

Recycling Opportunity
in Pine Knoll Shores
PKS Fishing Tournament
See page 23

K4TW Golf Tournament a Success

By Jean McDanal

After having to cancel our gala and auctions and the kayak/paddleboard race because of COVID-19, Kayak for the Warriors (K4TW) was able to push ahead and host our first Warrior Golf Tournament on Friday, July 31. One hundred golfers enjoyed the newly renovated course at the Crystal Coast Country Club. The format was best ball, and golfers could participate in several contests, including longest drive, closest to the pin, a putting competition, Play the Pro, which allowed golfers to hit against club pro Randy Taylor; and a hole-in-one challenge featuring a car from Lookout Ford. The favorite tournament feature was the opportunity to fire an AR-15 that had been retrofitted to shoot a golf ball as much as 350 yards, depending on the wind. This was used as the golfer's drive from the tee.

Golfers were treated to a barbecue lunch and a silent auction that included

items such as golf bags, a driver, a number of foursomes at various courses, and two pieces of artwork by Beaufort artist Drew Hoover.

The overall winners were Tim Bowen and Richard Porter from Atlantic Beach, Bryan Carithers from Beaufort, and Paul Simpson from Morehead City. Congratulations to Don and Lana Hathaway, who won the drawing for the

Winners of the K4TW Warrior Golf Tournament, from left: Rich Porter, Paul Simpson and Tim Bowen. Not pictured: Bryan Carithers.—Photo by Lynn Di Lauro

\$1,000 Wine and Dine basket and to Dick and Betty Watson for winning the beautiful golf quilt made by Cindy Moeller.

(Continued on page 6)

Keeping Up With the Clerk

By Charles Rocci

Pine Knoll Shores Town Clerk

A warm welcome is extended to our new town clerk, Charles Rocci. While he has big shoes to fill as Sarah Williams moves on to other challenges, he has already begun to formulate plans to contribute to the town and looks forward to working with the people of this special community. Assistant Town Manager and Finance Manager Julie Anderson comments: "With almost 80 applicants for the town clerk position, we found ourselves in a no-lose position with the top candidates we interviewed. Charlie edged out the competition with his familiarity with local government operations, his pursuit of a masters in Public Administration, and his calm professionalism. The entire staff is very excited to have him by our sides as we serve the people of Pine Knoll Shores." Please join us in wishing Charlie well in his new position.—The Editors

Before I began my summer internship with Pine Knoll Shores, my understanding of the role of a town clerk was to act as the town's official record keeper. Once I began working with former Town Clerk Sarah Williams, I quickly learned about



Town Clerk Charlie Rocci
—Photo by Sarah Williams

(Continued on page 21)



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THE *Shoreline*

Snake in the House!

By Frederick Boyce

On July 12, my phone started ringing a little after 10 p.m., just as I was falling off to sleep. It was my good friend Brooke Breen, the director of OWLS, the Outer Banks Wildlife Shelter. I figured it was probably just a venomous snake—the only reason she would be calling me at that hour—and promptly went back to sleep. I have often seen Brooke with both arms full of some completely irritated sea bird with built-in skewers capable of making a quick-and-easy shish kebab of one's eyeballs, so I figured she could easily handle a snake.

When I checked my messages first thing the next morning, I was unsurprised to hear that a young copperhead, about a foot long, had turned up unannounced in her bedroom. She had easily captured the snake by covering it with a glass measuring cup and sliding a thin book underneath, a technique that also works well for wasps and spiders. She then transferred it to a plastic container with locking latches and gave it to me to release.

For more decades than I care to admit, I have responded to calls from people with “baby copperheads” in their houses. Only once have I ever found an actual baby copperhead in a house—and that was in my own house. I was living in the mountains where I maintained a sizeable collection of snakes for presenting mobile snake education programs at schools, libraries, museums, parks, summer camps and other such places, so I often had live mice in the house for feeding the snakes or various birds of prey that my brother had rehabbed at his nearby vet clinic.

One night I came home to discover a newborn copperhead coiled neatly on a faux oriental rug just inside the back door. It was all but invisible on the patterned rug, waiting patiently for a passing meal. My foot was poised in midair, ready to come down on the tiny snake (with far more deleterious consequences for it than me) when my then eight-year-old son said in a very matter-of-fact voice, “Dad . . . copperhead.” He was, of course, able to distinguish copperheads from nonvenomous snakes from the time he was able to walk, and like me, has never been worried by snakes.

I have always assumed that this little reptile was attracted by the scent of the mice I kept on hand to feed the animals. The forked tongue of a typical snake, working in conjunction with the vomeronasal Jacobson's organ in the front of the mouth, has been estimated to be many times more sensitive than the nose of a bloodhound, and copperheads are extremely fond of mice. OWLS likewise maintains a large breeding colony of feeder mice, so I wondered if Brooke had perhaps brought home a trace of mouse scent on her clothes. She, in fact, later confirmed that the snake was found right next to her pile of work clothes on the floor.

I know first-hand of only one other verified case of a copperhead entering someone's house, so it doesn't happen very often. Nonvenomous snakes, such as rat snakes and racers, are far and away more likely to enter a house than venomous ones. The countless “baby copperheads” that I have removed from houses, decks, garages, sheds, barns and yards—and even the local aquarium—have always turned out to be harmless rat snakes, black racers, or an occasional baby watersnake or corn snake.

Baby rattlesnakes and cottonmouths, also born alive in late summer/early fall, are even less likely to enter houses than copperheads, as they are habitat specialists that are not attracted to human-altered environments. Also, newborn

First Day of School Photos

While the first day of school will certainly look different this year, it is still a landmark event for our children, and we would like to feature them in an upcoming issue of *The Shoreline*.

Please submit your high resolution pictures to shoreline@townofpks.com by Friday, September 11, and include children's names, grade, school, photographer's name and any other information you would like to share. Kids love to see their picture in the paper, and so do we.—*The Editors*

pit vipers remain with their mothers, typically staying at the birth site for a week or more until their first shed, while baby nonvenomous snakes, most of which hatch from eggs, never really meet their mothers and immediately start to roam and explore.

Baby timber rattlesnakes look like miniatures of the adults, with a series of jagged black chevrons or crossbars on a grayish or buff background and a pencil-thin reddish line running down the center of the back. Their tails are solid black and newborns will have no rattle—only a single button, making the tail appear blunted. Baby copperheads (and cottonmouths, which do not occur on Bogue Banks) are both shades of tan, brown and reddish-brown and will nearly always have a bright yellow or greenish tail tip that is unnatural looking, as if it had been sprayed with yellow paint. This is used as a lure to help the baby snakes capture prey, primarily baby lizards and frogs, which very conveniently hatch (or finish transforming from tadpoles) just before the baby snakes start showing up, thus ensuring an abundant food supply. A well-camouflaged baby copperhead will lie coiled with the bright tip of the tail conspicuously raised, masterfully twisting and turning it to perfectly emulate the movements of a tasty worm or caterpillar.

There is now a very good Facebook group called N.C. Snake Identification & Education. Post a photo of any snake you see, and it will be identified immediately, if not sooner. There are also lots of other interesting photos to see. And be sure to support OWLS.

Frederick Boyce is the staff herpetologist at the NC Aquarium at Pine Knoll Shores.



A newborn copperhead with its yellow tail flattens itself out as it crosses a road. Note the widely-spaced bands shaped like dumbbells or hourglasses.—*Photos by Fred Boyce*

FROM THE DESK OF THE POLICE CHIEF

Help Us Prevent Theft

By Ryan Thompson, Pine Knoll Shores Police Chief

One of the most common crimes reported to law enforcement officers is larceny. A larceny is when an individual takes the personal property of another without their consent with the intent to permanently deprive them of it. In Pine Knoll Shores, bicycles and kayaks are the most frequently reported stolen items. Oftentimes, these items are left out unsecured and plainly visible to the general public, making them an easy target or crime of opportunity.

It is impossible to make a piece of property 100% secure from being stolen, but there are some easy steps to take to make someone think twice before attempting the theft. More often than not, our officers find out during an investigation that an individual's home, vehicle or storage shed was unlocked at the time of a theft. Making sure locks are in good working order and are properly engaged is the easiest step that you can take to ensure your property does not get stolen. It is very common that I hear, "I never lock my doors because we live in Pine Knoll Shores." I cringe anytime I hear someone say that. I can't emphasize locking your doors enough. A locked door will prevent the majority of thefts.

While it is true that our community has a lower crime rate compared to other communities around the country, we are not crime free. It is common knowledge around Carteret County that many of our property owners are second-home owners and do not live here permanently. That also means that many homes are left unattended. Unattended homes make attractive targets for individuals looking to break in or commit a theft. Here are just a few simple steps you can take to help make your home a little safer:

- Lock your exterior doors with a deadbolt.
- Make sure to have your mail delivered to an alternative address or held at the post office if you will be gone for an extended period of time. Homes with stacks of mail or newspapers advertise that nobody is home.
- Install motion-activated flood lights, which are a cheap and easy-to-install deterrent.
- Take pictures of valuable property and document serial numbers of firearms and electronics.

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PUBLIC SAFETY

POLICE

During July, there was 4 arrests; 131 911 hang-ups; 20 alarm activations; 9 animal calls; 31 disturbance calls; 67 assist Fire/EMS calls; 1 motor vehicle collision; 11 assist other agency calls; 428 traffic stops; 103 citations issued, which included 25 speeding, 7 stop sign/stop light, 14 registration/inspection, 9 license revoked/registration; 53 other traffic violations, 3 drug violations, 4 alcohol violations and 1 other criminal offense; 58 beach patrols; 533 business checks; 933 foot patrols; and 23 residence checks. Police personnel participated in 61 training hours. Volunteers in Police Service (VIPS) worked 12 hours.

FIRE AND EMS

During July, responders handled 4 fires, 3 good intent calls, 43 rescue and emergency medical service incidents, 1 service call, 1 hazardous condition (no fire) call and 15 false alarm or false calls. Personnel participated in 453 training hours for the month.

REMINDER: Lock your doors, especially your vehicles, and don't leave valuables in sight. Report suspicious people or vehicles to dispatch (726-1911) so that the police can be notified. You are not "bothering" the police if you call to report something that doesn't look right. They prefer to assess the situation rather than find out after the fact that you had noticed something and didn't report it. Alert citizens are assets to the community.



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ARTICLE DEADLINE

DUE DATE	ISSUE
Tues., Sept. 15	October
Thurs., Oct. 15	November
Fri., Nov. 13	December
Fri., Dec. 11	January 2021
Thurs., Jan. 14	February
Fri., Feb. 12	March
Mon., Mar. 14	April
Mon., April 12	May
Wed., May 12	June

ADVERTISING DEADLINE

The 19th of the month prior to desired issue
Articles always welcome.



By JoAnne Ferguson

In the beginning . . .

There was one club for women in Pine Knoll Shores in 1983, and that was the Garden Club. There wasn't anything to appeal to women who didn't love to garden, so a group of women in the Garden Club came up with an idea. What about a women's club where members could socialize, have speakers come to talk, and get to know the women in Pine Knoll Shores? This idea was presented to the members of the Garden Club through a survey to discover if there was enough interest to move forward. The response was positive so an invitation was placed in "The Shore Line" newsletter to come to an organizational meeting at town hall on February 24, 1984.

This first meeting of the Pine Knoll Shores Women's Club was at town hall, and representatives from the Morehead City Women's Club presented the National Federation of Women's Club activities and responsibilities. This helped point the direction of the club. At the March meeting, the women decided to form an independent, non-federated club. Their purpose was Social Unity and Interest Groups. It was to be an informal group that would meet monthly on the fourth Friday at town hall.

In June of that year, officers were appointed. Our first officers were: Verna Armstrong as president, Betty Harmon as vice president and Wanda Lettan as secretary. These women met and created the first by-laws. They needed a treasurer so Connie Browne was appointed, and the club was off and running. It was exciting to begin a new club, and they quickly established committee chairs and developed some interest groups that are still active today.

Supper Club, Lunch Bunch and Book Club were formed in the first year. They also had a Travel Club and Antiques Club. There were trips to Winterthur Museum in Winterthur, Delaware, with stops in Brandywine and Longwood Gardens in Pennsylvania; the Biltmore Estate in Asheville; and Charleston, South Carolina.

The club needed a logo, so there was a contest, which was won by Wanda Lettan. This is the same logo we have today.

Some of the programs that first year were Life Behind the Iron Curtain by Helen Julien, a journalist from the Canadian Press Club and A Travelogue on Egypt by Charlotte Cade. The club members even had a trip to the Big Star Market and the program was Getting the Most for Your Food Dollar. Other programs included Activities to Entertain Your Grandchildren and Problems Newcomers Encounter. This last one didn't deal with big problems, but small things like places to shop for your favorite spices or brands you used "back yonder" and can't seem to find here. I think many of us can relate to adjusting to a new place and things being so different. It can be frustrating.

As time went on, the club made more of an impact on the community. To raise money for giving to the community, they started selling reflective shoulder sashes to use when exercising. Their first charity was the Bogue Banks Library to help

build a permanent book collection. We still give to them today. Other charities were added, the largest being our Scholarship Fund to Carteret Community College, which is given to a nontraditional student who is returning to school.

During that first year friends were made, programs were interesting, by-laws were accepted by the membership, and committees and interest groups were formed. At the very first meeting in February 1984, 23 women attended, and by June 1985 they had grown to 52 members. As one member put it, "We were starting to walk."

Our meetings are still held on the fourth Friday of the month at 9:30 a.m. at the Pine Knoll Shores town hall, except for the summer break (and, of course, the interruption we have all endured because of COVID-19). Meetings begin with coffee and conversation, followed by the guest speaker and then a short business meeting. In 2019 we extended our membership to all women living and working on Bogue Banks who are not served by any other women's club, and we welcome new members. Please check the Pine Knoll Shores Women's Club Facebook page for details on our September 25 meeting.

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CAUGHT DOING SOMETHING GOOD

George Balog Day in PKS

By Kathy Filandys Tilyard

On August 2, George Balog turned 98. George is a WWII veteran and a Korean War veteran, and he is one of only four WWII veterans remaining in Pine Knoll Shores. In 2008, 55 Pine Knoll Shores WWII veterans were honored by the town with a ceremony at town hall and the dedication of a permanent memorial to all veterans. The recognition of the WWII veterans continued later in the day at the then Country Club of the Crystal Coast with a dinner and honored speakers.

In 2019, there was a big surprise birthday party for George at McNeill Park, but this year, due to the coronavirus, that type of gathering was not possible—and the decision was made to do a drive-by surprise celebration.

George was called and told to be ready for a visit from Kathy and John Tilyard at noon on his birthday, and he was happy to just have a visit. We planned to line up for the parade on Pine Knoll Boulevard at 12:30 and drive by George's home; however, Isaias was due to arrive as a tropical storm or a hurricane, and no one knew for certain the timing. Residents were alerted that hoses were put into place on Pine Knoll Boulevard; the celebration was reluctantly canceled the evening before. As it turned out, Sunday morning, August 2, was sunny and calm, so the celebration was rescheduled for 12:30, with the mayor agreeing.

Kathy and John went over at noon as planned, and George's neighbor, Rob Touse, was there as well. As George sat on a chair decorated with balloons, Mayor John Brodman and his wife, Sylvia, arrived. There were never more than 10 people at George's home, and social distancing was practiced. As we chatted casually, down the street came a Pine Knoll Shores firetruck with lights flashing for a grand beginning to the birthday parade. George was smiling broadly as friends and neighbors followed in their cars, golf carts, trucks and on motorcycles, some throwing cards and gifts out of their windows.

A highlight of the celebration was the presentation of a proclamation by Mayor Brodman declaring that August 2 would forever be proclaimed George Balog Day in Pine Knoll Shores. George's smile turned into one of heartfelt appreciation.

In spite of a pandemic and a threatening hurricane, the residents of Pine Knoll Shores found a way to thank George, one of the "Greatest Generation," for his service to our country. Thank you and happy birthday, George.

From top: Mayor John Brodman reads a proclamation declaring August 2 to be George Balog Day. Images of the parade include the Pine Knoll Shores fire truck that led the parade and George Balog, looking great on his big day.

—Photos by Rob Touse and Kathy and John Tilyard



Pour Decisions

By Brett Chappell

Two commonly asked wine questions

How long can I store this bottle after I open it? Wine needs oxygen to fully express itself, yet when you pull a cork, listen for the “Jeopardy” countdown music to begin. You should drink most wines within two days of opening. Do not shove the cork back in after pouring a glass and expect the leftovers to taste the same in two weeks.

Wine, like us, ages, yet much faster. Oxygen and wine mean the wine oxidizes, or rusts. Two days after opening most still or sparkling wines, you have a rusty mess. Think of a cut apple after it sits on the counter for an hour, a day, two days.

What can you do if you won’t drink a full bottle in a sitting?

- *Good:* Buy what you like, drink it at your own pace, and throw the wine out when you don’t like the taste anymore. Pro: It’s exactly what you like. Con: Expensive and wasteful.
- *Better:* Buy a half bottle. Pro: Two glasses, that’s all there is. Con: Half bottles are more expensive and limited in selection. *Best:* Buy a half bottle once, and then reuse it to store the half of the full bottles that you won’t drink in the first sitting. The fuller you fill the half bottle, the less oxygen and, hence, the slower the aging process. Pro: You get to buy whatever wine you want to drink and keep it in pretty good shape for about a week. Con: The wine in the refilled bottle won’t last forever. Don’t push it past a week.
- *Bonus:* If you are a one-glass-a-night kind of drinker, buy wine in a box (actually a bag in a box). The thing is the wine lasts forever, almost. Remember, though, that the quality of the wine going into the box is the quality coming out. Good In, Good Out, gentle drinker.

Why do I get headaches from wine; is it the sulfites? Sulfites are a byproduct of the fermentation process, so truly sulfite-free wines do not exist. The Romans used sulfites to thwart oxidation and help wine age gracefully. Wineries still add sulfites as a preservative. Moreover, most processed foods use sulfites at higher levels than wine.

“Organic wine,” has no added sulfites, and any sulfites are lower than 10 parts per million (ppm). Wines “made from organically grown grapes” have less than 100 ppm of sulfur. Conventional wines, for lack of a better term, must weigh in at lower than 300 ppm of sulfites. Many who practice organic farming forego the expense and paperwork of certification.

Many unsulfured wines are unstable. Wines without sulfites may age prematurely, change color and develop offensive off-flavors. Many sulfite-free wines hide flaws of bad winemaking in the name of natural wine. Because the wines sell slower in the market, many wholesalers hold on to sulfite-free wines far too long. The end user is then drinking a wine that is far past its life span.

Most people with a sulfite sensitivity have asthma. The main, and worst, symptom of this sensitivity is anaphylactic shock. Headaches are probably caused by something else. White wines and sweet wines have a higher sulfite content. Red wines have less sulfites, but higher histamine levels. Histamines can cause headaches.

So, here are some truths about sulfites in wine:

- Cool climate wines from Europe have less extraction, lower alcohol and higher acids. Higher acids allow less added sulfites to work harder.

- Most European wines sold both in the US and in the EU markets have the same sulfite content. Most wines bought for either market are purchased after winemaking is complete. Wineries seldom dose specific wines for the US market.
- Stick with smaller producers. Chemicals of any sort are expensive. Smaller producers prefer to spend for higher quality raw materials than to “correct” for subpar grapes.
- Ask for help. A reputable wine merchant should be able to help you suss out what wines will help you avoid headaches. Wine merchants want you to enjoy your wine without a headache.

Brett Chappell is a certified sommelier and wine educator with 30-plus years of experience in all aspects of the wine and restaurant industries. He and his wife, Jen, who is a wine and spirits education trust level two, escaped from Northern Virginia to Pine Knoll Shores to “retire” by opening MF Chappell Wine Merchant in Atlantic Beach during COVID-19. MF Chappell Wine Merchant is located at 407 Atlantic Beach Causeway in Atlantic Beach, and the phone number is 252-773-4016.

K4TW Golf Tournament a Success

(Continued from page 1)

This was the only event that Hope For The Warriors had this year. We are grateful to the Crystal Coast Country Club, especially Danny Torbush and the staff, and for the hundreds of hours of volunteer time that made this event possible. Thank you to all the hole sponsors and other supporters for making this such a memorable event. Because it was so well received, a golf tournament has already been scheduled for May 21, 2021.

Help Us Prevent Theft

(Continued from page 3)

- Let your neighbors know if you will be gone for extended periods of time.
- Sign up for our residential security checklist. Volunteers and officers will check your home several times a week to ensure everything is secured. Stop by our Police Department to sign up for this service or download a form on the town’s website at townofpks.com (click on Resources/Document Library/Police).

So what should you do if you discover that someone has stolen your property or broken into your home or vehicle? Stop what you are doing and call 911 immediately. Our officers will respond and make sure nobody is inside your home and begin an investigation immediately. You should never enter your home and check for an intruder. This happens far more often in Pine Knoll Shores than it should. Do not touch or move anything before calling 911. Earlier this year, we had several home break-ins reported where the entire home was cleaned and/or it was not reported for several days. This makes our jobs incredibly difficult and suspects almost impossible to apprehend.

In Memoriam
Marvin Creamer
James Munn

CAUGHT DOING SOMETHING GOOD

A Bittersweet Goodbye

By Peggy Deneau

Back on June 1 I received a call about a turtle stranding on our beach. When I arrived, I found Officer Scott Bullock of the Pine Knoll Shores Police Department and a few onlookers with a rather sad-looking young female green turtle. Officer Bullock was keeping the turtle shaded and wet until help arrived. At first glance, the turtle appeared lifeless, and she was covered with barnacles, algae and other sea life. She only showed signs of life when water was poured on her, and one of the onlookers referred to her as Aqua.



Aqua-Peggy when found on June 1—*Photos by Suzanne Deneau*

We are so grateful that Aqua was found by someone as caring as Officer Bullock. Having grown up in an area near wetlands, he has long had an affinity for turtles of all kinds. Without his help, this turtle would most likely have starved while being baked by the sun.

After thanking Officer Bullock for his caring assistance, I asked my daughter, Suzanne, to pick up Aqua. As she was lifted from the sand, her front flippers began to swim through the air, and her mouth opened several times as though asking for help. We headed straight to the NC Aquarium at Pine Knoll Shores, where the young turtle was given over into the care of aquarist and sea turtle specialist Michele Lamping. Over the next several weeks, I learned that Aqua, now renamed Peggy, was eating well, gaining weight and being checked by the veterinarian. Her shell had been cleaned, and she appeared to be doing great.

On or around July 22, Michele let me know that our turtle had been cleared for release by the vet, and Officer Bullock was invited to attend. The release was planned for 9 a.m. on Monday, July 27, at the Iron Steamer public beach access. Michele asked that I say nothing about it to avoid a crowd of onlookers during the COVID-19 pandemic.

On July 27, Suzanne and I met Michele, her assistant and Officer Bullock right on schedule. Michele had two turtles to release, Aqua-Peggy and a second, slightly larger green. Each turtle was in a separate container. I had brought along a man-sized pair of rubber gloves just in case Officer Bullock would be allowed to handle our turtle (which he was) and a pink pair for Michele. After donning gloves, Michele and Scott hoisted their flapping turtles out of their crates to pose for a photo before releasing them on the wet sand.

The older, larger turtle went quickly into the surf and disappeared, but Aqua-Peggy took her time. After going into the ocean, she turned around several times, looking back at us as if to say thank you and goodbye before at last vanishing into the waves.

I don't believe Officer Bullock or the rest of us will soon forget this bittersweet, heartwarming experience seeing the turtles finally go home. Perhaps in 20 years or so, they will return to nest on our beach. Until then, may they swim strong and free.



Officer Scott Bullock with Aqua-Peggy on release day



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- Dormant stages
- Biofilm concerns

Protozoa



- Stable cyst stage
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- Common in finished water

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PKA News

By Carolyn Brown Thompson

With the occurrence of the first hurricane of the season (hopefully the last) the Pine Knoll Association (PKA) Board of Directors reminds our homeowners to please be proactive and prepare in advance in case another storm heads our way. All lawn furniture and outside equipment must be properly secured, boats should be tied down, raised or removed, and all water should be shut off to any faucets attached to docks, boat lifts or sea walls. Fortunately, Isaias was fairly kind to us, but let us be sure we are ready for the next one, just in case.

Beachgoers are reminded to please stay off the dunes to give the newly planted beach vegetation a good chance to take root. In addition, please remember to fill in any holes before leaving the beach. While common thought says that the incoming tide will fill in the holes, those spots can become traps for turtles laying eggs on the beach and hatchling turtles making way from their nest to the ocean. Holes left behind that are above the high tide line are also hazardous to the police beach patrols as they travel along our beach. As you leave the beach, please remove all items you brought with you, and dispose of your trash and recycling in the proper receptacles. Broken beach chairs, umbrellas and water toys should be taken home for disposal rather than left at the park. The PKA volunteers responsible for maintaining the beach access points will be most appreciative of your help.

All PKA residents are encouraged to complete the 2020 census, which has a deadline of September 30. At this time of this writing, few folks have responded. Please see "Have You Heard . . . ?" on page 11 in this issue for more information.

The monthly PKA Board of Directors meetings are held on the second Monday of each month at 9:30 a.m. and are currently being held virtually using the Zoom platform. To view the agenda and to access the Zoom link, visit the PKA website at pineknollassociation.com.

The monthly sittum gatherings are continuing, meeting the first Sunday of each month at Ocean Park at 5:30 p.m. You are encouraged to bring a beverage and a bite to eat if you like. Remember your mask and social distancing, and enjoy the beautiful view and the fellowship of your neighbors. We hope to see you there.

PKA contact. Contact PKA by phone at 252-240-1717, by email at PKAbox905@gmail.com, via the website at pineknollassociation.com, by mail at PO Box 905, Atlantic Beach, NC 28512, or by the drop box located at the corner of Sycamore Drive and West Olive Court. Like us on Facebook at Pine Knoll Association, Inc.

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These are crazy times for sure. I hope everyone is taking care of each other. Hang in there. A few things going on in town:

Next dinner with the mayor. Given current events, we are not going to set a date for a dinner quite yet. The next scheduled dinner is in early October. We will see how things sort out with the pandemic and the restrictions at that time. Please keep an eye out on the town email system and Facebook.

FEMA funding from Hurricane Florence. Following Hurricane Florence in September 2018, FEMA introduced a new funding procedure for local governments. When the last of the beach vegetation was planted in July of this year and this project officially ended in Pine Knoll Shores, approximately \$3 million remained in project funding authorization. We are authorized to use these funds for very specific categories related to storm protection, hazard mitigation and public safety. This is a significant amount of funding for a town of our size and warrants careful consideration of how to use the money. The Board of Commissioners will discuss this starting in September, and we need to submit a final list to FEMA no later than December (though we may submit this sooner). The next commissioners meeting on September 9 will offer the first opportunity to hear discussion on this with the full board.

Phase 2 Stormwater Project. There are several things to report here. First, on August 12, the Board of Commissioners approved a contract with Morton Trucking of Jacksonville for construction of the stormwater line through the east neighborhood of Pine Knoll Shores and an infiltration chamber on the grounds of the country club. The contract amount is \$449,500. Half of this will be paid with a grant from the North Carolina Clean Water Trust Fund, and the other half will be addressed by the town. The town share of this project may, in fact, be funded using FEMA funds. We await final approval by FEMA on this. Additionally, the town is close to wrapping up agreements with neighbors on the east end as well as the country club for permission to have project work done on their properties. Our plan is to have the construction in the neighborhood areas from Yaupon Road to Myrtle Court in October, and the work on the country club grounds in January and February. More information will follow.

CARES Act funds. Pine Knoll Shores will receive approximately \$30,000 in federal CARES (Coronavirus Aid, Relief, and Economic Security) Act funds. These funds are to be used for pandemic-related expenditures. We took a look at the authorized expenditures and have direction from the Board of Commissioners to explore a new audio and video system in our boardroom. Those of you who have been listening to board meetings know that what we have now is fairly rudimentary. With the likelihood that public meetings will be limited to online platforms until a vaccine has been approved and fielded, and given that we want to maintain the ability for people to participate, we think this is the best way to use these funds.

Expenditure of federal funds. The three items above all relate to Pine Knoll Shores' expenditure of federal dollars. There are a few things I would like to pass along. First, there is no such thing as free money. These federal funds are our tax

dollars, and we will consider every expenditure as if we were spending our own local tax revenue. Second, our auditor is in town as this is written, and we spoke about this influx of federal funding. The auditor reminded me that they have a legal responsibility to ensure that expenditures of federal funding must be audited under Uniform Guidance put out by the U.S. government. In other words, there is an outside/third party checking to see if we are spending this money only on what is authorized. And, finally, we have an excellent finance officer in Julie Anderson. She is laser-focused on compliance with federal and state finance regulations. If you have an interest in this, I suggest you connect to the September 9 board meeting using the link that will be sent out via town email before that date.

Static line exception. This message is mainly to oceanfront homeowners. As you probably know, the NC Division of Coastal Management maintains a 60-foot setback from a line established over 20 years ago based on the vegetation line on the beach at the time. In 2010, Pine Knoll Shores achieved an exception to this, which allows the setback to be measured from the present-day existing first line of stable vegetation. This exception has to be updated every five years. This year is an update year, and town planner Kevin Reed will be working with the Carteret County Shore Protection Office to ensure this exception is maintained. If you are an oceanfront owner and this is all a mystery to you, contact Kevin Reed at 252-247-4353, ext. 11.

Disposable bags for yard debris. We sell disposable yard waste bags at the front desk at town hall. Many citizens in town are already using these bags, and we would like to encourage more to do so. They are enviro-friendly, easy to work with and cheap. These bags were purchased tax-free from a local vendor, and we are selling them at cost.

Sign up for town emails for storm alerts (and everything else). We send email alerts during all storm emergencies as well as all year on everything from lost pets to local events. This is a good way to keep apprised of all things town related. We have migrated to Constant Contact, a web-based email delivery service. Visit the town's website at townofpks.com and scroll down on the homepage to click on a link to add yourself to this email list.

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Have You Heard . . . ?

NC Seafood Festival. Like most activities in 2020, the NC Seafood Festival, scheduled for October 2-4, will have a new look this year. COVID-19 guidelines will not allow the normal large crowds to enjoy the festival in person. At press time, the festival staff was still in deep planning mode to determine how to create an engaging experience for seafood enthusiasts in virtual format. There may be some events that are not virtual, but details for those will be tricky to nail down as safety is a top priority. Please check in often at ncseafoodfestival.org to see developments as they occur.

Census deadline shortened to September 30. With the onset of COVID-19, 2020 Census operations were paused. Because of doubt that there will be a favorable response to its request for an extension to October 31 for citizens to complete the census, the US Census Bureau has shortened the deadline to September 30.

As of early August, North Carolina records showed that 1.6 million households in NC had not been counted, and \$7.4 billion in annual funding was at risk due to census nonresponse. The rate of response at that time was below the national rate and also below the state's response rate for the 2010 census.

Because census workers now have less time to count the nonresponding population, citizens are urged to complete the census in one of three ways: by internet (my2020census.gov), by phone (844-330-2020 in English, 844-468-2020 in Spanish) or by paper questionnaire, which you should have received in March or early April.

Your response matters. The 2020 Census count will impact funding, services and planning for the next 10 years. Visit 2020census.gov if you have questions.

Virtual Talk Series by Dr. Elliot Engel. Those who have heard Dr. Engel, humorist, historian and stand-up scholar, won't want to miss this online series sponsored by *Our State* magazine and Well-Spring Retirement Community. These top five of Dr. Engel's favorite talks, recorded live at The Virginia Somerville Sutton Theatre in Greensboro, are filled with anecdotes, analysis and large doses of humor. The series includes:

- *Sir Walter Raleigh: Beyond the Muddy Cloak*—September 24, 7 p.m. This presentation celebrates the fascinating life of Sir Walter Raleigh as an explorer, courtier, entrepreneur and one of the great writers of love poetry.
- *The Vanderbilts: All of Them!*—October 15, 7 p.m. The triumphs and tragedies of this famous American dynasty are presented in the context of family dynamics and historical influences.
- *The History and Mystery of Wine*—November 19, 7 p.m. This presentation covers it all, from the ancient Egyptians, through the invention of champagne and on to America's small but growing influence on the recent wine culture.
- *A New Tune for an Old Carol: Dickens and Christmas*—December 17, 7 p.m. Learn the background of the publication of Charles Dickens' *A Christmas Carol* in 1843, which changed how we now celebrate Christmas.
- *Our Slippery Mother Tongue: A Light History of English*—January 14, 7 p.m. Follow along as Dr. Engel traces the development of our English language from the Celts to the Anglo-Saxons to the invading French and gives Chaucer his proper place as the earliest named literary genius.

If you've never experienced Dr. Engel's wit and humor, you can listen to a sample from one of his talks at soundcloud.com/ourstate/dr-engel-sample-talk. Those familiar with his unique presentation style will be sure to enjoy all five of these talks chosen by Dr. Engel for this series.

Cost for access to the complete series is \$29.95; cost for access to each individual talk is \$9.95. Register at ourstate.com/elliott-engel-virtual-series-registration. The

deadline to sign up for the first talk or to purchase the series is Monday, September 21 at noon.

Out and About

By Sara Barbee

Farmers markets

On a Saturday in August, I visited two farmers markets near Pine Knoll Shores. First I stopped at the Morehead City Curb Market on the corner of 13th and Evans streets. This oldest continuously operating curb market in North Carolina left me with a nostalgic feeling. Starting out on 12th Street in Morehead City's Promise Land, the market moved into the current building on 13th Street in the 1930s.

On Saturdays this market was a gathering place where local farmers sold their produce and local people came to shop and visit. I remember in the 1950s a buzz of activity. There were shellers in each farmer's section, with the sounds of peas and butter beans dropping into enamelware bowls and laughter and hawking by different vendors. There were no supermarkets at that time.

Although there are fewer individual farm stands, the tradition of cottage sellers—small farms, sometimes backyard gardeners, cooks who share fresh baked treats from their home kitchen, soap makers and jewelry artisans—is retained here. Inside the building a sewing machine was set up for custom requests. The Farm at Bogue was there, and Stacy Macklin, Business Director of the Carteret Local Food Network displayed beautiful summer vegetables from several local small farmers. I left with oatmeal coconut cookies, a slice of key lime pie and a sausage and cheese snack on a stick, all from Karen's Baked Goods. Her small apple spice bundt cakes were delicious. I must confess that I brought none of this home with me. It disappeared in my car on the way to Beaufort. The little dolphin soaps I found would make great gifts, and there were lavender goat milk soaps that had my name on them.

Founded in 2019, newbie Olde Beaufort Farmers' Market was set up under the trees on the courthouse square. Joe Merrill, a local fixture, sat at his large farm stand. Nearby was a scrumptious-looking display from Harlowe Custom Microgreens. Across from Joe, Ocean Air Hemp Farm of Gloucester offered mosquito balms and soothing oils. Nearby, Doggie Gossip sold "all natural good stuff for dogs." I bought the freshest shrimp from Darden's Seafood and a lovely small bromeliad that only needs misting. A gardener, I found delight in the many creative and decorative outdoor designs. There was a different ambiance here and a greater variety of artisan goods, and it is worth checking out 9 a.m.-1 p.m. every Saturday, rain or shine.

Having ordered a small Veggie Van CSA (Community Supported Agriculture) box from Carteret County Local Food Network, I stopped back by the Curb Market on my way home to pick it up (I didn't want to leave it in my hot car while I browsed the market in Beaufort). I was surprised with a honeydew melon, a small watermelon, zucchini, winter squash, and an Italian eggplant. Chef Caroline Domingo, van driver, let me grab a handful of gorgeous dark green basil for seasoning. CSA boxes come in two sizes and combine produce from several small farms. There is something wholesome about foods freshly picked, especially for me. There are several pickup locations. To find out about this resource, visit CarteretLocalFoodNetwork.org or call 252-777-2359.

As a society we have returned full circle to farm fresh and homemade, strongly supported by Carteret County and you.

BHA Events

The Beaufort Historical Association (BHA) offers tours year round that allow guests to take a step back in time. Enjoy a tour of the historic buildings that date back to the 18th century, visit the Old Burying Ground and learn the tales of the many colorful characters who have been laid to rest there, or hop aboard the historic English double-decker bus and learn the history of historic Beaufort. Tours meet at the Beaufort Historic Site Welcome Center. View a tour video at beauforthistoricsite.org, and call 728-5225 for more information or to make a reservation. *Visitors are asked to bring face masks.*

Old Burying Ground Tours. Resting in the shade of majestic live oak trees, the Old Burying Ground holds fascinating stories about Beaufort's 300-year history and is listed on the National Register of Historic Places. An experienced guide in period dress leads tours, telling tales of its colorful characters. Tours are held year round, weather permitting. Call to make a reservation 24 hours in advance. Tickets are \$12 for adults, \$6 for children ages 6-12, and children 1-5 tour for free.

Double-Decker Bus Tours. See Beaufort's historic district from atop the 1967 English double-decker bus. Local narrators tell tales of Beaufort's rich past of pirates, star-crossed lovers and Confederate spies. From April through October, tours are Wednesday, Thursday, Friday and Saturday at 1:30 p.m. Tickets are \$12 for adults, \$6 for children ages 6-12, and children 1-5 ride for free.

Historic Buildings Tour. All prized for their period collections and furnishings, the historic homes run the gamut from the rustic Leffers Cottage, c.1778, and the elaborately furnished Victorian Josiah Bell House, c.1825, to the award-winning restoration of the Federal-style John C. Manson House, c.1825. The historic buildings include the Carteret County Jail, c.1829; the Apothecary Shop and Doctor's Office, c.1857, containing priceless pharmaceutical and medicinal artifacts used in early Beaufort; and the Carteret County Courthouse of 1796, which is the only remaining wood-framed English Circuit courthouse left intact in North Carolina. Each building depicts a different period or aspect of life in historic Beaufort. The Historic Buildings Tour is led by experienced docents in period dress and includes three of the buildings. Guided tours are April through November, Monday through Saturday, at 2:30 p.m. Tickets are \$12 for adults, \$6 for children ages 6-12, and children from 1-5 tour for free. Tours are also available upon request with an hour's notice.



**PKS YARD WASTE
PICK-UP DATES**
September 8, 29

Please clearly mark recycling containers to ensure that recycling is not picked up by the trash truck. Stickers for this purpose are available at town hall. Contact Charles Rocci at town hall at 247-4353, ext. 13, or clerk@townofpk.com with questions.



PKS RECYCLE DATES
"A" Week: September 14, 28
"B" Week: September 7, 21

*Please place recyclables and trash out
on Sunday night to ensure pickup.*

PIKSCO Happenings

By Ric Cox

Our annual PIKSCO homeowners meeting was held on July 18 at McNeill Park. Due to COVID-19, our attendance was smaller than in years past, but we still had a respectable showing. We discussed our completed projects for the past year and reviewed our upcoming 2020-21 budget. Mayor John Brodman was in attendance and made a few comments, including thanking PIKSCO for hosting numerous town events in our parks. Representing the Pine Knoll Shores Police Department, Sgt. Cory Bishop addressed the homeowners with pertinent information regarding our community.

The election results for two open board member positions were announced. Dave Shapiro was elected and replaces outgoing director, Gary Corsmeier. Gary left some big shoes to fill, but we are confident that Dave is the man for the job. Dave has lived in Pine Knoll Shores for a number of years and also served on the PIKSCO board over a decade ago. With that, he brings great knowledge and experience to the PIKSCO community. In addition, current director Ric Cox was reelected to serve another term.

After the homeowners meeting, a brief board of directors meeting was held to elect officers. Ric Cox was reelected as president, and Dave Shapiro will serve as vice president for 2020-21.

We are happy to report that the PIKSCO parks were left mostly unscathed after our recent visit from Hurricane Isaias. With the help of volunteers and our landscaper, Willis Landscaping, storm debris was cleaned up within a week following the storm. Our parks continue to be a great amenity to Pine Knoll Shores and seem to be used more and more each year. Volunteers are always appreciated to help with various cleanup and projects in our parks.

PIKSCO contact. For questions, concerns or to volunteer, contact PIKSCO by phone at 252-247-4818, email at piksco@gmail.com, through our website at piksco.com or by mail at P.O. Box 366, Atlantic Beach, NC 28512.

This Month's Puzzle Solutions

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1	9	5	4	7	3	8	6	2
8	7	2	6	1	5	3	4	9
3	4	6	9	2	8	1	5	7

PINE KNOLL SHORES COMMISSIONERS MEETING

By Paige Gillespie

The regular meeting of the Board of Commissioners was held on August 12. All commissioners were present.

During the public comment session, Mayor Brodman read seven comments from the public.

The Consent Agenda, including past meeting minutes and volunteer board appointments, was unanimously approved.

Town Manager Brian Kramer reported on these items:

- Excess FEMA funding: Approximately \$3-3.2 million in funding is available. Expenditures must be related to resiliency, disaster readiness, protection of property or public safety. Town staff is working on a list of potential projects that will be submitted by December 2020 for approval.
- Phase 2 Stormwater Project: Easements are progressing. There is the possibility of FEMA funding for the town's share of the cost, and there has been a delay in the design/build contract for the pump.
- Public Safety Building repairs: The window dimensions do not meet the ingress/egress code. The town is withholding payment until this is corrected.
- Quick updates: The town attorney is reviewing golf cart and handicap wheelchair waivers; an additional dumpster was added to the town hall lot to help with garbage overflow; work is in progress on an ordinance regarding items left on the beach; three enforcement actions are underway; an issue with asphalt from a driveway paving project on Oakleaf Drive is being addressed; a letter was sent to the property owner regarding the Qualls access encroachment; and a seasonal hire for the Public Services Department.

Assistant Town Manager and Finance Director Julie Anderson reported that changes are being made to the Employee Handbook regarding tuition reimbursement payback and immediate family bereavement definition. Tax bills were to be mailed by August 14, and the ongoing audit was more in depth than usual because of FEMA funds received. There will be a budget amendment next month for capital improvement projects that were incomplete as of June 30.

Fire Chief Jason Baker reminded everyone to be careful in the heat and humidity and stay hydrated. Hurricane Isaias was a reminder to have a plan before a storm is approaching. He wants residents to be aware that if they or a family member have medical needs and may require assistance, they need to register online with the county's Emergency Services Medically Fragile Program. (Interested citizens can call the county office at 222-5841 for more information.)

Police Chief Ryan Thompson reported that the department logged 560 miles of beach patrols in July and that 3,400 miles have been put on the town beach vehicle in the last 13 months. He advised that the fire and public services departments work like a well-oiled machine when it comes to hurricane preparations.

Public Services Director Sonny Cunningham reported that the town is currently picking up debris from Hurricane Isaias and the new knuckle truck is working great. The addition of the household trash dumpster and seven additional recycle cans has resolved the trash issue at town hall. All 28 of the town's storm water drains have been rehabbed—which will assist with getting

water off the roads and cul-de-sacs. Water use is up 22.25% over the same time last year.

Town Planner Kevin Reed reported on several items:

- Notice of violation at 104 White Ash Drive: Three regulated trees were removed without a permit. Notice of violation (NOV) and civil penalty in the amount of \$750 was sent to the owner. The NOV also requires the owner to submit a revegetation plan for replacement of the trees.
- South Atlantic Coastal Study (SACS): Mr. Reed participated in a webinar for this US Army Corps of Engineers (USACE) project. The study is to provide a common understanding of risk from coastal storms and sea level rise to support resilient communities. The study area extends from North Carolina to Mississippi and includes Puerto Rico and the US Virgin Islands. The study and final report will be completed by August 2022.
- Static Line Exception Renewal: This allows communities to utilize the post-nourishment or more seaward line of stable vegetation for oceanfront construction setbacks rather than the pre-nourishment, preexisting vegetation line (static line). All communities along Bogue Banks prepared their initial Static Line Exception reports in 2010. The statute stipulates a five-year update, which was submitted in 2015 and will need to be submitted again this year. Engineering firm Moffatt & Nichol has been contracted to prepare the reports.
- NC Resilient Coastal Communities Program: The program's objectives are to address barriers to resilience at the local level, assist communities with risk and vulnerability assessments, advance resilience projects to "shovel ready" or implementation status and to link communities to funding for project implementation. Staff is signed up to participate in interactive webinars, and members of the Planning Board and the Strategic Planning Committee have been invited to participate as well.
- Unified Development Ordinance (UDO): A draft agreement for professional services has been forwarded to the town attorney for review. Mr. Reed anticipates requesting approval of the agreement at the September Board of Commissioners meeting. The likely time frame for completion of the UDO is August 1, 2021.
- US Census: He urged everyone to please take the few minutes required to complete the census form by visiting my2020census.gov or calling 844-330-2020. The census helps determine the distribution of federal and state funds, among other things.

The building inspector's report noted that 40 permits were issued at a value of \$806,395. Fees generated by these permits totaled \$11,643.89. There were 135 inspections performed, and 12 tree removal permits were issued.

Town Clerk Charlie Rocci reported that the town sold two pieces of equipment in July for \$14,650. He also reported that Pine Knoll Shores is eligible for \$30,800 in COVID resilience funds through the CARES Relief Fund. He is looking to upgrade the boardroom telecommunication capabilities, which will improve the remote participation in meetings.

A public hearing was held on the Ocean Vegetation Protection Standards. Under unfinished business:

- A motion was made to adopt an ordinance to clarify and strengthen provisions in the town code pertaining to trees and oceanfront vegetation and a consistency statement. It was unanimously approved.
- A motion was made to approve the contract with Morton Trucking for the Phase 2 Stormwater Project. The motion passed unanimously.

(Continued on page 21)

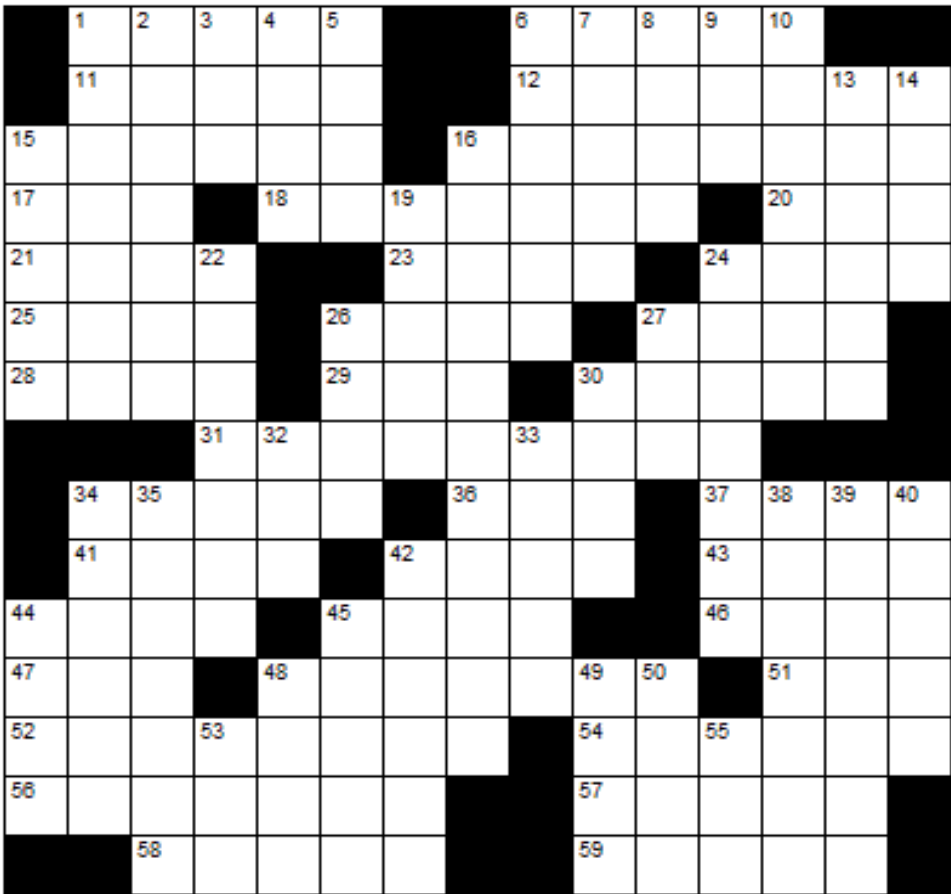
K4TW Warrior Golf Tournament

Kayak for the Warriors hosted its first Warrior Golf Tournament on Friday, July 31, at the Crystal Coast Country Club, with 100 golfers participating. Players participated in a number of challenges during the tournament, including the opportunity to shoot an AR-15 retrofitted to shoot a golf ball—which served as the golfer's drive on the hole. The event included a barbecue lunch and a silent auction. Please see the K4TW wrap-up on page 1 in this issue for full details.—*Photos by Donna Fountain, Lynn Di Lauro and Jean McDanal*






Town Crier



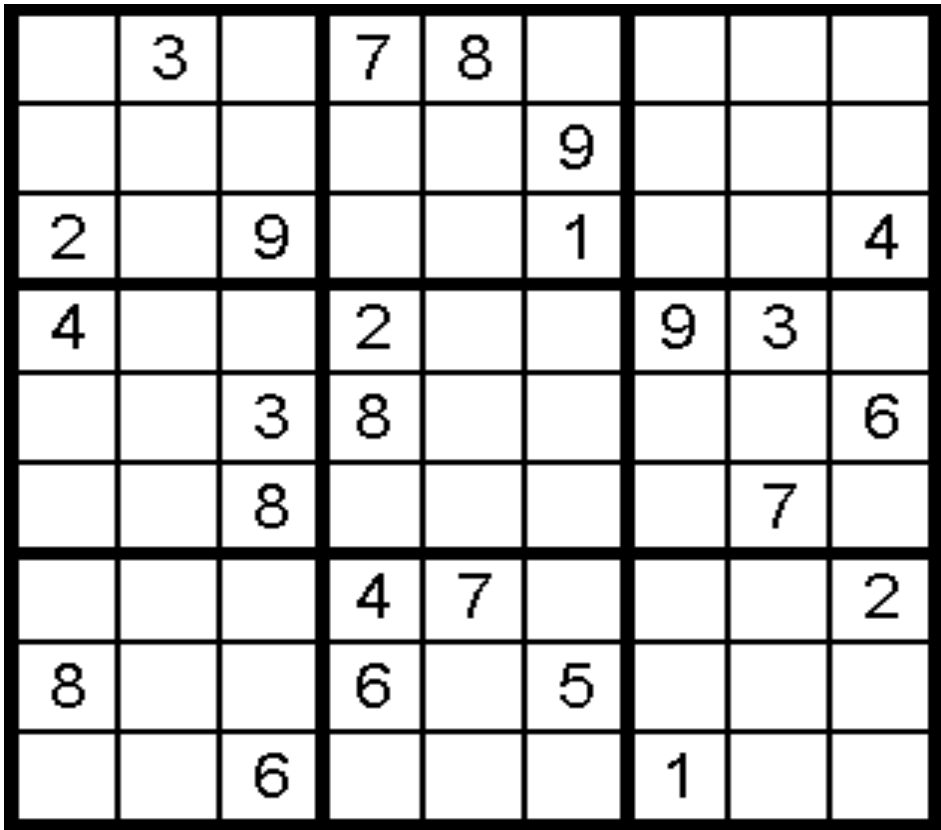
ACROSS

- 1. Trough
- 6. A combination of 3 notes
- 11. Stacked
- 12. Sincere
- 15. Ill
- 16. Lingo
- 17. Faster than light
- 18. Family line
- 20. Make lace
- 21. Ear-related
- 23. Frosts
- 24. Digestive juice
- 25. Margarine
- 26. Former spouses
- 27. Carryall
- 28. Exam
- 29. Aye
- 30. Mongolian dwellings
- 31. A distinctive characteristic
- 34. Double-reed instruments
- 36. A Hebrew letter
- 37. As just mentioned
- 41. Telephoned
- 42. "Cut that out!"
- 43. Infamous Roman emperor
- 44. Cunning
- 45. Blend
- 46. Radiate
- 47. Many millennia
- 48. Belief
- 51. Citrus drink
- 52. Hemorrhaging
- 54. Fastball (baseball slang)
- 56. Charring
- 57. A worker of stone
- 58. Paths
- 59. Begin

DOWN

- 1. Saliva
- 2. Feelings of uneasiness
- 3. Anagram of "Ail"
- 4. Extend credit
- 5. Jittery
- 6. Stops
- 7. Stags
- 8. Paris airport
- 9. Ribonucleic acid
- 10. Tooth doctor
- 13. Balances
- 14. French for "Head"
- 15. In progress
- 16. Being a trendsetter
- 19. Disallowed
- 22. Soft
- 24. Yelping
- 26. Nestling hawk
- 27. Mongrel
- 30. Complain whiningly
- 32. Regulation (abbrev.)
- 33. New Zealand native
- 34. American songbird
- 35. Related to bathing
- 38. An accuser
- 39. Causing erosion
- 40. Grass cutter
- 42. Insect wounds
- 44. Nets
- 45. Backbone
- 48. Norse god
- 49. Units of resistance
- 50. Tidy
- 53. Historic period
- 55. An Old Testament king

Current Sudoku



See page 12 for puzzle solutions.

Tacks in the Road

By Mayor John Brodman

My two-cents worth

By the time you read this, I will have been in office for just under two months, and what a two months they have been. Thank you for the kind support many of you have given me. It means a lot during this time of uncertainty. In spite of the extra precautions we are taking during the pandemic, many of you have made the effort to schedule an appointment, come by to say hello, get acquainted, and share your concerns with me. It is this kind of communication that makes our community a special place, and I want you to know that I am generally available by phone, email or in person, whichever suits your needs and schedule best.

Several people have asked me about my priorities for the town. I want to assure you that I don't have a personal agenda and that your agenda is my agenda. I came into office just after our Board of Commissioners passed the new budget for fiscal year 2020-21, which, by itself, is an annual statement of our priorities. Of course, new issues are constantly emerging, and existing priorities are constantly changing. I believe in representative government, and while the powers vested in the mayor in our town manager-council form of municipal government are limited, I assure you that I will do my best to listen to opposing viewpoints and promote consensus on the most effective solutions to the problems that do arise. Here are a few things on my mind this month:

Hurricanes. Since the deadline for *Shoreline* articles is two weeks in advance of publication, writing about the weather is risky. Nevertheless, I want to say a few words about hurricane preparation. While we were spared somewhat by the track and intensity of Isaias, our experienced staff prepared for the emergency in a professional manner that involved both physical preparations and strict recordkeeping protocols that are necessary to support our eligibility for FEMA assistance, should it become available. It is a good news/bad news story. The good news is the staff is very professional; the bad news is they have a lot of experience with hurricanes. We are now in peak hurricane season. As the saying goes: "Hope for the best, but prepare for the worst."

On a lighter note, our beaches and new vegetation came through Isaias with flying colors, and we only had one tire wash up on the entire length of our beach. If we are lucky, the scourge created by the 650,000 tires placed offshore to create artificial reefs between 1975 and 1983 may finally be behind us.

Virus. Remember March and April when we had fewer than 10 cases in Carteret County? The numbers started to rise after that, reaching 100 by July 1, and near 400 by August 12. Where do we go from here? COVID-19 is affecting how we conduct our daily business, and it will most likely have profound impacts on our town in the longer term. As people learn to work and educate their children from home, many homeowners are spending more time here, and others are planning to become permanent residents. Homes are selling fast, building permits are up, and people are realizing that Pine Knoll Shores is truly a great place to live. How will our infrastructure handle this growth? What will be the impact on our natural resources, environment and access to the great outdoors? How do we manage these changes and still preserve the "beach town in a forest" image that makes Pine Knoll Shores so unique?

These are just some of the important issues that your mayor, commissioners,

staff, Strategic Planning Committee, Planning Board, Community Appearance Commission, and homeowners associations are beginning to think about. It is difficult for our citizen committees to meet and conduct business when town hall remains closed and indoor gatherings are limited to no more than 10 people. Unfortunately, we may have to conduct business this way for many months to come. We are learning quickly about electronic meeting options, and we will be upgrading the boardroom's telecommunications capabilities, using CARES Act funds, to allow and encourage continued citizen participation in the affairs of the town that is a hallmark of our community.

Bogue Banks Public Library. As of July, Carteret County pulled out of the tri-county (Carteret, Craven and Pamlico) library system that we had been a part of since the 1960s. The county now runs its own library system, with changes in personnel and in the processes for borrowing and reserving books. The county's five libraries remain closed to foot traffic because of the pandemic, but curbside pickup and drop-off are available on a reduced schedule that varies from place to place. The transition has been anything but smooth. A serious lack of communication from the county's new library director about changes in operational procedures, services and plans for the future has raised serious concerns among many long-time patrons who have found it impossible to get answers to their simplest questions: When will we re-open? For how many days a week? Can someone help us learn to navigate NC Cardinal, the new online reservation system? Why is Bogue Banks only open for curbside service two days a week, while other county libraries are open three or five days a week? Will this be the schedule for the future? What is happening to the children's programs? The sense of frustration among many patrons, caused by poor communication from the library's leadership, is clearly palpable.

The Bogue Banks Public Library serves Atlantic Beach, Pine Knoll Shores, Indian Beach/Salter Path, and much of Emerald Isle. It is more than books. It has served us as a community center, a meeting place and a venue for art exhibits and special programs. It is a valued and valuable asset for our residents, second-home owners and visitors alike. Your mayor and commissioners have heard the concerns about the future of our library raised by many of our citizens, and we have decided to do all we can to intervene with the county, on behalf of the town, to get answers to our questions and to protect our access to this valuable asset. In the immediate future, we will be communicating the concerns we have heard to the county on several levels, seeking answers to our questions and improved communications about future plans for the county library system. We will also be forming a committee of concerned citizens to follow up and push for answers. This is a ball we do not want to drop.

Respect the virus, and stay safe.



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Tips for Teaching Your Children and Grandchildren About Money



By Greg Patterson and James Allen Canady

Do your children or grandchildren act as if money grows on trees? If they observe you effortlessly pulling out the credit card for every purchase or they play video games where they can buy accessories for avatars, it is

understandable why they hold onto that cliché. This can lead them to believe they can buy whatever they want without ever paying for it—just a wave of a plastic card and it's theirs. So, when the time comes to teach your kids how to handle their own money, you will want to lean on some best practices.

Meet them at their level. There really is no right or wrong age to teach your children or grandchildren about financial matters. Like most aspects of parenting, it may be based simply on a feeling about their actual readiness for something. One of the most important parts of teaching kids about money is to keep it simple but also to realize that, like investing, it is a long-term process. Keeping it simple means no big terms or concepts for them to comprehend. You don't want to do a deep dive on option strategies for making money on the volatility of the Hang Seng stock market!

Aid learning with visual examples. Everyone can envision a bucket—that is why this strategy can be an easy one for your kids and grandkids to grasp. Explain that they should divide their money into four distinct buckets: one for spending, one for saving, one for investing and one for charity. After they bucketed their monies, you could explain the concept of opportunity cost. In other words, if they choose to spend all their money, they would have none left for the other three buckets. Some kids won't care about that fact at all; however, that could change once they understand the power of compounding.

One of the best ways to illustrate the concept of compounding comes from how Kevin O'Leary (aka Mr. Wonderful from the TV show "Shark Tank") taught his kids about its power. He gave each of his kids a glass piggy bank to store their money. Each night while they slept, he would slip a few extra pennies into each one. When they woke up, they could see that they were making extra money while they slept. Warren Buffett explained the power of compounding as "being at the top of a very large hill with wet snow and starting with a snowball and getting it rolling downhill."

Give a vocab lesson. A few terms can help kids' understanding of money. For example, you could say "buying a stock" means that they owned a piece of that company. If that company did well, then generally that stock would do well and make money for them. You could further explain that "investing" some of their monies would be a means of using their money to make more money. Finally, you could touch upon "risk" and "reward," including how they are related. That is, if they invest their money, there is a risk that they may lose money, but taking on that risk is necessary to reap a possible reward of making more money on their stock picks.

Use real-life stories. Many kids learn best when the concepts are applied in real life, as well as when the learning experience is fun and interesting. Games are a valuable resource for this effort. Virtual stock market games can aid the

lesson where each child can choose a company to invest in (without using real money). Help your children make a choice based on their favorite hobbies or interests; it is important to choose companies that they can relate to so that they will be more interested in the results of the game. Also, individual stocks are probably easier for them to get excited about, understand and track than mutual funds or exchange-traded funds. Throw in the natural sibling rivalry, and it becomes game on! Consider using a spreadsheet to track each stock pick's performance. There are apps out there that can do the same (e.g., InvestingNote and Stocks Live).

In addition to this game, occasionally slip in a bit of TV news on the markets with your children or bring them into discussions about specific stocks or companies, as well as reasons why the markets were up or down on a given day. Other teachable moments involve discussing investments in your 401(k) plans and sharing stories about stocks that you bought in years past and how those investments turned out. No, we are not suggesting putting them to bed by regaling them with investing lessons from Warren Buffett.

Once you feel comfortable with your children's or grandchildren's level of investing knowledge, it is time for them to invest for real. There are a few ways for kids to do so. One way is to gift them shares of stock. There are companies that will help with this and even send a framed stock certificate to the recipient. Another option is through an app called BusyKid, which allows kids to use their allowance money to purchase shares of stock. An app called Stockpile allows users to purchase fractional shares of stock, which makes it much more feasible to buy some ownership in well-known companies.

Prepare your kids and grandkids for the future. Learning usually requires some sort of grade, but this is the kind of learning that is ongoing. It will be a work in progress as you look for opportunities to educate your children and loop them in about market changes and perhaps your own decisions about money. Look at it as a subject that will require many more years of teaching and learning. Ideally, by learning about investing now, your children will be prepared to make better money decisions in the future. Remember that it is never too late, even with adult children or your own personal finances. Sometimes the best decision that can be made is to seek advice and assistance from a financial advisor professional.

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Although we go to great lengths to make sure our information is accurate and useful, we recommend you consult a tax preparer, professional tax advisor or lawyer. Greg Patterson and James Allen Canady are financial advisors located at Atlantic Wealth Management in Morehead City. They offer securities and advisory services as Registered Representatives and Investment Adviser Representatives of Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser. They can be reached at 515-7800 or greg@myatlanticwealth.com. Copyright 2020.



**Yield to pedestrians in a crosswalk.
It's the courteous thing to do
—and it's the law.**

Crystal Coast Country Club

...where friends connect

By Jim Hale

The Crystal Coast Country Club (CCCC) had the honor of hosting the first Kayak for the Warriors Golf Tournament on July 31. With a sell-out group of 100 golfers, it was a great day on the course. There was a prize of a new car for a golfer making a hole-in-one, but unfortunately, no one drove this car home. After play, the golfers enjoyed a barbeque lunch with all the trimmings.

To enhance the fundraising, there were several raffles and silent auctions. Congratulations to the winners of the tournament: Tim Bowen, Richard Porter, Brian Carithers and Paul Simpson. Many thanks to Jean McDanal and Kathy Blowers, both CCCC members, and the team of volunteers who made the event such a success. The real story is the more than \$13,000 raised for Kayak for the Warriors as a result of the tournament and hole sponsorships.

This summer has been full of sports activities at the club, including numerous golf tournaments for the membership. One of the most fun was the nine-hole scramble with parent-child or grandchild teams featuring prizes and lunch. We also recently had our third member-member tournament. Already planned for later this fall are a member-guest and club championship. Randy Taylor, our new golf professional, has been extremely busy with member and junior lessons.

Tennis pro Chris Baile has had great success and participation in his junior clinics this summer. There were clinics for ages 5-7, ages 8-12 and ages 13-17. The clinics started on June 2, and over 72 juniors participated throughout the summer. The demand was so strong clinics went from two to four days a week. These clinics will continue through September.

Big improvements are coming for the tennis facility. The new tennis building construction is underway. In addition, the courts will be laser leveled, resurfaced and restriped. New nets and net posts will be added. The list continues with new black fencing surrounding the courts, new wind screens, and the court irrigation system will be improved. The Crystal Coast Country Club tennis complex will undoubtedly be the premier facility in the area.

Hurricane Isaias did very little damage to the club. There were three trees lost on the golf course and some limb debris to clean up. Thanks to the preparatory efforts of the management staff, there were no problems at all with the clubhouse. We were open for business as usual on Wednesday after the storm on Monday evening.

A huge success story for the club has been the dramatic increase in membership. A little over two years ago the membership number was around 230. We now have 641 memberships, with 257 joining since January 1, 2020. During this time, we put in place an initiation fee program and have been able to increase it as the membership grew. The club now has a very diverse membership with respect to age, interests and family composition. We have been fortunate to attract new members from all around North Carolina and surrounding states. Most of our new members are referrals from current members.

Many thanks to all of our membership for their participation in the club. A special thanks goes to General Manager Danny Torbush for his tremendous efforts working with our new members. With the numbers we have achieved, we will soon be implementing a waiting list program for potential new memberships. Our goal is to be able to sustain a high level of service for all of our valuable members.

During this time of the ongoing challenge of COVID-19, the Crystal Coast Country Club will continue to follow appropriate safety protocols, and we appreciate our members and guests joining us in this effort.

Real Estate News

By Marian Goetzinger, Pine Knoll Shores Realty



Can I get hurricane insurance—and how much will it cost?

It is surprising how often realtors are asked these questions. Neither question has a simple answer, which inspired me to write an article about homeowners insurance.

Like most things today, insurance is specialized. Homeowners insurance is a package deal. There are many different kinds of insurance, so we recommend you have a detailed conversation with an insurance expert before you close on your new home to be sure you have coverage for whatever may concern you. Here at the beach, in addition to hazard insurance, you will need wind and hail coverage and possibly flood coverage—and maybe more. There is no one coverage that takes care of every potential hazard to your property.

Of course, hurricanes and floods are not the only potential hazards for your home that you may want to insure. Consider fire, burglary, a tree falling on your house, a visitor getting injured in your home, water damage and any other potential expense that could be covered by insurance. A reputable insurance expert can help you identify other areas that are insurable. Every area is different and every homeowner has different insurance needs. If you are new to an area and don't know whom to ask, ask your realtor for some recommendations.

How much will it cost? Again, only a qualified insurance expert can answer that question. The current owner may have a high deductible, insufficient coverage or a bad claim history, any of which can affect the rate. Asking the listing agent for the current insurance rate on a house is not a good way to get your best answer. You are going to need an insurance company, anyway, so this is a good time to begin to develop that relationship.



At The Aquarium

Four months ago, the North Carolina aquariums closed their doors to the public to help prevent the spread of COVID-19. While the aquariums remain closed, they are offering virtual opportunities for the public to connect with nature and learning, while staying engaged with animals and staff. Additionally, the aquariums on Roanoke Island and at Pine Knoll Shores are offering outdoor programs for online registered guests.

"In these times where everyone's lives have shifted and the aquarium has remained closed for public health, virtual engagement has offered us an opportunity to stay connected," said Windy Arey-kent, education curator for the Pine Knoll Shores aquarium. "We've been able to shift our focus from in-person to online, and this has allowed us to connect with an entirely new audience that we would never see in person."

Although the aquarium is closed to the public, the aquarium team has continued to provide excellent care for thousands of animals daily. Animal

(Continued on page 24)

Fishing & Hunting

By Richard Seale



Anchors to windward

Undoubtedly most humans will remember the events of this year with some degree of bitterness. The numbers of people all around the globe who have fallen ill, and are still falling ill due to this coronavirus, are staggering. The trail of pain due to the death of loved ones, job insecurity, business failures and both individual and societal financial stresses is unprecedented. Perhaps worse is that there is no clear path to an ending of all of these disruptions. Countries and cultures around the world continue to stumble as they try to get back to some sort of normal pace of living and economic well-being. Here in America, as children try to get back to school, we all are realizing how difficult that once common and seemingly simple task has become. The young people matriculating into colleges, many going away from home for the first time, are truly stepping off an unknown cliff in terms of their ability to cope with how to learn life-defining information in all new and unproven ways. With all this going on, many of us are truly in need of finding sources of strong and reliable support and guidance. Putting those needs in terms of a boating experience, we need to do our best to set several secure anchors that are able to hold our hull in place despite the probability of nasty winds yet to come, either in the light of day or the darkness of night.



Sergio Hewitt, grandson of Nan and David Gildner, with a 19.5-inch red drum caught on the Morehead City waterfront during a recent visit.—Photo by Nan Gildner

sheepshead in the 17-inch and four-pound class, and Spanish mackerel in the 20-inch range have all graced our table in the last month. Steady supplies of blue claw crabs and clams have come from tending crab pots and raking. With flounder season having reopened in mid-August, that fish also became available in reasonable numbers for the table. With good luck, the September run of green tail shrimp will allow good cast net harvests that can be eaten fresh and also frozen in water for later consumption.

I have found that for me there are many outdoor activities that provide places to set such anchors.

Over the past several months fishing has been one anchor. Despite the hot and humid doldrums of July and August, fishing was surprisingly good. Being able to go out fishing means taking time and effort for maintaining boats, being sure gas tanks are filled, maintaining and setting up fishing gear for different species of fish and gathering varying baits. An added benefit of doing serious fishing is that there is a sense of purpose since success provides wonderful dinner protein without having to go to the store. Combining that with the satisfaction of good results for efforts and time expended seems to provide a meaningful mental calibration to offset the frustrations of pandemic controls.

Speckled trout in the 18- to 22-inch range, puppy drum of 19 to 24 inches,

The indication is that fall and winter fishing is looking good. Unless something unusual happens, 2020 should go down as a 12-month run of good fishing, despite the pandemic.

Hunting has always been another anchor for me. There are a lot of things that need doing to prepare for good hunting experiences. Some of them are ongoing tasks like maintaining access paths, repairing bear-damaged blinds, moving or adding new blinds, preparing feed plots and cleaning up hurricane damage. Many of these are repetitive on a monthly basis and take significant chunks of time to plan, obtain needed supplies and perform the actual jobs. I personally enjoy performing these many tasks. There are times when they seem to turn into real work, but mostly they provide me with satisfaction. In addition to these tasks, other things are required to be sure both equipment and my skills are ready for the upcoming hunting seasons. Hiking, loading and carrying back packs around, and doing muscle tone exercises help me to be in shape to get myself and equipment to blinds safely on early morning hunts and to deal with an animal I have harvested. Regular time on the target range helps ensure that guns and bows are sighted in properly for clean kills and refreshes my skills so I handle the weapons safely, accurately and with full familiarity.



T-shirt for the club Linda Seale says she joined last year. Richard reports he is too busy hunting to confirm that she attends meetings.

—Photo by Richard Seale

In early September, dove season kicks off the 2020-21 hunting seasons. Archery season for deer follows in mid-month for several weeks and into October. Then Black Powder and Rifle seasons follow, along with various waterfowl and small game seasons. Bear seasons in November and December provide adventures, along with the continuing deer season, which ends on New Year's Day. Waterfowl and special permit tundra swan run through January. Small game like rabbit and quail run to the end of February. The last of the 2020-21 seasons will be Wild Turkey in April and May of 2021. So you can see, hunting-related activities can actually be an all-year anchor, along with fishing.

My wife says she becomes a hunting widow in September, but somehow finds me

resurrected in mid-May.

By the time you read this, the ospreys of the McNeill Park nesting platform will be finishing up preparations to start their long migrations to Central and South America. We will be sad to see them go but are thankful two chicks were hatched and fully raised successfully. That family of ospreys provided daily entertainment during the months of COVID-19 lock-down. According to Cornell Ornithology, the female will leave first and alone. The young birds will probably travel with the male as escort. We hope all can make the round trip safely wherever they go—and we hope another nesting and successful brood happens starting late next February.



Photo captured on July 15 as one of the osprey chicks took its maiden fledging flight. Mom and the other chick look on at take-off.

—Photo by Richard Seale

the expanded role the administration allowed her to have with many major town projects. That is what really sparked my interest when applying for the vacancy. Since I have taken on the role, I have learned that recordkeeping is indeed a large part of the job. I spent much of my first couple of weeks in the position trying to map out what documents go where and memorizing the names of each member of the town's many committees in order to keep accurate minutes. I also concentrated on learning the state of current projects, such as the upcoming Phase 2 Stormwater Project and the Planning Board's efforts to develop a Unified Development Ordinance. I hope to assist in the smooth completion of both of those projects.

Moving forward, I plan to take the opportunity to write in *The Shoreline* monthly and update the community on things going on around town hall. This month, I want to remind those who have not already done so to complete their 2020 census response. Responding to the census has been made easier than ever before with online submission. With social distancing of the utmost importance in the COVID-19 world, the Census Bureau suggests that everybody complete the census online if possible to avoid the need for an in-person visit by a census official.

A full and accurate census is incredibly important for policy implementation. Once the census is complete, the 435 seats in the US House of Representatives will be reapportioned based on population changes, which will be the basis for redrawing state and local districts. Beyond that, census data will also play a major role in allocation of state and federal funding, emergency response procedures and planning for funding for new projects like roads and schools. See "Have You Heard . . . ?" on page 11 in this issue for more information on how you can respond before the deadline.

I am very excited to join the Pine Knoll Shores community. Growing up in Morehead City, I was always familiar with the town, but didn't spend much time in the area. I always thought of Pine Knoll Shores as the place on the island with all the trees. As I have grown older, I have come to appreciate the natural beauty of the town. While I am here, I want to help develop innovative ways to preserve Pine Knoll Shores' unique look. I am looking forward to the challenges that will come with beginning this career, and I feel incredibly fortunate to begin in a beautiful place with incredible people.

While working, I will be completing my masters in Public Administration part-time online at UNC-Chapel Hill. Managing the town clerk duties while furthering my education will certainly be a challenge, but I am willing to dedicate my evenings to courses in order to fulfill my goal of being an exemplary public servant. I will also be able to utilize resources offered by the School of Government to help the town improve governmental procedures and projects.

Disposing of Cardboard

**Cardboard boxes should be recycled
—NOT placed in the trash.**

Break down boxes and place them in your recycling bin. If you have a large amount of cardboard, please break it down and deposit it in one of the town bins located behind town hall.

Under new business:

- Finance Director Julie Anderson explained that the Capital Project Budget Amendment was necessary to properly account for items in the Capital Project Fund for Beach Renourishment. The amendment passed unanimously.
- A motion was made to adopt an ordinance to prohibit firearms and concealed handguns on town property. The ordinance was approved unanimously.
- The board unanimously approved recommending Mayor Brodman to fill the vacancy on the Carteret County Beach Commission left open by the passing of Mayor Ken Jones.
- A motion was made to approve a Cybersecurity Gap Analysis contract with VC3, an information technology consulting firm. The motion passed unanimously.
- Sergeant Eric Tellefsen gave a presentation on security/access at the public safety building and town hall. After discussion, a motion was made to approve the security camera system for both buildings. The motion passed unanimously. Further study will be done as to the need for proximity door locks at all entry/exit doors in both buildings.
- A motion was made to create a five-member volunteer ad hoc committee to address issues with the restructuring of the Bogue Banks Library. The motion passed unanimously.

No one spoke during the Public Comment Session.

The next regular Board of Commissioners meeting will be on September 9 at 6 p.m. at town hall.

The full minutes of Board of Commissioners meetings are included in the agenda packets that are publicly available through the calendar on the town website (townofpks.com) and are sent out via email prior to the next month's regular board meeting. If you have questions about access to the minutes, contact Town Clerk Charles Rocci at 247-4353, ext. 13.

TOWN OF
Pine Knoll Shores

100 Municipal Circle • Main – 247-4353 • Fax – 247-4355 • Mon-Fri 8 a.m. to 4:30 p.m.

ELECTED OFFICIALS

MAYOR
John Brodman – 247-4353, ext. 17 – appointed on July 8, 2020*
mayor@townofpks.com

COMMISSIONERS
Four-year terms
Larry Corsello – 725-2146 – elected in 2017 – lcorsello@twc.com
Alicia Durham – 241-8930 – appointed in 2019** – adurham@ec.rr.com
Clark Edwards – 726-7429 – (Mayor pro tempore) elected in 2019 – cse60@hotmail.com
Ted Goetzinger – 422-9879 – elected in 2019 – teddy1nc@gmail.com
Bill Knecht – 622-4038 – elected in 2017 – WLK253@aol.com
**Term expires in 2021

TOWN OFFICIALS
TOWN MANAGER: Brian Kramer – 247-4353, ext. 16 – manager@townofpks.com
TOWN PLANNER: Kevin Reed – 247-4353, ext. 11 – kreed@townofpks.com
TOWN CLERK: Charles Rocci – 247-4353, ext. 13 – clerk@townofpks.com
FIN & ADMIN: Julie Anderson – 247-4353, ext. 14 – janderson@townofpks.com
TAX COLLECTOR: Erica Reed – 247-4353, ext. 12 – ereed@townofpks.com
PLANNING & INSPECTIONS: Jim Taylor – 247-4353, ext. 18 – biceo@townofpks.com
PUBLIC SERVICES: Sonny Cunningham, Director
247-4353, ext. 27 – SCunningham@townofpks.com
PUBLIC SAFETY BUILDING – 314 Salter Path Road – 247-2268; Fax – 247-2897
POLICE: Chief Ryan Thompson – 247-2474 – rthompson@townofpks.com
FIRE & EMS: Fire Chief Jason Baker – 247-2268 – jbaker@townofpks.com
HUMAN RESOURCES: Shelia Bupp – 247-2474 – PSBAdmin@townofpks.com
Emergency: Call 911
Emergency Communications Center (ECC) – 726-1911; Public Safety – 247-2474

*To serve the remainder of Mayor Ken Jones' term, which expires in 2021

2020 Turtle Update

By Peggy Deneau

Mid-season excitement

The second week of July saw both the discovery of our eighth nest and the construction of our first and most elaborate runway of the season (because the turtle had climbed the dune and nested on the far side). Both happened on July 13.

In the morning, Nest #8 was discovered by Meghan Dinneen, who summoned volunteer Mindy Furrer. I was called as well but was out at the police station to drop off a list of our nests and when we would be sitting them. My daughter took the call, dashed off a note to me and headed out to the nest site. I soon met them there, and Mindy quickly found the eggs.

That day was extremely hot and humid. By noon, thunderstorms had rolled in, taking away the oppressive humidity, and by 7 p.m. the bad weather had cleared out, leaving much drier air and temperatures in the 70s for the runway build that was scheduled.

With the help of about 20 volunteers and State Sea Turtle Biologist Dr. Matthew Godfrey, the work went more quickly than I had thought possible. By 8:15 p.m., the job was completed. Thanks to all, the runway turned out beautifully, and everyone had an enjoyable evening—another job well done by our sea turtle volunteers.

Very early on the morning of Tuesday, July 21, Nest #9 was discovered by new volunteer Tom Smith. It was his second nest discovery of the season. The eggs were easy to find because there was one destroyed and eaten egg on the surface of the nest. There were also three large crab holes, and many of their tracks crisscrossed the nest.

Because it was laid too close to the ocean, Nest #9 had to be moved to higher ground. As Suzanne Deneau and Tom removed the eggs, another destroyed and eaten one was found. When the eggs were placed in their new nest, the count was 103.

Nest #1 had its first emergence at 8:30 p.m. on July 22, day 61 of incubation. Donna Stevens, Teresa Young and Sandy Bridger were sitting that night. By 11:30 p.m., only five hatchlings had emerged. We

scheduled the excavation for 7 p.m. on Saturday, July 25. Volunteers continued to sit this nest for the two days between first emergence and the excavation, but no more hatchlings were seen.

On Saturday, July 25, at 7 p.m., Suzanne Deneau and Teresa Thaxton excavated



A number of volunteers came out to help build the runway for Nest #1.

Nest #1. Martha Edwards took inventory. Before starting work, excess sand that had blown in off the higher dunes had to be removed from the nest. As soon as this was done, 16 hatchlings raced from the nest and began their long trek to the ocean. When the excavation got underway, 16 additional live hatchlings were helped from the nest. These were handed to waiting volunteers to set on the runway. Three pipped/live hatchlings fully emerged from their shells on the runway to begin their



Mindy Furrer places shell from Nest #8 in tube for testing.—Photos by Peggy Deneau and Suzanne Deneau



From left, Teresa Thaxton, Suzanne Deneau and Martha Edwards prepare to excavate Nest #1.

journey home. One small hatchling still had the yolk sac attached. He was placed in a bucket with some damp sand and taken home by Teresa Thaxton. When the sac fell off the following day, plans were made for Teresa to release the little guy. Fifty-six empty shells were found in Nest #1, along with 53 unhatched eggs. Thankfully, no dead hatchlings were in the nest.

The hatching of Nest #1 was impeded by the roots of established grasses and sea oats. If we had waited longer to excavate, there likely would have been many deaths. Suzanne and Teresa had to remove many roots in order to get all the hatchlings out. Hatching success of Nest #1 was 51%. Emergence (from their shells) success was 32%, but emergence success from the nest was only 19%. It was not a great nest, but it could have been much worse.

On Sunday, July 26, we put another runway on the beach, and on August 1, the third went up. July was exciting and eventful, and I felt sure the action was just beginning.

Much deserved thanks goes to all our wonderful volunteers who are making this summer an exciting one and also to all the new volunteers who have lots of enthusiasm and love for the sea turtles. I always say that the sea turtle volunteers are the best people in Pine Knoll Shores, and I truly believe it.



Mindy Furrer and Meghan Dinneen at Nest #8



Tom Smith moves the eggs at Nest #9.

PKS Fifth Annual Fishing Tournament

By Suzanne Carmel

The annual Pine Knoll Shores Fishing Tournament, scheduled for October 17 and sponsored by the Parks and Recreation Committee (PARC), is open to all people living in Pine Knoll Shores; family members, including grandchildren; property owners; and town employees. Those participating in the tournament can fish from the surf, a pier, a kayak or a boat. There are no age limits, and all are welcome. Anyone age 16 and older will need a North Carolina salt-water fishing license.

Because this is an inshore tournament, fish that may be entered are limited to red drum (must be 18-27 inches in length), speckled trout, gray trout (weak fish), bluefish, sea mullet and sheepshead. Flounder season will be over. The fishing tournament starts at 6 a.m., and weigh-in at McNeill Park begins at 4 p.m. and will close at 5 p.m. You can fish all day if desired, or once you're satisfied with your catch simply save it and report to weigh-in at 4 p.m. The following categories (in legal sizes only) will be weighed in for this in-shore event:

- **Adult catch (ages 18 and over)**—red drum, speckled trout, gray trout, bluefish, sea mullet and sheepshead. Winners will be determined by weight in each category.
- **Young adult (ages 13-18)**—red drum, speckled trout, gray trout, bluefish, sea mullet and sheepshead. Winners will be determined by weight in each category.
- **Kids (ages 12 and under)**—We will have a separate kids tournament for children ages 12 and under. An adult must accompany children during this event and at weigh-in. Winners will be determined by weight of any fish caught.

Trophies will be presented to both adults and children following weigh-in.

Registration is \$10 for anyone ages 13 and up. Kids 12 and under are free. Everyone will receive a t-shirt. Participants can register by picking up a registration form at the public safety building or downloading one from the town website at townofpks.com. Click on Resources/Document Library/Fliers to find the folder for the fishing tournament. Completed registration forms should be returned to the black drop box behind the public safety building with a check made payable to Town of PKS in an envelope marked "Fishing Tournament." *Please note that your registration forms must be received by October 1. If you have questions, please email psbadmin@townofpks.com or call 252.247.2474, ext. 10.*

Recycling Opportunity in

Pine Knoll Shores

September 25, 8 a.m.-3 p.m.

**Parking lot of Pine Knoll Shores Realty
320 Salter Path Road
Pine Knoll Shores**

Household hazardous waste will be accepted and delivered to the Carteret County Health Department for their collection on September 26. Latex and oil paints, used motor oil, lawn and garden fertilizer and pesticides, farm pesticides, gasoline, drain openers, paint thinners, cooking oil, antifreeze and batteries will be accepted and will be delivered to appropriate recycling centers.

If you cannot get your items to the drop-off site, contact Amy Hahn at 723-7972 or amyhahnncc@gmail.com to arrange for pick up.



Oceanfront Dining!

Jam Digger

RESTAURANT

located inside

THE INN
AT PINE KNOLL SHORES

Take out Available

*Cutty Sark Lounge
open 2 p.m. daily*

Where the locals eat!

Nightly Specials

TUESDAY
Flounder Plate \$11.95

FRIDAY
Oyster Plate \$14.95

WEDNESDAY
5 oz. Ribeye \$10.95

FRIDAY & SATURDAY
Chef's Choice

THURSDAY
Shrimp Plate \$11.95
All You Can Eat \$18.95

*Prices, Menu & Times
Subject to Change*

Sunday & Monday **Ask About Our Daily Breakfast**
Closed at night **& Lunch Specials**

511 Salter Path Road • Pine Knoll Shores • 252-247-4155
All ABC Permits • Open daily 7:30 a.m.-2 p.m. and Tues. - Sat. 5-8 p.m.
Prices, menu & times subject to change.



By Jean McDanal

Garden Club begins new year

The first meeting of the Pine Knoll Shores Garden Club 2020-21 year will be an outdoor event on Wednesday, September 9, at McNeill Park at 9:30 a.m. Members are asked to bring their own chair and snack and wear their prettiest mask. We will be socially distancing.

Garden Club Christmas Wreath Sale

The Pine Knoll Shores Garden Club will offer Christmas wreaths for sale again this year. Wreaths may be ordered from any member of the club or by using the order form below. Orders must be placed by November 11. The wreaths will be delivered to town hall to be picked up Wednesday, December 2, between 10 a.m. and noon. These lovely wreaths of mixed greens last well past the Christmas season and are a perfect size for your front door. They are made in the mountains of western North Carolina and delivered to us the next day. You can only get it this fresh from a florist, but not for \$28.

For further information, call Sheryl Woodbury at 726-9746 or Kay Howe at 240-0987. Bows will be available at pickup for \$5 each.

Make your check payable to PKS Garden Club, and send it with the order form to Sheryl Woodbury, PO Box 3125, Atlantic Beach, NC 28512 or to Kay Howe, PO Box 3130, Atlantic Beach, NC 28512.

Order Form—PKS Garden Club Christmas Wreaths

NAME	PHONE	EMAIL	HOW MANY?	CHECK#

pksgardenclub@gmail.com



At the Aquarium

(Continued from page 19)

caretakers feed, clean habitats, conduct health checks, monitor water quality and offer enrichment with no interruption for holidays, weekends or closures.

“While we are closed, not only is a virtual program a fun and exciting way for you to stay connected to the aquarium and our animals, but it’s a great way to continue to support the aquarium and our conservation mission,” said Arey-kent. “We need you now, more than ever, and these opportunities are enriching experiences for participants, our staff and even our animals.”

Guests now have the opportunity to take virtual behind-the-scenes tours at each aquarium to see the incredible continued work as well as virtual animal

encounters and cameos. While each aquarium is offering many different online programs, a unique experience at the Roanoke Island aquarium allows virtual visitors an exclusive opportunity to view the Sea Turtle Assistance and Rehabilitation Center while engaging with animal caretakers.

One of the virtual opportunities hosted by the Fort Fisher aquarium focuses on the extensive conservation work of the aquariums. “Virtual Behind the Scenes: Saving Species” shares how the aquarium helps save animals locally and globally, including sand tiger shark research, raising and releasing endangered Carolina gopher frogs, growing corals, and more.

The Pine Knoll Shores aquarium staff have also created a unique opportunity that allows participants to burn off energy and use their body to move like an animal in a Whale of a Workout. During this 30-minute exercise class, learn about how animals use their body to move, capture prey, avoid a predator or defend themselves. Break a sweat by mimicking their actions, and discover what it takes to move like an ocean dweller, land-lover or feathered friend.

Jennette’s Pier, which is currently open to the public for fishing, is also offering virtual opportunities. Regardless of where individuals live, they can receive an activity kit used for exploring wind power and renewable energy, plankton investigations and much more.

“The activity kit gives a hands-on experience while engaging with our staff,” said Christin Brown, education curator for Jennette’s Pier. “Even though we are far apart, we are connected through this immersive virtual field trip.”

In addition to online programs, the Roanoke Island and Pine Knoll Shores aquariums are offering outdoor programs for online registered guests. The outdoor tours allow individuals the opportunity to get outside and explore nature on guided kayak and paddleboard trips while practicing safe distancing.

For more information about aquarium virtual opportunities, please visit ncaquariums.com and click on the link to each aquarium.

At the Library

By Lesley Mason, MLS

Carteret County Public Library Director

The Carteret County Public Library System is now using NC Cardinal as our Integrated Library System (ILS). Patron accounts are online and accessible through our website at carteretcountync.libguides.com/mainpage. Patrons can also access the NC Digital Library, either through the app or web browser. Just make sure you have selected Carteret County Public Library as your home library.

Hoopla Digital, a media streaming platform, is also available for all patrons, allowing access to television shows, movies, graphic novels, streaming music and more. All Carteret County Public Library patrons receive five Hoopla downloads per month.

In September we are introducing Playaway Launchpads for circulation. Launchpads are pre-loaded tablets for kids with learning apps, videos, games and more designed for hours of interactive learning and play. Launchpads have a simple, easy-to-use interface that is 100% secure, because they don’t connect to the internet. Launchpads will be available at all five locations and can be checked out for a week at a time.

(Continued on page 25)

Five Pillars of Good Health

By Charlotte Bourdeau

Personal Trainer & Holistic Health Practitioner

Pillar 3: Food

In my last two articles, I shared the second pillar of good health, which is water. I discussed the many benefits of drinking water to promote better health, and I hope you have made the decision to drink more water. If you have, you are already experiencing the benefits. This month we move on to pillar three, which is food. Food is the third most important component of maintaining optimal health.

The human body can go much longer without food than without air or water. The length of time one can live without food before dying can vary greatly based on age, overall health and whether the person is able to drink water. Mahatma Gandhi, on his longest hunger strike, went 21 days without food, although he did take sips of water. The longest a person has been known to go without eating was in 1920. Terence MacSwiney, an Irish political prisoner, went 74 days without food—and he died.

We are fortunate to have so many wonderful foods available to us today, but we are constantly bombarded with news from the media telling us to eat this and not that. This food is good for you in one study, but a new study finds that it is not. With all this confusion, it is no wonder we often find ourselves scratching our heads trying to figure out how to maintain a healthy diet. One of the best pieces of advice I have received as a health and wellness professional is that there is no single diet that is right for everyone. I have discovered that our bodies are the perfect science experiment when it comes to nutrition. When you experiment with the foods you eat to see how your body feels, you will begin to notice how certain foods affect your body. These changes happen more quickly than you realize. I once went to my holistic doctor because of chronic neck pain. He suggested one simple change in my diet, and in less than a week the pain was gone. That made me a believer in the power of food.

You may be wondering, “What should I be eating?” Michael Pollan is the author of 11 books on food and nutrition, five of which have been *New York Times* best sellers. He offers three simple rules to help you figure out how and what to eat: eat real food, not too much, mostly plants.

When Pollan says “real food,” he is referring to food that isn’t processed. If it comes in a bag, a box or a can, it is processed. All the low fat, no fat, whole grain, organic food labels can be mind boggling. Sometimes clients come to me and think they are eating healthy, but when they keep a three-day food journal, we discover that perhaps the foods they are eating are overly processed and not really that healthy after all. I teach them to pay attention to the ingredients. When there are more than five ingredients, my suggestion is to put it back and look for something else less processed.

His second suggestion, “not too much,” refers to the serving size. In our super-size world, along with the bigger servings has come the bigger waistline. One simple technique to downsize your servings is to use a smaller plate. It really works.

Pollan’s third suggestion is to eat “mostly plants.” He is not proposing to eliminate meat, but eating the recommended daily amount of vegetables is huge when it comes to improving your nutrition. Vegetables are naturally low in fat and calories and high in nutrients and fiber. Vegetables are also high in phytochemicals, which current research indicates may help prevent cancer. Variety is also key to eating a better, more balanced diet. I often find that clients eat the same healthy foods every day. However, by eating the same foods every day, they may be missing key nutrients that are found in other healthy foods. Some of my clients prefer to eat fruits over vegetables. While fruits are a natural healthy food, one should be aware of the sugar in fruit. What isn’t used by the body will be stored as glucose and then converted to fat. I recommend eating fruit before 2 p.m. This rule applies to any type of sweets. That little bowl of ice cream at night might just be the culprit that is adding inches to your waistline or spiking your blood sugar.

When making food choices for yourself, the best approach for overall health is to consider the quality of the calories. Processed “food” with low nutritional value will have a negative effect on your cells. Have you ever looked at someone your own age and wondered why they look so much older (or younger) than you? Good genes aren’t the only factor in how we age. Good nutrition is another key factor in aging well. The good news is it is never too late to start making lifestyle changes, such as improving your nutrition. For my clients, I recommend making small changes such as improving one meal a day. When we make small changes, the process doesn’t seem so overwhelming, and you are more likely to stick to it. So go ahead, make the commitment to eat “real” food for at least one meal every day this week, and start building that habit. Your body will thank you.

Charlotte Bourdeau is a certified personal trainer through the American College of Sports Medicine and is also a certified Holistic Health Practitioner through the Trinity School of Health and Wellness. She is a retired educator and has lived in Pine Knoll Shores for 25 years. She is co-owner of Whole Body Health International, which is located at 10 Fairways Court in Pine Knoll Shores.

At the Library

(Continued from page 24)

Saturday service returned to the Bogue Banks branch on August 22, allowing for parking lot pickup service for items placed on hold as well as telephone reference service from 9 a.m. to 5:30 p.m. Our popular Books by Mail program is still available as well. Call the Bogue Banks Library at our new number (252-648-7726). Please make note of this number for future use.

State and county officials are still evaluating our options for in-person service. Supplies, staffing models and work flow procedures are all being considered for the safety of staff and patrons. When administration is confident that we can serve the public in an appropriate environment, we will begin to allow in-person service. All updates to our services will be posted on our website and social media pages.

Summer Reading was very popular this year. Completed forms, which were due by August 25, were entered into a raffle for a prize. The Friends of the Bogue Banks Public Library generously donated prizes for the Summer Reading Program. The adult prize was a \$25 gift certificate to Ginny Gordon’s in Morehead City, the teen prize was a \$25 gift card to the Beach Book Mart in Atlantic Beach, and the children’s prize was a \$25 gift card to Teacher’s Pet, also in Morehead City. Thank you to our Friends of the Library for their generosity in supporting this year’s Summer Reading Program.

Mayor Joan Lamson

By Kathy Werle

HISTORY STORIES

Reflections of Pine Knoll Shores

First elected mayor of Pine Knoll Shores

Becoming the high-functioning, well-organized Pine Knoll Shores we know and love today is rooted in a past filled with exceptional people. We hear stories of our legendary volunteers, but how much do you know about our elected officials and, more specifically, our 10 mayors who have been steering the ship since 1973 when the town incorporated.

The newly formed town needed structure and a way for residents to discuss town issues with town officials. By charter, the Board of Commissioners is our governing body, and our first mayor, James W. Redfield, was chosen by his peers and served from 1973-1975. Since then, several others have held the honor. You will find their biographies in the history blog at pineknollhistory.blogspot.com.



Joan Lamson, first elected mayor of Pine Knoll Shores

—Photo c. 2003

In 1991, Mary Kanyha, the first woman mayor, was chosen through the same process experienced by the previous mayors. That method of choosing a mayor continued until 2002 when it was determined the town needed more control over the various issues it was facing. And in a relatively short period of time, we went from a Board of Commissioners-chosen mayor to our first elected mayor, Joan Lamson, who served from 2003-2009.

One of the first questions the History Committee asked Mayor Lamson when they interviewed her recently was, “When did you first come to Bogue Banks, and what brought you here?” She enjoys

retelling the story. She and her husband, Wade Lamson, lived in Cleveland, Ohio, at the time (1982) and annually vacationed in Ocracoke. That particular year, they planned to return home by way of Charlotte where Mr. Lamson was scheduled to attend a conference.

Mr. Lamson was adamant about driving along the ocean on their way west. With all the inlets cutting through our shoreline, ours is not a coastline that can easily be hugged. As they wove their way in, out, over and around the many inlets, bridges and ferries, whenever they could, they would turn left and return to the ocean. As anyone who has driven that route will attest, it is a relatively slow, tedious drive, and it soon became apparent that they were not going to make it to Charlotte that night. When they eventually arrived in Morehead City, Mr. Lamson promised his wife they would turn left just one more time, cross over to the island called Bogue Banks and this would be the last left turn as they would then follow the road

running the full length of the island, get off at the other end and head straight for Charlotte.

As they exited the old swing bridge connecting to Atlantic Beach, they were not seeing the same thing. Ms. Lamson saw a bar/t-shirt place, bar/t-shirt place, on and on. But with a huge grin and “orange glow” (her words), Mr. Lamson said this was where they were going to live. To that she responded, “Over my dead body.” But then, as they drove along Salter Path Road, the landscape began to change, and they came to something very different, a lush maritime forest. The beauty and uniqueness of Pine Knoll Shores engulfed them. As they drove around the town, Ms. Lamson began writing down the names of realtors before continuing on their way to Charlotte and then to Cleveland. Within 30 days, they had returned and bought their first piece of paradise, a lot on which they built their home 10 years later.

Fast forward, the Lamsons no longer vacationed on Ocracoke but spent their vacations in town, making sure their lot was still here, enjoying the benefits of membership in the country club and eventually overseeing the building of their home, which was completed in 1994.

Upon moving here, the Lamsons were eager to become involved in community activities. At that time, the Pine Knoll Shores emergency rescue squad was staffed by all volunteers. Mr. Lamson became one of the volunteers and enjoyed his contributions to the squad and the town, as did all volunteers. He was also elected to serve as a commissioner and did so until his resignation in 2000.

As the town continued to mature, one of the many issues the town was dealing with was pressure from the commissioners to no longer have a volunteer rescue squad. Some of them felt that a paid squad would spend more time at home base, and the town would have more control over the coming and going of the volunteers. The commissioners wanted to throw out the bylaws and rules of the volunteer squad, have them join as employees and pay them a small stipend for their services. But the general feeling of many folks was that they were not being well treated and perhaps saw the stipend as an insult to the rescue workers who had been serving out of pure love for the town and its people. The commissioners would not listen to the leader of the volunteer squad who tried unsuccessfully to represent the grievances of the squad. Fifteen members of the squad quit, and at a time when there was a growing shortage of volunteers, something had to be done. How did Ms. Lamson get involved in this minor insurrection?

She had an extensive background in corporate affairs. She had been born and raised in Denver, Colorado, began her education at the University of Denver and had three children while living there. She had relocated to Huntsville, Alabama, with her then aerospace engineering husband and eventually moved to Cleveland. Her background in industrial sales led to her founding a metal finishing company in Cleveland, which she owned and operated for 20 years. At the time, she also received her MBA from Case Western Reserve University in Cleveland.

Knowing of her track record in her past business operations, one of the rescue volunteers called her and asked for her help. Since Ms. Lamson had been a small business owner, she had a background in labor relations and negotiations, dealing with such issues, so she was able to secure a meeting with one of the commissioners, to no real success in resolving the issues on the table.

One of the great things about Pine Knoll Shores is the involvement of its citizens. The town has attracted a vast number of individuals from other areas with varied backgrounds, skills and educational levels who are not shy about asking the why questions and always eager to come up with solutions. It was understandable then that many town people, being aware of the impasse, stepped forward and asked why our commissioners did not have term limits. The answer to that is

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Mayor Joan Lamson

(Continued from page 26)

simply that term limits are not permissible at the municipality level in North Carolina.

Not to allow this to end the quest for a solution to the matter, the town citizens, searching for a resolution to the emergency rescue squad issue, turned to Ms. Lamson again asking whether the mayor could be an elected official, no more allowing the commissioners to pick one of their own to serve as mayor. When the answer to that was affirmative, the logical follow-up to Ms. Lamson was, “How do we do that?” She was well versed in the process and told them what they would have to do to accomplish their goal. The citizens would have to file a petition, get it on the ballot and have a referendum to change the form of local government to an elected mayor-council form.

And that is how the change came about. During the two years the process took to finalize this significant change in our form of government, many began questioning who they should put up to run on this first ballot. All conversations circled back around to Ms. Lamson; she had so much invested in this great endeavor, she couldn't refuse the request to run.

Mayor Lamson was a born leader, and she found a great support team at the League of Municipalities in Raleigh, where workshops are offered that are designed to provide municipal leaders with the knowledge and skills necessary to govern. It is where mayors and commissioners go to get educated.

Upon taking office, Mayor Lamson was faced with the ongoing battle previous mayors had worked very hard on while trying to negotiate the purchase of the company that provided the town with its water. The company was located near Chicago, owned by a company in the Netherlands which had been purchased by a hedge fund in New York. It was not surprising that monthly water bills were rapidly increasing. In anticipation of buying the water company, the town administration had applied for and received a loan from the NC Department of Agriculture for that purpose.

The town had three options—buy the existing water company; build a totally new duplicate system parallel to the existing one, with new pipes, wells, towers and all the rest that goes with it; or give up, stop the process and close off the town's access to the loan. It seemed to Mayor Lamson that it made sense to buy the existing company and price it based on whatever repairs would be required to be made to the aging infrastructure. The town was able to get several appraisals from knowledgeable people and proceeded in their mission. Mayor Lamson took a commissioner and one town citizen, with a background in water systems in another town, with her to Chicago and “knuckled it out” with Carolina Water.

Mayor Lamson knew how to negotiate price. Part of the deal they struck was for us to keep the operator, Sonny Cunningham, who to this day serves the town extremely well. Mayor Lamson is very proud of their success in finalizing the purchase of the water company. It was undeniably quite an accomplishment.

About that time, it was well noted that the town's beaches were losing sand. When the county turned down the town's request for aid to replenish the sand on our beaches, it was decided we would have to go it alone, and we did. As so often happens in Pine Knoll Shores, concerned citizens come together to discuss an issue, bringing with them their intellect, past experience and personal power to identify the problem and the solution. In this matter, they created the Pine Knoll Shores Beach Preservation Association.

Mayor Lamson believes our success in large part was due to our relationship with the incredibly knowledgeable Rudi Rudolph, whose background has lent itself to a sustainable beach preservation program from a scientific and engineering perspective. The Pine Knoll Shores Beach Preservation Association grew to


encompass the entire island, becoming the Bogue Banks Beach Preservation Association, which has now become the Carteret County Beach Commission. We have been a model to other beach communities and have put in place a 50-year plan, which basically guarantees us the ability to renourish our beaches when needed.

Many significant projects were on the drawing board during Mayor Lamson's tenure, not the least being her decision, along with the commissioners, to change the town's form of town government. With the many changes occurring in town and demands upon the town staff continuing to grow, the quickly expanding daily operations had become too much for our commissioners to oversee. It was time to hire a town manager. Mayor Lamson initiated the process of converting the town to a council-manager form of government. When Brian Kramer walked in for his interview, there was no doubt in anyone's mind that he was the man for the job. The mayor and the commissioners now set policy, and the manager implements their policies, including hiring and firing of employees.


During her time in office, Mayor Lamson made other contributions vital to the smooth functioning of the town. She was responsible for writing a cash management policy for the town and updated our land use plan and the town's OSHA files, which had not been done in 10 years. She enjoyed her role in maintaining our relationships with the state legislature, county government and the other municipalities on Bogue Banks.

Mayor Lamson was proud to be the face and the voice of Pine Knoll Shores at a time of much change. She shares her significant success with town initiatives with the hard-working commissioners who served with her.


The town is fortunate that a series of left turns, and Mr. Lamson's insistence to take just one more left turn when they arrived in Morehead City, led the Lamsons, and the town's future first elected mayor, to Pine Knoll Shores.



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