

SMARTIES BREAKFAST AND TEA MENU

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Free range fried /scrambled_eggs	Continental breakfast With ham and cheese	Pancakes with banana & strawberry (syrup, honey and jam)	Beans (low sugar and salt) on toast_/ cheese	Waffles/Bacon
Toast -Jam, honey, marmite	Toast - Jam, honey, marmite	Toast- Jam, honey, marmite	Toast -Jam, honey, marmite	Toast- Jam, honey, marmite
Cereal and fruit	Cereal and fruit	Cereal and fruit	Cereal and fruit	Cereal and fruit
Milk and fruit juice	Milk and fruit juice	Milk and fruit juice	Milk and fruit juice	Milk and fruit juice

TEA TIME

Chicken nuggets with rolls	Spaghetti Bolognese	BBQ chicken with rice	Fish finger with rolls	Pizza
Vegetarian chicken nuggets	Vegetarian Bolognese	BBQ Quorn chicken with rice	Fishless fingers	Cheese pizza
Fresh Fruits and vegetables	Fresh Fruits and vegetables	Fresh Fruits and vegetables	Fresh Fruits and vegetables	Fresh Fruits and vegetables
Yogurts	Brioche	Cheese and crackers	Fruit salad	Yogurt
Fruit juice and water	Fruit juice and water	Fruit juice and water	Fruit juice and water	Fruit juice and water

