



*Kineton Manor
Nursing Home
Newsletter
March 2018*



A Message from Matron

I hope that everyone has settled down after Christmas and New Year! We all enjoyed the festive time and received lots of positive feedback from the Residents. They especially enjoyed the parties. For all of us it was lovely to see how they enjoyed the time with their loved ones.



On entering 2018 we will continue to deliver our best so that our Residents can enjoy life – our activities team has been very busy lately organising special trips and reaching out to the local community, especially Kineton High School. We now have a system in place where we provide love, stimulation and dignity to our Residents who are nursed in bed due to frailty. We visit them and either play music, chat, and perform aromatherapy or manicures.



If in any way you can give us feedback on how we can further improve, please do feel welcome. Once again thank you for your generosity during Christmas. We all appreciated it and please be assured that all Staff benefit from it.

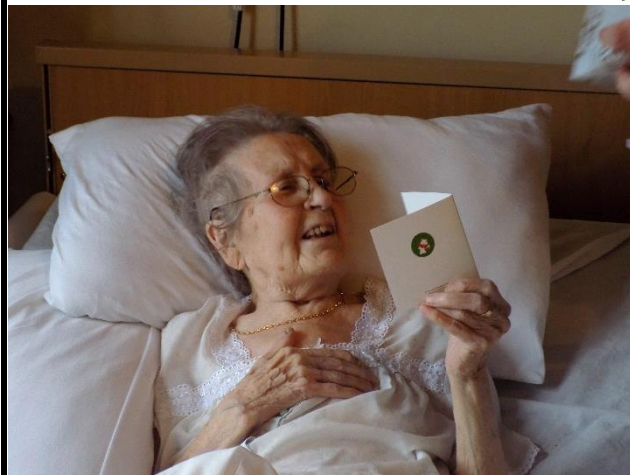
On a personal note I looked after my new Granddaughter for more than three weeks in sunny South Africa – I thoroughly enjoyed it, especially when she smiles! However it is good to be back. I hope you enjoy this newsletter.

Christmas Celebrations 2017

Everyone enjoyed the many Christmas celebrations in December. These included parties for Residents and their families, visiting singers, the Kineton Primary School Children singing Christmas carols, festive food and a visit from Father Christmas.

We would like to again thank all those kind people who gave us gifts, or donated money to the Staff Fund. We also received many lovely comments in the cards that we received and we truly appreciate your love and kindness.





Staff News

In January we celebrated the wedding of two of our Nurses, Carinna and James.

Following a small ceremony in Warwick the happy couple came back to Kineton Manor to celebrate with Residents and Staff. Peter delivered a lovely speech and presented Carinna and James with flowers on behalf of the residents. We wish them a long and happy life together.



Welcoming Julie Ord - Our new hairdresser

Following Jennifer's departure to Greece in October, Julie took over as our hairdresser.

Julie comes from Coventry and spends all day with us on Mondays and Thursdays. We would like to welcome her to the Kineton Manor family and hope she will be very happy here.



Activities at The Manor

In the latter part of last year we welcomed the services of Oomph (which stands for "Our Organisation Makes People Happy!"). They are working with Hilary and the rest of the team to develop the activities within the home.

We are now able to offer more trips (using the services of an Oomph Minibus and driver) and so far we have had trips to Leamington Spa for Christmas shopping, Stratford to see the Christmas lights and the British Motor Museum at Gaydon (which proved to be a particularly enjoyable outing).

Unfortunately not all our residents are well enough to enjoy trips outside of the home, but those that can are very much enjoying this new initiative.



Involving the Local Community

Here at The Manor we are very keen to be involved with the local community. Just before Christmas some of the children from Kineton Primary School visited us to sing Carols and we have also had a visit from the local cubs. Older children from Kineton High School have also made several visits to interview residents and they are publishing Life Stories in their school newsletter.



We continue to maintain strong links with all three Churches in the village with regular visits to the Nursing Home to provide spiritual stimulation and fellowship to our residents.



Research

Research shows that our connection to music stays with us throughout our lives, even whilst living with dementia. There is first hand evidence now of the amazing impact that music can have for people with dementia.



Studies also discuss the positive impact on music for carers such as it reduces stress and increased capacity for other tasks. We all have a drive now to increase the access for music in our home.

After all – without a song or a dance, what are we?

Bowel S. March 2018 C.M.M. p.50

Training

We are planning a lot of training for 2018. The list of forthcoming training is on the notice board by the Big Lounge. A highlight will be “Namaste Care”.

Namaste is a Hindu term meaning “To honour the spirit within”. It is a programme that brings honour to people who can no longer communicate verbally or are unable to care for themselves without assistance.



Celebrations at Kinton Manor

Kinton Manor has been providing quality care for 30 years in 2018. We will be celebrating this birthday in the summer.



More information will follow. We hope that you will support us in this very important occasion.

The Staff Christmas Party

Our staff were treated to a lovely party at The White Swan in Stratford just before Christmas. Everyone really enjoyed themselves and it is always good for staff to spend some time together when not at work. The party was sponsored by the Proprietors and the Staff Fund.

