



Admit mistakes

“Victory has a thousand fathers, but defeat is an orphan.” –
John F Kennedy

Practical advice for admitting mistakes

- Demonstrate empathy and humility
- Don't make excuses
- Look forward
- Practice! Practice! Practice!

What is a failure you've had in this area for which you didn't fully admit your mistakes, or tried to pass off some of the responsibility off on others? How can you take action for this failure?



Give praise

Practical advice for giving praise

- Invest the time
- Pay attention
- Be specific
- Spread the love

Think through the list of people who support you in your leadership role. Choose **three people** and commit to **giving them praise** within the next week. **Write a few sentences** to say to each of them to express what they've done well.

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