



It hurts to lose someone. Find help at GriefShare.

GriefShare is for people grieving the death of a family member or friend. At GriefShare, you'll find a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences.

This 13 week program will help you:

- Discover there are people who understand your hurts, emotions, and painful experiences.
- Learn helpful, practical information that will help you recover from the pain of grief and loss.
- Talk about your experiences. (But there's never pressure for you to do so if you don't feel like it.)
- Through a workbook for personal study and to write down things you've learned.
- Begin to gain closure in your loss.
- Become part of a "family."
- Discover hope for the future.

Plans are being made for next session of GriefShare.

To sign up for the next session or for more information, contact Beth Schlitter:

712-899-4629/bethschlitter@gmail.com

For more information on GriefShare, you can go to: <https://www.griefshare>

May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit. Romans 15:13