



OVERVIEW

In this video, students will learn about the historical significance and beautiful designs used in regalia, which is the clothing and accessories that Indigenous dancers wear during traditional dances. Students will also be introduced to some of the movements used in Native hoop dance.

GRADE RECOMMENDATION: 3rd - 5th

RUNNING TIME: 12 minutes

ARTIST INFORMATION

N8tive Hoop is a family of Native American Hoop Dancers. They travel the world dancing for audiences small and large and have performed at weddings, celebrations, conferences, assemblies, museums, and of course in competitions. N8tive Hoop was spotlighted in the Olympics and has worked and traveled with Cirque Du Soleil. They have also toured with the BYU Performing group and Living Legends, a dance group that consists of several choreographed Polynesian, Latin and Native American performances.

LEARN MORE

- ☆ [Read about the history and traditions of the Yakama tribe](#)
- ☆ [Learn some facts about the Tulalip tribe, including the meaning of the word “Tulalip”!](#)
- ☆ [Watch a performance from the World Hoop Dance Contest](#)

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