Step 1
Rock Your World - Social Action Toolkit

Finding Inspiration

Overview/Purpose:
- The following activities and resources are designed to get you thinking about issues around your communities and in the world, while considering what matters most to you.

Guiding Questions:
- What change-makers inspire you?
- What issues inspire you to learn more?

Activities
1. Explore what issues you already know and care about.
   - Consider issues occurring in your local community, county, state, country and the world at large.
   - Chart ideas and responses.

<table>
<thead>
<tr>
<th>Issue</th>
<th>Where is this occurring</th>
<th>Thoughts and feelings</th>
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2. Explore the efforts of successful changemakers.
   - Read Dan Eldon’s story by referring to pages 3-7 in the Creative Activist Toolkit and/or view the film, The Art of Life: Dan Eldon.
   - Discuss the following questions:
     - What did you find interesting about Dan’s story?
     - What does it make you think about? What feelings does it ‘spark’ within you?
   - Share other changemakers with whom you are familiar - either from history or in the present day.
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- Group discussion: What can we learn from these changemakers?

3. As a group, make a commitment to take action for an issue of your choice.
- Identify the top issues you are considering taking action for.
- Use the ‘Decision Making’ chart below to consider various factors that may influence your choice.
- Discuss each issue to come to consensus.

<table>
<thead>
<tr>
<th></th>
<th>Issue #1</th>
<th>Issue #2</th>
<th>Issue #3</th>
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<tbody>
<tr>
<td>What is our basic understanding of the issue</td>
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<td>Why do we care about this issue?</td>
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<td>What change would we like to see happen?</td>
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Extension Possibilities:

- Learn about the Universal Declaration of Human Rights (UDHR) and/or the Sustainable Development Goals (SDGs). Discuss how the work of the changemakers you've learned about relates to the UDHR and SDGs. How do the UDHR and/or SDGs relate to your chosen issue?

- Use the resources below to learn about additional inspirational changemakers.

  Craig Kielburger - Founder of Free the Children
  Robert H. Kennedy Legacy Project
  Speak Truth to Power Human Rights Defenders
  My Hero Project