

**Mental Health Resources for Brooklyns Youth**  
Prepared By: The Brooklyn Bridge Alliance for Youth 4/6/2018

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Updated April 6, 2018

Organization	Description	Phone Number/ Email	Website	Address
<b><i>Crisis Hotline and Intake Phone Line</i></b>				
Hennepin County Mobile Crisis Team	We will go where a child in crisis is located to provide a risk assessment, help to de-escalate crisis, develop a plan to keep the child safe at home, and offer resources and referrals.	612-348-2233	<a href="http://www.hennepin.us/residents/health-medical/childrens-mental-health-services">www.hennepin.us/residents/health-medical/childrens-mental-health-services</a>	
Hennepin County Front Door	The Front Door is the intake or referral phone line into Hennepin County Human Services and Public Health Department. Call this number to access county mental health services for children.	612-348-4111		
<b><i>School-Based</i></b>				
Brooklyn Center Community Schools Health Resource Center	The Health Resource Center offers free and low-cost mental health services to youth of Brooklyn Center Schools and community.	763-450-3385 Ext. 5100	<a href="http://www.brooklyncenterschools.org/apps/pages/index.jsp?uREC_ID=166536&amp;type=d&amp;pREC_ID=346845">www.brooklyncenterschools.org/apps/pages/index.jsp?uREC_ID=166536&amp;type=d&amp;pREC_ID=346845</a>	6500 Humboldt Ave. N Brooklyn Center
People Incorporated Mental Health Services	Our program for children aims to develop coping skills, decrease self-defeating behaviors, develop positive relationships with adults and peers, and improve functioning in the home, school, and community.	763-331-3033	<a href="http://www.peopleincorporated.org/program/intensive-mental-health-programs-day-treatment/">www.peopleincorporated.org/program/intensive-mental-health-programs-day-treatment/</a>	5555 Boone Ave. N New Hope
<b><i>Hospitals and Clinics</i></b>				
Allina Health Mental Health - Abbot Northwestern - WestHealth Clinic	This mental health clinic offers psychiatric services for adults, adolescents and children with mental health conditions, such as depression, anxiety, bipolar disorder, schizophrenia and psychosis.	763-577-7900	<a href="http://www.allinahealth.org/Health-Conditions-and-Treatments/Mental-health-services">www.allinahealth.org/Health-Conditions-and-Treatments/Mental-health-services</a>	2855 Campus Dr. Suite 660 Plymouth
Allina Health Mental Health - Brooklyn Park Clinic	Our psychologist evaluates mental health and uses talk therapy to help individuals and families work through emotional difficulties.	763-236-5300	<a href="http://wellness.allinahealth.org/locations/49">wellness.allinahealth.org/locations/49</a>	9300 Noble Pkwy. N Brooklyn Park
Allina Health Mental Health - Mercy Hospital - Unity Clinic	Our psychologist evaluates mental health and uses talk therapy to help individuals and families work through emotional difficulties.	763-236-3800	<a href="http://www.allinahealth.org/Health-Conditions-and-Treatments/Mental-health-services">www.allinahealth.org/Health-Conditions-and-Treatments/Mental-health-services</a>	480 Osborne Rd. Suite 260 Fridley
Fairview Children's Day Therapy Program	Our day therapy program provides partial hospitalization and day treatment. It can also be used to assist a child in making an effective transition from hospitalization back to living at home.	612-672-6999	<a href="http://www.fairview.org/overarching-care/behavioral-health-services">www.fairview.org/overarching-care/behavioral-health-services</a>	10000 Zane Ave. N Brooklyn Park
Fairview Clinics - Andover (Mental Health Inpatient Services)	Fairview Behavioral Services offers mental health assistance to children ages 5 to 12. Programming is designed to meet a child's psychological and emotional needs in a structured, safe inpatient setting.	763-392-4076	<a href="http://www.fairview.org/overarching-care/behavioral-health-services">www.fairview.org/overarching-care/behavioral-health-services</a>	13819 Hanson Blvd. NW Andover
Fairview Clinics - Integrated Primary Care (Mental Health Inpatient Services)	Fairview Behavioral Services offers mental health assistance to children ages 5 to 12. Programming is designed to meet a child's psychological and emotional needs in a structured, safe inpatient setting.	612-273-6076	<a href="http://www.fairview.org/overarching-care/behavioral-health-services">www.fairview.org/overarching-care/behavioral-health-services</a>	606 24th Ave. S Suite 602 Minneapolis
North Memorial Health Clinic Brooklyn Center	Integrated Behavioral Health/Psychotherapy	763-581-5630	<a href="http://northmemorial.com/specialty/mental-health">northmemorial.com/specialty/mental-health</a>	5616 Xerxes Ave. N Suite D Brooklyn Center
North Memorial Health Hospital	Emergency Medicine, Inpatient Mental Health	763-520-5200	<a href="http://northmemorial.com/specialty/mental-health">northmemorial.com/specialty/mental-health</a>	3300 Oakdale Ave. N Robbinsdale

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Park Nicollet Clinic - Maple Grove Clinic & Specialty Center	If your child struggles with behavior, development or emotional issues, our compassionate team of specialists can help your child thrive, addressing biological, mental and environmental factors.	952-993-3307	<a href="http://www.parknicollet.com/Medical-Services/Child-and-Family-Behavioral-Health">www.parknicollet.com/Medical-Services/Child-and-Family-Behavioral-Health</a>	9555 Upland Ln. N Maple Grove
PrairieCare Brooklyn Park	Home to Minnesota's only privately run child and adolescent specialty psychiatric hospital.	763-762-8800	<a href="http://www.prairie-care.com/locations/brooklyn-park">www.prairie-care.com/locations/brooklyn-park</a>	9400 Zane Ave. N Brooklyn Park
<b>Hennepin County Funded (Services for Uninsured)</b>				
Colmidades Latinos Unidos en Servicios (CLUES)	Bilingual family therapy in addition to individual, couples, child and adolescent therapy.	612-746-3500	<a href="http://www.clues.org/">www.clues.org/</a>	720 East Lake St. Minneapolis
Community-University Health Care Center	Psychiatric care, therapy for individuals, family and couples, case management and	612-301-3433	<a href="http://www.cuhcc.umn.edu/patient-care-services/mental-health-care">www.cuhcc.umn.edu/patient-care-services/mental-health-care</a>	2001 Bloomington Ave. S Minneapolis
COPE (Community Outreach for Psychiatric Emergencies)	Call COPE when a severe disturbance of mood or thinking threatens a person's (18+) safety or the safety of others. Professionals are available to manage the immediate crisis and provide a clinical assessment.	612-596-1223	<a href="http://www.healthyhennepin.org/stories/cope">www.healthyhennepin.org/stories/cope</a>	
Family Enhancement Center	The Family Enhancement Center offers a full range of counseling services with an expertise in families affected by, or at risk for, child abuse, especially sensitive to families with diverse ethnic heritages.	612-827-3028	<a href="http://familyenhancementcenter.org/individual-and-family-therapy">familyenhancementcenter.org/individual-and-family-therapy</a>	4826 Chicago Ave. S Minneapolis
Fraser Minneapolis	Fraser Mental Health is designed to improve the social, emotional and behavioral functioning of individuals and their families. We treat a variety of mental health diagnoses including anxiety, depression, etc.	612-767-7222	<a href="http://www.fraser.org">www.fraser.org</a>	3333 University Ave. SE Minneapolis
HCMC Acute Psychiatric Services	HCMC's Acute Psychiatric Services center serves those in emotional crisis with 24-hour, seven-day-a-week crisis counseling, assessment, referral, medication, and evaluations.	612-873-3161	<a href="http://www.hcmc.org/clinics/AcutePsychiatryServices/HCMC_D_046151">www.hcmc.org/clinics/AcutePsychiatryServices/HCMC_D_046151</a>	701 Park Ave. S Minneapolis
Headway Emotional Health	Headway offers many outpatient, in-school and other comprehensive options for youth experiencing difficulties in their family life and at school. Services include day treatment, testing and assessment, etc.	763-746-2400	<a href="http://www.headway.org/home">www.headway.org/home</a>	701 Decatur Ave. N Suite #109 Golden Valley
Hennepin County Case Management Services	Children who have serious and long-lasting mental health needs can receive case management services to help children and their families obtain and coordinate therapeutic and supportive services.	612-348-4111	<a href="http://www.hennepin.us/residents/health-medical/childrens-mental-health-services">www.hennepin.us/residents/health-medical/childrens-mental-health-services</a>	
Hennepin County Human Service Center	Walk-in coverage is provided by Social Workers and Public Health Nurses.	612-348-4111		7051 Brooklyn Blvd. Brooklyn Center
Hennepin County Mental Health Clinic	Treatment for those with mental illnesses. Services include: crisis counseling, long-term counseling, mental health services, and other special programs.	612-596-9438	<a href="http://www.hennepin.us/residents/health-medical/adult-mental-health-services">www.hennepin.us/residents/health-medical/adult-mental-health-services</a>	1801 Nicollet Ave Minneapolis
NorthPoint Health & Wellness Center	Behavioral Health Services offers counseling and psychiatric care for individuals, couples, and families. They help with depression, anxiety, controlling anger and moods, persistent mental illnesses, etc.	612-543-2500	<a href="http://www.northpointhealth.org/behavioral-health">www.northpointhealth.org/behavioral-health</a>	1313 Penn Ave. N Minneapolis

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Power Of Relationships (P.O.R) Emotional Wellness	POR provides individuals, couples and families of ages 3 and up with quality emotional wellness services, including treatment for depression, anxiety disorder, trauma, stress management, etc.	952-835-6540	<a href="http://poremotionalwellness.com">poremotionalwellness.com</a>	8421 Wayzata Blvd. Suite 250 Golden Valley
St. David's Center Mental Health Services	We specialize in early childhood mental health and serve children and families with developmental delays and disabilities, physical challenges, medical complications, and emotional/behavioral disturbances.	952-548-0700	<a href="http://www.stdavidscntr.org/cmh">www.stdavidscntr.org/cmh</a>	3395 Plymouth Rd. Minnetonka
The Family Partnership	Counseling. Education. Advocacy. Building strong families, vital communities, and better futures for children.	763-521-3477	<a href="http://www.thefamilypartnership.org">www.thefamilypartnership.org</a>	6900 78th Ave. N Brooklyn Park
Organization	Description	Phone Number/ Email	Website	Address
<b>Hennepin County Funded (Services for Uninsured) continued</b>				
Walk-in Counseling Center	Provide free mental health counseling to help people address issues of depression, anxiety, chemical abuse/dependency, trauma, domestic violence and a variety of other emotional and interpersonal concerns.	612-870-0565	<a href="http://walkin.org">walkin.org</a>	2421 Chicago Ave. S Minneapolis
Washburn Center for Children	Washburn Center for Children is a leading children's mental health center, caring for trauma, anxiety, learning difficulties and depression.	612-871-1454	<a href="http://www.washburn.org">www.washburn.org</a>	9100 85th Ave. N Suite 100 Brooklyn Park
<b>Other Mental Health Providers</b>				
Alternatives for People with Autism, INC/ Shingle Creek Option	A nonprofit, Minnesota organization, incorporated in 1980 which provides residential services for adults who are severely disabled by autism and developmental disabilities	763-560-5330 mail@afpwa.org	<a href="http://www.afpwa.org">www.afpwa.org</a>	5624 73rd Ave. N Brooklyn Park
Canvas Health Crisis Connection	Telephone crisis counseling, information & referral. All services are free.	612-379-6363	<a href="http://www.canvashealth.org/crisis-support/crisis-connection/">www.canvashealth.org/crisis-support/crisis-connection/</a>	10077 Dogwood Street NW Suite 200 Coon Rapids
Change to Chill by Allina Health	Change to chill is a website aimed at helping teens figure out what stress is, what causes it, and how to manage it.	612-262-4946	<a href="http://www.changetochill.org">www.changetochill.org</a>	
Choices Psychotherapy	Choices is a group practice providing skills and therapy to high-risk children and families, and includes outpatient therapy.	952-544-6806	<a href="http://choicespsychotherapy.net">choicespsychotherapy.net</a>	715 Florida Ave. S Suite 307 St. Louis Park
Cornerstone	Cornerstone provides residential and community services including counseling, support groups, therapy, after school enrichment and school based violence prevention.	952-884-0376	<a href="http://www.cornerstonemn.org">www.cornerstonemn.org</a>	1000 E 80th St. Bloomington
Day Treatment Program at St. Joseph's Home for Children	Comprehensive mental health and education services to children in kindergarten through eighth grade with severe emotional and behavioral disturbances.	612-204-8252	<a href="http://www.cctwincities.org/locations/day-treatment-program-at-st-josephs-home-for-children/">www.cctwincities.org/locations/day-treatment-program-at-st-josephs-home-for-children/</a>	932 E 34th St. Door #8 Minneapolis
Indian Health Board	Crisis counseling, long-term counseling for individuals, couples and families, and transportation when necessary. Their focus is on Native American children and families.	612-721-9800	<a href="http://www.indianhealthboard.com">www.indianhealthboard.com</a>	1315 E 24th St. Minneapolis
Lee Carlson Center for Mental Health and Well-Being	Lee Carlson Center provides exceptional and affordable mental health services for families, children, youth, and adults in our community.	763-780-3036	<a href="http://www.leecarlsoncenter.org">www.leecarlsoncenter.org</a>	7954 University Ave. NE Fridley

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Lifespan Youth Transition Program	YTP offers focused services for clients that do not respond to conventional treatments, have problems that pose a risk to another's well being and may require crisis intervention.	763-553-4003	<a href="http://www.lifespanmn.com">www.lifespanmn.com</a>	13000 63rd Ave. N Maple Grove
Love Lines	Phone line most days for suicide hotline, counseling and crisis ministry; in-person counseling is available by appointment. Counseling is free but donations accepted.	612-379-1199	<a href="http://lovelines.org">lovelines.org</a>	2855 Anthony Ln S Suite #115 St. Anthony
Metro Social Services, Inc.	We provide culturally competent services to parents and their children,	763-566-4745	<a href="http://metrosocialservices.org">metrosocialservices.org</a>	2800 Freeway Boulevard Suite 204 Brooklyn Center
Native American Community Clinic	Individual, family, couples and child counseling; group and individual therapy programs. Promote health & wellness of body, mind & spirit in Native American families.	612-872-8086 Option 1	<a href="http://nacc-healthcare.org">nacc-healthcare.org</a>	1213 East Franklin Ave. Minneapolis
North Psychology Clinic	We have experienced clinicians who offer psychological testing and therapy for children, adolescents, adults, couples and families.	763-531-0566	<a href="http://www.northpsychology.com">www.northpsychology.com</a>	6120 Earle Brown Dr. Suite 520 Brooklyn Center
Paragon Residential Treatment for Youth	Paragon is a residential treatment program that provides intensive, psychiatric treatment services to youth age 10-17.	952-826-8400	<a href="http://www.paragontreatment.com">www.paragontreatment.com</a>	12915 63rd Ave. N Maple Grove
The Center for Changing Lives (Lutheran Social Service)	Individual and relationship counseling, marriage and family counseling, child therapy, support for victims of abuse, and referral for long-term counseling.	612-879-5320	<a href="http://www.lssmn.org/CFCL-Services">www.lssmn.org/CFCL-Services</a>	2400 Park Ave. S Minneapolis
Touchstone Programs	Touchstone programs help people recover from mental illness and develop the skills they need to live well in their communities, including residential treatment, case management, and care coordination.	612-874-6409	<a href="http://www.touchstonemh.org">www.touchstonemh.org</a>	7590 Lyric Ln. NE Suite 2 Fridley
Tubman	Referral by telephone; support groups; counseling for individuals and groups, as well as for families and couples; anger management groups for men and women. Fees vary by program.	612-871-0118	<a href="http://tubman.org">tubman.org</a>	4432 Chicago Ave. S Minneapolis
Volunteers of America	Our outpatient mental health services are here to help when life presents challenges that are hard to manage, including DBT and services for the deaf and hard-of-hearing.	763-225-4052	<a href="http://www.voamnwi.org/mental-health-services">www.voamnwi.org/mental-health-services</a>	9220 Bass Lake Road Suite 255 New Hope
<b>Mental Health Collaboratives</b>				
Hennepin County Mental Health Collaborative	Our mission is to improve access to and resources for high-quality, culturally and economically supportive mental health services for infants, children, youth and families within Hennepin County.	612-998-7466	<a href="http://www.hccmhc.com">www.hccmhc.com</a>	
National Alliance for Mentally Ill of MN	Education, Information, Support and Advocacy for people with mental illness and their families (children and adults)	651-645-2948	<a href="http://www.namihelps.org">www.namihelps.org</a>	800 Transfer Rd. Suite 7A St. Paul
Ramsey County Mental Health Collaborative	RCCMHC is a diverse community partnership of families and child-serving agencies building an integrated system of care for youth with mental health disorders and their families. Training video available.	651-293-5951	<a href="http://www.rccmhc.org">www.rccmhc.org</a>	780 Wheelock Pkwy. W Room #1315 St. Paul