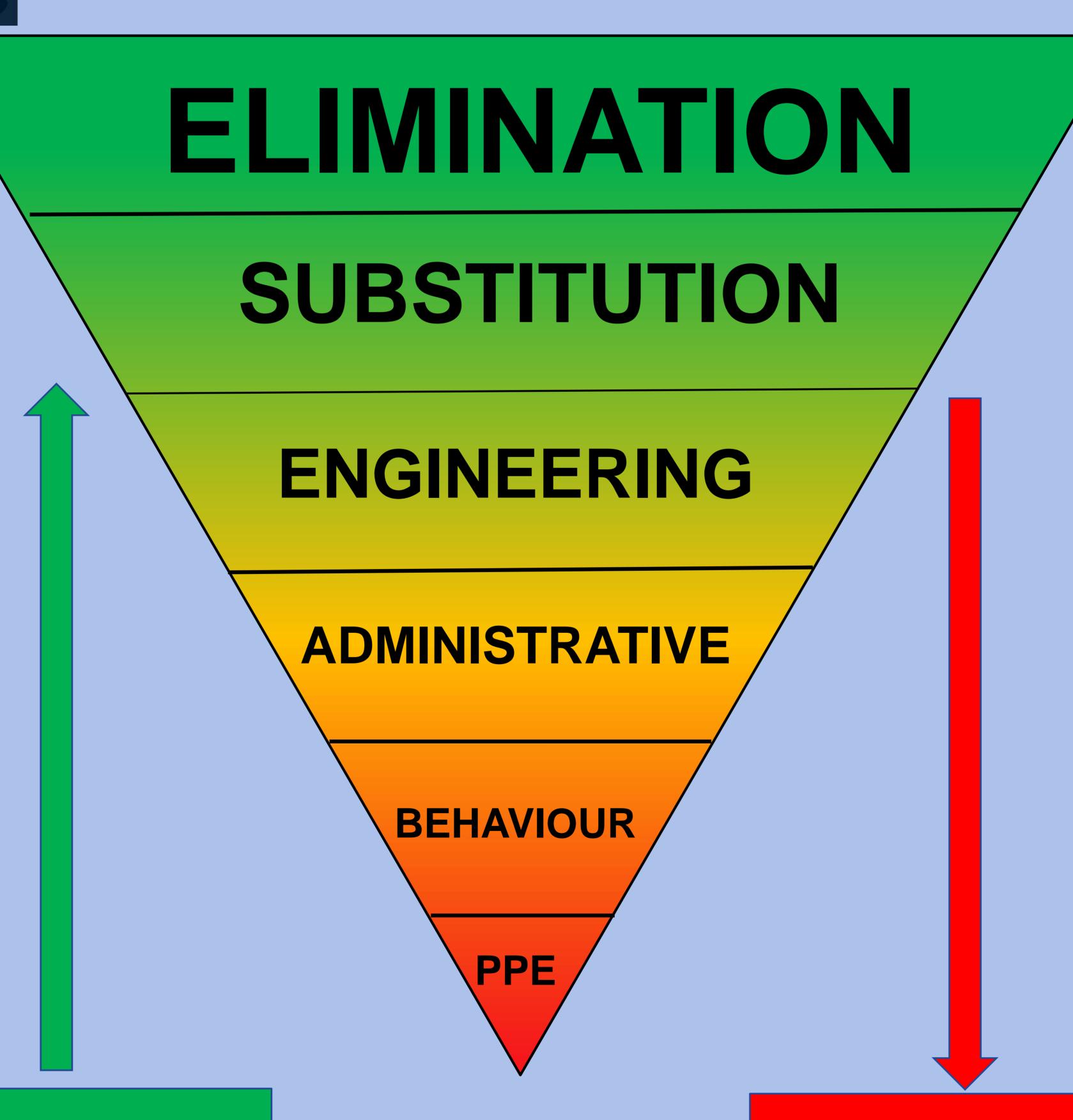
OUTCOME

5 What type of 'risk control' is best..?



Hierarchy of Control

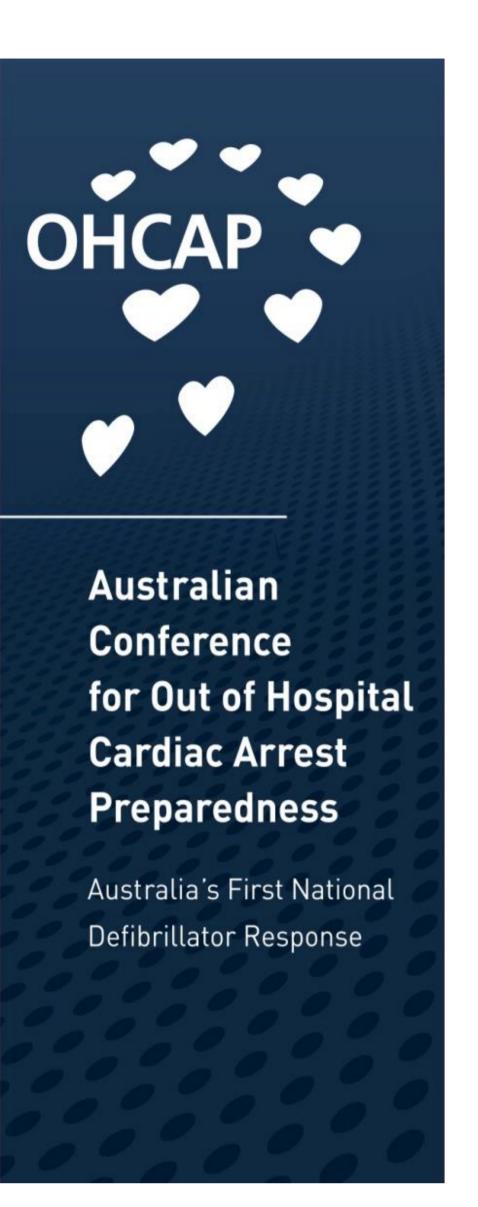
Apply the highest level of control commensurate with the risk level. Lower value controls may be used in the interim until long-term controls are implemented



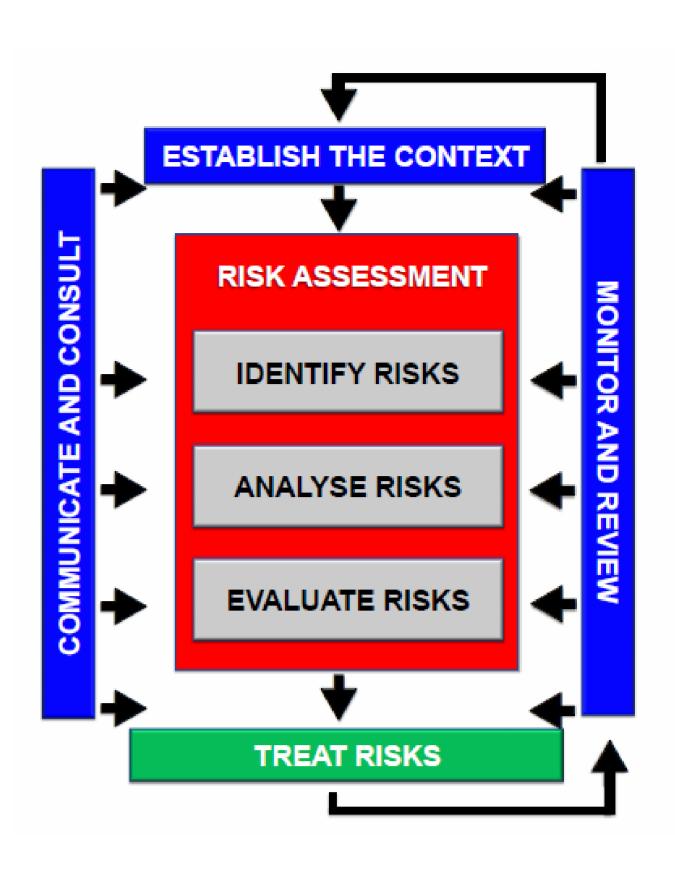
Increasing effectiveness and sustainability

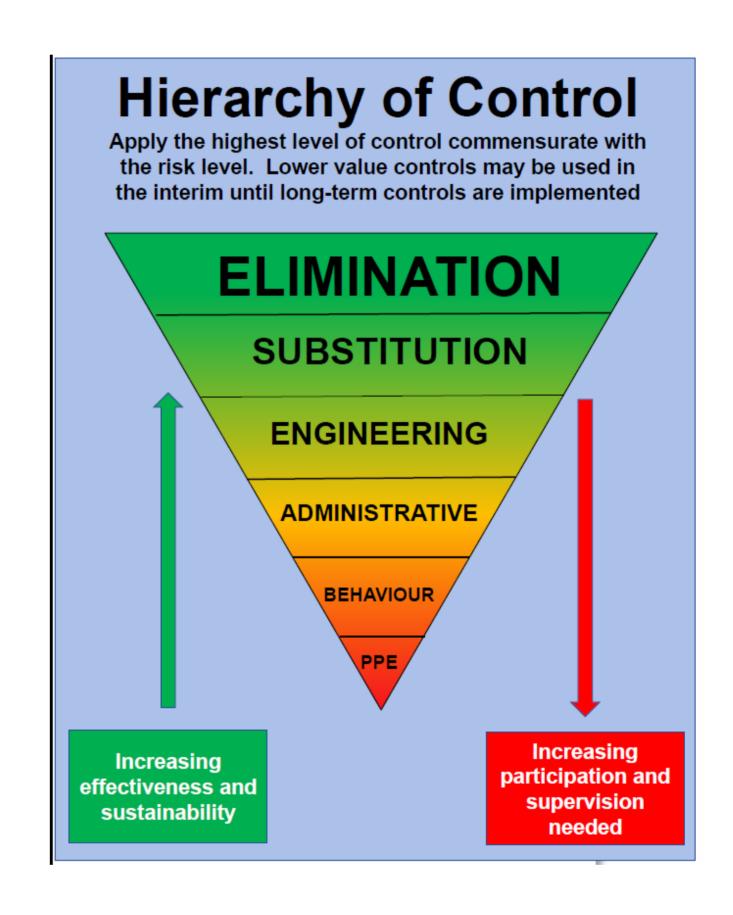
Increasing participation and supervision needed

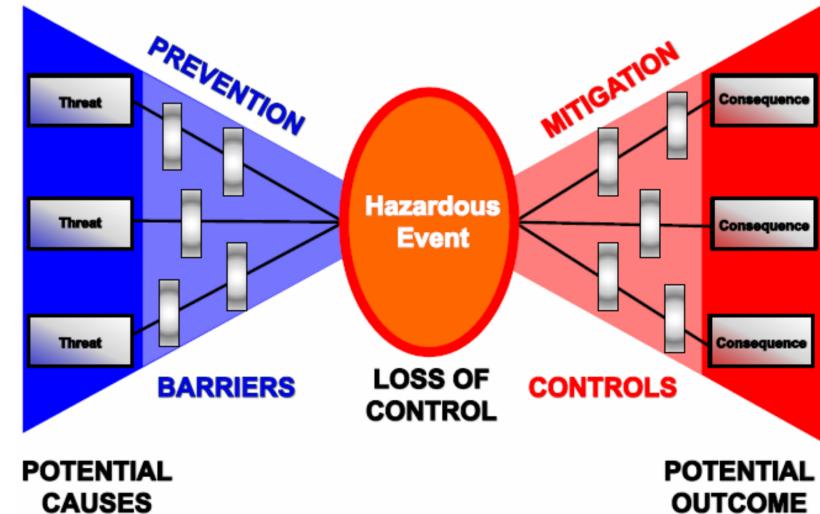
6 Framework for Control of OHCA Risk



- 1. Identify risks (sources of uncertainty, threats to ALARM principles)
- 2. Analyse the causes, likelihood and the consequences
- Identify all known, available and suitable safeguards against the risks.
- 4. First, try to eliminate the risk.
- If not possible, use the hierarchy of risk controls eg. try to engineer it out.
- 6. Remember the "Bowtie" prevention is better than cure.
- 7. Duty of Care what can be done, should be done!







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Example – OHCA Risks (Uncertainties)

| Step | Unwanted Event (ie. Hazard / Risk) Description | Potential Consequences | Current Risk Controls | Additional Risk Controls / Actions |
|--|--|--|---|---|
| 1. AWARE. Know how to use the AED. | Bystanders do not know how to operate an AED correctly (eg. never used one before, never trained) | Unable to defibrillate casualty if required. Reduced chance of survival. | Administrative: Public awareness and training on AED's. | |
| | | | Administrative: Instructions provided with AED. | |
| 2. LOCATE. Seek out the AED. | Only one by-stander. | Unable to defibrillate casualty. Reduced chance of survival. | | |
| | 2. Location of AED unknown. | Unable to defibrillate casualty. Reduced chance of survival. | | Administrative: National register of AED locations - accessible by 000 operators. |
| | | | | Engineering: The "internet of things" – web- enabled AED's. |
| | Incorrect location of AED given (eg. by other bystander, 000 operator etc). | Unable to defibrillate casualty. Reduced chance of survival. | | Administrative: Maintenance of AED location register. |
| | | | | Engineering: The "internet of things" – web- enabled AED's. |
| 3. ACCESS. Obtain the AED. | Access to AED restricted (eg. locked away). | Unable to defibrillate casualty. Reduced chance of survival. | | |
| | Access to AED not granted by owner. | Unable to defibrillate casualty. Reduced chance of survival. | | |
| 4. RELY. Use the AED. | AED does not work correctly, or at all (eg. faulty ~20% chance - JAMA report). | Unable to defibrillate casualty. Reduced chance of survival. | Engineering / Administrative: Built-in-test within AED's combined with regular inspection / checks. | |
| | | | Engineering: On-line monitoring of AED's (eg. back-to-base reporting of faults). | |
| 5. MEASURE. Collect data, analyse, improve. | Data collection and analysis not integrated. | Difficulty in obtaining accurate and/0r meaningful statistical results. Reduced capacity to respond to trends. Identification and implementation of effective improvements potentially affected. | | Engineering: Common data collection and record-keeping platform. |

