



Finding Solutions

Counselling Service

Finding Solutions believe that everybody should feel empowered, capable and worthy. Sometimes we might not feel this way, this might be because we just don't have the right tools in our toolbox. Finding Solutions is about helping individuals and families work out what tool they might need in order to help them resolve their issues or meet their goals.

Jodie and Maddy are very passionate about working with children and families in order to help them find their strengths and work towards their goals. They are both Accredited Mental Health Social Workers who have worked in this industry for over 18 years between them.

Jodie and Maddy both have experience in the following:

- Working with children and parents from separated families
- Behaviour Management Support
- Developmental Trauma
- Working with children and adults that are experiencing mental health issues
- Providing interventions for addictions
- Relationship Counselling

Qualifications

- Both Jodie and Maddy are Accredited Mental Health Social Worker's
- Both are Parenting Under Pressure (PUP) Therapists
- Maddy is a Marte Meo Therapist, which involves assisting parents, foster parents, grandparents to build healthy relationships with their children
- Both Jodie and Maddy specialise in developmental trauma, behaviour management and attachment

Prices

- All clients who have a Mental Health Care Plan obtained through their GP and who hold a valid Australian Medicare card will be entitled to a rebate through Medicare, otherwise you will need to pay the full fee.
- Finding Solutions do charge a gap fee, however, depending on your circumstances the price may be negotiated. The **gap fee needs to be paid on the day**.
- Payments can be made through Eftpos or cash

Gap	\$60.00
Full Fee	\$135
Reports	\$80 Per Page

To make an appointment or any enquiries contact Jodie or Maddy on the details below.

