



Step 1
Rock Your World - Social Action Toolkit

Finding Inspiration

Overview/Purpose:

- The following activities and resources are designed to get you thinking about issues around your communities and in the world, while considering what matters most to you.

Guiding Questions:

- What change-makers inspire you?
- What issues inspire you to learn more?

Activities

1. Explore what issues you already know and care about.

- Consider issues occurring in your local community, county, state, country and the world at large.
- Chart ideas and responses.

Issue	Where is this occurring	Thoughts and feelings

2. Explore the efforts of successful changemakers.

- Read Dan Eldon’s story by referring to pages 3-7 in the [Creative Activist Toolkit](#) and/or view the film, [The Art of Life: Dan Eldon](#).
- Discuss the following questions:
 - What did you find interesting about Dan’s story?
 - What does it make you think about? What feelings does it ‘spark’ within you?
- Share other changemakers with whom you are familiar - either from history or in the present day.



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- Group discussion: What can we learn from these changemakers?
3. As a group, make a commitment to take action for an issue of your choice.
- Identify the top issues you are considering taking action for.
 - Use the 'Decision Making' chart below to consider various factors that may influence your choice.
 - Discuss each issue to come to consensus.

	Issue #1	Issue #2	Issue #3
What is our basic understanding of the issue			
Why do we care about this issue?			
What change would we like to see happen?			



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Extension Possibilities:

- Learn about the [Universal Declaration of Human Rights \(UDHR\)](#) and/or the [Sustainable Development Goals \(SDGs\)](#). Discuss how the work of the changemakers you've learned about relates to the UDHR and SDGs. How do the UDHR and/or SDGs relate to your chosen issue?
- Use the resources below to learn about additional inspirational changemakers.

[Craig Kielburger - Founder of Free the Children](#)
[Robert H. Kennedy Legacy Project](#)
[Speak Truth to Power Human Rights Defenders](#)
[My Hero Project](#)