

Patient instructions for care of Crowns and Bridges

***Oral Health-** is the main single factor that will lead to the success or otherwise of the prosthesis

***Brushing-** Continue tooth brushing the prosthesis as you would your natural teeth, i.e. with a soft small headed toothbrush and fluoridated toothpaste.

***Flossing-** is extremely important when caring for crowns and bridges. Bridges require flossing with Superfloss specifically designed to remove debris from under the bridge. Flossing is vital in the successful maintenance of the prosthesis and surrounding natural teeth.

***Diet-** Avoid hard or sticky foods immediately after prosthesis has been cemented and during first 24 hours while cement is setting.

*In general normal chewing pressure poses no problem, however sudden impact forces should be avoided particularly when playing contact sports. The use of a mouth guard is recommended.

Please inform the dentist immediately if you experience any of the following:-

- Pain on eating sweet foods
- Pain on eating hot or cold foods
- Abnormal taste or smell around the prosthesis
- Movement whilst chewing
- Squelching sounds whilst biting
- Discolouration of prosthesis
- Report for a follow-up check if a sudden impact occurred followed by pain.