



Cadence Cyclery Race Team Handbook for the 2020 Season

2020 Board of Directors

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Doug Young – Race Team Coordinator

Ainsworth Coombs – Club Team Director

Aston Haswell – Director at Large

John Petrov – Director at Large

We are about Safety, Performance, Commitment, and Good Times!

Safety

We all have families and jobs to go back home to. Our priority is to race and train hard while keeping safety as a first priority. We look out for each other and all other cyclists, help people on the road, follow the rules of the road, and set the best example EVERY TIME we put on the Cadence jersey.

Performance

As a team, we perform to the highest standard that we set for ourselves. We support teammates to give the best that they can and help them to improve. We want to continually push ourselves and those around us to be the best team of racers we can be. We are constructive in our communications within the team and supportive to others.

Commitment

We are all members of a great cycling club that offers you the chance to pursue your racing goals. One of our main goals is to promote and support Cadence Cyclery and the associated businesses by purchasing our bikes, accessories, and services there. We recognize that without the shop, there is no race team. We work to support and volunteer for the club ensuring that through our commitment, the team and the shop(s) continue to thrive. The shop comes first. No shop, no team.

Fun Times

For most, this will remain a hobby or spare time interest. Let's not take ourselves so seriously that we no longer have fun. Let's be mindful of how we interact with each other. If you see someone not showing the respect that each team member deserves, please show some leadership and take action. Let's remember that all of this is supposed to be enjoyable.

Requirements to Participate on Race Team

- **MUST** hold a USAC license
- Participate in a minimum of 5 races in the calendar year (can be road, crit, or cx or mountain)
- Be in good standing financially with team dues
- Volunteer at least 2 hours at the Wednesday night crits and/or any other races where Cadence is a primary sponsor or organizer. Valid volunteer events are subject to team leadership discretion, and will be communicated with ample advanced notice

Dues

Team dues will be \$200 per calendar year due by November 1 to be in good standing for the following year. Your dues will cover your team jersey (retail value \$140) as well as the following benefits

- Immediate Race Reimbursements (see below)
- Team Discounts at any Cadence location based on racing category level
 - Cat 1, 2 road and Cat 1 MTB = 20%
 - Cat 3 road and Cat 2 MTB = 15%
 - Cat 4, 5 road and Cat 3 MTB = 10%
 - Excludes complete bikes, electronics, and wheels
- Group Buys
- Expedited bike service at all Cadence locations at no extra cost when possible
- Guidance and support from new Cadence Cyclery Domestic Elite Team
- Support at racing events

- Supplements for travel
- Annual Kick-Off Party (free food, drinks, entertainment, and raffles)
- Training camp (including things like lodging, dinners, etc)

The race team has a development focus in the following areas:

- We will work to guide new racers from our club team and provide a structured introduction into the sport.
- Recruitment of racers from other teams or those that are not yet on a team. If you are named as the referral on a new member's application, you are eligible for a \$20 Cadence store credit
- We will support existing racers to improve and meet their individual goals.
- We will focus on increasing the membership of women and juniors where appropriate.
 - The official Cadence Women's Race Team will be Team Virago (ask a board member for details about further information on joining)
- We will support the efforts by volunteering at the Wednesday night crits and any other races where Cadence is a primary sponsor or organizer
- Support efforts on trail maintenance where appropriate.

Ground Rules

Safety is our #1 priority. Knowingly displaying unsafe behavior will not be tolerated and is cause for removal from the team.

- Race team members are governed by USAC and rules set forth in this document
- All race team members MUST be active and volunteer at least 2 hours at a team event (i.e. Wednesday night crits)
- All team members must wear helmets while riding their bikes. No exceptions.
- Poor rider conduct will be subject to suspension and a notice of the suspension will be sent to the team's USAC representative. This includes behavior at group rides, team rides, rallies, races, etc.
- Communication is vital to our success as a team. Team members must be present on Facebook team pages to receive and stay up to date with team activities, news, and events.

Race Clothing

You must always wear the Cadence Race Team jersey for all races. This jersey is provided to you when your dues are paid in full. You may order additional jerseys (discounted team price) at your own expense should you require or want more than one for the calendar year. We don't expect the design of the race jersey to change during the calendar year. Team officials reserve

the right to revise the jersey design at the change of the calendar year to include new colors, sponsors, or design.

Race Reimbursement

Once you've qualified for membership on the race team, you'll be eligible for race entry reimbursement. The program will be built on a points system developed by evaluation of other successful area teams as well as feedback from current team members. Racers will earn points which will vary by race, field size, and finishing position. Periodically, points will be calculated and reimbursed through store credit to be used at the racer's discretion. It will be the racer's responsibility to update the reimbursement document by published deadlines in order to receive the benefit. Details on the reimbursement program will be disclosed in a separate document and will be available once your membership has been approved.

Not interested in racing? Be sure to check out Club Cadence Cyclery for details on how you can get rally reimbursements, the social interaction, and other similar benefits as the race team without the stress of pinning on a race number!

