

CYBERFLASHES

Keeping MVC Alumni & Friends In Touch



Aug 11, 2017 | Editor: Melodie Mae Inapan | Negros Occ. Philippines

Reflections

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Editor's Thoughts: "Flying"

By Melodie Mae Karaan Inapan

As a child, I used to gaze dreamily at the skies above and I would get lost in my thoughts. I was always in constant wonder at the vast expanse of blue and the infinite mystery beyond. How I enjoyed watching eagles as they rise effortlessly and soar gracefully across the sky. From this breathtaking scene, I nurtured in me the desire to fly on the wind, soar high in the sky, and explore places beyond my little horizon. *Someday*, I would tell myself, *someday*.

Fast forward to the future. I did get to fly high when I had the wonderful chance to travel outside the country and explore places. Travel is a truly fascinating experience and plane rides abroad are awesome. Except for rough air, better known as air turbulence. Having turbulent air

36,000 feet above really scares the wit out of me. But the Lord has always been my Protector and has kept me safe as I always get to land in one piece.

This CyberFlashes issue features two MVC alumni who encountered rough air while in their flights. And in such situations, they gain a first-hand experience of how the Lord fulfills His promise of protection. God is indeed good especially in our travels to different places. May you be blessed by these testimonies of the Lord's goodness to His children.

Melodie



Weird Example

By Joy Faigmani Pontanar

I don't like flying into air turbulence. And in this flight, I've been kept wide awake by this plane's incessant shaking and quivering over the storm activities in Thailand, at the Indian Ocean and over the Indian Peninsula. Out of eight hours sleep opportunity after boarding at midnight, I've lost seven.

All the five hours of this flight I've been praying, "Please, Lord, keep us safe. Please, Lord, save us" as we rattle along 33,000 feet in the air. Every recent airline horror story fills my mind as

everyone else about me slumbers. Suddenly I remember the lines from one of my favorite songs from [#Unspoken](#):

"Let the thunder be my comfort
Let the lightning be my guide
Let the waves that rise around me
Hold me gently through the night
For the winds that seem against me
Push me right into Your arms
Teach me how to sleep in the storm."

There will be many rocky roads, choppy seas, turbulent flights, and testy trials in my life and in yours. But we are invited to look to Jesus, the One who showed us what to do in such occasions: sleep in the storm. Out of the many advice and tips about how to cope with life's rough spots, I call this the weird example. But being the Creator and Peace-Speaker that He is, Jesus knows this one is the best to do.

We have two hours left till we land in Doha, Qatar and we're still jiggling. But my heart is quieter, like a baby in her mother's womb. There will be thirteen hours layover when we land, then about seven hours flight to Manchester, and finally one hour with Easy jet to Belfast. With this song in mind, I say bring on the turbulence and let me get back lost sleep 🤔 😊 ☐ ☐ ☐ ☐

P.S. Composing this has robbed me of sleep too. Pandamay ning Facebook! 😊 ☐ ☐

Good day, friends!

[#Mark4verses35to41](#)

Luzil Joy F. Pontanar is an MVC alumna. She writes from Dublin, Ireland.

In The Fangs of Death

By Marlo Ordoña

I had the privilege of being a part of the Association of Christian Schools, Colleges and Universities (ACSCU) Accrediting Agency. One time, the agency assigned us to accredit one of the colleges in Davao City. One of the members of the team was Ms. Amor, a lady from Fellowship Baptist College, in Kabankalan City, Negros Occidental. After a successful evaluation, the accreditation team were treated to dinner by the host school.

Very early the next day, I and the lady from Kabankalan City were brought to Davao airport. We were ready to fly back home to Bacolod City via Cebu. The weather was fine when we left Davao, but it turned stormy when we reached Cebu City. As we were waiting for our flight to Bacolod, an announcement echoed through the hall that our flight for Bacolod was cancelled due to the storm. We were disgusted for a while but we could not go against the weather.

After two hours of waiting, a steward announced that passengers bound for Bacolod could now board the plane. At last we could go back home after 6 days of absence. We were half way through our flight when the storm came back and met us as we were descending. The pilot attempted to land but failed. The howling of the wind grew worse, The plane trembled and struggled to ascend and all passengers were scared. Everybody prayed hard together with myself and Ms. Amor. She held my hand tightly. She was very pale and she told me that that was our end. The female copilot was scared, too. Her hair was tousled. We could hear the struggle of the plane engine as it worked

hard to escape the danger of crashing. We were able to go back to Cebu and landed safely that evening. We thanked the LORD for his protection and mercy.

That scary experience taught me that in times of distress, Jesus is just a prayer away. He is always ready to pull us out from danger, just like what He did with Peter when the disciple almost drowned. Our Lord is indeed our Shield, our Rock, our Shelter in a time of storm. We need not fear. We are safe under His wings.

Marlo Ordoña, an MVC alumnus, is a retired academy principal. He writes from Central Philippine Adventist College, in Murcia, Negros Occidental.

Terrified of Turbulence? Flight Turbulence Explained & Coping Strategies

Many people fear flying. Once you get on an airplane, you are committed to it for the duration of your journey; there's no pulling over and stopping if you get uncomfortable. This feeling of being trapped would put many passengers on edge even if there were no other reasons for fear. Airplane crashes are a Hollywood staple, though, and they're usually big, newsworthy events. While airplane crashes are much less common than car accidents, the media attention they receive makes them seem like a real threat to many passengers.

It's little wonder, then, that airplane turbulence would make so many travelers uneasy. Turbulence can happen without warning, causing a plane to shudder or dip erratically. Items may shift, and passengers might be jostled in their seats. The sudden lift or plummet of an altitude change can cause discomfort in the passengers, and fear is a natural reaction. Fortunately, most cases of turbulence are completely harmless, and there are ways to combat even more serious turbulence to help yourself and your fellow passengers.

What is Flight Turbulence?

Turbulence occurs when an airplane hits a strong wind current. Like a wave in water, these air currents can push or pull the plane. Most commercial jets fly high enough to avoid most wind patterns, but occasional gusts can occur at any altitude. When this happens, the airplane is buffeted by the wind. It may gain or lose altitude, or it may simply shudder under the strain of the cross-winds.



There are several types and causes of air turbulence that an aircraft may encounter. Most of them are referred to as clear air turbulence because they can occur even when there is no visible weather. This makes them difficult to detect, and pilots may not know they'll occur until they fly into them:

- Thermals: These are caused by the exchange of rising hot air and sinking cooler air.
- Jet streams: Air currents at high altitudes shift rapidly, which can cause disturbances to the nearby air.
- Mountains: Air may behave differently on one side of a mountain than the other; air turbulence is common when crossing a mountain range.
- Wake turbulence: If the airplane passes by another plane or helicopter, the wake created by the other aircraft can cause turbulence.
- Microbursts: Usually caused by passing storms, these downdrafts are sudden and strong. They can also be caused by other aircraft.

If you think of the sky as a giant lake, turbulence makes more sense. Air behaves much like water. It forms currents, swirls, pushes against mountains and recoils from craft that cross it. Just as a ship may be rocked by the passage of another boat, wake turbulence can be created whenever an aircraft passes through a patch of sky. If you think of air as a liquid, understanding the patterns of air turbulence becomes much simpler.

Is Turbulence Dangerous?

According to the National Transportation Safety Board, turbulence is responsible for 75 percent of all weather-related aircraft crashes. Severe turbulence can structurally damage the airplane and cause the pilot to lose control, which may in turn lead to a crash. Even in airplanes that do not crash, turbulence can still cause accidents. Indeed, it is the primary cause of injury to aircraft passengers and flight attendants.



Recently, a [Delta flight attendant](#) sustained injuries when her plane caught severe turbulence before landing in Newark, New Jersey. Another flight on [Emirates Airline](#) resulted in injuries for 10 passengers and

three members of the flight crew. In both cases, no one who was injured was wearing a seatbelt at the time the turbulence hit.

All the same, turbulence is rarely very serious. Even severe cases of turbulence rarely end in a crash. Pilots are trained to handle clear air turbulence, and they know how to maneuver a plane through even the worst rough patches. Moreover, airplanes are built to be very sturdy and withstand a beating. Even planes that sustain damage will usually continue to fly until the pilot can get them safely on the ground.

How to Handle Flight Turbulence

In all but the most severe turbulence situations, injuries can be avoided by simply wearing your seatbelt and remaining seated during your flight. Nearly every passenger who becomes injured by turbulence sustains those injuries by being thrown about the cabin. Whenever you are seated, be sure to wear your seatbelt even if the flight attendants have said it's safe to move about the cabin. If you do get up to move around, restrict your movement to necessary routes, like traveling to the bathroom, and pick the nearest lavatory to your seat. Wandering around the airplane stretching your legs can put you at risk from sudden or unexpected turbulence.

Other Tips for Handling Airplane Turbulence:

- Try to get a seat near the center of the plane. Turbulence is felt more keenly in the tail end and is mildest around the wings.
- Be sure to safely stow away your luggage. If you access the overhead compartment for any reason, be sure it latches. Otherwise, the luggage could break free and injure someone.
- Use the restroom before takeoff. This will reduce your odds of needing it during all but the longest of flights. Also avoid diuretics like coffee, tea and soda; opt for plain water or juice instead.
- Be sure your seatbelt fits comfortably. If it's too small to latch comfortably, ask the flight attendant for an extender.

If you do hit a patch of turbulence, it's important to keep calm. Practice deep breathing techniques and relax your muscles. Tension can cause soft tissue injuries if you're jostled around, and it won't help you deal with a true emergency any more effectively. As long as you remain calm, wear your seatbelt and follow any instructions given by the pilot and attendants, you should be entirely safe while flying.



Despite the fears that many people have about flying, airplanes are one of the safest ways to travel. Constant improvements in

airplane design and the way pilots are trained make flying safer every year. It's okay to be a little nervous, but arming yourself with knowledge can keep you from being afraid the next time you step onto a plane.

Source: <https://www.airportparkingreservations.com/blog/flight-turbulence-explained/>



SULADS' Corner: Mahayag Shines Again

Jeremias B. Belmonte, Sulads Supervisor

MAHAYAG SHINES AGAIN

By Jeremias B.. Belmonte

SULADS Supervisor

June 2017

Mahayag Mission School is well-known for its students' Angelic voices, beautiful cave and very active members of our Church. Above all it is known for its name, Mahayag, which literally means "Shining." God's glory is glowing in the village as the village people of neighboring villages happen to pass by and overlook Mahayag Village. In the distance it is really shining. It is no wonder that Angels of God love to be in this village as the children from generation to generation share their gift of beautiful angelic voices. I believe beautiful, Angelic heavenly voices are POWERFUL to drive away evil spirits and evil elements.

Mahayag Mission School has once again opened this year, 2017, through the efforts of the Village Chief, the people of the village, and barangay officials. The barangay Indigenous Peoples Mandatory Representative (IPMR) is also a former chief of Mahayag. This came about through the initiative of the SULADS couple Bobby and Ging Llamera. With the strong demand of the villagers



and this time with Indigenous Peoples Education (IPEd) in the Department of Education (DepEd) Program to the unreached people groups, SULADS, which formerly offered a Literacy Center Program, is now providing formal school records for the children with the help of the IPEd Program. The school is connected to and adopted by the nearest Public School. God has blessed His work more and more abundantly by showing love to this unreached group of people in their education program. DepEd teachers said that SULADS is their perfect partner since we are trained to be culturally sensitive, we speak their vernacular, and eat, sleep, and live with the people, no matter how far they are located in the jungles. We mingle with them, heal the sick, etc. and they, the DepEd, provides the formal record so children's years of schooling will not be lost or become time wasted. This is our MINISTRY. We bid them, "Follow Me".

We have been looking forward to this reopening of one of the oldest mission schools so it could shine with Jesus' love once again. Now Mahayag Shines Again! As one Mahayag villager testified to me just before we sent our volunteer missionary couple, the people around once again witness that the village is Glowing bright again. It is shining, not because of the Local Electricity Utility Line that has reached the village (though it is not yet functioning), it is again shining in some homes where they see bright beams of light that are shining in the night as they hear their songs of praise.

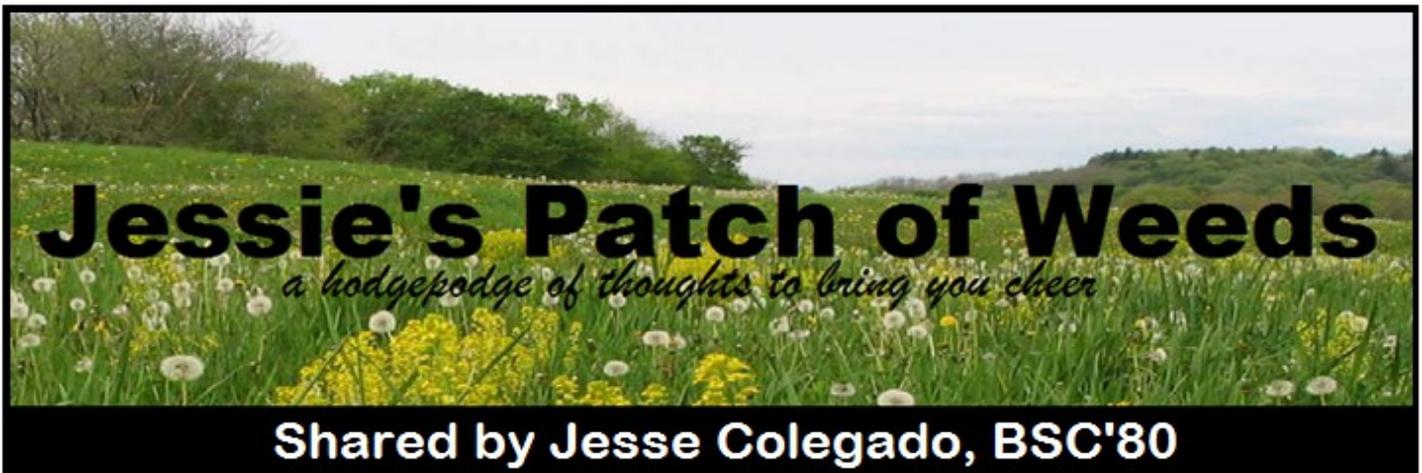
This is no ordinary light. This is the light of God shining again in the hearts of His people in this place. May each village that the SULADS missionaries enter and nurture also shine brightly. As they shine with the righteousness of Jesus in their hearts, the Angels will love to dwell with them.

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If you would like to support this mission program dedicated to taking the Gospel to the people of Mindanao, please write a check to Gospel Outreach. Mark it for the SULADS and send it to: Gospel Outreach P.O. Box 8 College Place, WA 99324 You may also donate to the SULADS using your credit card by logging on to Gospel Outreach's donation site (<http://www.goaim.org/>) and follow the directions. Again, mark it for SULADS. If you would prefer, you may write your check to the General Conference of SDA and mark the donation for SULADS and send it to: General Conference of SDA Donations 12501 Old Columbia Pike Silver Spring, MD 20904 Thank you for your support of this very important project. If you do not want to receive any more newsletters, Unsubscribe To update your preferences and to unsubscribe visit this link Forward a Message to Someone this



You Need Never Walk Alone!

My way was dark and I walked alone,
My soul too faint to face those dread tomorrows.
Of life I'd asked for bread and got a stone;
My heart was crushed beneath its load of sorrows.
"O God!" I cried, 'please lead me into sunlight—
I dread each troubled night and hopeless day.
I need your hand to comfort me and guide me,

I can no longer walk my stumbling way.”

I prayed with tears, and God’s clear voice replied:
“Weep not, my child, you need not live with heartache.”
I prayed in trust—now He walks by my side—
I prayed in faith and joy replaced my heartbreak.
“All good is yours,” God said, “here and in heaven.
Forget your fears, my child, for you’re my own—
Whate’er you ask in love to you is given,
Pray truly, and you’ll never walk alone.”

—by Alexander Lane, These Times, March 1962 (as seen in the Signs of the Times Newsletter)

Teasing

My grandson, Justus, age 10, and his sister Taylor, age 13, were always teasing each other. One day, Justus was getting "sensitive" about things his sister was saying to him. I reminded him that he had said the same types of things many times in days past.

With quiet reflection, he spoke a gospel truth: "But it doesn't hurt as much coming out of my mouth as it does going into my ears."

(from Pastor Tim)

Alligators

A New York boy was being led through the swamps of Louisiana by his cousin.

"Is it true that an alligator won't attack you if you carry a flashlight?"

The cousin smirked and replied, "Depends on how fast ya carry the flashlight."

(from GCFL)

Pictures

As Sandie was getting Hailey ready for bed, Hailey insisted that she must first name all the pictures that were on her wall. So Sandie listened as she named each one.

There was her little mermaid poster, a picture of a teddy bear with the inscription, "Jesus loves me" and a couple of other ones. And then she came to a picture that Sandie had embroidered for her when she was just a baby. It was a Mommy bear, a Daddy bear, a big brother bear and a little sister bear. Sandie had always told her that she had embroidered this picture just for her and that it was just like their family, with Mommy, Daddy, and a brother and a sister. As she was naming her pictures, when Hailey came to this one, she very casually said, "And that's us when we were bears ..."

(from Sandie Benedict via Kidwarmers)

Housekeeping

My friend's husband is always telling her that housekeeping would be a snap if only she would organize her time better. Recently he had a chance to put his theory into practice while his wife was away.

When I popped in one evening to see how he was managing, he crowed, "I made a cake and frosted it; washed the kitchen windows; cleaned all the cupboards; scrubbed the kitchen floor, walls, and ceiling; and even had a bath."

I was about to concede that perhaps he was a better manager than his wife, when he added sheepishly, "When I was making the chocolate frosting, I forgot to turn off the mixer before taking the beaters out of the bowl, so I had to do all the rest."

(from Pastor Tim)

Trapper's Stove

An engineer, a psychologist, and a theologian were hunting in the wilderness of northern Canada. Suddenly, the temperature dropped and a furious snowstorm was upon them. They came across an isolated cabin, far removed from any town. The hunters had heard that the locals in the area were quite hospitable, so they knocked on the door to ask permission to rest.

No one answered their knocks, but they discovered the cabin was unlocked and they entered. It was a simple place -- 2 rooms with a minimum of furniture and household equipment. Nothing was unusual about the cabin except the stove. It was large, pot-bellied, and made of cast-iron. What was strange about it was its location -- it was suspended in midair by wires attached to the ceiling beams.

"Fascinating," said the psychologist. "It is obvious that this lonely trapper, isolated from humanity, has elevated this stove so that he can curl up under it and vicariously experience a return to the womb."

"Nonsense!" replied the engineer. "The man is practicing the laws of thermodynamics. By elevating his stove, he has discovered a way to distribute heat more evenly throughout the cabin."

"With all due respect," interrupted the theologian, "I'm sure that hanging his stove from the ceiling has religious meaning. Fire LIFTED UP has been a religious symbol for centuries."

The three debated the point for several hours without resolving the issue. When the trapper finally returned, they immediately asked him why he had hung his heavy pot-bellied stove from the ceiling.

His answer was succinct. "Had plenty of wire, not much stove pipe."

Sleep

A few friends and I were discussing diet tips. When it was mentioned that getting enough exercise and sleep were just as important as watching food intake, someone responded with surprise that sleep was a factor.

Another replied: "Of course, sleep has a lot to do with dieting. The only time I'm not eating is when I'm sleeping!"

(from Da Mouse Tracks)

Buyin?

A cop pulls a guy over for weaving across two lanes of traffic.

He walks up to the driver's window and asks, "You drinkin'?"

The driver said, "Well, that depends - You buyin'?"

(from Mikey's Funnies)

GI Insurance

Airman Jones was assigned to the induction center, where he advised new recruits about their government benefits, especially their GI insurance. It wasn't long before Captain Smith noticed that Airman Jones had almost a 100% record for insurance sales, which had never happened before.

Rather than ask about this, the Captain stood in the back of the room and listened to Jones's sales pitch. Jones explained the basics of the GI Insurance to the new recruits, and then said, "If you have GI Insurance and go into battle and are killed, the government has to pay \$200,000 to your beneficiaries. If you don't have GI insurance, and you go into battle and get killed, the government only has to pay a maximum of \$6000."

"Now," he concluded, "which bunch do you think they are going to send into battle first?"

(from ArcaMax Jokes)

This Is The Captain

About 90 fifth-graders piled into the airliner I was flying, on their way home from a school trip. Once we were in the air, and the crew began serving drinks, I could hear them pleading with the children to settle down and let the other passengers get some sleep.

No amount of reasoning seemed to help, until I thought of the solution that actually worked. I picked up the PA mike in the cockpit and announced, "Children, this is the captain speaking. Don't make me stop this airplane and come back there!"

Onions

The minister brought his 4 year old daughter to bed and asked what she would like to pray about. Promptly she answered, "Onions." So they prayed about onions. The next morning, the Reverend asked her why she wanted to pray about onions.

"Because you said in your sermon Sunday that we should pray for things we don't like."

Case Of The Missing Cow

A big city lawyer was called in on a case between a farmer and a large railroad company. The farmer noticed that his prize cow was missing from the field through which the railroad passed. He filed suit against the railroad company for the value of the cow. The case was to be tried before the Justice of the Peace in the back room of the General Store.

The attorney immediately cornered the farmer and tried to get him to settle out of court. The lawyer did his best selling job, and the farmer finally agreed to take half of what he was claiming to settle the case. After the farmer signed the release and took the check, the young lawyer couldn't help but gloat a little over his success.

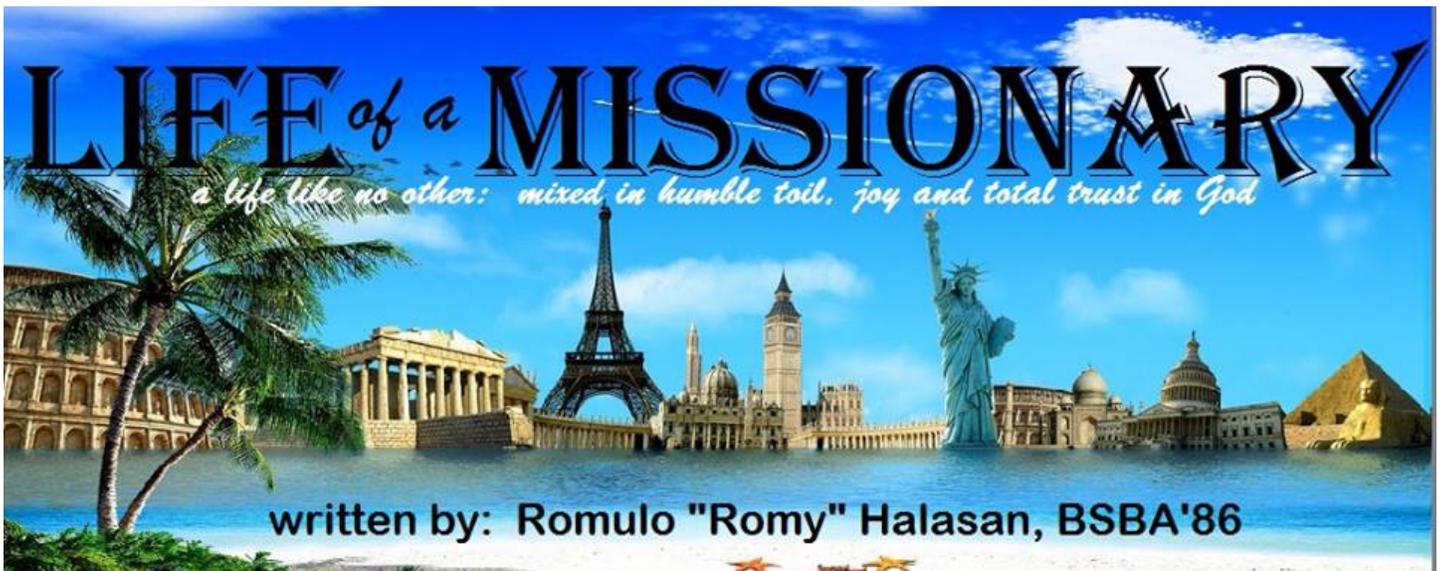
He said to the farmer, "You know, I hate to tell you this but I put one over on you in there. I couldn't have won the case. The engineer was asleep and the fireman was in the caboose when the train went through your farm that morning. I didn't have one witness to put on the stand."

The old farmer replied, "Well, I'll tell you, young feller, I was a little worried about winning that case myself because that durned cow came home this morning!"

(from GCFL)



Mt. Kitanglad



Thailand's Hill Tribe Communities

One of my favorite destinations is Thailand, to visit the hill-tribe communities of the northern region.

Some hill tribe people in colorful attire.

Thailand's hill-tribe communities (referred to in Thai as "chao khao," literally means mountain people, ethnic minorities who have traditionally lived in the country's mountainous frontier. Most tribes migrated from Tibet and parts of China some 200 years ago and settled along Southeast Asia's mountain belt from Myanmar to Vietnam. There are up to 10 different hill tribes recognized by the Tribal Research institute of Chiangmai, Thailand.

The Karen Hill-tribe

A major group of these hilltribes are the Karen which account for about 47%. Karen is one of the largest hill tribes in Southeast Asia although their total population of Karen people is unknown,



Some hill tribe people in colorful attire.



The necks of Karen women are elongated by adding metal rings as they grow.

since they are spread throughout Burma, Laos and Thailand, and no reliable census has been conducted in Burma since the 1930s. Population estimates range from 7.5 million to 14 million people.

While the Karen still practice slash-and-burn farming as other hill tribes do, they differ from the others in that they live in permanent villages at lower elevations and have been aggressive in developing environmentally sustainable terraced rice fields. These factors have allowed the Karen to better integrate themselves into Thai society. Many of these hilltribes who live in the border with Thailand and Myanmar are not recognized as citizens of either country.

I met a lady Literature Evangelist of Thailand Adventist Mission from the Karen hill tribe who has no citizenship. As such she has no privilege to travel outside Thailand. I told her not to worry because her citizenship is in heaven.

SDA message to Northern Thailand

In 1952, Wayne Martin and Sunti Sorajakool went to Chiangmai to visit the Voice of Prophecy students. Because of the evangelistic crusade in March 13, 1952 conducted by the ministerial secretary of the then Malayan Union Mission, three persons were baptized. This was the beginning of our Adventist work in Northern Thailand. Currently we have a beautiful building owned by ADRA Thailand in Chiangmai and Chiangmai Adventist Academy.



Chiangmai Adventist Academy



Hmong tribes people



Hmong children

Hmong Hilltribe

The Hmong are believed to have been the original inhabitants of the Yellow River Valley in ancient China. The expansion of the neighboring Chinese population from the north caused a disruption in the Hmong culture and forced them to migrate southwards to Laos and Vietnam to escape oppression and persecution. Over the centuries, many wars have been waged against the Chinese. Greatly outnumbered, the Hmong suffered heavy casualties.

The futile efforts to establish themselves as an independent people apart from the expanding Chinese population led to their mass exodus farther south of China, and eventually into Southeast Asia particularly Laos, Vietnam, Myanmar and Thailand.

Today, the Hmong are in the Thai Highlands, although some are found elsewhere within the country. Among the hilltribes, the Hmong are becoming well integrated into Thai society as well as being among the most successful.

SDA message to the Hmong Tribe

IN 1957, R.C. Hall left Ubon province in Thailand for Nam Tha, Laos to evangelize the five Hmong villages in Nam Tha. The villagers were eager to learn about Jesus and be free from evil spirits. Soon the evangelistic work spread far and wide, accelerated by the small mission plane piloted by Hall himself.

This is also one major part of the Adventist work in Laos especially among the hill tribes, similar to our Sulads at Mountain View College.

Akha Hilltribe

The Akha are closely related to the Hani of China's Yunnan province. The Akha possess one of the dominant cultural influences in the area. There are two to three million Akha of which 70,000 live in Thailand. The Akha speak a language in the Lolo/Yi branch of the Tibeto-Burman language group, but have no traditional written language.



One of the teachers in Northern Thailand, Gilbert Janoyan

The Akha tribe are among the poorest of Thailand's ethnic minorities and live mainly in Chiangmai and Chiang Rai Provinces along the mountain ridges about 1,400 meters in altitude. They are regarded as skilled farmers.

I visited and met several Akha tribe people during my several trips to Chiangmai and Chiangrai Provinces of Thailand. I am sure our Sulads Thailand have visited some of these people and I'm quite sure soon many of these tribes will become Seventh-day Adventist.

Please pray for our work among the Hilltribes of Chiangmai.
Romy Halasan



A beautiful and scenic view of Northern Thailand



In Closing ...

**Announcements | From the Mailbag | Prayer Requests
Acknowledgement | Meet the Editors | Closing Thoughts**

MVC is tasked by the PPH (Philippine Publishing House) to coordinate the making of the Junior Devotional for 2019. Inviting alumni around the world to participate in this endeavor.

Guidelines from PPH:

1. Write in conversational manner.
2. Write to describe not to prescribe.
3. Be specific.
4. Dwell on a single lesson, trait or action.
5. Have a creative title of not more than six words.
6. Include the Bible text/passage your story tries to point out. Suggested Bible versions: NIV, ESV, NKJV, NLT and NASB.
 7. Must be 350 words or less, including the memory verse which is indicated below the title of the article.
8. Include your biodata.
9. Observe proper citation.

Contributors whose articles are chosen to be included in the devotional will receive Php 350/article upon the release of the devotional.



MVC EXTENDED the deadline for submission to August 30, 2017

Submit articles to sdajuniordevotional2019.ph@gmail.com

- Reasons for rejection:**
1. Contradicts SDA beliefs and practices.
 2. Misses to emphasize the devotional theme.
 3. Too preachy
 4. Invades other's right to privacy.
 5. Fails to comply with the requirement for the number of words.

Suggested topics to write about: Spiritual matters, family, friends, studies, values, health, dating, social concerns, technology, hobbies, answered prayers, and nature.

MVCSNAA of North America

presents

2017 GRAND REUNION w/ CEU & VACATION

Theme: "Shine MVC Shine"
Make a Difference



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(5 days, 4 nights)

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(shared room) or
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with 2 kids under
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Please call our President Ted Ray Elsas at (956) 607-2299

OPEN TO ALL MVC-SN USA CHAPTER MEMBERS AND FRIENDS

Alumni Calendar

When	What	Where	For More Info
Sept 1-5, 2017	MVCSN Alumni Reunion	Cancun	Ted Ray Llasos (Facebook)
Dec 28-31, 2017	GYC	Phoenix, AZ	www.gycweb.org
Jun 24-Jul 1, 2018	SULADS 50 th Anniversary Grand Reunion	MVC Campus	Joy Caballero-Gadia
2019 Summer (TBD)	MVCSN Golden Anniversary Reunion	MVC Campus	Devaney Bayeta, Pres MVCSN Homebase Chapter
2019 Aug 12-17	Int'l Pathfinder Camporee	Oshkosh, WI	www.camporee.org

Acknowledgement

A special THANK YOU to Joy Faigmani Pontanar & Marlo Ordoña for contributing to this week's issue of CyberFlashes and to

- **Jessie Colegado** for the chuckles in "*Jessie's Patch of Weeds*";
- **Romy Halasan** for the stories about Missionaries' LIFE
- **the SULADS and Gospel Outreach** for "*SULADS' Corner*";
- **Eddie Zamora** for the editing and **Joy Caballero-Gadia** for the layout

Meet The Editors

This week's issue of Cyberflashes was by **Melodie Mae Karaan Inapan**. Next week's issue will be by **Ardys Joy Caballero-Gadia**. Please direct all entries to her or any of the editors.

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Prayer Request

FOR THE CONTINUED HEALING OF: Pat Caballero, Leonora Gagatam, Jerusalem Era, Ruth Fabella & Ellen Fabella (wife and daughter of Dr. Armand T. Fabella), Felix Sareno, Elmer Aguro, Rayelch Modillas, Rebecca Antemano, Roxie Pido, Virgie Osita, Pastor Oseas Zamora, Pastor Remelito Tabingo and members of the MVC Alumni & Friends who are sick.

COMFORT FOR THE BEREAVED FAMILIES OF:

JB Mendez, Ronnie Enero, Theodoro Inocellas, Pastor Antonio Dandoy, Vizmindia Brion Murcia, Asher Ortaleza, Federico Blaza, Araceli Arit, Jovita P. Solis, Wayne Chavit, Nanette Chio, Kerry Tortal, Elmore Jornada, Rolly Boniales and other families who recently lost their loved ones.

Prayer for Safe Flight By The Editor

Dear God,

Please watch over me as I fly out today. May your hand be on the pilot and crew, your strength be in the engineers that prepare the plane and your wisdom over the control teams on the ground.

I choose to trust in you, and give you my fears and anxieties. May I find peace as I travel. Take my heart on a journey of trust and hope as I look out over the beautiful world you have made.

I travel with you.

Calm me and cover me,

Amen.

