

# Tangentyere Men's Behaviour Change Program

Talking straight to make change



WORKING TOGETHER WALKING TOGETHER

## Tangentyere Men's Behaviour Change Program





## The aim of the program

The Tangentyere Men's Behaviour Change Program (MBCP) aims to work towards the safety, wellbeing, human rights and dignity of women, children and others affected by men's use of violence. We believe women and children have the right to enjoy safe and respectful relationships.

The Tangentyere MBCP offers individual assessment, counselling and psycho-educational services to men, consisting of 16 weekly two hour group sessions held in the community and at Alice Springs Correctional Centre.

Sessions topics include (but are not limited to) developing men's understanding of family violence and awareness of the effects of their use of violence, working towards respectful relationships, the cost of using violence, emotional regulation and taking responsibility.

# Assisting change

The Tangentyere MBCP (or the program) is proud of its long history and professional standards. The program adheres to the minimum service standards of best practice as set out by *No to Violence*, the nationwide peak body of organisations working with men to end their violence against family members.

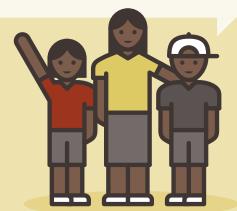
The program also adheres to and respects the rights of Indigenous Australians and understands the complexities of working in the Central Australian context. We accept referrals for all men, indigenous and non-indigenous.

### Women and children

The Tangentyere MBCP's primary concern is upholding the safety of women and children.

A specialised family violence women's worker from the Women's Safety Service of Central Australia (WoSSCA) will contact the partners and ex-partners of men who attend MBCP (a condition of joining the program) to provide women with safety advice, support and information. We do not make judgments about women's relationships or choices.

'The program's primary concern is upholding the safety of women and children.'



## Referrals and conditions

If you are working with a client or family where family violence is an issue and the man is open to seeking support around changing his behaviour, please contact us from Monday to Friday to discuss a referral and/or an assessment. Comprehensive assessments are conducted by our specialist staff to ensure the man is group-ready. The Tangentyere MBCP also conduct assessments in prison and at court.

While we respect the sensitive nature of our discussions, the Tangentyere MBCP abides by limited confidentiality and mandatory reporting guidelines.

For more information please contact the Tangentyere Men's Behaviour Change Program on 08 8952 1430 (Monday to Friday)



'I am making positive changes and I feel proud of myself. I am making plans for myself and my family.'

'I used to keep a lot of bad stories to myself, but coming here I let it all out.'

'It's your responsibility for how you control yourself.'

'Men and women are equal — we should work together as a team.'



#### Service access

The Tangentyere Men's Behaviour Change Program (MBCP) welcomes enquiries from any man wishing to change his behaviour. We also invite referrals and enquiries from agencies or family members.

#### Acknowledgement of Country

The Tangentyere MBCP would like to acknowledge and pay respect to the traditional owners *Mparntwe*, the Arrente people.

#### Tangentyere Council

2/21 Gregory Tce (Cnr Leicchard Tce) Alice Springs NT 0870

The Tangentyere MBCP can be contacted on -

**08 8952 1430** (phone)

intake.mbcp@tangenteyere.org.au (email)
or visit

tangfamilyviolenceprevention.com.au (web)



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