



DREAM CONTRACT WITH SELF

Start Date: _____ End Date: _____

Goal: To successfully manifest my dream/my personal goals:

Benefits: To align myself and my life completely and wholeheartedly in pursuit of my dreams, to ultimately help me to achieve all my goals and dreams.

My Commitment to Myself:

I, _____, hereby promise to fully commit myself completely, to my personal goals and to the pursuit of my dreams:

- To do everything possible for the betterment of myself and my dreams
- To participate fully in life and give the best of myself whenever possible.
- To start showing the universe that I'm committed to my dream.
- To start aligning myself now by doing things to be the person that is needed to fulfill my dreams & goals
- To think positively whenever I can.
- To recognize that everything in life is a learning opportunity, even mistakes, when I review them in retrospect.
- To recognize all the opportunities as they arise, and take advantage of them fully.
- To make the most of all special opportunities that are offered to me and to learn the most that I can from my teachers, about myself, and to develop myself as much as I can.
- To recognize that we are all teachers and students in life.
- To recognize that only I can change my life, no one can do it for me.
- To make this my first step in achieving my goals
- To make this the first step in achieving my dreams
- To do everything possible to realize my dreams

I, _____ hereby agree to everything I can above to comply with the terms of this Dream Contract.

Signature: _____ Date: _____

Witness: _____ Date: _____