

Kineton Manor September 2017 Newsletter



A message from Matron

I hope you have all had a lovely summer holiday! Fortunately September is still ahead and I am confident there will be some lovely fresh and bright days. Let's just enjoy the rest.

I wish to inform you that I am going on holiday from 6 October - 22 October to China. Sr Janina will take over during that time with the help of all the nurses.



I hope you enjoy reading about what our residents have been up to. We as a team try our utmost to give attention to the residents who miss out on activities in the main lounge because they are too frail to sit up for longer periods of time.

Tintu performs manicures and aromatherapy in the bedrooms and the activities staff visit them daily for chats or to make sure that they are enjoying the music f their choice as well as making sure that the television is on the right channel.

In this newsletter I would like to ask you two favours. Firstly to ask if you could kindly complete the enclosed questionnaire indicating to us if you are happy with the care of your loved one. The second is to ask if you could complete a review card for carehome.co.uk.

At times some of our residents go for a nap in the afternoon. I encourage this because sitting for too long may lead to pressure sores or red skin. This is also a "low period" for most people and a short rest will prevent residents from becoming over tired.

Even Winston Churchill had the following view: "Half an hour's sleep after lunch adds two hours onto my working day".

In conclusion we always appreciate it when you let us know or give us advice on how we can improve. We all work hard to maintain our good care but if there is room for improvement we are pro-change.

Winston Churchill had the following view on change and perfection: "To impove is to *change* – to be perfect is to *change* often".

Best wishes and kind regards, Paula.



Activities this summer

The residents have been very busy this summer. We have had various visits to the home, including the local Cubs and Scouts, Zoolab with their exotic animals and the ever popular Ghost the Barn Owl.





They have also been busy with growing few vegetables and recently helped to make some runner bean chutney.





Residents have also been decorating ginger bread biscuits and small cakes.





You are never too old to try something new!

On a recent trip to the riverside in Stratford upon Avon, residents were treated to a takeaway meal from Mc Donald's.

Bill Perkins (94) said how much he had enjoyed the meal and how he could understand how many people like to eat them! He brought the free toy back home to give to the residents' dog Millie.





As well as the Mc Donald's meal, residents enjoyed the views of the river, fed some swans and had an ice cream.









Activities for those residents who have to stay in bed





Reading







Physical stimulation

Manicures







Snappy Tags

We have enclosed a leaflet about Snappy Tags.

With 51 residents here at Kineton Manor clothes it is always a difficult job for our laundry workers to keep track of everyone's clothes.

The main problem of course is that not everything comes into the home labelled, or the names (if hand written) can become faded after several washes. We thought that the idea of Snappy Tags was an excellent one as they are clear for everyone to read.

Please could you consider ordering some for your loved one?





Enjoying the Kineton Manor Garden

With this summer proving to be better than in recent years, residents have been able to spend some time enjoying some fresh air and the delightful views of our garden and the delightful views beyond.







Staff News

Carinna and James

We are very pleased to announce the engagement of our two lovely nurses Carinna and James.

We wish them a very happy and long life together.









New and returning staff

We would like to welcome Andie Gugu who is coming to work as a carer. Also we are really pleased that both Irinel and Carmen will be returning to us very soon.

Andie Irinel Carmen







Staff Summer Party

Every year our staff are treated to a summer party at Shukur's Brasserie in Kineton from money given to the Kineton Manor staff fund by residents and their families.

Matron thanked everyone for all their hard work throughout the year and introduced the team to two new "Champions".

Janina will now be our "Wound Champion" and Urszula our "Dignity Champion".





Everyone enjoyed their meal and the dancing which followed!

