

**MEGA Fun and Fitness**  
**248-344-9344**

Class Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Preschool Classes</b>						
<b>Tiny MEGA's</b> <b>Parent &amp; Tot (walking-3 yrs)</b> <b>45 min</b>		10:30-11:15am	10:30-11:15am 6:30-7:15pm			9:00-9:45am
<b>Mini/Mighty MEGA's</b> <b>(3/4 yrs)</b> <b>50 min</b>	5:30-6:20pm 6:30-7:20pm	10:30-11:20am 5:30-6:20pm 6:30-7:20pm	10:30-11:20am 5:30-6:20pm 6:30-7:20pm	5:00-5:50pm 6:30-7:20pm		9:00-9:50am 10:00-10:50am 11:00-11:50am
<b>Preschool Playtime (supervised)</b> <b>(5 yrs &amp; under) \$5</b>				10:00-10:50am		
<b>Super EXPLORERS</b> <b>(5-6 yrs old) 60 min</b>	4:30-5:30pm 5:45-6:45pm	5:45-6:45pm	5:45-6:45pm	5:45-6:45pm 6:45-7:45pm		9:00-10:00am
<b>Super Mighty MEGA's (4-6 yrs old)</b> <b>Invitation Only (2x a week)</b>	5:30-7:00pm	5:00-6:30pm	5:30-7:00pm			10:30-12:00pm
<b>School-Aged Girls Classes</b>						
<b>MEGA Girls I (6yrs &amp; up) 60 min</b>	4:30-5:30pm 6:45-7:45pm	4:30-5:30pm 5:45-6:45pm 6:45-7:45pm	4:30-5:30pm 5:45-6:45pm 6:45-7:45pm	4:30-5:30pm 5:45-6:45pm 6:45-7:45pm		9:00-10:00am 10:15-11:15am
<b>MEGA Girls II (6yrs &amp; up) 60 min</b>	4:30-5:30pm 5:45-6:45pm 6:45-7:45pm	4:30-5:30pm 6:45-7:45pm	4:30-5:30pm 5:45-6:45pm 6:45-7:45pm	4:30-5:30pm 6:45-7:45pm		10:15-11:15am 11:30am-12:30pm
<b>MEGA Girls III 90 min</b>	6:45-8:15pm	6:30-8:00pm	6:45-8:15pm	6:45-8:15pm		12:00-1:30pm
<b>Drop In Tumbling</b>						
<b>Drop In Tumbling--\$10.00 90 min</b> <b>(8 yrs &amp; up)</b>		7:30-9:00pm				
<b>School-Aged Boys Classes</b>						
<b>MEGA Boys I (5-6 yrs) 60 min</b>	4:30-5:30pm	5:30-6:30pm 6:30-7:30pm	5:00-6:00pm	5:00-6:00pm		9:00-10:00am
<b>MEGA Boys II (7-8 yrs)</b> <b>90 min class</b>	5:30-7:00pm		6:00-7:30pm	6:00-7:30pm		10:00-11:30am
<b>MEGA Boys III (9 yrs+) 90 min</b>	5:30-7:00pm		6:00-7:30pm	6:00-7:30pm		11:30am-1:00pm
<b>Martial Arts</b>						
<b>Youth Judo(5yrs-14yrs)</b> <b>Jiu Jitsu</b> <b>Adult Judo(15 years &amp; up)</b>			Call the MEGA Office for Information regarding Judo and JiuJitsu			
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>

[www.mega-gym.com](http://www.mega-gym.com)