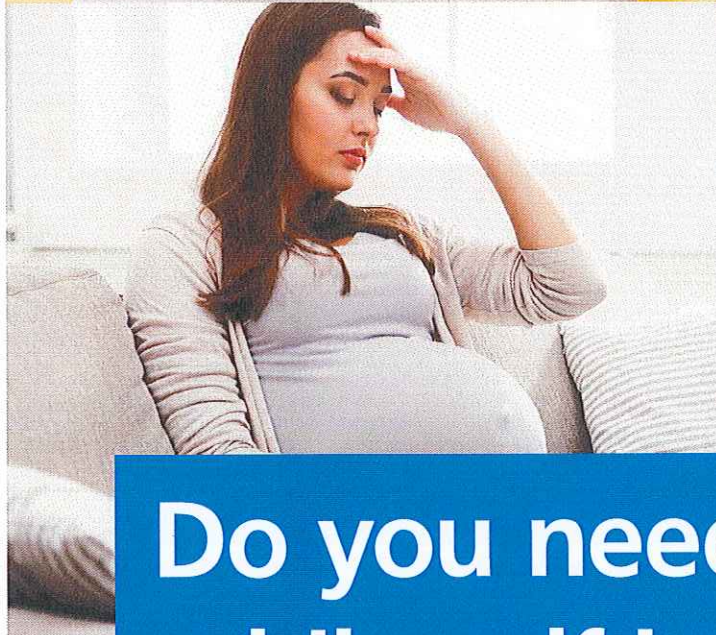


NHS
VOLUNTEER
RESPONDERS

DELIVERED BY
ROYAL
VOLUNTARY
SERVICE

NHS



Do you need some help while self-isolating?

If you, or someone you know, needs a hand with collecting shopping or prescriptions, or just wants someone to talk to, our NHS Volunteer Responders are here to help.

Join the thousands of others throughout England who are already receiving support – even if it's just for a friendly chat.

**Call 0808 196 3646 or visit
nhsvolunteerresponders.org.uk**

Help is available if you have a medical condition which makes you vulnerable to COVID-19, especially if you are over 70. You also qualify if you are pregnant or have a disability.