

Australian Nurse-Family Partnership

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PROGRAM NEWS

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Message from the National Program Manager

Contributed by Megan Saltmarsh, National Program Manager

First and foremost, I would like to acknowledge the Traditional Owners of the Lands and Waters on which we live and work, and recognise that this land has always been under their custodianship. I pay my respect to Elders both past and present. I also extend respect to all Aboriginal and/or Torres Strait Islander people who may be reading this newsletter.

This first six months of 2017 has continued the trajectory of national expansion and transformation of ANFPP. The Commonwealth Department of Health (DOH) confirmed the remaining eight sites in April and June.

We warmly welcome new implementing organisations Danila Dilba and Wurli Wurlinjang (NT), Nunkuwarrin Yunti (SA), Durri Aboriginal Corporation Medical Service (NSW), and Winnunga Nimmityjah Aboriginal Health Service (ACT) and Rumbalara Aboriginal Cooperative Ltd (VIC) into the ANFPP community. It is equally exciting to see the program expand under the leadership of existing implementing organisations, WACHS in Blacktown, Western Sydney, and UIIH in Brisbane South.

The Annual National Conference in May built on the annual Community of Practice and National Data meetings of previous years. It was a particularly inspiring event to see so many participants representing their organisations, and the program work being achieved in the communities they service. The theme this year was 'Knowledge, Innovation, Strengths, and Solutions'.

The agenda was jammed packed with powerful presentations from ANFPP staff and graduated clients, inspiring presentations from eminent Indigenous leaders, thought-provoking café sessions facilitated by NPC staff, and key Cultural sessions that provided an opportunity for staff to share and connect others with their Country and local culture. Whilst it was not possible to engage with Professor David Olds and Debbie Sheehan in person, each of them provided personalised videos imparting encouragement and updates on critical developments within the Nurse Family Partnership ®.

The ANFPP National Data Report for last year is available online and I encourage you to read it. The report outlines the continued progress towards achieving critical outcomes, and identifies some challenges where we can collectively focus our efforts moving forward.

The progression of key projects by the NPC in tandem with national expansion continues with vigour. The ANKA Project, developing a web-based solution for the ANFPP's data collection system, is moving towards the exciting end stages of development. The IPV Project moves closer to its year 1 anniversary. In collaboration with Prime Minister & Cabinet, this project has undertaken significant foundational work to move into the education adaptation phase.



The Workforce Development and Education team are progressing with equally important work that will enhance the educational and professional development experience of ANFPP staff. This includes the review and contextualisation of the core curriculum to strengthen the cultural safety for ANFPP clients, their families and communities. This work has commenced with Unit 1, and will be achieved in collaboration with Professor Roianne West, Director First People's Health Unit, Griffith University. This strategic partnership was established last year when ANFPP embarked on the National Workforce Development Study.

Contextualisation of the Strengths and Risks (STaR) Framework continues, along with the planned rollout of the Reflective Supervision Toolkit and Nurse Supervisor mentoring program. It was a fantastic opportunity for Kym Cunningham, Nurse Educator, to embark on her visit to the USA and Canada. She represented the ANFPP with excellence, and we acknowledge her high achievement in the NCAST facilitator training. We are all the more richer for her experience.

There has been much change and growth within the NPC this year to date. I would like to take this opportunity to acknowledge the hard work and dedication of Julianne Donnelly in the role of National Program Manager, and Sarah Briggs as Program Manager. Both have been instrumental in steering the NPC onto this path of development, and we wish them well with their future endeavours. I also welcome Louise Livingstone into the role of NPC Program Technical Lead/Service Planner. Her work with supporting new organisations commence the preparatory planning activities for integrating ANFPP into their services has been valuable.



Sarah Briggs



Julianne Donnelly

This newsletter provides a great platform to showcase the wonderful contributions of ANFPP in the communities we service, as well as the passionate and dedicated staff that deliver the program. Thank you to everyone who has provided a contributing article. As the ANFPP moves confidently into the height of program expansion, I am sure come the next six months there will be a wealth of stories and news to share.



Highlights from the 2017 National Annual Conference

In May this year the ANFPP held the 1st Annual National Conference. This was a combination of the Community of Practice meetings and the National Data workshops which were previously held separately.

This year's conference had over 80 attendees with representation from all organisations implementing ANFPP including our established organisations who have been delivering the program for many years, along with our newest members who only signed on the previous month. The conference was also attended by the ANFPP Leadership Group, Department of Health representatives, Department of Prime Minister and Cabinet representatives as well as significant Indigenous leaders such as Jackie Huggins AM.

The program was facilitated by **Renee Blackman**, a well-known and highly regarded Indigenous leader in primary health care.

Nunukul Yuggera dancers formally opened the conference through an incredible Welcome to the Country performance of traditional dance, song and storytelling.

Jackie Huggins AM presented on a very challenging, important topic: Child Vulnerability linked to Child Development. Jackie highlighted the interconnected and long term impacts of vulnerability on childhood development, and the importance of finding local community-driven solutions to improving outcomes for Aboriginal and Torres Strait Islander people from early childhood.

The conference provided an important opportunity for ANFPP staff at all levels and across all sites to network, share learning experiences, and showcase the great work they do in improving the lives of vulnerable women and their families. Wuchopperen Health Service (WHS) shared the incredible success story of Cassie-Ann's journey who made the trip to speak in person. This was a rare and moving presentation, highlighting the powerful and positive contribution the ANFPP can have on the life course of clients. This story direct from Cassie-Ann was captured on National Indigenous (NITV) and shown on their news report and 'The Point' TV program, showcasing the ANFPP on a national media platform. Presentations from Central Australian Aboriginal Congress (CAAC), Institute of Urban Indigenous Health (UIIH), Top End Health Service (TEHS), Wellington Aboriginal Health Service (WACHS) equally demonstrated the impact of the program and the dedication of very passionate staff.



Luana Sanders, Dr Jackie Huggins & Janet Blair



Professor Roianne West and Site FPPWs



Professor Roianne West, Director First Peoples Health Unit (FPHU), Griffith University provided a much anticipated overview of the National Workforce Development Study and the opportunity for participant feedback on key national workforce priorities the ANFPP will take forward into this year.

The final day saw **Dr Mark Wenitong** give a thought-provoking presentation on Early Childhood and Emerging Issues.

Verbal feedback received from conference participants indicated the conference was well received and the agenda was insightful. With the ANFPP expanding to 13 sites in 2017, next year's conference will be even bigger and better (if it is possible to top this year's!).

Last but not least thank you to all the participants for engaging and contributing over the 2.5 days. It is wonderful to celebrate the great work of the ANFPP being undertaken across the country, to have the opportunity to network, share experiences, and feel part of a larger connected community. Feedback from the participant evaluation is being collated to inform next year's conference and a summary will be made available to participants. If you would like to provide further feedback on 2017 Conference please email info@anfpp.com.au.



Abt Associates Reconciliation Action Plan (RAP) Launch

Article Contributed by Luana Sanders, Abt Associates Australia RAP Working Group Chair

Wednesday 17 May 2017 was the official launch of the Abt Associates Australia Reconciliation Action Plan which was held in conjunction with the 2017 National Conference of ANFPP with attendees spanning across all ANFPP implementing organisations, ANFPP staff, Abt Associates Executive Staff, Abt Associates RAP Working Group, ANFPP Leadership Group members, local Elders and community leaders of Brisbane.

The order of the night commenced with the vocal sounds of the Aboriginal Centre for Performing Arts (ACPA) and they were absolutely fantastic setting the mood for a warm evening. MC for the night was Janet Blair, in her daytime job Janet is one of the Educators of the NPC Workforce Development Team . Acknowledgement to Country was performed by Aunty Flo Watson OAM, who has been affiliated with Abt Associates since 2015. Speakers on the night were Luana Sanders as the RAP Working Group Chair, and CEO Dr Jane Thomason. It was an uplifting, passionate and emotional night and a few tears were shed by all.



Aunty Flo Watson, Luana Sanders & Janet Blair



Jack and Caitlin from ACPA

Here at Abt Associates, the formation of the RAP originated in 2014 and now three years later we have achieved our goal. With the assistance of many Abt Associates employees and community members, we have done it! I must acknowledge Karen Harmon AM, Executive Director of, Organisational Culture & Australian and Pacific Programs, who is also our RAP Champion and has always been a true advocate.

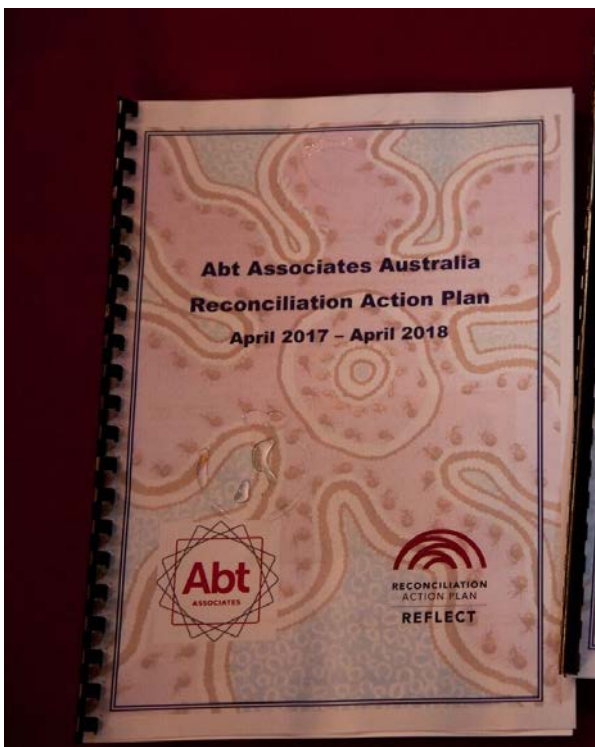
Having a RAP is just the beginning.

We as a company have a commitment to realising RAP outcomes:

- We have to educate;
- We have to build strong relationships
- We have to share our culture;
- We must show respect;

A copy of the Abt Associates Australia Reflect

Reconciliation Action Plan can be shared upon request to info@anfpp.com.au.



RAP is a Reconciliation Action Plan which provides a framework for organisations to fulfill their vision for reconciliation. RAPs are practical plans of action built on relationships, respect and opportunities and aim to create social change and economic opportunities for Aboriginal and Torres Strait Islander Australians.

Abt Associates Australia Reflect RAP is designed to build upon the already laid foundations of relationships, respect and opportunities.

It also aims to raise awareness and support for our RAP within our organisation and assist in developing a solid RAP governance model and build the business case for future commitments to cultural learning, and practising cultural protocols considering Aboriginal and Torres Strait Islander employment.



WHS team



CAAC team



WACHS team



IUIH team



NPC team, Dr Jackie Huggins & Jhalli Pleasant, Renee Blackman and Dr Mark Wentong



TEHS team and Nunukul Yuggera dancers



Cassi-Ann & Sam Lewis, RAP Launch with Abt Colleagues



Central Australian Aboriginal Congress (CAAC), Inc. Alice Springs

Congress Team & Clients - Annual Cultural/Cook up Day

Article Contributed by Catherine Hampton, Nurse Supervisor

We held our annual cultural/cook up day in May at the historical Alice Springs Telegraph Station. It is always a great opportunity to come together, enjoy the beautiful autumn weather, a big feed and plenty of room for all the kids (and adults) to run and play!



Since the last ANFPP newsletter we have graduated 7 clients and welcomed 18 babies, some of whom are pictured above. And while we welcome our new FPP Administration Officer, Tahnee Briscoe (Staff Profile), we are yet to cover Katie Kingshot's position while she is on maternity leave and another full time NHV position. If you know of anyone who would like to work for FPP in Alice Springs, and would like to experience living a unique lifestyle within easy reach of Uluru (Ayers Rock) and Watarrka (Kings Canyon) and a host of other world heritage sites, please pass on their details or have them contact Catherine Hampton NS, Alice Spring (08) 89584855 catherine.hampton@caac.org.au.



Welcome Kate, Emslie & Lacey



Congress FPP now has a team based in Ntaria located 130km west of Alice Springs in the traditional lands of the Western Arrernte people. As well as servicing the community of Ntaria, the new hub and spoke model also services the surrounding communities of Utju, Wallace Rockhole and outstations.

We welcome with much excitement Ntaria NHV Kate West, ACW Emslie Lankin, and Lacey, the cutest addition to our team! Since their commencement, Kate and Emslie have been committed to completing core element training in Brisbane and have worked hard to set up a beautiful space named 'Lukra' for our future clients and their families. Kate and Emslie are now ready to receive new client referrals from the above mentioned communities. It is anticipated that with this model, rather than lose existing highly transient clients to this region as we often do, we can now refer them to Kate and Emslie so they can continue their participation with FPP.

Staff Profile

Tahnee Napangardi Briscoe

Hi I'm Tahnee Napangardi Briscoe. My country is Yuelamu which is about 300 kms North/West of Alice Springs I grew between Yuelamu and Laramba community. I've lived most my life on remote community and Black Tank Outstation North/East of Alice Springs, moving to town as I got older to attend high school. I was home schooled at Black Tank via the Alice Spring School of the Air.

Once I graduated from school, I went straight into working in administration and child care which is what I'm most passionate about. I'm currently studying to get my Certificate III in Business Administration. Since I started working at Family Partnership Program I enjoy my role as AO in helping my team and seeing young Aboriginal women accessing these very important services to be able to be independent, strong, caring and loving for their babies. It's all about sharing that experience and setting good examples at home and in the community in making healthier choices.





Institute for Urban Indigenous Health (IUIH), Brisbane

CPR and First Aid Training

Article Contributed by Louise Denholm, Nurse Supervisor

The Nurses and the FPWs at the IUIH site in the north of Brisbane organised and completed CPR and First Aid training with the women on the program in May 2017.

The day was organised by the team due to some feedback that the women felt that they lacked confidence with First Aid skills and the ability to assist their babies should anything happen.

We had a team discussion and the staff felt that this was something that we could provide for the women and any dads who wanted to attend.

Our in-house health and safety officer/quality manager helped facilitate the day, making it fun and informative for the parents.





The Girls really enjoyed the day and felt that it gave them useful skills and helped build their confidence in looking after their babies.

Some of the girls wanted the qualification to put on their CVs for potential job applications and requested that the qualification is registered through the universal training register for VET qualifications. We have encouraged them to complete this training keeping in mind future employment opportunities.

The day was a success and there was plenty of laughter and opportunity for “mums to be” to socialise and meet with the ‘new mums” on the program as well as some extended family members. It gave the girls the opportunity to meet the whole team.





Top End Health Services (TEHS),

Darwin

Staff Fun Facts

Contributed by Jane McMurtrie, Nurse Supervisor



Wurrumiyanga team from left: Teresia, Ann & Una

Name: Ann

Role: NHV Wurrumiyanga

Favourite Food: Crisp fresh salad and moussaka (eggplant lasagne) or lamb shanks

Favourite movie: Bridesmaids

Favourite song: I still call Australia Home (Peter Allen)

Favourite book: Sailing story books

Favourite moment as a mother/aunty: All my kids are loving and kind to each other, it makes my heart happy to see it.

Sporting team: Australian swimming team

Name: Teresia

Role: Strong Women Worker

Favourite Food: Mud crab

Favourite movie: Sound of Music

Favourite song: Country music

Favourite book: Comic books

Favourite moment as a mother/aunty: caring for grandchildren

Sporting team: West Coast Eagles.

Name: Una

Role: Strong Women Worker

Favourite Food: Everything but mostly seafood & bush tucker

Favourite movie: Mrs Doubtfire

Favourite song: Tiwi Songs, Wungatunga Strong Women and Country Music

Favourite book: Magazines and newspaper

Favourite moment as a mother/aunty: Watching him learn and do cultural dances, talking about his dreaming and talking in language

Sporting team: Western Bulldogs



Wellington Aboriginal Corporation Health Service (WACHS), Wellington

welcome

Article contributed by Janet Curran, Program Manager

WACHS ANFPP, has seen some staff changes since our last newsletter. We are proud to introduce Lyndall Fryer and Ashleigh Lunn (Nurse Home Visitors), Jinnaya Tyson (Aboriginal Family Partnership Worker), and Janet Curran as our Executive Manager. With so many staff attending training, it has been a time of reflection and regeneration for the team. We have been busy ordering new promotional materials to build on our current referrals. We have also been reviewing and recreating our promotional booklet for prospective clients and referral sources and as a flow on from this, we have created a new poster and business card.

We were privileged to be invited to take part in the consultation process for the development of the new National Breastfeeding Strategy. The team took part in the Sydney focus group in early April this year.



Ashleigh Lunn, Nurse Home Visitor

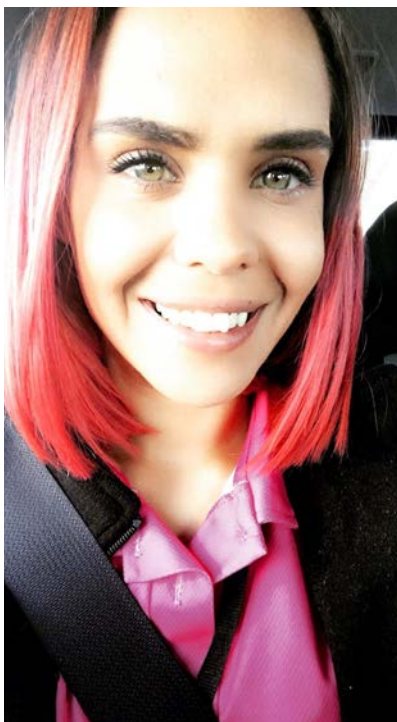
Ashleigh Lunn recently joined ANFPP as a Nurse Home Visitor. For the past 4 years Ashleigh has been studying Nursing and Midwifery in Coffs Harbour and recently completed her Bachelor of Midwifery in December 2016. While studying Midwifery she worked as an Assistant Nurse in an Aged Care facility. Ashleigh's undergraduate experience included placement at Coffs Harbour, Kempsey, Armidale and within the local Aboriginal Maternal Infant Health Strategy.

Ashleigh grew up in South Australia on the Eyre Peninsula and has always enjoyed the country, now living on a farm outside of Dubbo. Working with women and their families is a passion Ash is excited to finally be fulfilling!



Lyndall Fryer, Nurse Home Visitor

Lyndall Fryer joined ANFPP as a Nurse Home Visitor late last year. She grew up in Coonamble, a small rural community 160kms north-west of Dubbo. Lyndall studied and worked as an Endorsed Enrolled Nurse on completion of Year 12. During this time she worked in various communities including Bathurst, Dubbo and Coonamble. Prior to commencing as a Nurse Home Visitor, Lyndall worked at Dubbo Base Hospital in the Intensive Care Unit over a period of 5 years. It was during this time that she completed her post-graduate certificate in Critical Care Nursing through the University of Tasmania. Lyndall has always had a particular interest and passion in working with mums and bubs and hopes to undertake further studies in this area in the near future. Lyndall has a creative streak and is always searching Pinterest for her next craft project. She is very excited to be a part of the ANFPP family and hopes to remain here for many years to come!



Jinnaya Tyson, Family Partnership Worker

Jinnaya Tyson joined ANFPP as an Aboriginal Family Partnership Worker in January 2017. She grew up in Weilmoringle/Goodooga before moving to Dubbo in 2006. Jinnaya had the opportunity to attend St Scholasticas Boarding College in Sydney from 2007-2012 through the Indigenous Youth Leadership Program. During this time she travelled to Cairns, Canberra and Melbourne, where she visited local Aboriginal communities and experienced local traditions of the area. Prior to starting at ANFPP, Jinnaya studied various social work courses and completed a Certificate IV in Community Services whilst working in retail. Jinnaya enjoys playing sports such as touch football and league tag. Jinnaya has always had a passion for families and young children in need, volunteering with Life Without Barriers. Jinnaya hopes to further her studies in the area of Psychology and Mental Health.

Wuchopperen Health Service (WHS), Cairns

Celebrating our Mums: National Mothering week

Article contributed by Alastair Harris, Marketing and Communications Officer

Motherhood can be an isolating time with all the onerous responsibilities of caring for a new born. But bringing up a baby requires a community effort and so on national Mothering Week Wuchopperen's Mums and Bubs program, part of the ANFPP, brought together clients for a Celebrating our Mums Day.

In keeping with our strong family-centric cultures the mums in our program didn't just attend with their babies, most brought family members (Gran, younger siblings and/or partners).

Throughout the day's activities mums were able to network and build their peer supports by enjoying an experience with each other. The creation of a Mothering Tree of Love where mums wrote messages about why being a mother brings them joy, and what they had learned from their own mothers, gave the ANFPP mums an opportunity to reflect on the positive experiences motherhood brings. Taking time to reflect on what mums do well with their children helps to build confidence and resilience which mums will then model to their children.

The kids wrote messages about what they loved about their mums, reinforcing the bond of love between mother and child.

ANFPP staff set up a photo booth, where mums could pose with their children in the photo booth, choose a key tag to identify which role they play in their family e.g. 'I am a teacher', 'I am a role model', or 'I am a party organiser'. One of the clients, Lina and her little boy, Ky-Mani, celebrated their graduation on the day.



*Two graduates - Lina and little Ky-Mani.
Photo Credit: Anna Rogers Cairns Post*



Wuchopperen's Mums and Bubs Nurse coordinator, Sam Lewis with Joseph and Family Partnership Worker, Doris Ahmat



Natasha King and her son Ezekiel, 14 months, with Katrina Marama and her son Jeremiah, 7 months (courtesy Cairns Post)

Other activities included badge-making and boxes of love. These boxes were decorated, filled with the child's love (breath) and then had the following poem attached to it:

**This is a very special gift that you can never see
The reason it's so special is it's just for you from me
Whenever you are lonely, or even feeling blue
You only have to hold this gift and know I think of you
You can never unwrap it, please leave the ribbon tied
Just hold the box close to your heart; it's filled with love inside.**

Feedback for the day from clients was excellent and Mums and Bubs program staff were buoyed by the fantastic response of our clients and the joyful faces of our bubs.



Doe Ahmat - A special woman will be missed!

Article contributed by Alastair Harris, Marketing and Communications Officer

Some programs make a difference to our lives and some special people working in those programs personify that difference.

One of these people is Doris "Doe" Ahmat who's departure from the Wuchopperen ANFPP, is already being regretted by colleagues and clients.

Doe, a Family Partnership Worker at the First Time Mums Program, as ANFPP has been rechristened in Cairns, started working with the ANFPP in February 2015.

Her colleagues say they will miss "her creativity in client engagement" and her "outgoing, funny, cheeky personality", and ANFPP Nurse Supervisor, Sam Lewis, says that she brought great strengths to the ANFPP team and worked hard to find solutions to the most difficult problems..Doe will be enormously missed,"

It appears the feeling is mutual "I'm also really going to miss working in such a wonderful program with such a passionate, energetic team," says Doe. "During my time with ANFPP, I have been inspired by the positive changes our clients make, as they bloom into mothers for the first time, and make positive changes for themselves, and their babies."

Doe is starting a new career in Cairns, as a Primary Health Care Trainer and Assessor (Certificate III to Diploma of Primary Health Care) with a health industry training company.





Welcome!

New Implementing Organisations

In July 2015, the ANFPP NPC was contracted by the Commonwealth Department of Health (DOH) to deliver a significant national expansion of the ANFPP from 5 to 13 sites by June 2018. In addition to the current 5 established , we welcome the below organisations into the ANFPP family.

April 2017

- Danila Dilba, Darwin and Palmerston, NT
- Nunkuwarnin Yunti, Adelaide, SA
- IUIH, South Brisbane, QLD

June-July 2017

- Wurli Wurlinjang Aboriginal Medical Service, Katherine, NT
- WACHS, Blacktown, Western Sydney, NSW
- Winnunga Nimmityjah Aboriginal Health Service, Canberra, ACT
- Durri Aboriginal Corporation Medical Service, Kempsey, NSW
- Rumbalara Aboriginal Cooperative Ltd, Mooroopna, VIC

Following confirmation of the three new implementing sites in April, the NPC made contact with the CEOs and senior management. As part of the implementation pathway, NPC Program Director, National Program Manager, and Program technical Lead/Service Planner organised a site visit to Danila Dilba and Nunkuwarnin Yunti was conducted in late May. It was a great opportunity for everyone to get together to start the initial conversations regarding program planning activities and to get a greater understanding of the existing programs and the communities they deliver services to. An initial program orientation meeting was also held with IUIH and key stakeholders regarding ANFPP's expansion into Brisbane South.

The NPC has established internal working groups represented by members from Workforce Development, M&E, ANKA, and Service Planning. These groups teleconference with each organisation on a regular basis to provide support based on organisational readiness and need. Lou Livingstone reviewed and updated the Implementation Guides for new sites in collaboration with the whole NPC team. These guides have been provided as living documents and we welcome and encourage feedback to improve their usefulness to organisational executive, senior management, and ANFPP staff. These documents are available on the OLE.



Danila Dilba

Article contributed by Joy McLaughlin, Interim Program Manager

Danila Dilba Health Service is very excited to be starting off with ANFPP. We have a small team already working on the early steps for implementation - Karen, Tiana, Bec and Joy. We all attended the national conference in May and we learned so much about the program and the experiences of the existing sites. Our team came away from the conference with a much better understanding of ANFPP and how to deliver it. We have made some really good connections and have some visits planned so our team can see first-hand how the program is going in the experienced sites.



So far we have been working out all the things we need to get done and we aim to take our first participants in November this year. Recruitment for our first two visiting teams, Administration Officer and Nurse Supervisor has started and we will have our first six staff on board in mid-July. A big area of focus in the next few months is building relationships with other service providers in our area and making sure that the ANFPP is integrated in our primary health care service. Already there is a lot of interest and positive feedback from stakeholders and other parts of Danila Dilba.

Danila Dilba has also started to work out an approach to our own evaluation of the program in Darwin and Palmerston. We have already had discussions with Central Australian Aboriginal Congress about the approach they have taken to evaluation.

Danila Dilba Health Service is looking forward to starting the program and providing great support to mothers and babies in Darwin and Palmerston.

NunKuWarrin yunti

Article contributed by Ginny Healy, Program Manager

We are looking forward to working with the Aboriginal community and key service providers with support from the NPC to establish ANFPP in Adelaide. We also look forward to having the opportunity to network with all services (current and new) to share information and learn where we can from other's experiences.

We had quite a team attend the National Conference in Brisbane in May. It was great to meet and hear from everyone, especially during the service presentations, as it gave us a little insight into how the Program is being provided across such a broad range of communities and services, and great insight into the views of some of the mothers and families. It was an invaluable opportunity and it was so good to have so many perspectives about the Program.

It was also great to have the NPC team come to Adelaide to meet with our Executive and discuss in more detail with a range of managers and staff important topics such as workforce opportunities, documenting care provided in Communicare and relationship to ANKA, integration of ANFPP into the broader NunKuWarrin Yunti services and systems and next steps.

At this stage we anticipate starting to provide services in January / February 2018. In the meantime, as existing ANFPP services will understand, we will be very busy establishing a solid foundation for the program – talking a lot with the Aboriginal community, recruiting staff and ensuring they have the appropriate knowledge and skill to provide a quality service, setting up a new service site, establishing referral pathways into the Program and ensuring the team has all the necessary resources. When the whole team is on board we will have 1 Nurse Supervisor, 3 Family Partnership Workers, 3 Nurse Home Visitors and 1 Administration Officer.

It would have been great to have a bit more time with the NPC team in Adelaide – so much to discuss – however it was truly freezing, especially for those more used to Queensland temperatures we will try and turn on the sun for the next site visit. We are looking forward ourselves to traveling north to warmer climate for Unit One training once we have our initial team on board.



ANFPP Project Updates

Workforce Development & Education (WDE)

Contributed by Aurora Bermudez Ortega, WDE Manager

Firstly, the team would like to extend a welcome to all staff who have recently joined the program. We look forward to getting to know you and, alongside all the NPC staff, help you succeed in each of your program roles.

Beyond delivering and administering core education for program staff, WDE team members commit their personal and professional skills to their roles and remain busy progressing projects to enhance and maximise program learning:

- **Janet** continues her journey in getting up to speed with the program history and content but has already become a valuable member of the team, proving her natural fit. Janet is leading the contextualisation and introduction of the Strengths and Risks (STaR) framework and has begun communication with Nurse Supervisors and the first stage of the contextualisation process.
- **Luana** is now a full time member of the WDE team although she continues her role as cultural Advisor for Abt. She is busy as the team's operational project lead for the review of the first unit of program education which began with a roundtable in March this year.
- **Kym** continues to use her program experience to help us keep our work grounded and will be leading the contextualisation of the International Home Visiting Guidelines, now revised and updated by the NFP International Team. This project was delayed due to capacity but will commence shortly and integrate with STaR and IPV projects.
- **Anthony** continues demonstrating how to model the program principles on a daily basis. He is working with Nurse Supervisors to complete the final draft of the Reflective Practice Toolkit for Nurse Supervisors and we all look forward to seeing the end product.

I continue to be grateful for the team of skilled and positive professionals I work with. I have supported the Workforce Development Study to completion and continue to work towards the introduction of a mentoring program for Nurse Supervisors as a priority. The Workforce Development Study resulted in the three national priority areas presented at the National ANFPP conference.

The national scale up is now a reality and will mean directing our energy, and joint know how, to relationship building and supporting implementing organisations and program staff get ready to engage with women who enrol in the program and their families; deliver the program and contribute to successful outcomes for them and their children.



Kym's Visit to USA/CAN

Article contributed by Kym Cunningham, Nurse Educator

In April 2017, I flew out of Brisbane to commence a very busy schedule of meetings and training in Denver and Seattle, USA and in Hamilton, Canada.

The WDE strategy of building internal capacity and delivering the most up to date education to the rapidly expanding ANFPP was the impetus for my trip. We are committed to offering education programs that are learner focused, experiential and practical and to supporting the development of new and existing teams.

Nurse-Family Partnership (NFP) National Service Office at Denver had an extensive schedule of meetings, webinars and education sessions scheduled for me including Nurse Home Visitor and Nurse Supervisor education sessions. The wonderful people I spent time with are too numerous to mention here, but I am incredibly grateful to each and every one of them for their generous hospitality and commitment to supporting our international communities of NFP.

One of the biggest highlights of my trip was to spend half a day with Professor David Olds. I am in awe of a man who has dedicated his life to supporting women, children and families within America and around the world. David was really interested in hearing about ANFPP, all about our Family Partnership Worker Role and the further development of the role, and discussed his ongoing interest in our expansion and future.



Kym & Professor David Olds

Next stop was Seattle to undertake an intense week of NCAST (Nursing Child Assessment Satellite Training) facilitator training. NCAST is an internationally recognised advanced component within the ANFPP core curriculum education. I was very pleased to pass the rigorous testing and return to Brisbane with the news that we can now deliver all ANFPP education components from within our NPC team!

Last stop was Hamilton, Canada where I spent a day each with Debbie Sheehan and Susan Jack and three days with the Hamilton NFP team which was an amazing way to end the trip. I attended a shadow visit with the lovely NHV Claire Coley. We visited a client and her 11 month old son. The client had originally joined NFP in her partner's homeland of Scotland and was transferred to Hamilton when she moved home. It was an honour to be invited into this incredible young woman's home.



J'Anne Guay - NHV, Kym Cunningham and Dianne Busser - NS

I was invited along to the weekly NFP team meeting and had an opportunity to meet with their NCAST trainers and super users, who offered some very useful and practical advice and lessons learnt. Dianne Busser the Nurse Supervisor in Hamilton was an incredibly kind host and spoilt me every day with cups of tea and chocolates (how did she know me so well?).

If you would like to ask me a specific question please email kym.cunningham@anfpp.com.au

Nungeena Client Day with IUIH

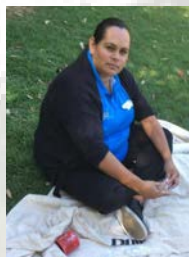
Article contributed by Luana Sanders, FPW Educator & Mistie Woodbridge, FPW IUIH

Earlier this month, we had the pleasure of attending a client day activity with IUIH. We visited Nungeena located adjacent to the Glass House Mountains, Sunshine Coast Hinterland. It was quite a turnout with a mixture of approximately 30 clients and their support persons, family members and babies. Each client spoke of who they are and why they felt it was important to be there. The clients have formed friendships from the 'drop-in' days at IUIH and it is great to see their bonds develop.

Mistie conducted a client activity on discussing the 5 Client Centred Principles, they then fed back the Principle that resonated with them the most.

"Small steps is all I need to get where I need to be."

We then moved over to the beautiful lawn, sitting in the gorgeous sunshine with the mountains in the background. Although it was a little chilly, there were tiny fingers and tiny toes being plastered away.



Mistie Woodbridge

We can't wait to see the final results!

Nungeena was formed in 1992, by a group of community minded women, who applied for funding to purchase the property where the organisation is located.

The land was significant to their founding mothers because of its location to Mt Beerwah, the mother mountain of the Glass House Mountains group. They acknowledged the spiritual significance of the land to women and immediately began to dream about the possibilities and changes that the land could make for women in the community. Nungeena acknowledges and respects the Traditional Custodians of the land and its waterways on which they are situated. Nungeena honours the Ancestors and Elders past and present.

Nungeena does not receive any capital funding and is solely funded by donations for hiring of function hall and catering. Every Sunday Nungeena is open from 10 a.m. to 4 pm. And for \$25 you can enjoy morning and afternoon tea as well as learn how to paint dot and symbols as taught by an Elder. For further information or to contact Nungeena go to their facebook page – Nungeena Aboriginal Corporation for Women's Business.

After a delicious lunch we then gathered again outside on the lawn and circled around the campfire where Aunty Kathy was burning off some eucalyptus and sandalwood ready to cleanse the ladies with a traditional smoking ceremony. The aromas put us in a state of relaxation, increasing our spiritual energy. Aunty Kathy explained that the smoking will give protection to us as our spiritual ancestors welcome us on their land and we walk alongside them. She then explained that we must always respect the land, care for the land and be gentle with the land. Aunty Kathy told us that The Birthing Tree is a sacred area where our ancestors would birth and their placentas would also be placed in the area.

The visit to the Birthing Tree was an overwhelming experience for some yet historical for others. It was an absolutely powerful event and our new mums-to-be now understand the significance of the Birthing Tree and the importance of preserving history and Culture.



Elder Aunty Valda Coolwell with Nungeena Storyteller, Historian and Deadly Cook Aunty Kathy Fisher



MCAFHNA Conference 2017

Article Contributed by Tahni Roberts



Anthony Weller and Tahni Roberts

With much enthusiasm and excitement Anthony, Aurora and myself headed down to Melbourne to attend the Maternal Child and Family Health Nurses Australia (MCAFHNA) Conference in Melbourne on the 2nd and 3rd of June. We were warmly 'Welcomed to Country' by the Wurundjeri who are part of the Kulin Nation.

Anthony and I had the pleasure of presenting during a concurrent session on the Friday, 'Building health workforce capacity and influencing health behaviours: the use of Reflective Practice Supervision to foster outcomes for women participating in a preventative evidence-based home visiting program.'

It was an amazing opportunity to share ANFPP with people across Australia. With conversations extending beyond the concurrent session. The conference itself was exciting, full of information and held pieces of new learnings we look forward to sharing with the ANFPP team.

We were lucky enough to share the experience with some members of the Wuchopperen team and the Top End Health Service team as they attended the conference as well. This provided some time to connect with our fellow ANFPP team members and share our thoughts and experiences of the conference.

A special thanks to Louise Denholm for her contributions to this piece of work.

Intimate Partner Violence Project (IPV)

Contributed by Brooke Dickson, Project Manager

The ANFPP IPV adaptation project is coming up to its 1st year mark. Over this time we have identified with staff through a survey what they felt their needs were in supporting clients with Family and Domestic Violence. We expanded on this information with follow up visits to each of the sites seeing clients at that time where staff very generously gave us their time and input to further explore the process and pathways at each site. We will use this information to ensure that the education reflects the current expectation of staff in supporting clients in this area. This information has been pulled together in the environmental scan report. Also during this time we have partnered with Central Queensland University – Queensland's Centre for Domestic and Family Violence Research to conduct a literature review to identify available evidence to guide the adaptation approach. All reports will be available to ANFPP staff through the Online Learning Environment (OLE). In the coming months the bulk of the education development will occur to contextualise the education materials to our setting and will be ready for inclusion within the core curriculum for the new sites. We are partnering with Ashlee Donohue, a Dunghutti woman, an experienced domestic violence and sexual assault prevention advocate and educator. Adapted education will be introduced early next year with our established sites.



Monitoring & Evaluation (M&E)

Contributed by Stephen Heim, M&E Coordinator

The ANFPP National Annual Data Report 2015-16 is available on the ANFPP website (<http://www.anfpp.com.au/proven-results/publications/263-anfpp-national-annual-data-report-2015-16/file>). The report demonstrates that program implementation aligns with Nurse-Family Partnership (NFP) model fidelity. The positive outcomes of the program in relation to premature births, low birth weights, breastfeeding and immunisation continue to be demonstrated. While previous reports have found evidence of smoking reduction in women during pregnancy, this year there is no statistical evidence of changes in smoking during pregnancy. This result provides an opportunity for ANFPP to enhance existing relationships with quit smoking program partners within their health services, and within their broader communities.

Visit completion rates for each phase in the program (pregnancy, infancy and toddlerhood), as well as overall client retention rates, continue to be below expected targets. In addition, factors affecting staff attrition and retention within the program will be better understood and addressed following the ANFPP National Workforce Development Study. Despite these challenges, the program experienced the second highest number of graduations within a one-year reporting period. Program referrals and clients accepted into the program for 2015-16 also remained steady when compared to 2014-15.

As the program expands, there continues to be new and existing challenges and opportunities for improvement to meet fidelity. Results from the Annual Data Report, as well as the program's focus on continuous quality improvement, provide the program with a means for identifying and addressing these areas. ANFPP key focus areas identified for the future include:

- Increasing the enrolment of women before the 16th week of pregnancy
- Increasing the retention of clients within the program
- Increasing the expected domain content delivery within relevant phases
- Increasing the visit completion rate
- Increasing collaboration with local and national Indigenous smoking reduction programs.



an ka

ANFPP National Knowledge Access

Contributed by Pamela Edwards, Project Manager

The ANKA Project is delivering a national online data and reporting system to implementing organisations across Australia. It has been an exciting time for the Project as it approaches the half-way mark and enters the development phase. The opportunity to present prototypes and a project update at the ANFPP National Conference in Brisbane in May 2017 ANKA resulted in some very positive feedback and we look forward to commencing implementing discussions with sites that will use ANKA for data collection. We also welcome Jigar Patel (Data Analyst) and Tess Kurian (Technical Officer) to the ANKA Team to assist in the development phase. A big thank you to the Senior User Group members, made up of experienced program team members within implementing organisations, who have the opportunity to provide very useful checks and balances as we move further into development. We also look forward to visiting some of the new implementing organisations in the coming months.



ANFPP National Program Centre

New Team Members

Tess Moly Kurian, Technical Officer



Tess has joined the ANKA team as Technical Officer. She moved to Australia only 3 months ago. She is a Software Engineer with a Bachelor's degree in Information Technology and has worked with technologies like Outsystems, Java and Oracle PL/SQL.

Her previous work experience was in developing applications for banks. ANKA comes as a new experience for her and she is hoping to deliver her best for the project.

Jigar Patel, Data Officer

Jigar recently moved from New Zealand and joined the ANKA Team as a Data Officer. He is pleased to have started off in Brisbane working with such lovely and welcoming/ multi-cultural company.

Jigar comes from a core banking background having worked for ANZ Bank for over 7 years and Crombie Lockwood Insurance after that. He worked as a Reporting Analyst and Business Intelligence Analyst in his last 2 roles and loved working on Business Improvement and Analytics. He also has some experience of financial reporting and budgeting however reporting and data analysis is something that he finds very thrilling and enjoy getting the feeling of achievement when he delivers something that adds value to business.

Jigar is very excited to join ANKA team as he has always wanted to work with Projects teams and leverage that to learn exciting new technologies and produce a piece of work which helps business take a leap forward.



ANFPP Notice Board

Indigenous dates of significance

2-9 July - NAIDOC Week

4 August - National Aboriginal & Torres Strait Islander Children's Day

9 August - International Day of the World's Indigenous Peoples

6 September - Indigenous Literacy Day

13 September - Anniversary of the UN Declaration on the Rights of Indigenous Peoples





ANFPP Implementing Organisations Contacts



Central Australian Aboriginal Congress Inc.
Alice Springs, NT
(08) 8951 4400



Institute for Urban Indigenous Health, **Brisbane North and South**, QLD
(07) 3648 9500



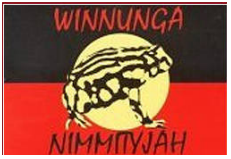
Wuchopperen Health Service
Manoora, QLD
(07) 4080 1000



Top End Health Services
Palmerston, NT
(08) 8999 3344



Wellington Aboriginal Corporation Health Service
Wellington & GWAHS (Greater Western Aboriginal Health Service), NSW
(02) 6845 3545



Winnunga Nimmityjah Aboriginal Health Service, Narrabundah ACT
(02) 6284 6222



Nunkuwarn Yunti
Elizabeth Downs SA 5113
(08) 8254 5300



Durri Aboriginal Corporation Medical Service, Kempsey NSW
(02) 6560 2300



Danila Dilba Health Service
Malak NT
(08) 8920 9500



Wurli-Wurlinjang Health Service
Katherine NT
(08) 8972 9123



Rumbalara Aboriginal Cooperative Ltd, Mooroopna, VIC
(03) 58 200 000



The ANFPP National Program Centre supports program implementation at all sites. Any general enquiries about the program or this newsletter can be directed to the NPC.

Level 2, 5 Gardner Close, Milton QLD 4064
(07) 3891 4677
info@anfpp.com.au



ANFPP Implementing Organisations Locations

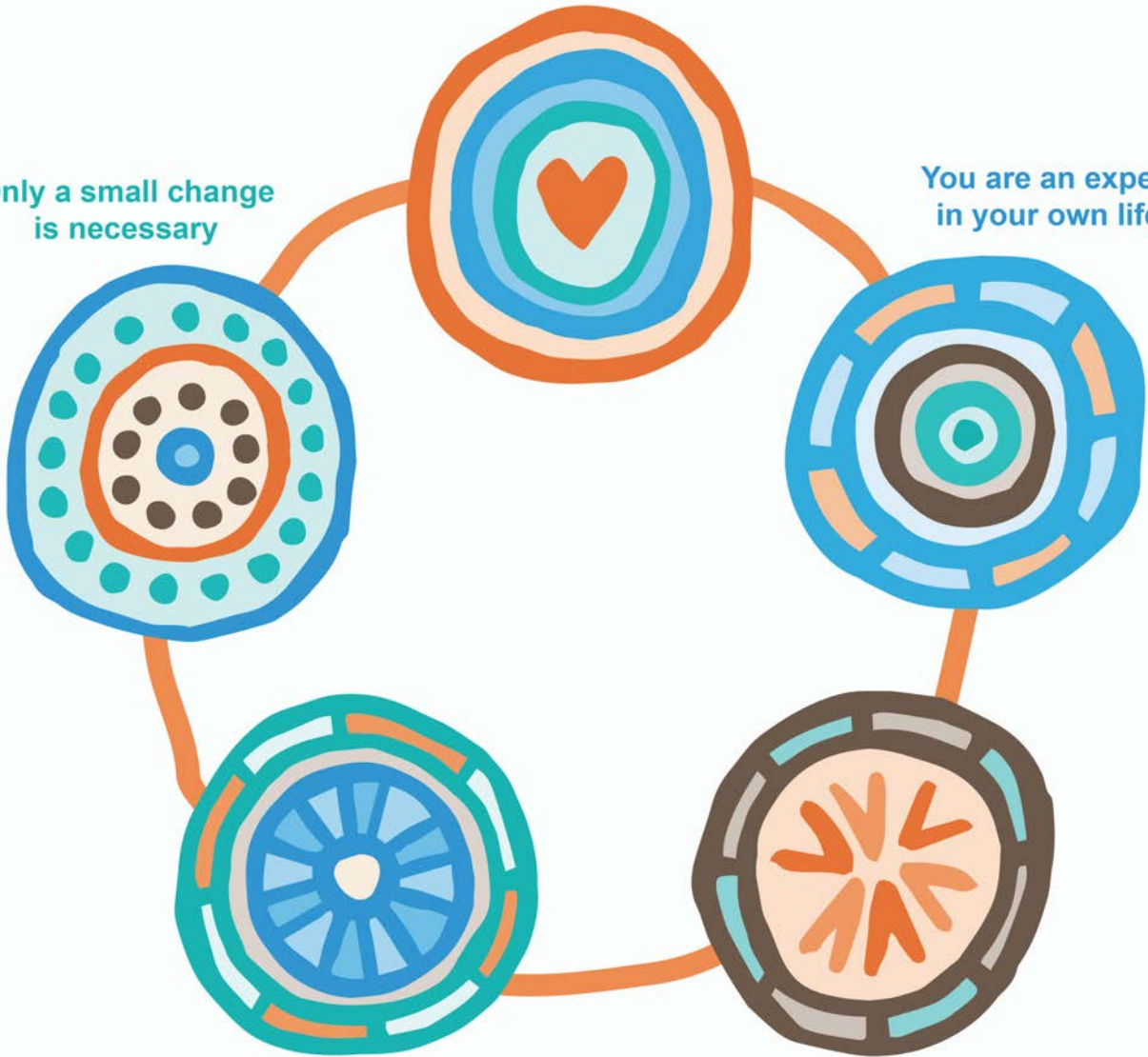




Follow your heart's desire

Only a small change
is necessary

You are an expert
in your own life



Focus on strengths

Focus on solutions