

This Retreat will educate young women on the following: Perseverance, Peer Relationships and Social Pressures.

Special Guest Speakers -

Nilda Valmores

Dana D'Amico



Friday, May 31, 2019 5 PM - 9 PM check in starts at 4:30P M SASF/Bel Air Wong Family Community Center 9040 High Tech Court, Elk Grove, CA 95758

special Guests

Nilda Valmores has had the honor of leading My Sister's House, the Central Valley's only shelter for battered Asian / Pacific Islander women and children since September 2004. Prior to arriving at My Sister's House, Valmores was the Community Development Director for Mercy Housing California for 5 years. As a child advocate, Valmores has worked with non-profit organizations on a statewide level addressing issues affecting children and the poor, in education, social services and housing arenas for over 20 years. When she isn't found at the office or at a My Sister's House related event, Valmores says that she can be found pestering her husband and 2 teenage children!

"SFP Leadership Development Program has provided me with the managerial frameworks to govern and lead through hard times; the peer wisdom and support to laugh through challenging employees, difficult board and funder issues and the confidence to speak with a louder voice statewide to assist victims of domestic violence, particularly those facing language and cultural issues."

Dana D'Amico was born and raised in Sacramento, CA and has lived there for over 47 years. She has been in the real estate industry for 28 years and a public advocate for preventing domestic violence in Sacramento and throughout California. She is a survivor of domestic violence and has been sharing her story and solutions for 8 years. It's her passion to help others strive to be the best they can be and to impart her knowledge of life experiences and challenges in our communities. For over 8 years, she has worked with non-profit groups to prevent sex trafficking and to help educate the public, striving to put an end to the hate and unethical thought processes in the community. She has been published in 3 books from 2013 thru 2015 and is the co-author of Table Spoon of Tears, penned in 2014. For 10 years, she was the Leader of the Dance Ministry at Center of Praise, where she equipped the dancers and church with biblical lessons and leadership. She is also a certified public speaker for Courage Worldwide and has garnered national recognition for her writing submission on behalf of Jenny Williams, the recipient of the Woman of Worth Award by L'Oréal. She is the CEO of Be-Liberi, which is coming soon.

Registration: \$20* per student - before May 5, 2019 \$30* per adult - before May 5, 2019

> \$25 per student - at the door \$40 per adult - at the door *Please make checks to* SASF, Strive for Strength

Includes T-shirt, dinner, dessert and give away item, Girl Scouts can receive a Strive for Strength patch

Open to **ALL** young females. Registration forms available online.

*Registration fee must be paid in full prior to the retreat. NO REFUNDS. For more information: www.striveforstrength.org

Sponsored by:





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Proceeds from S4S goes towards funding the Linda Kobayashi Scholarship. A \$1,000 Linda Kobayashi Scholarship will be available to a qualified senior that attends the retreat. Forms will be available at www.SASFQuest.org. This is not an EGUSD/SCUSD sponsored program and EGUSD/SCUSD accepts no liability or responsibility for this program/activity.