

Botulinum Toxin PRE-TREATMENT INSTRUCTIONS

In an ideal situation, it is prudent to follow some simple guidelines before treatment that can make all the difference between a fair result or great result, by reducing some possible side effects associated with the injections. We realize this is not always possible; however, minimizing these risks is always desirable.

- Patient must be in good health with no active skin infections in the areas to be treated
- Patient should discuss any needle phobia and pain management with the administering doctor prior to treatment.
- Avoid alcoholic beverages for 24 hours prior to treatment. Alcohol may thin the blood, which will increase the risk of bruising.
- Avoid anti-inflammatory / blood thinning medications ideally, for a period of two (2) weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Gingko Biloba, St. John's Wort, Ibuprofen, Motrin, Advil, Aleve, Vioxx, and other NSAIDS are all blood thinning and can increase the risk of bruising/swelling after injections.
- Schedule your Botox® appointment at least 2 weeks prior to a special event which may be occurring, i.e., wedding, vacation, etc. Results typically begin to take effect approx. 5 days following treatment, and may take 2 weeks to reach their full effect. Bruising may last up to several days or occasionally weeks following injections.