

ORTHODONTIC RETENTION

It took time and effort to achieve my new smile, now I understand that it is my responsibility to maintain this smile with retainers. The Invisalign phase of treatment is now complete.

I understand that to ensure the most stable orthodontic results, I will need to wear retainers every night for my life-time.

I understand that for the next 6 months, I need to wear the retainers for the entire day. After 6 months, I will wear the retainers at night. I understand that if the retainers fit very tight once I switch to only wearing them at night, I should continue wearing the retainer for the entire day for an additional 2 weeks. This means that my teeth may not have stabilized enough to wear only at night.

I understand that orthodontic correction can mostly be maintained over the long-term, however, some adaptive changes may occur. This is not a failure of treatment rendered, but is an example of the natural adaptation to a changing environment through the aging process.

I will inform the office immediately if I lose my retainers or if my teeth have shifted even slightly. I understand that the doctor is not responsible if my teeth have shifted as a result of noncompliance with my retainer. I also understand that there will be an additional charge for additional retainers that I order.