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Playcare Nursery Weaning Menu 2014

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| Vegetable Lasagne with Sweet corn Flaked Rice with | Fish and Leek Pie with Sweet corn Natural Yoghurt | Chicken and Lentil Casserole Fruity Cous-Cous | Vegetable and Coconut Curry with Rice | Cheesy Pasta Bake with Sweet corn Fruit Salad |
| Dried Fruit | with Fruit Purée | | Natural Yoghurt with Fruit Purée | |
| WEEKTWO Vegetable Chilli with Rice Fruit Salad | Spinach Pasta Bake with Sweet corn | Salmon fish Cakes with Sweet | Cod Kedgeree with Peas | Chicken Curry with Rice |
| | Natural Yoghurt with Fruit Purée | Potatoes Fruity Cous-Cous | Natural Yoghurt with Fruit Purée | Flaked Rice with Dried Fruit |
| WEEK THREE Red Dragon Pie with Green Beans Natural Yoghurt with Fruit Purée | Chicken in a Herb Sauce with Rice and | Vegetable and Tomato Pasta Bake | | Ratatouille with cous-cous |
| | Peas Fruity Cous-cous | with Sweet corn Fruit Salad | Natural Yoghurt with Fruit Purée | Flaked Rice with Dried Fruit |
| | Vegetable Lasagne with Sweet corn Flaked Rice with Dried Fruit Vegetable Chilli with Rice Fruit Salad Red Dragon Pie with Green Beans Natural Yoghurt | Vegetable Lasagne with Sweet corn Flaked Rice with Dried Fruit Vegetable Chilli with Rice Fish and Leek Pie with Sweet corn Natural Yoghurt with Fruit Purée Vegetable Chilli with Rice Fruit Salad Natural Yoghurt with Fruit Purée Chicken in a Herb Sauce with Rice and Peas | Vegetable Lasagne with Sweet corn Flaked Rice with Dried Fruit Vegetable Chilli with Rice Fruit Salad Red Dragon Pie with Green Beans Natural Yoghurt With Fruit Purée Fish and Leek Pie with Sweet corn Natural Yoghurt With Fruit Purée Fruity Cous-Cous Salmon fish Cakes with Sweet With Sweet corn Potatoes Fruity Cous-Cous Vegetable and Tomato Pasta Bake with Sweet corn Fruity Cous-Cous Vegetable and Tomato Pasta Bake with Sweet corn | Vegetable Lasagne with Sweet cornFish and Leek Pie with Sweet cornChicken and Lentil CasseroleVegetable and Coconut Curry with RicePried FruitNatural Yoghurt with Fruit PuréeFruity Cous-Cous Natural Yoghurt with Fruit PuréeNatural Yoghurt with Sweet cornCod Kedgeree with PeasVegetable Chilli with RiceSpinach Pasta Bake with Sweet cornSalmon fish Cakes with SweetCod Kedgeree with PeasFruit SaladNatural Yoghurt with Fruit PuréePotatoes Fruity Cous-CousNatural Yoghurt with Fruit PuréeRed Dragon Pie with Green Beans Natural YoghurtChicken in a Herb Sauce with Rice and PeasVegetable and Tomato Pasta Bake with Sweet cornNatural YoghurtNatural YoghurtNatural Yoghurt |