CONTINUING EDUCATION

Trigger Point Therapy – A Kinder Gentler Approach

Presenter: Richard Finn LMT, CMTPT, MCSTT
Hours: 16 Approved for PA License Renewal
Early Registration Fee: $275 (if paid 14 days in advance of workshop)
Registration Fee: $295
$100 deposit required to register.
Dates: Saturday, February 1, 2020 – Sunday, February 2, 2020, or
Saturday, January 23, 2021 – Sunday, January 24, 2021
Times: 9:00 AM – 6:00 PM

This is a foundational course that gives therapists the basic understanding and techniques to do highly effective work. Dr. Simons came to believe that Trigger Point Therapy should be performed with little to no pain. In this course you will practice muscle length testing, postural evaluation, and treating trigger points with very little effort. This approach helps the client and saves your body. It also works.

Course Outline
Day 1
Morning Lecture
Trigger Point Therapy Fundamentals
Afternoon Clinical
Balancing the Pelvis
Lower Extremity Treatment

Day 2 Clinical
Treating the Torso
Freeing the Scapula
Rotator Cuff
Neck and Shoulder Treatment

Presenter: Richard Finn BA, LMT, CMTPT, MCSTT – Richard is a graduate of the Academy of Myotherapy and Physical Fitness and the Academy of Health Sciences (Fort Sam Houston USAR – Physical Therapy Specialist, He is not a PT). He earned his CMT through the Life Credit Program at the Colorado School of Healing Arts. He is a Board-Certified member of the National Association of Myofascial Trigger Point Therapists, and served as president from 1992-94. Richard has served on the Board of Advisors of the Fibromyalgia Research Foundation, and on the Executive Committee of the National Association of Myofascial Trigger Point Therapists. He has coauthored a set of wall charts of muscle length tests with C. M. Shifflett and a textbook Myofascial Pain Syndrome: Manual Trigger Point & S-EMG Biofeedback Therapy Methods with Gabriel Sella MD. He recently created a video on the Spray and Stretch technique for the Gebauer company. He demonstrates myofascial trigger point treatment on his YouTube channel at http://www.youtube.com/user/Myoman1. His Christian Pain Management Blog appears at https://plus.google.com/115199971907633936585/about. License # MSG005261

To register for this workshop: Call 800-860-1114 and make your payment on a charge card OR mail a check payable to “Pittsburgh School of Massage Therapy”, to: Pittsburgh School of Massage Therapy, 3600 Laketon Road, Pittsburgh, PA 15235. Include your name, address, email address, phone, name of the workshop and workshop dates.

We will send you a confirmation in the mail. If you are traveling by plane, please confirm the workshop with the school before buying your ticket. Occasionally we do have to cancel workshops due to low enrollment. If a workshop is cancelled for any reason our liability is limited to a return of any deposit paid. If you cancel your participation within 21 days of the workshop, there will be no refund. Cancellation more than 21 days before the workshop will incur a $25 processing fee, and the balance of your deposit will be refunded.