

# Australian Nurse-Family Partnership Program



## PROGRAM NEWS

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# Message from the National Program Manager

Contributed by Sally de-Vitry Smith

To begin I would like to acknowledge the traditional owners of the lands and waters on which we live and work and recognise this land has always been under their custodianship. I pay my respects to Elder's both past, present and emerging and extend respect to all Aboriginal and Torres Strait Islander people who may be reading this newsletter.

During 2018, the National Program Center (NPC) has been in a period of consolidation following a rapid expansion from 5 to 13 partner organisations across four states and two territories. The NPC looks forward to a year of high performance with the refining of systems, improving the functionality of the ANFPP National Knowledge Access (ANKA) and the implementation of several projects. ANKA is currently being used at most sites.

Implementation of the Intimate Partner Violence (IPV) adaptation project managed by Brooke Dickson has commenced with the Nurse Supervisor training held from July 17-19 in Brisbane. The training is currently being rolled out to all sites with Wurlu Wurlinjang, Top End Health Service, Danila Dilba, Wuchopperen and WACHS occurring in August. In September training will occur at GWAHS and Congress, during October training will be at Winnunga, Nunkuwarrin Yunti and Rumbalara followed by Durri and IUIH North and South in November 2018.

The Dyadic Assessment of Naturalistic Caregiver Child Experiences (DANCE) will become the tool used to objectively assess the interaction between a mother and child during a home-visit. Reliability and validity testing show how DANCE predicts children's outcomes across a range of developmental domains including language development, cognitive development, academic achievement, executive functioning, and emotional and behavioural regulation.

The Strengths and Risks (STAR) framework is progressing and will be previewed at all partnering sites by November this year and embedded in the ANFPP core curriculum from January 2019. The STAR Framework is designed to help home visiting teams characterise the levels of strength and risk exhibited by mothers and families. The use of STAR will help guide clinical implementation of the program, case management, individual supervision, case conferencing, and caseload management. It is hoped the use of STAR will increase client retention and improve the confidence and effectiveness of teams working with complex clients.

A fabulous National Annual conference was held in Brisbane this year with the conference theme 'Strong women, strong families.' In June 2019 we anticipate a fabulous celebration to commemorate ten years of ANFPP in Australia. The conference will be hosted by Congress in the heart of the nation, Alice Springs.



The Workforce Development and Education team have continued to deliver training on the ANFPP program and are working on updating training modalities. Robyn Bell, Education Lead and Curriculum Coordinator has extensive experience in curriculum development and has developed online modules and a workbook for Unit 1 with Unit 2 planned to be online by the end of the year. The education team work to support staff at partnering sites by facilitating role specific community of practice meetings for Nurse Supervisors, Nurse Homes Visitors, and Family Partnership Workers. Work is also underway on the 2nd review and contextualisation of the Home Visiting Guidelines.

The NPC has warmly welcomed several new staff. Belinda Kippen our new Nurse Supervisor Coordinator is providing regular reflective supervision to our Nurse Supervisors and assisting with organisation of the Nurse Supervisor training. Belinda is a committed staff member who understands the importance of self-care and support for our nurse supervisors, so they can carry out important work of supporting their teams.

Nzie Okapam is the new Data and Reporting Lead. Nzie has qualifications in computing science and statistics and prepares the quarterly fidelity reports and Annual Data reports. Nzie is a keen cyclist and yoga practitioner with a sunny and friendly disposition that makes him a pleasure to work with. I would like to take this opportunity to acknowledge the hard work and dedication of Megan Saltmarsh the previous National Program Manager and Mursal Azami the current Program Manager.

On behalf of the NPC team here in Brisbane I extend warm thanks to the Commonwealth Department of Health, the ANFPP leadership group, Partner Organisation CEOs, Program Managers and the amazing and dedicated ANFPP teams delivering the program to mothers, babies and families in urban, rural and remote settings.

This newsletter provides a platform to showcase the contribution of ANFPP to the communities we serve as well as the passionate and dedicated staff who deliver the program. Thank you to everyone who contributed to the newsletter. As the ANFPP moves confidently into the consolidation phase, I am sure come the next six months will bring a wealth of stories and news to share.



## Highlights from the

Australian   
**Nurse-Family**  
Partnership Program  
Annual National Conference



Contributed by Mursal Azami

A huge thank you to all our passionate and dedicated site staff, NPC staff and our internal and external stakeholders for helping make our fourth 2018 Annual National Conference a success. With nearly 130 people representing all roles and sectors including the Nurse Supervisors, Nurse Home Visitors, Family Partnership Workers, Program Managers and Administration Officers, Chief Executive Officers, members of the Leadership Group and members of the Department of Health; this year's conference was our biggest yet, held over 2.5 days on 12th – 14th of June at the Mercure Hotel in North Quay. The theme 'Strong Women, Strong Families: The Solutions are Within' built on the NAIDOC theme – 'Because of Her, We Can' and linked to the ethos of the ANFPP and the five-client centered principles of the program.

The program was facilitated by Luana Sanders and formally opened by the Nunukul Yuggera dancers with a lunch time performance by Murri School Dance Troupe. An incredibly helpful element to the planning of this year's conference to make it an even more beneficial and engaging event was the feedback provided by site staff through a pre-conference survey. Based on participant feedback, we had the usual mix of café sessions on data outcomes, knowledge sharing concurrent sessions led by IUIH, Wuchopperen, TEHS and Durri site staff, site presentations on client success stories by TEHS, Nunkuwarnin Yunti, GWAHS, Congress, WACHS, Rumbalara, Danila Dilba, IUIH and Wurli, role specific community of practice meetings chaired by NPC staff, social event with live music by ACPA singers and key note speakers who looked at the wider scope of Indigenous Health in Australia.

Dr Mark Wenitong explored 'Intergenerational Trauma & Family Violence in Aboriginal & Torres Strait Islander People' through the lens of intergenerational trauma and male mental health issues. Professor Odette Best's presentation 'Historical Snapshot of Strong Aboriginal Nurses and Midwives' discovered these histories via several in depth biographies and thus linked very closely to the theme of Strong Women. Professor Leonie Segal's presentation outlined a multi-faceted analysis, conducted over four years and in partnership with Congress, the Central Australian ANFPP located at Alice Springs; covering implementation, child and mother outcomes, client characteristics and program delivery.

The coming together of all ANFPP sites provided an opportunity for networking, shared learning experiences across the program nationally as well as showcasing the great work sites do to improve the lives of vulnerable women and their families. The Conference also offered an opportunity for staff to network with key Leadership Group members and the NFP International Consultant who led several pre-conference workshops and delivered a keynote presentation on the NFP program from an international perspective. The presentation titled – 'Celebrating NFP in the Global Context' tied the history of the program in Australia to the wider international program outlined in seven other countries: Bulgaria, Canada, England, Northern Ireland, Norway, Scotland and the United States.



We were pleased with the success of new sessions including a Q&A panel and pre-conference workshops on mindfulness and self-care, reflective practice, guiding behavior change, my community, my culture, building therapeutic relationships and team-based learning for more effective program implementation. We received positive feedback on the topics presented and are excited to carry them forward to next years event. The NPC values and appreciates all feedback, the post conference survey provided ideas for improvement for the next conference. With more and more site staff participating, we're looking forward to celebrating ten years of ANFPP at the 2019 conference hosted by Congress in Alice Springs. Overall, we were excited to come together and see our awesome and dedicated ANFPP community gather with us and share their experiences. If you would like to provide further feedback on 2018 Conference, please email [info@anfpp.com.au](mailto:info@anfpp.com.au).

**It's true. "We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love...and then we return home" – Australian Aboriginal Proverb**



NPC Staff (from left): Roman Bebenin, Annette Simpson, Jigar Patel, Sally de Vitry Smith, Emma Brodie, Brooke Dickson, Jade Ratnayake, Hannah Beilby, Nzie Okpokam, Belinda Kippen, Luana Sanders (MC), Karen Harmon, Janet Blair, Mursal Azami, Robyn Bell, Guy Elliott





# Central Australian Aboriginal Congress

Contributed by Tahnia Edwards

## Client Testimonials



Stacey, mother

'ANFPP has helped me achieve my goals, I have got my own place, now I am nearly there with my licence too after waiting 6-7yrs so my only goal I have to do is work. ANFPP has helped me a lot with my goals, they support me a lot with stress and stuff you know. When I really needed someone to talk too they help just to let things out. FPW's they help a lot, they understand the culture and stuff with how tough it is. Just hanging out and talking about personal stuff, my feelings.'



Shirllena and Bentley

'It (ANFPP) made us feel that we can speak up for ourselves and for our rights and also not to be shy anymore and stand on our feet...'

'...and be a strong couple.'

Sariah was a very shy quite client. Her goal was to ensure her child started playgroup to prepare him for pre school and give him the best start possible at an education and a bright future



Sariah and Edward



Lilly and Mackenzie

This is Lilly and Mackenzie's journey. Lilly came to ANFPP wanting to be the best Mum she could possibly be for her first born baby Mackenzie. She needed to feel supported while her partner worked long weeks out bush and through ANFPP felt less isolated and kept sight of her goals to study and work again. Lilly is now one of Congress' Tobacco Action Workers



# Danila Dilba

Contributed by Jillian Moloney & Vania Silva

## 1 Year Anniversary

The ANFPP team at Danila Dilba are celebrating our 1 year anniversary this July. We cannot believe how quick the time has gone! Oh, what a year it has been! Throughout, our year of developing the ANFPP program at Danila Dilba we have been contextualising resources and material to our clients and community. In addition, we have developed our own flip charts in areas such as sexual health, contraception options, gestational diabetes, breastfeeding and eating healthy etc.

We have found our ladies and families responding well to these resources!

Our team were involved in many training and professional development opportunities to maintain, improve and broaden our knowledge in areas affecting our community. The training was in areas of breastfeeding, domestic violence, smoking cessation, FASD, sexual health, trauma informed care and AOD.

We know how important community engagement is especially for our new program. We have been fortunate enough to be involved in many community engagement events with our Community Services and Deadly Choices team. Some being the Aboriginal & Torres Strait Islander Culture Day, Close the Gap Day at Royal Darwin Hospital, 10 Year Anniversary Apology at Larrakia Nation, signing of MOU between CAAPS and DDHS and the NAIDOC sports day to name a few. The ANFPP team have really enjoyed these events to be able to yarn to the community about our program while also providing health promotion and education.



Current Staff at Danila Dilba



The 10 year Apology of the Stolen Generation



Children's Week at Palmerston





The ANFPP team met with the Federal Minister for Indigenous Health the Honourable Ken Wyatt in February. One of our first clients, Caitlyn told the Minister one of the best aspects of the program was the time taken to get to know our team. This allows us to establish trusting, respectful relationships with our clients – which is vital to the success of the program. Hearing Caitlyn reaffirming the importance of that made our day.

Our mum bags and incentives have been a big hit with our ladies. Of course our team enjoyed shopping for these items too. We are very excited that our engaged clients can now receive 3 exclusive Deadly Choices jumpsuit designs while involved in the program and at the following ages - pre-birth, 6 months and 12 months. The babies look so deadly in these jumpsuits!

In April this year, we finally moved into our brand new ANFPP space in Malak. We have moved three times in one year! Our team are so excited to be finally settled into our new space. We are now able to run our activity sessions in our multipurpose room, have drop ins and team building sessions. We have really enjoyed decorating and shopping for our new space to make it homely. Throughout our year, we have had 50 referrals from both internal and external stakeholders. Our ANFPP team have over 27 active clients and 13 beautiful new bubbas!

As of June this year our team is now fully staffed. We originally started with a team of 6 which has now expanded to a whopping 10! Our home visiting team comprise of all strong and deadly Aboriginal women which we are extremely proud of. The new staff are excited to hit the ground running next month after Unit 2 which means more mums and bubba's!



Danila Dilba staff with the Honourable Ken Wyatt



Baby Camisha



Karen the FPW on a home visit



# Staff Profiles

## Sam Ngalamaku Rourke – Family Partnership Worker

Hello my name is Sam and I'm from Gunbalanya in Western Arnhem Land, bordering Kakadu and our language group is Kunwinjku. I spent many years in a remote community as an Assistant Teacher and HLO, and Indigenous Coordinator with the Gunbalanya Child & Family Centre (FAFT, Preschool & Crèche). I was also employed as a Driver/Administrative Officer and Community Worker with a remote health service.

I am a 3rd year nursing student however, I have decided to do so part-time and was lucky enough to join the ANFPP team with Danila Dilba. I am passionate about Indigenous health and I hope to be able to make a positive contribution to the families involved in the program. I love how this program supports improved health and wellbeing outcomes, whilst increasing self-efficiency and empowerment to clients and their families



## Jannaya Wall – Family Partnership Worker

Jannaya is a proud Kaurna/Nurungga woman who has recently moved up to Darwin with her family. Growing up and watching my dad & family work in Aboriginal Health my interest started very young & has only grown and I am very passionate about improving the health outcomes of Indigenous children and their families.

I started off my career working with the Aboriginal Families Study, working closely with mums & bubs. I trained and worked as an Aboriginal Clinical Health Worker for many years, then moved to research & worked with Aboriginal Diabetes Study.

I was a project assistant with the Aboriginal Families Study before moving up here & beginning my career with Danila Dilba Health Service in the ANFPP team. I believe I have found my dream job within ANFPP as it combines my passions of Aboriginal Health and Primary health care and Child health. I am going to further my skills and knowledge and start my Midwifery next year at CDU.



## Kerri-Anne Lee– Nurse Home Visitor.

Hello, my name is Kerri-ann Lee, I am a proud Nukunu woman, my father's mob originating from Port Pirie in South Australia and my mother's mob from Quorn in the Flinders Rangers in South Australia. I grew up most of my life in Port Augusta. I am a proud mother of one, pre-teen boy who is active in all areas of after school activities. I started my career as an Aboriginal Primary Health Care Worker at Pika Wiya Health Service in 1997.

In 2004 I went to Far North Queensland where I worked as a Nutrition Health Worker based in Cooktown, regularly visiting outreach communities for health promotion programs as part of a two-person health promotion team. In 2005 I started my Bachelor of Nursing degree at Bachelor Institute of Indigenous Tertiary Education in the Northern Territory. Having the strong foundations of being an indigenous woman I continued to work casually within Cairns Hospital, studying nursing and gave birth to my son in June 2007.

Taking the attitude of "...you just gotta do whatever life throws at you...."

So happy with how life has turned out. My whole career in health both hospital and community based I have always remained faithful and passionate to Indigenous health care; preferring to take an approach that is informative and empowering for my clients to take control of their own health and lifestyles.





# Durri Aboriginal Corporation Medical Service

Contributed by Marsha Blunden-Holten

Afternoon ANFPP!

Just an update on where we are up to! We have signed 6 girls now to our program, all at an early stage in their pregnancy. We are looking forward to promote the program in our community, it's been very slow progress but we love a challenge and getting great outcomes from each client on weekly visit and it's been a pleasure working alongside each young mother.

We have given all our first time mothers a gift bag for signing up, with all nice goodies and hygiene items, they are all so excited about the program and can't wait to do some activities and have our B.B.Q gathering to meet each other and to make new friends. We have attached a picture of our lovely Gift bags below.



Durri gift bags





# Greater Western Aboriginal Health Service (GWAHS)

Contributed by Nicola Penn

The GWAHS ANFPP team have had an exciting few months, taking on our first clients in March. The team celebrated the safe arrival of the first ANFPP baby in June. We hosted our first group for clients in collaboration with World No Tobacco Day. Clients enjoyed a healthy lunch and yarning circle about how to keep your bub smoke free. Client's received a baby bath pack when they made a pledge to reducing smoke exposure to their baby. Our mum's enjoyed meeting each other and are looking forward to more groups in the future.



GWAHS staff with a client

Our Aboriginal Family Partnership workers hosted an Elder's morning tea recently. This morning tea was a chance to yarn with our beautiful Elders about the ANFPP & how they can assist the ANFPP to grow in our community. This event was well received and our team was encouraged by their support for our program.



Site staff with mums for 'World No Tobacco Day'



Elder's morning tea

Our team enjoyed a site visit to the ANFPP team in Dubbo in January. We enjoyed spending time with an established site and look forward to the Dubbo team visiting us at our new office later this year. Our team enjoyed our first National Conference, it was a great time to learn and catch up with new friends.



Site group photo at the ANFPP National Conference



**Hi my name is Leanne Wood.** I am a nurse home visitor with the ANFPP team in Greater western Aboriginal Health Service.

I have previously worked as a Registered Nurse in Theatres and more recently with a local GP.

I wanted to be part of the ANFPP team to help give back to the community which I live in.

I am looking forward to building strong relationships with the clients and working with them to make changes in their lives. So far I have enjoyed working with strong colleagues and learning more about the program.



**Hi my name is Maria Matthews** and I am an Aboriginal Health Practitioner, my role is Family Partnership worker with the Australian Nurse Family Partnership Program at Greater Western Aboriginal Health Service in Western Sydney.

Prior to working in the ANFPP program, I worked within the Integrated Team Care program formally known as Close the Gap program which was with WentWest Limited PHN at Blacktown, which is now being delivered from GWAHS. I worked in the Close the Gap program for 7 ½ years supporting our Aboriginal community with Chronic Health conditions, I enjoyed working and supporting with many people including the elderly and young, as well as networking with many stakeholders in the community from GP's, Specialist, Allied Health and many Aboriginal services including the GWAHS. I am passionate about supporting and educating our community, helping our mob to be empowered in everything that we do.

I am a proud Kamilaroi/Wiradjuri woman and have lived my whole life in Western Sydney and have had the pleasure and experience of working with our community and have found this very rewarding. I joined the ANFPP team in January 2018, as I wanted to be on a journey with new mums and their bubs, as I am a mum/grandmother, I totally adore and love babies/children, I believe they are our future generations, to make this world a better place, taking along with them the knowledge from our elders. I have learned so much since coming on the program, enjoyed all the training and the National ANFPP conference, meeting wonderful people has made this new journey an experience I will be forever grateful. I wish all our new mums and bubs a very safe and happy journey throughout their life and may ANFPP flourish with great outcomes.

# Meet The Team!



**Hi I am Kerry Anne Griffin** and I am an Aboriginal Family Partnership Worker with the ANFPP. Previously I have worked as the ANFPP Administration Officer for 15 months, Aboriginal Family Partnership Worker 3 years with WACHS in Dubbo. I supported the development of this program in my community & the communities where ANFPP is offered, providing cultural support to clients, their families and staff and encouraged client participation and offered social and emotional support when needed.

I am also recognised as an Aboriginal Health Practitioner, I have a Certificate IV in Aboriginal and Torres Strait Islander Primary Health Care which was completed in 2015. The primary health care model which I studied looks at the wellness and health promotion.

I'm a proud Wiradjuri Woman born & raised in Wellington. I have cultural ties to Kamilaroi – my Paternal Grandfather is from Pilliga NSW. I have lived in western Sydney for 2 ½ years. I have always identified as an Aboriginal person and I am passionate about Aboriginal health. I am also able to assist the Home Visiting team with Aboriginal ways of working.

I love this program and because I previously worked in this role I was familiar with what the aim of the program is and what outcomes can be achieved. I'm looking forward to working with an amazing team who are passionate about Aboriginal health. I also want to make a difference in working towards making a healthier future for my people, their families and our communities.



# Good News Story

## Kirsten and Rylee's Story



Kirsten was referred to the ANFPP from the Booking In Clinic at our local hospital, and consented at 28 weeks due to some health issues in pregnancy. She was allocated to NHV Emma, and Francie, an Aboriginal Family Partnership Worker.

Kirsten was on the Methadone Program due to a history of drug addiction; was concerned about not being a good Mum; and had considered giving her child up for adoption because of this, and because of a fear of community services. Although she didn't give us a great deal of information, she identified that she "didn't have a very good childhood", being moved around from place to place. As our relationship developed, Kirsten and her partner took in all the information we provided, asserting that they wanted the best for their child.

We did a bellycast with Kirsten at 37 weeks gestation. She was enjoying feeling her daughter's movements, had reduced smoking during her pregnancy, and was feeling more confident about impending motherhood. Kirsten's daughter Rylee was born at 40 weeks gestation, with no complications in the postnatal period.

As we have watched Rylee grow and develop, we have been honoured to observe Kirsten's growing confidence and trust in her ability to parent Rylee. Rylee has met – and exceeded – developmental milestones. Her secure attachment to Kirsten is obvious on visits, as she explores her environment, plays with staff, and returns to Kirsten to play and for reassurance. Kirsten's attentiveness to Rylee and her needs have been captured in a recording which Kirsten has consented for use for future training within the ANFPP, and brought tears to the eyes of team members who viewed it, knowing Kirsten's story.

Kirsten recently recorded a video for use at the ANFPP National Conference. She identified that she felt the ANFPP should be offered to more Mums as she really appreciates the support she gets from her workers. Kirsten identified that while she didn't really have a role model when she fell pregnant, she is now her own role model as a Mum, with the help and support of the Program. She has set goals and achieved them, with more to come. Kirsten and Rylee will graduate in November this year. A review of her photos, from pregnancy to now, provides a glimpse into the changes she has made. We have continuously reviewed Kirsten's achievements and the changes she has made to be the best Mum she can be.



# Institute of Urban Indigenous Health (North)

Contributed by Kym Cunningham

## *Beyond Empathy, ANFPP & IUIH Partnership: "Sea of Bellies"*

Since its conception in Moree Base Hospital 2004, Beyond Empathy (BE) has delivered 'the Sea of Bellies' exhibition in partnership with Health and Community support organisations across NSW, Victoria, SEQ and WA. Participants include young Indigenous Mums, Health and social service providers, local councils, Elders, artists and galleries; with a growing online community, participating through [seaofbellies.org.au](http://seaofbellies.org.au), Beyond Empathy and local coordinated social media.

For over two years BE partners in Brisbane have included programs and services across the Institute for Urban Indigenous Health (IUIH) region including maternal and child health programs such as ANFPP and Birthing In Our Community (BIOC) and member services.

The Sea of Bellies exhibition aims to be a vehicle for our first time Indigenous mothers (and their partners) to engage, through Art, with the ANFPP team, IUIH Health and Social services, others Indigenous mums and their families. The goal is to strengthen their sense of connection to their urban Indigenous identity, supporting participants to have an experiential, intergenerational, transformational healing that promotes bonding and attachment with their baby. The activity focus's on promoting self-esteem and self- awareness through establishing a positive narrative as our young women strive to become the best mum they can be.

This July over 20 painted belly castes and babies' feet and hand castes belonging to our mum's; are being exhibited with those from other active communities as part of NAIDOC "Because of her..." celebrations in Brisbane, Sydney and Melbourne, gathering together and representing each group to unify the whole Sea of Bellies community which is deliberately open and inclusive. One of our mum's was flown to Sydney, with her baby and Aunty to attend the Sydney opening and represent the work of our young mum's.

The idea of Belonging to a broader national Sea of Bellies, which in itself represents and celebrates resilience and future dreaming, is significant. Through their personal expression tracking identity and making a visual representation of their own unique story, mum's establish their place in a supportive community both for themselves and their babies, with long lasting and far reaching effects.

The process of plaster belly casting and painting bellies has evolved as a living, animated and organic activity which is now an inherent component of our program. It embraces the unique role of Family Partnership Workers to promote engagement and ensure the cultural integrity of the program.

Currently we offer castes to our mothers at approximately 36 wks. We offer belly casting in our offices or the client's, family or friend's homes, anywhere they feel safe. Through this therapeutic process, trust is developed and intimate discussions occur, health and support needs can be assessed and referred, and cultural information and enquiry promoted. We encourage our mum's and partners to explore their inner narratives, within a safe cultural environment, created by our FPW's, NHV's and Elders. The uniqueness of each mum's responses and choices through artmaking engenders empowerment and self-determination.



# Institute of Urban Indigenous Health (South)

Contributed by Louise Denholm

## Staff Profiles & Fun Facts

**Name:** Leann Fletcher  
**Role:** Family Partnership Worker  
**Favourite food:** Japanese Cuisine and Apple Pie.  
**Favourite movie:** I haven't really got a favourite movie but I do like the TV series Ranch.  
**Favourite song:** Anything Pink sings and Country music.  
**Favourite book:** Not a big fan of reading, but I do like reading recipes.  
**Favourite quote:** "Bend over and touch your toes if anything shows go change your clothes"  
**Favourite moment as a mother:** When they grew up and moved out.  
**Most memorable ANFPP moment:** Seeing the changes the program makes to clients lives.  
**Sporting team:** Whatever sports my kids are playing.  
**Best holiday:** Going to Japan and Vanuatu



This deadly belly cast has been painted by Leann Fletcher celebrating the IUIH "Because of Her" Campaign! As well as being one of IUIH's very valued Family Partnership Workers, Leann is a very talented artist (as you can see) who helps women tell their stories through the medium of Belly Cast and art. Thank you Leann!





**Name:** Karen Van Hemmen  
**Position:** Family Partnership Worker  
**Favourite Food:** Greek and Italian  
**Favourite Movie:** Heat  
**Favourite Quote:** Never underestimate  
**Favourite moment as a Mother:** Laughing with my children



**Name:** Fumiko Nelio  
**Role:** Administration Officer  
**Favourite food:** Fish and Chips, close second Coconut Curry and Rice  
**Favourite quote:** I've always remembered this from when I was in my teens - "Smile and the world smiles with you"  
**Favourite moment as a mother:** Seeing all my children laughing together.  
**Most memorable ANFPP moment:** Hearing the team talk about the changes their ANFPP mothers have done from being on the program.  
**Sporting team:** Don't really have one...but my husband is an All Blacks supporter so I'll support him.  
**Best holiday:** Taking my family, my mum and mother in law to my husbands home to the Cook Islands was awesome!



My name is Gwen Marshall and I have spent my whole career working with women as a midwife. I trained in the UK and moved onto NZ which I loved and finally onto Australia. I wanted to work within a public health role and the ANFPP program appealed to me as a vital program that is making a massive difference within indigenous health in Australia. I believe that we can make huge differences in outcomes by beginning in pregnancy. I am enjoying my team and enjoying learning and reflecting every day.

**Name:** Imelda Luck  
**Position:** ANFPP Practitioner, Home Visitor  
**Favourite Food:** Thai  
**Favourite Song:** These boots are made for walking by Nancy Sinatra  
**Favourite Quote:** "All shall be well and all manner of things shall be well" Julian of Norwich  
**Favourite moment as a Mother:** Being presented with my second twin.  
**Most memorable ANFPP moment:** Spending the day with my client up at the Nungeena in the Glass House Mountain.  
**Sporting Team:** Ipswich Knights under 12 soccer team.  
**Best Holiday:** Family holiday at Caloundra.

**Name:** Sarah Sneyd  
**Role:** Nurse Home Visitor  
**Favourite food:** Fried Rice  
**Best holiday:** 3 months road tripping from NY to LA with my partner!  
**Favourite movie:** 12 Strong  
**Favourite ANFPP moment:** Our Beautiful team!!





**Amy Galliene**

I was born in Dalby and moved to Brisbane when I was 5. After I completed my Nursing Degree I worked for 18 months and then travelled overseas. During my travelling I worked in the UK for 6 months as a live in nurse, taking care of elderly clients. After my return to Brisbane, I completed my training as a midwife at the RBWH in 1995-1996. I remained there, working as a midwife, until I moved to ANFPP this year.

Fun Fact: When I was 16 I rode an elephant in a circus in America – long story!!

Before I joined ANFPP in February this year I was working as a midwife in the Ngarrama Maternity Service, RBWH. This is for women who identify as Aboriginal or Torres Strait Islander or having a baby that will identify. I commenced working in Ngarrama in 2011.

I joined ANFPP because I heard how amazing this program is and how it impacts lives in a positive way, drawing on the strengths of each person.

I am looking forward to seeing my clients become the best mum they can be, to be confident and to enjoy their bubba's. To be able to provide mums with what they need to achieve this is an honour. It is a privilege to be able to walk with someone for 2 years on their journey of motherhood.

I enjoy working with my colleagues, it is a really happy and supportive team. I am also enjoying getting to know my clients and not feeling pressured for time when you meet with them in their home.



**Name:** Debbie Renouf

**Role:** IUIH Family Partnership Worker

**Favourite Food:** Any chilli and curry meals

**Favourite quote:** Live life to the Fullest

**Favourite moment as a mother:**

Watching my 4 children grow up to be awesome adult and great parents to their children. Also provided me with 9 beautiful grandchildren.

**Sporting team:** North Qld Cowboys.

My name is Debbie Renouf and have been working as Family Partnership Worker with IUIH Southside for over 12 months. My mob is Gunggari on my mother side, and Gubbi Gubbi on my father side.

I have worked in various roles within the social welfare sector for the past 20 odd years, which I have enjoyed and have found very rewarding working with mob. Most of working life has been with adults and I thought I'll try something different. Working with pregnant mums has had challenges, lots of up and downs...

But I'm very excited to be able to support and provide information and work alongside our woman in such a memorable moment of their life.





# Nunkuwarrin Yunti

Contributed by Glenda Woodhall

**Nunkuwarrin Yunti of South Australian Inc.** has almost reached its one year anniversary.

We unfortunately had to say a very difficult goodbye to our previous Nurse Supervisor, Noreen Conlon, who left the program in May. We would all like to say a massive thank you to Noreen for all her hard work and dedication to a program which she loved. She will be greatly missed.

We are though extremely happy to announce that Glenda Woodhall, a previous Nurse Home Visitor at Congress and here at Nunkuwarrin Yunti, has recently been offered the role of our new Nurse Supervisor. The whole team here are thrilled to have Glenda as their new Nurse Supervisor. Glenda is a well-known member of the ANFPP family and I am sure everyone will be as happy for her as we are.

We had two new members of staff start in February who you will most likely have met during Unit 1 and 2. They are Family Partnership Worker, Tanya Michelle and Nurse Home Visitor Hilary Lampard. We have been spending a lot of time engaging with stakeholders and the community. We have built some good relationships with our local hospitals and are looking forward to receiving more referrals from them in the future.

Recently a 'Well Women's Day' was held at our site. There was an amazing turn-out of over 25 women and children, who all enjoyed the opportunity to indulge in massages, Ngangkari's, arts and crafts and a chance to make their own pamper products plus have a good feed! We have three pregnant women who are due to give birth in August. In July we held a 'belly casting' session where they all had their own belly casts made and in August can all come back to paint them. It was very messy but lots of fun for all involved.

The team had a great time at the national conference. We all enjoyed catching up with the other sites and look forward to seeing some of you at the upcoming Unit 3 training.

Uptake of the program has been slow but steady and recent feedback from one of our pregnant clients and her partner was very well received.

Feedback such as **"I feel comfortable because it's the same people who are understanding"**, **" I feel relaxed because the info is what I'm looking for"** and **"you are doing an amazing job, just keep up the great work"** helps us to feel that we're supporting our clients how they want to be supported and we're following their Heart's Desires.



Nunkuwarrin Yunti staff at the ANFPP National Conference



Nunkuwarrin Yunti staff at the ANFPP National Conference

# Staff Profiles & Fun Facts

**Name:** Anouska Hodge  
**Role:** Nurse Home Visitor  
**Favourite food:** Pizza  
**Favourite movie:** The Goonies  
**Best holiday:** Florida  
**Favourite song:** Run by Snow Patrol

**Name:** Lynnette Wanganeen  
**Role:** Family Partnership Worker  
**Favourite food:** Vietnamese  
**Favourite movie:** Seven Brides for Seven Brothers  
**Best holiday:** Australian road trip over four states  
**Favourite song:** Turn your eyes upon Jesus

**Name:** Glenda Woodall  
**Role:** Nurse Supervisor  
**Favourite food:** Curry  
**Favourite movie:** Sound of Music  
**Best holiday:** Rhodes  
**Favourite song:** Nothing Compares To you by Sinead O Connor

Hi, my name is Hilary Lampard. I have been working as a Nurse Home Visitor with ANFPP at Nunkuwarrin Yunti for five months. I am from the U.K and immigrated to Adelaide fifteen years ago. I have spent a lot of my nursing career in clinical settings, mostly Cardiology, District Nursing and G.P Practice Nursing. I am very excited to be working in the program, it is completely different work for me but I'm ready for a huge learning curve. I am really looking forward to working with mums and their babies and families. I am also going to enjoy spending time with our families to achieve the best outcomes for them.

**Name:** Tash Scott-Weetra  
**Role:** Family Partnership Worker  
**Favourite food:** Pea and ham soup  
**Favourite movie:** The Green Mile  
**Best holiday:** Byron Bay  
**Favourite song:** One Sweet Day by Mariah Carey and Boyz to Men

**Name:** Tanya Michelle  
**Role:** Family Partnership Worker  
**Favourite food:** Mushrooms  
**Favourite movie:** Black Panther  
**Best holiday:** Camping in backyard  
**Favourite song:** Hallelujah by Leonard Cohen



# Rumbalara Aboriginal Co-operative

Contributed by Rebecca Kelleher

## Rumbalara NAIDOC Family Day Thursday 12th July 2018

The Empowered Women, Children and Families Directorate were part of the Family Day and we had a stall set up. We had all the ANFPP Promotional materials and we also had some mats and toys for the younger children to come along and have a play. It was very successful and was wonderful for all the staff to be part of the day. The Family Day had free show rides, including dodgem cars, jumping castle, giant worm and teapot rides.

There was also a photo booth, painting, art and crafts, and a mural where all the people at the event could put their hand print on a wall. There was a band on the day, with local Indigenous musicians that work at Rumbalara.

There was also catering from a local Indigenous catering Company.

Overall the day was a huge success.



## Staff Profiles

### Judy Wate:

#### Where is your Family from?

My Pop was born in Condobolin, and my Nan was from the local area. My Mum was born in the Mooroopna Hospital. My family background stretches from here to Geelong to Cummeragunja.

#### What made you want to work at Rumbalara ANFPP?

I love working with my Community, and also young families. I feel that I am young at heart, and I know the struggles that a young mum may face in everyday life.

#### What do you enjoy most about the ANFPP program at Rumbalara?

The great team work, and knowing that our program can make a real difference in a young mum and her families life.



### Lutfiye Elmaz

**Role:** Nurse home visitor

**Most memorable ANFPP moment:** attending ultrasound appointments with clients, being part of exciting times during pregnancy.

**Favourite food:** Watermelon

**Best holiday:** Honeymooning for six months traveling Turkey, Germany, Albania, Italy and Macedonia.

**Favourite movie:** Don't have one, but enjoy watching different things on Netflix.





# Top End Health Service (TEHS)

Contributed by Jillian Moloney

*You always take the weather with you!*

The implementation of ANFPP in Top End remote is a little different to most other sites. The team is based in Darwin and the service is provided on a fly in-fly out basis, although one community is also accessed by car in the dry season.



Darwin landscape

As you could imagine, the weather during cyclone season in the Top End makes it difficult to travel to communities. Flights get cancelled and rivers are too high to cross, and so our home visiting schedules are obviously affected.



Effects of cyclone season in Darwin

But that's only from 1st November to 30th April, and there's another 6 months to establish a relationship with women and their families, isn't there?  
Well, as it turns out, the cyclones are only one weather phenomenon that affects our home visits. We frequently hear from women that it's:



Cyclone season in Darwin

Too windy, and not just in the cyclone season. In fact, apart from the cyclones themselves, it's relatively calm during that time of year.  
For social reasons, the women we work with generally prefer not to have the visits inside the house. Visits are often undertaken on the front verandah, but there are some beliefs that the wind isn't good for the baby – and it certainly isn't when the wind is laden with red dust. However, the resilient NHVs have mat, will travel!  
Our roll up beach mats featuring Aboriginal designs become the site for home visiting, location directed by the client

Too cold! Yes, even in the tropics it gets too cold for home visits. It may not be below zero, but it's all relative. In the dry season, the thermometer may read 20C, but it feels like 12 or 13C to some Top Enders.



Beach mats as used by TEHS staff

Too hot, especially during the build up from late August through to October - as the sea surface temperature increases during the build-up months, sea breezes become warmer and more humid. This means the temperature and humidity rise and it can be difficult to find some relief. Without a reliable electricity supply, ceiling fans may not be working and people can often be seen on the shady side of the house playing with the hose to cool down. This season is trying for many, and tempers are often very short. During this season we also tend to have more deaths and so women and their families may take a break from ANFPP due to 'sorry business' and associated activities.



"Cooling down" in Darwin



Darwin landscape



Clients and FPW's reconnecting with the land in a 'bush holiday'

Too perfect! In the middle of the dry season the weather is generally so perfect that we have 'bush holiday' – a time for packing up the family and going out bush to reconnect with the land for 3 or 4 weeks or perhaps longer. Even if some women remain in their communities, most of the Family Partnership Workers join in this activity and so it's not ideal to attempt home visits at this time. You can see why talking about the weather isn't just small talk for Nurse Home Visitors in the Top End!



# Good News Story

18 March 2018  
Wurrumiyanga, Bathurst  
Island,  
Tiwi Islands,  
Northern Territory

Some months ago, I discerned a need for the environmental matters at home to be highlighted to the ANFPP ladies living in remote Wurrumiyanga on Bathurst Island 70 kms north of Darwin. HUUUHH? That is, I mean cleaning!

How could I make cleaning fun? How does anyone make cleaning fun? It's a thankless task that has to be done repeatedly. Just like the rest of Australia, women in Wurrumiyanga don't get the volunteer or even conscript help at home for the chores that they would like to have done. Imagine your cousins and all their kids coming to stay for 3 weeks.

Now that's some heavy-duty commitment required to keep the house clean and everyone safe. Now imagine that volume everyday in a full home. Sheesh! It's enough to make you want to leave them all to it.



Tiwi Island girls doing a Zumba dance class



Tiwi Island girls doing a Zumba dance class



Tiwi Island girls doing a Zumba dance class

Then there's exercise. HMMMM! Falls into the same basket really doesn't it? It's something we all know we need to do – and are too tired to do it – or say we are. Like the cleaning though, it's easier with a friend or two and results in better health!

We are fortunate in Wurrumiyanga to have the services of Bod fit exercise physiologist Chloe. This energetic young woman gets a group of ladies' hips swinging, legs sidestepping and hands clapping to the Zumba beats she brings with her. So I had a little chat with Chloe, and we came up with the cleaning Zumba. So after the benefits of both cleaning and exercise were reinforced we all got to it! A collection of mops, brooms and scrubbing brushes added to the moves. It was one-in-all-in and not even big bellies or sticky wet season weather could stop the enthusiasm for this 2 for one activity. Everyone took a scrubbing brush home as a little reminder of the session.

A couple of days later I popped in on a participant, her headphones were in and I just caught the tail end of her own version of the whirlwind cleaning Zumba !! It could even catch on!





# Wellington Aboriginal Corporation Health Service (WACHS)

Contributed by Lyndall Fryer



Staff at WACHS site

The first 6 months of the year have flown by so quickly for the WACHS ANFPP team. The year started off with our annual planning day which was held during January. The ANFPP team had the opportunity to meet together and plan for the year and establish team goals. We used this time to review our procedures and flowcharts so that moving in to the year, our clients would get the most from our team and the program. After our planning day, our WACHS ANFPP Operations Manual was finalised and now in use for staff. The manual was contributed to by all staff and was developed to be used as a reference manual that would contain the procedures and daily operations of the WACHS ANFPP team. The material in the manual ranges from procedural flowcharts to organisational requirements of staff, to daily operations and how-to-guides.

The WACHS ANFPP team hosted a site visit for the ANFPP Blacktown staff during January. The staff from Blacktown ANFPP (located at Mt Druitt) attended our site in order to gain experience in home visiting and have exposure to a site where the program has been running successfully for many years. The staff were given the opportunity to attend shadow home visits, community meetings, information sessions around the ANFPP's role, consent process, adaption of resources to their local area and to develop a peer support network between the sites. Our ANFPP team plan to attend a visit to the Blacktown site later in the year.



GWAHS and WACHS staff together at site visit



Bec Lee, NHV

We have welcomed an additional ANFPP family member, Rebecca 'Bec' Lee, who joins us as a Nurse Home Visitor. Bec will be visiting with clients in Dubbo and has been assigned to the Gilgandra outreach area. Bec has been a nurse since 2006, where she worked mostly in the Medical Ward, Emergency Department and Intensive Care Unit of the local base hospital. She joined the ANFPP Program as a change from mainstream nursing and to have a positive impact on the Indigenous families involved in the program. Bec is looking forward to getting involved with the local communities and supporting our mums and bubs.



The ANFPP team have been involved in community events this year to promote our program and provide education sessions around FASD, gestational diabetes, healthy eating and STI's. During April, staff attended the 'Ignite Your Life' youth week event in Narromine. Our stall held a belly casting painting activity where the attendees of the event were invited to add their finger print to our belly cast, which will be on display at the Narromine Community Skills Centre.



WACHS staff at 'Ignite Your Life' youth week



WACHS staff at NAIDOC week

Throughout NAIDOC week (8th-15th July), the ANFPP team were invited to attend two local school's NAIDOC celebrations. ANFPP worked alongside the Tackling Indigenous Smoking team, where they held education sessions for the students of Macquarie Anglican Grammar School. Students participated in sessions around FASD, the effects of smoking, healthy eating and STI's. The Dubbo Delroy Campus invited us to attend their services fair, where we were able to promote our service and program to the community. The day saw over 400 students from both the Delroy Campus and other schools in the area pass through our stall.

Throughout NAIDOC week, WACHS held a social media campaign to showcase nominated Aboriginal and/or Torres Strait Islander women who have had an impact in another's life. We were very proud to have all three of our Aboriginal Family Partnership Workers included in this feature.

The WACHS Australian Nurse-Family Partnership Program would like to bring attention to three strong Aboriginal women who have impacted on the lives of our team and clients.

Francie Kelly, Nikkita Baxter & Jinnaya Tyson are role models for our clients and individuals who we seek guidance, encouragement and advice from. They play an integral role within our team, supporting us and our clients to be the best versions of ourselves. They teach us to have a different perspective and the true importance of family, respect and togetherness.

Each of these women have highlighted the significance of knowing where you come from, where your roots are and where you can pull strength from. They have each helped shape the way we do our job through their own unique qualities.

Through their creativeness, warmth, knowledge sharing, motivation, passion and love for their culture and community we are able to provide a better service to our clients, allowing us to positively influence the lives of our clients and their families...

Because of them, WE can!

Lyndall Fryer, Emma Ramsay, Ashleigh Lunn, Rebecca Lee and Sue Merritt.  
WACHS ANFPP Team

**Francie Kelly  
Nikkita Baxter  
Jinnaya Tyson**

**BECAUSE OF HER, WE CAN!**  
8-15 JULY 2018

WELLINGTON ABORIGINAL CORPORATION HEALTH SERVICE

"Their achievements, their voice, their unwavering passion give us strength and have empowered past generations and paved the way for generations to come."



# Winnunga Nimmityjah Aboriginal Health Clinic

Contributed by Malcolm Bennett

Winnunga has finally been able to commence the program and as you read this letter we have had our first babies as well. Although our number is small we are gaining much needed momentum. However only small changes are necessary. We have been putting the right people in place and I am pleased to say we have a full complement of staff. Below are just 3 of our team others will be introduced in the next newsletter, but for now let me tell you the memorable story of our 1st mum!

We had only just finished producing our brochure for the ANFPP at Winnunga, having just printed off 100 and placed them in the reception of the clinic. Not long after we had a mum to be come into the clinic, she took one look at the brochure and asked the practice manager who to talk to? Within 2 days of this we were visiting this mum to be. Fast forward and she has had her baby having sent a photo via txt to all the staff in the ANFPP. We could not have asked for a better start nor a better champion of a mum to be our shining example of what can be done, she is totally engaged and is enjoying motherhood as well as the relationship that has been developed in a very short timeframe.

Below is the ANFPP team at Winnunga!



Winnunga staff at the 2018 ANFPP Conference



# Staff Fun Facts

**Name:** Ada Ochayi.  
**Role:** Nurse Home Visitor for the Australian Nurse Partnership program.  
**Favourite food:** Pasta chicken salad.  
**Favourite movie:** War room.  
**Favourite song:** Don't worry be happy.  
**Favourite quote:** Opportunities are like sunrises, if you wait too long you can miss them.  
**Favourite Book** Narnia.  
**Favourite moment as a mother:** Watching my kids become responsible and take initiative.  
**Favourite past time:** Spending time with family.  
**Sporting team:** Collingwood.  
**Best holiday:** Sun City South Africa.



**Name:** Bronwyn McCLure  
**Role:** Family Partnership Worker for the ANFPP  
**Favourite Food:** Fettuccine  
**Favourite Movie:** Dirty Dancing  
**Favourite Song:** We Belong by Sheppard  
**Favourite Quote:** Being entirely honest with oneself is a good exercise  
**Favourite moment as a mother:** Seeing my children smile  
**Favourite past time:** Just being with my husband and kids  
**Sporting team:** Cowboys  
**Best holiday:** Gold Coast

**Name:** Fallon Dalton  
**Role:** Family Partnership Worker for the Australian Nurse Partnership Program  
**Favourite food:** Chicken coconut curry  
**Favourite movie:** The Proposal  
**Favourite song:** Too many to count, but I love Country Music, RnB and a bit of Hip Hop  
**Favourite Quote:** "Life is a like a camera, you focus on what's important, capture the good times, develop from the negatives and if things don't work out take another shot"  
**Favourite moment as a mother:** Watching my children grow into the funny, kind, independent and loving little individuals they are.  
**Favourite sporting team:** North QLD Cowboys





# Wuchopperen Health Service

Contributed by Juliana Foxlee

## *April Client Activity*

In April the First Time Mums team delivered a Mind, Body, Spirit self-care session for our pregnant mums.

Becoming a mother means having to wear many different hats when caring for and raising a child at the same time as taking on new responsibilities.

Every woman/mother needs time to care for and nurture herself as well as her baby. Feeling cared for helps reduce stress and increase feelings of well-being over life's daily demands. A woman who is healthy and fit feels more confident and able to care for and provide for others.

The difficulty is often balancing how to do the things we need to do for others with the things we need to do for ourselves.

The day included meditation, a session called What Makes Your Heart Sing which looks at what's important in mums' lives and finished with participant writing a letter to their baby to give to him or her at birth.

Letter ideas included:

- What I did today,
- What traditions I follow
- Things I want to do with you
- Who I want you to meet,
- Who is in the family,
- What my best friend is like,
- My favourite memory,
- What I am doing to prepare for your arrival
- My favourite food

Mums have the option to give their bub the letter at birth, at two when mum and bub graduated from the First Time Mums Program.





## May Client Activity

### National Mothering Week and Client Graduation

The First Time Mums Program and the Children and Family Centre teams celebrated National Mothering Week by hosting a special mother - themed playgroup in May. Inspired by the 2018 NAIDOC theme 'Because of Her, We Can' the playgroup focused on the importance of mums, grans and aunties in our community and how important they are to the success and wellbeing of our families.

Families enjoyed four different activities on the day:

- The 'I Love You Because....' Wall, where messages could be written outlining reasons why mums are loved and cherished
- A mindfulness corner, where mum's could take some time to engage in Zen colouring
- Portrait plates, where children could write messages of love to their mums on ceramic plates as an original piece of art
- A family portrait corner, which families could take home as a souvenir of the day.

To make the event extra memorable, the First Time Mums team hosted a celebration for two mums who had graduated from the First Time Mums Program in May. Carly and Mata were presented with a graduation certificate, a family portrait and a digital story chronicling their journey with the program.

The First Time Mums team also acknowledged the graduation of Kristen and Stevie, who attended a private ceremony at their home.

The First Time Mums team would like to acknowledge and give thanks to all the hardworking mums, grans and aunties in our community who are helping to keep our generations growing strong and healthy.





# Wurli Wurlinjang Aboriginal Medical Service

Contributed by Bridgette Hutchinson

Established almost 40 years ago, Wurli-Wurlinjang Health Service is one of Australia's most mature and experienced Aboriginal Community Controlled Health Organisations (ACCHOs). We provide holistic health services to Indigenous clients and visitors living in and around Katherine.

The health service began in 1972. In 1983 we relocated to Mialli Brumby and took our name, Wurli-Wurlinjang, from the Jawoyn land near the clinic that is associated with the mosquito dreaming path.

We're governed by a council of people elected from Aboriginal areas in and around Katherine. The council makes all policy decisions and prioritises the organisation's focus and activities, while receiving advice and information from—and giving direction to—the executive management group. Wurli is AGPAL , and ISO-9001:2008 accredited. Our staff includes Aboriginal Health Workers, Doctors, Nurses and other Health Professionals. We are proud of the large number of Indigenous staff we employ. Wurli-Wurlinjang takes a holistic approach to the provision of health care through its numerous programs.

We deliver a wide range of effective, culturally appropriate health care services to over 4,500 Aboriginal residents of Katherine area communities. An additional 7,000 Aboriginal people who live in over 25 remote Katherine-region communities—representing more than 15 Indigenous language groups—are counted as occasional clients. Wurli-Wurlinjang also auspices Binjari Health Service. Binjari Health Service provides comprehensive primary health care services to the Binjari community, with a population of 300, located about 15 kms west of Katherine. Binjari Health Service develops and delivers innovative preventative health programs, including culturally developed male health and well being programs.



Wurli staff at the 2018 National ANFPP Conference



Donation of books



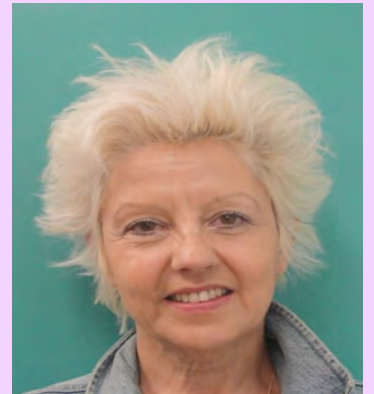
Clients Erin and Cameron with NHV Margaret



Group session in the park



Nurse Home Visitor Jane



Nurse Home Visitor Danielle



Clients Nora and Joey



Renee, Karen and Jane



Wurlu Yarning



Strong Men Health Program





# NPC Updates

Contributed by Guy Elliott

## ANKA Updates



The ANKA release on 27th June made a few significant features available to users:

- Lighthouse successfully delivered Milestones Management and Community Engagement modules which were tested with minor bugs resolved prior to the release. Milestones have been made very intuitive with links that take the user to each section prompting them to complete any required segment.
- New Program Health reporting module is now live, enabling Partner Organisations to view key fidelity items for their organisation or all organisations data, as a high level view. The same information has been made available for the Department of Health and is accessible through a different login page.
- Home Visit and Client Assessment information has a summary view which can be copied and pasted into local information system.

Currently in development:

- Intimate Partner Violence module which will form part of the Health and Safety discussion.
- Client sharing between different partner organisations; enabling selected sections of a client is information to be shared and viewed between organisations. This is restricted to a view-only access at this stage.

Both of these enhancements are scheduled for release on 24th August.



## NFP DFV Training

Contributed by Robyn Bell



From left: Malcolm Bennett, Rebecca Bond, Cindy Gordon, Lyndall Fryer, Rebecca Kelleher, Catherine Hampton, Helen Lourigan (PM), Samantha Lewis, Vania Silva, Kym Cunningham, Glenda Woodhall, Belinda Kippen, Nicola Penn, Brooke Dickson, Robyn Bell, Ashlee Donohue

From the 17th to the 19th of July the National Program Centre conducted the first rollout of its Domestic and Family Violence Training to all Nurse Supervisors.

This 3 day training session was co-facilitated by Ashlee Donohue a Speaker and Educator specialising in Domestic Violence and included information around the Domestic and Family Violence Pathway and the ANFPP tools and resources to support this component of the program.

Feedback from the training was very positive and with the support of the Nurse Supervisors at each site the rollout of the site based Domestic and Family Violence Training has begun with the 3 Northern Territory sites, Wurli Wurlijang, Top End Health Service and Danila Dilba as well as Wuchopperen WACHS having completed their training.



# NAIDOC Women's Conference 2018

Sydney 11th - 12 July 2018

## *"Because of Her, We Can"*

Contributed by Annette Simpson and Janet Blair

The conference was run over two days and was opened by a warm Welcome to Country by Bidjigal and Eora Nations and a very moving performance by the Warada Dancers.

There were 19 keynote speakers, approximately 55 workshops, a writing masterclass by Dr Anita Heiss, Ashlee Donohue's book launch of 'Because I Love Him,' and a Gala Dinner at the Royal Randwick Racecourse that showcased the History Making First Nations Fashion Parade with a stellar performance by the Merindas.

During the lunchtime break on Day 2, the Hollywood actor Danny Glover dropped by after attending an event in Sydney to show his support of the "Uluru Statement from The Heart." He graciously acknowledged Aboriginal and Torres Strait Islander women of this country and then shared a heartfelt story paid homage to the strong women in his life; his mother and grandmother.

The workshops I attended over the two days included **"Healing Through Art" - by Aunty Rhonda Collard-Spratt** and **"Enhancing Women's Health in Remote Communities" - by Wendy Anders & Dr Nina Hall**. The workshops were very informative and relevant to our communities and clients in ANFPP. It encouraged story sharing through different mediums which can be transferred to be used when delivering training to ANFPP sites.



Annette Simpson (FPW) with a conference delegate



Hollywood actor Danny Glover



Conference speaker Ashlee Donohue



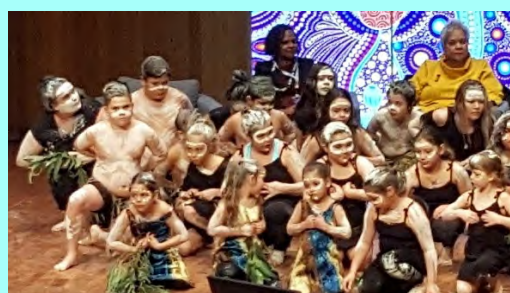
Traditional smoke ceremony



Janet Blair, Annette Simpson with Jackie Huggins



Annette Simpson (FPW) with a conference delegate



Dance troupe



# ANFPP Partner Organisations Contacts



Central Australian Aboriginal Congress Inc.  
Alice Springs, NT  
(08) 8951 4400



Rumbalara Aboriginal Cooperative Ltd,  
Mooroopna, VIC  
(03) 5822 2866



Danila Dilba Health Service  
Malak NT  
(08) 8942 5348



Top End Health Services  
Casuarina, NT  
(08) 8999 3337



Durri Aboriginal Corporation  
Medical Service, Kempsey NSW  
(02) 6560 2300



Wellington Aboriginal Corporation  
Health Service  
Wellington, NSW  
(02) 6882 2751



GWAHS (Greater Western  
Aboriginal Health Service), NSW  
(02) 6845 3545



Winnunga Nimbitjah  
Aboriginal Health Service,  
Narrabundah ACT  
(02) 6284 6238



Nunkuwarrin Yunti  
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(08) 8150 5000



Wuchopperen Health Service  
Manoora, QLD  
(07) 4080 1187



Institute for Urban Indigenous  
Health, Brisbane North and  
South, QLD  
(07) 3648 9500



Wurli-Wurlinjang Health Service  
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The ANFPP National Program Centre supports program implementation at all sites. Any general enquiries about the program or this newsletter can be directed to the NPC.

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