



## *Kineton Manor Nursing Home*

### *Newsletter*

*November 2018*



### *A Message from Matron*

I hope you had a lovely Autumn and enjoyed the beauty that goes with it. Fortunately although the darkness is here we can look forward and enjoy the festive time (with all the beautiful lights).

Please be assured that we have many special treats for our dear residents over the festive period and of course Christmas Day is extra special! Inside this newsletter please find the programme for Christmas Day. We implement this programme to ensure that the residents have a peaceful and enjoyable morning and lunchtime.

I had an very enjoyable time in South Africa and it was lovely to celebrate my Grand-daughter's first birthday with her. The party was held outdoors and I was able to catch up with all my family and friends.

I wish all of you a happy and prosperous Christmas. As always, please feel free to tell us if you are not happy with something as we can then try our best to help. We never want for someone to leave the building without a good feeling.



## *A Cause for Celebration!*

In August we were thrilled to be able to celebrate Lenora Richardson's 100<sup>th</sup> Birthday.



Formally from Oxhill, Lenora has been living with us for three years. Born in Anstey, Leicestershire she was Deputy Headmistress and Head of the Mathematics Department at "The City of Worcester Grammar School for Girls". She is also "Hon Vice President" of The "Old Girls Association". She has always enjoyed gardening, horse riding and dog walking

Lenora had a thoroughly enjoyable day celebrating firstly with staff and residents at lunchtime and then later she had a party in the small lounge where she was joined by many friends and family. She was extremely thrilled to receive a card from Her Majesty the Queen!

When asked for the recipe for a long life, Lenora told us that she thought exercise and keeping busy was the answer!



## *Staff News*

### **Welcome Back!**

We are delighted to welcome back Ella after a few months away in Poland. She is now Head of Laundry. As you can appreciate, keeping track of clothes for our 51 residents is no easy task but it is hoped that by introducing “Attach a Tag” as a way of marking clothes for all residents, clothes will find their way back to the correct resident much more easily!



Please can we kindly ask relatives to check through the wardrobe and make sure that their loved one has sufficient warmer clothes for the winter?

Can we also remind you that all residents' clothes, rugs and blankets should be suitable for machine washing and drying? Materials such as wool, cashmere and silk are far too delicate for our machines.

### **Congratulations!**

Our Head Housekeeper Ros (who has been with us for 16 years) has had much cause to celebrate recently. In August her daughter Sarah-Jane married her fiancé Steve. Sarah-Jane now works as a GP in Coventry, but worked as a carer for us whilst she was studying. In October Ros' son Benjamin (who also once worked at Kineton Manor as a carer) and his wife Hannah had a baby daughter called Maisie. We wish them all well for the future.



## Good Luck!

At the end of October we wished Somi and her husband Anoop “Good Luck” at their baby shower party. They are expecting their second baby in December.



## *Toiletries for Residents*

Please can we remind you that It is the relative’s responsibility to ensure their loved ones have sufficient toiletries? Please make sure that these are suitable for sensitive, frail skin, e.g. “Dove” or “Simple” products as these do not contain harsh ingredients.

Could you also check and replace if necessary the toothbrush and make sure there is sufficient toothpaste or denture tabs. Please, for the gentleman residents can you remember to ensure they have razor blades or a working electric razor?



## *Research*

Relatives frequently request that we ask the Doctor to prescribe antibiotics. Public Health England’s “Keep Antibiotics Working” campaign (which was first launched last year) is back this autumn. Nurses across England are being urged to get involved in the latest phase of the national campaign to tackle antibiotic resistance, including handing out “non-prescriptions” to patients. We must be very careful because a resident may build up a resistance due to frequent use.



## *Recent Activities*

### Cake Decorating



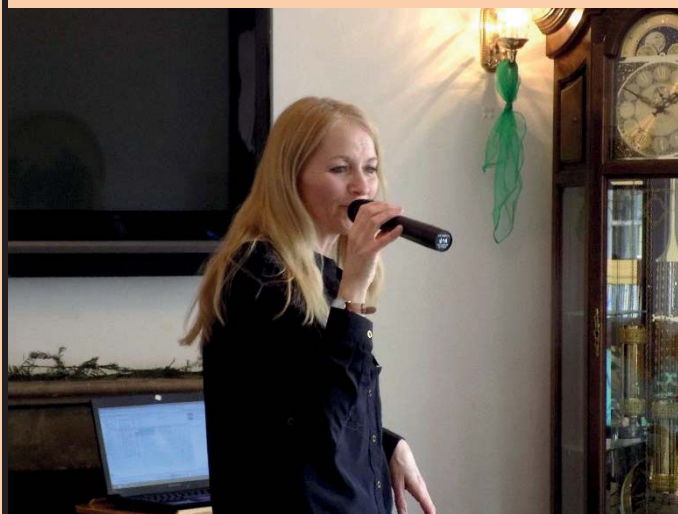
### A visit from Ghost the Barn Owl



### The Tour of Britain Cycle Race comes to Kineton!



Mia Rose – Singer, performs to the residents



Flower Arranging



“Treats of the Week” – Betty and Tintu and Lenora and Iveta

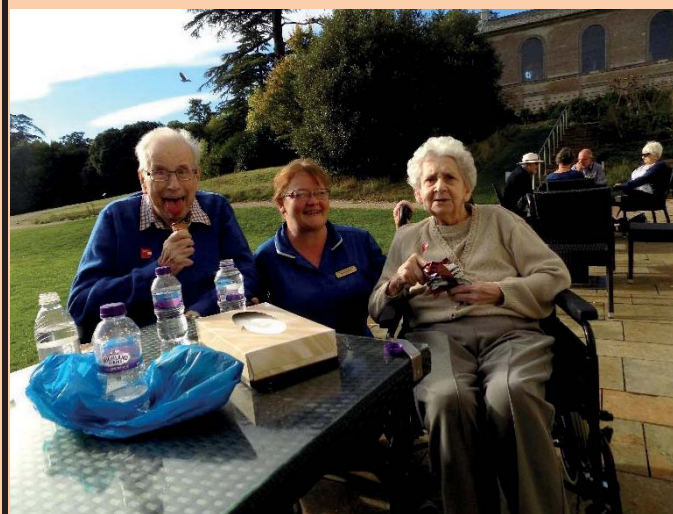


*Recent Trips away from The Manor*

A visit to Kineton's new Tea-room at "Flower Thyme"



A visit to Compton Verney



Shopping and coffee in Banbury`



## Visit to a Pumpkin Farm

In preparation for Halloween some of the residents were treated to a visit to a pumpkin farm near Kenilworth.

