

## Mentoring Programs Serving Brooklyn's Youth

Updated April 6, 2018

**Background:** At the January 2018 meeting, the Board requested information on mentoring resources available to youth in the Brooklyn's. The Alliance staff conducted a scan of available resources.

**Definition:** Mentoring is a committed relationship between an adult and a youth focused on developing the character and capabilities of the young person. By definition, a mentor means a wise and trusted friend and guide. The presence of multiple caring adults offering support, advice, friendship, reinforcement, and constructive examples proves to be a powerful tool for helping young people fulfill their potential. A mentor may be: a Friend, a Reliable Listener, a Helper with Homework, a Trustworthy Confidant, a Role Model, or a Coach. A mentor is NOT: a Parent/Guardian/Foster Parent, a Therapist, a Cool Peer, a Parole Officer, an ATM Machine, a Taxi Cab, etc.

**MENTOR Minnesota (MENTORMN) Rating:** A *Dedicated Partner* must complete the online National Quality Mentoring System (NQMS) assessment, participate in a review with MENTORMN staff to create an Improvement and Innovation Plan, and return a signed Statement of Accuracy to MENTORMN. *Expert Partners* must also meet these requirements, but in addition, they must follow 100% of the best practices outlined in the NQMS.

Organization	Description	City	Contact Info	Target Population	MentorMN Rating
<b>Big Brothers Big Sisters</b>	Community-based and school-based mentoring	St. Paul	651-789-2400 thinkbig@bigstwicities.org bigstwicities.org	Ages 8-12	Expert
<b>Bolder Options</b>	Bolder Options focuses on healthy youth development by engaging youth and mentors in goal setting, physical activity, tutoring and community involvement to build confidence, maximize potential, and encourage healthy life skills. Mentors and mentees meet at a location of their choosing.	Minneapolis	612-379-2653 sarah.schaefer@bolderoptions.org bolderoptions.org	Ages 10-14	Expert
<b>Kinship Greater Minneapolis</b>	Focused on building lasting friendships through fun activities and quality time, the mentoring program creates sustained, supportive connections capable of giving kids the life skills they need to succeed. Mentors spend 2-4 hours per week with their mentee, participating in community events and activities centered around the child's interests.	Minneapolis	612-588-4655 info@gmcc.org kinship-mn.org	Ages 5-18	Expert
<b>One2One Mentoring</b>	A mentoring program that provides support to students struggling within the school environment. Students are identified by their schools for inclusion into the program. Programs are located at North View Middle School, Brooklyn Middle School, and Crestview Elementary School.	Minneapolis	info@one2onementor.org one2onementor.org	Elementary - Middle School	Expert
<b>eMentors (Best Prep)</b>	BestPrep's eMentors fosters email mentoring partnerships between professionals and students, leveraging volunteers from almost every career field.	Brooklyn Park	763-398-0090 info@bestprep.org bestprep.org	Grades 9-12	Dedicated
<b>Mentoring for Life Change Program (Parenting With Purpose)</b>	Program for youth (5-25) with incarcerated parents.	Brooklyn Park	763-503-2892 parentingwithpurpose.org	Ages 5-25	Dedicated

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<b>TreeHouse</b>	<b>One-to-Ones:</b> meetings between a TreeHouse staff member and a youth, usually occurring after school at a fast food restaurant, a sporting event, a park or any place the youth and staff agree upon. <b>TH Next:</b> through individualized tracks, coaching, skills assessments, and family involvement, we aim to increase the amount of teens that successfully pursue an educational or vocational path.	Brooklyn Park	763-560-2334 kharrell@treehouseyouth.org treehouseyouth.org	Grades 7-12 (11-12 for TH Next)	Dedicated
<b>Girl Scouts</b>	We're the preeminent leadership development organization for girls. And with programs from coast to coast and across the globe, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure, and success.	Brooklyn Center	763-535-7524 girlscouts@girlscoutsv.org girlscoutsv.org	Females, Grades K-12	Base
<b>Boy Scouts of America--Northern Star Council</b>	To prepare young people to be leaders and individuals of strong character by helping them discover the principles of Scouting.	Golden Valley	763-231-7201 northernstarbsa.org	Ages 5-20	
<b>Girls in Action</b>	GIA girls partner with mentors and successful women leaders who meet together once a week. Girls learn how to use their personal power, develop their careers, become leaders and give back to their communities through service-learning. (Robbinsdale Cooper HS)	Minneapolis	763-535-5711 giaction.org	Females, Grades 6-12	
<b>Girls on the Run Twin Cities</b>	Meeting twice a week in small teams, GOTR teaches life skills through fun, engaging lessons that celebrate the joy of movement to develop and improve competence, feel confidence, develop strength of character, respond to others and oneself with care, create positive connections with peers and adults, and make a meaningful contribution to community and society.	Minneapolis	612-656-9032 info@gotrtwincities.org gotrtwincities.org	Females, Grades 3-8	
<b>Kofa Foundation (Emerging Leaders)</b>	The Kofa Foundation operates youth development programs to help provide youth from under-served communities with tools they need to empower themselves.	Brooklyn Center	763-324-7171 info@kofafoundation.net kfuas.net	Ages 13-17	
<b>Organization</b>	<b>Description</b>	<b>City</b>	<b>Contact Info</b>	<b>Target Population</b>	<b>Mentoring Partnership Rating</b>
<b>Learning Dreams</b>	For 20 years, Learning Dreams (based at the University of Minnesota) has helped build a culture of learning for those cut off from educational success. We find out what really motivates youth and families and we connect them to mentors, programs, and learning networks that creatively respond to those dreams, helping to build a foundation for educational success.	St. Paul	612-625-2224 jstein@learningdreams.org learningdreams.org	All ages	
<b>Timber Bay</b>	Timber Bay combines three distinct and complimentary forms of mentorship: team, group, and one-on-one. Our long-term adult mentorship relationships with at-risk youth has offered thousands of kids hope for a brighter future.	Medina	763-478-0500 timberbay.org	Grades 6-12	