Dear Tabor Hills Family Members, Caregivers, Volunteers, Guests, and Staff:

As promised, we want to keep you informed about what Tabor Hills is doing to keep our communities as safe as possible during the evolving situation with the Coronavirus.

We are following guidelines put forth by the U.S. Centers for Disease Control (CDC) and Centers for Medicare and Medicaid Services (CMS), as well as the Illinois Department of Public Health. Based upon their most recent guidance, Tabor Hills will now be implementing several extra health measures to protect our elderly residents, staff and community members.

**EFFECTIVE IMMEDIATELY:** In alignment with recommendations from the Centers for Medicare and Medicaid Services for Infection Control and Prevention of COVID-19:

1. Visitation at Tabor Hills Healthcare Facility, Tabor Hills Supportive Living Community, and Independent Living Community is limited to only essential medical personnel and staff. This means that individuals (family members, volunteers, students, selected vendors, etc.) will not be allowed to come into these facilities except for special circumstances such as end-of-life situations or when it’s medically necessary. We will also require all visitors and employees to answer a few simple screening questions upon entering the facility and we will require everyone who enters these buildings to undergo a temperature check. In lieu of visits, we will be facilitating alternative means of communication for people who would otherwise visit such as SKYPE, FaceTime, Zoom, and will have this process in place as soon as possible.

2. Only private companions/caregivers who are officially registered to be at the facility will be allowed into the buildings. They will be subject to the same Tabor Hills screening process and agree to abide by all Tabor Hills policies and procedures to mitigate spread of infectious diseases. Any private companion/caregiver who does not comply with Tabor Hills’ policies will be escorted out of the building and will not be allowed to return.

3. We are temporarily suspending all Tabor Hills community events scheduled in our buildings. This pertains to all schools or volunteer groups that may have planned an activity to provide socialization or entertainment for our residents. We are avoiding any activities that involve large crowds.

4. We are discouraging residents from leaving these communities except for medical appointments or other essential business. Residents who do leave the facility will be subject to screening upon their return.

5. We are checking the temperatures of residents as well as employees daily.

6. Tabor Hills will immediately halt all non-essential outside business conferences for employees. Employees who must travel for personal reasons, will be subject to various policies and procedures as suggested by the CDC, including limitations on their return to work for up to 14 days depending upon the location to which they traveled.

7. Tabor Hills’ staff will not be allowed to travel between communities but will work only at the facility they are assigned to. Exceptions will be granted for specific members of our staff based on their job responsibilities.

**FOR RESIDENTS, THEIR LOVED ONES, AND STAFF, WE ARE RECOMMENDING PRECAUTIONS TO AVOID EXPOSURE TO THE VIRUS ARE SIMILAR TO THOSE YOU WOULD TAKE TO AVOID THE FLU:**

1. Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol content.

2. Avoid touching your eyes, nose and mouth with unwashed hands.

3. Avoid close contact with people who are sick.

4. Cover coughs and sneezes with a tissue and then throw the tissue in the trash immediately. If tissues aren’t available, cough or sneeze into the inside of your elbow.

5. Clean and disinfect frequently touched objects and surfaces.

6. If you feel sick with a fever, 100.4 degrees or higher, have a dry cough or have trouble breathing, or experience shortness of breath, seek immediate medical advice.

7. It is wise to call ahead before going to a doctor’s office or ER and let them know you are coming in—they may have a different protocol for you.

**PLEASE HELP US PROTECT OUR COMMUNITIES:**

**STAY HOME WHEN YOU ARE SICK UNTIL YOU HAVE BEEN FEVER-FREE WITHOUT THE USE OF FEVER REDUCING MEDICINE FOR AT LEAST 72 HOURS.**

All the above restrictions and precautions are **EFFECTIVE IMMEDIATELY**, but we will evaluate the situation daily and implement further recommendations by public health officials as needed.

Thank you,

Frances Salinas, CEO