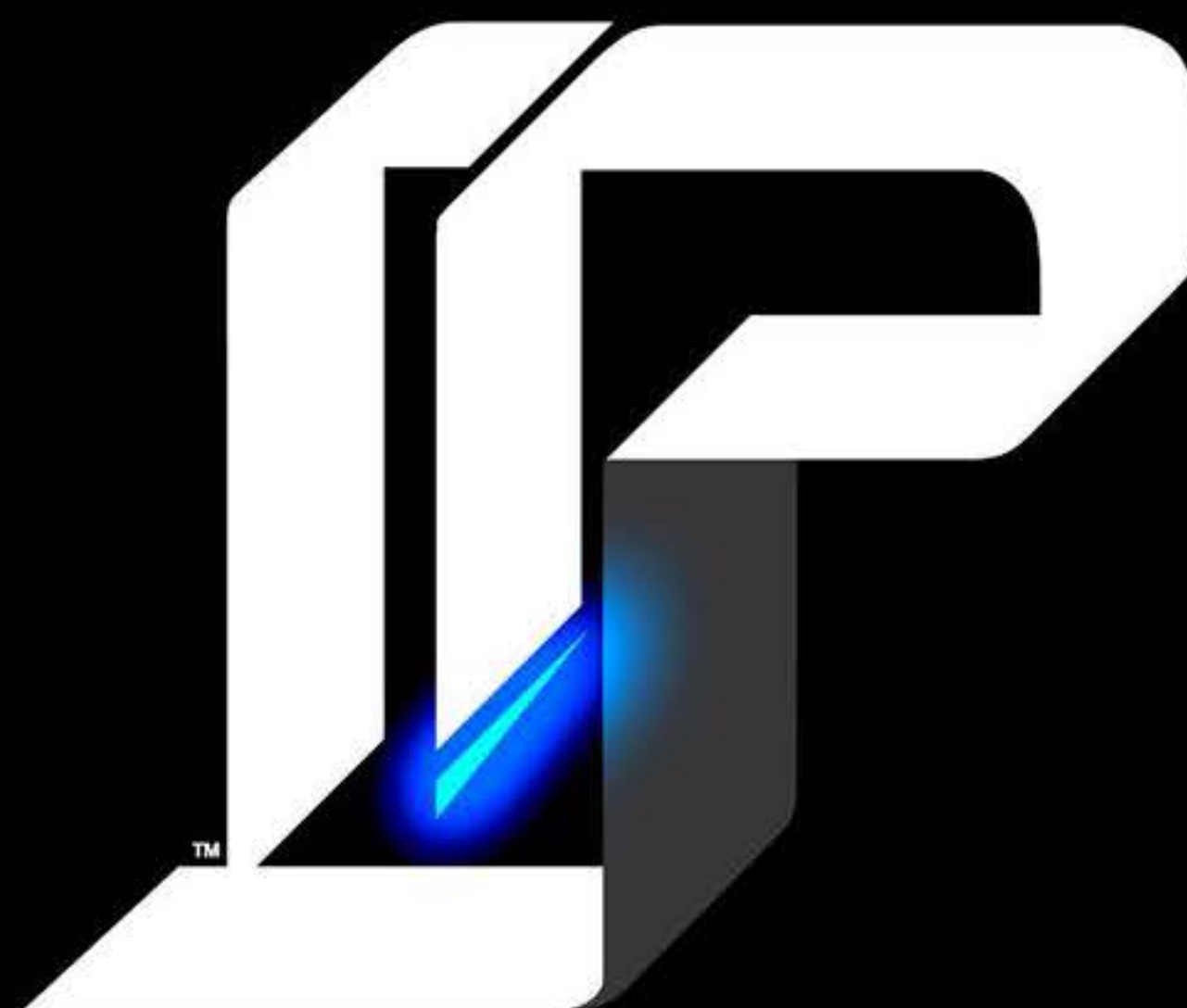
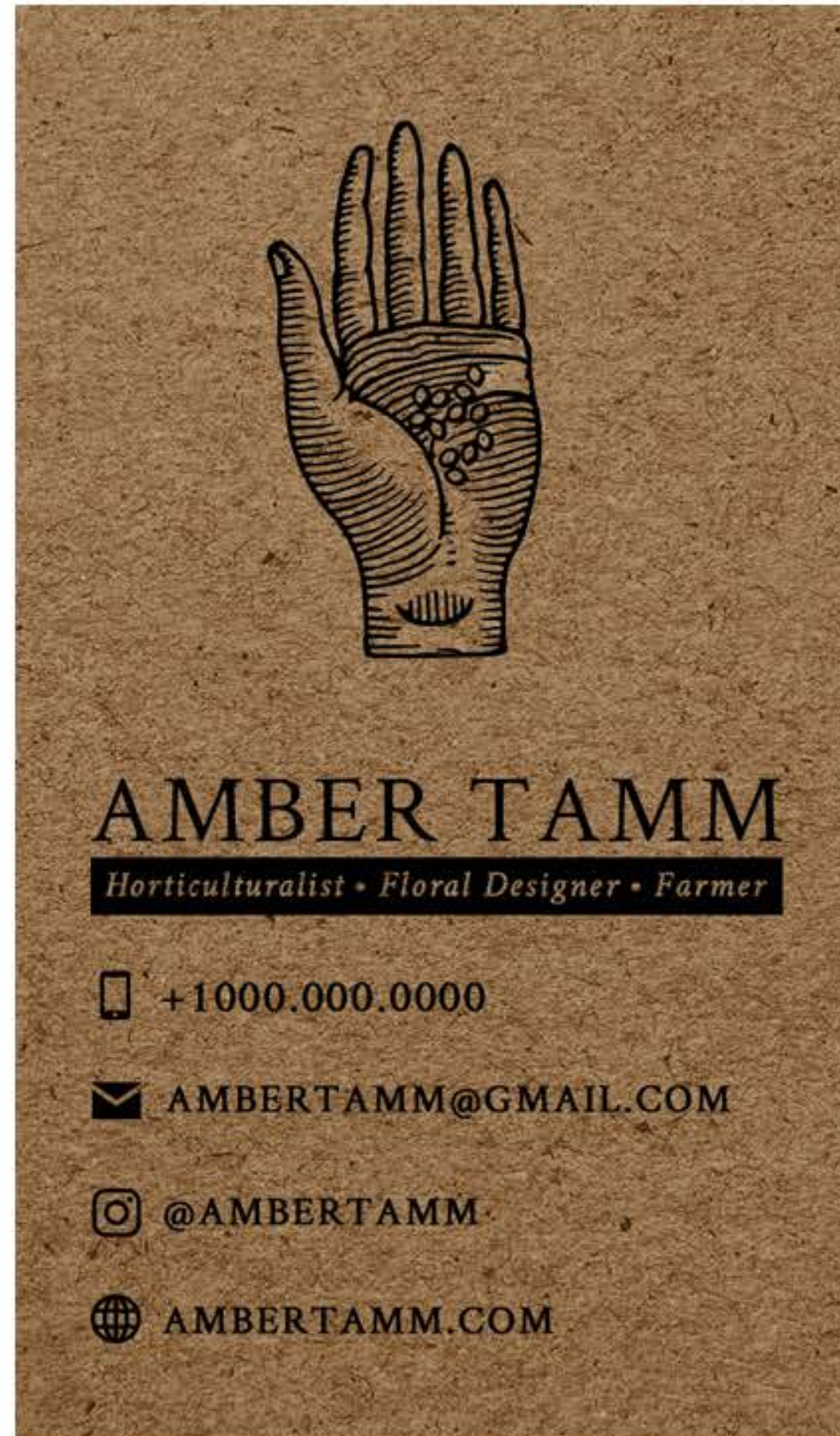












HERBINFO™
A VEGIHEAL PROJECT



1996



2017



2012



2018





About Vegiheal

VEGIHEAL is both a holistic online shop and a concept. Our organizing principle is that with **VEGETABLES**, I can **HEAL** myself. We are committed to promoting vegan, wholistic, and essentially happy living by providing practical information about the vegan lifestyle. The website is a place to learn about, explore & discuss information about alternative, vegan living practices and other topics related to wholistic lifestyles for anyone wishing to learn more and improve their well being. Today, the organic food industry, bolstered by vegetarianism, is a \$5 billion dollar a year business, meaning there are more people both looking for and finding this lifestyle a practical, beneficial choice than ever before.

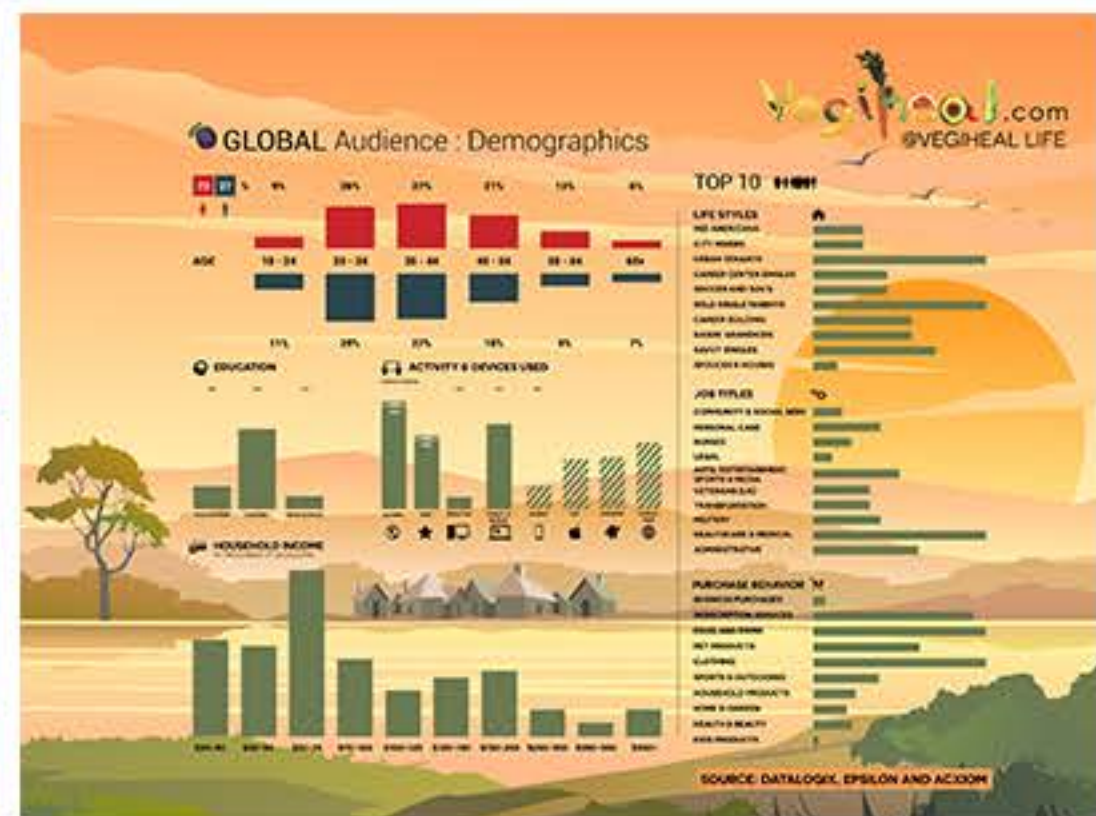
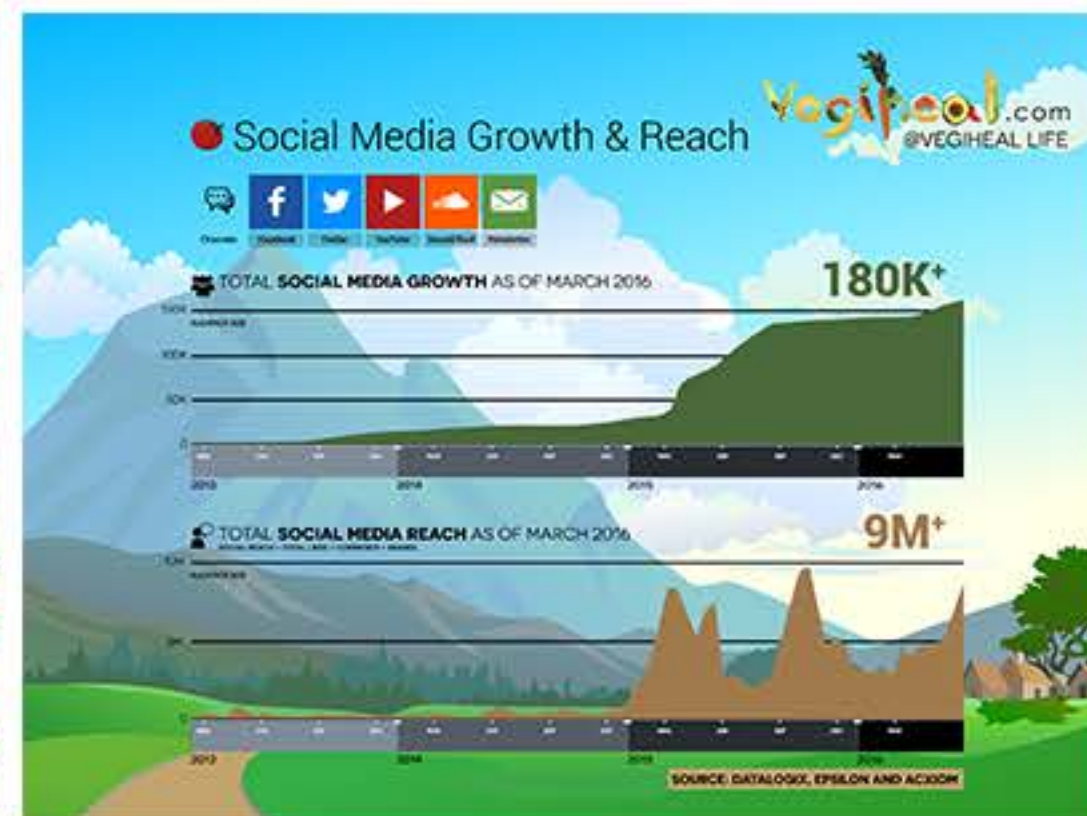
We created **VEGIHEAL** because we believe in two things: Information and Social Engagement.

Information

The information we share is up to date and congruent with the latest scientific research and findings surrounding food, lifestyle, spirit and wellness. We discuss valuable takeaways from these studies as well as political and agricultural news and trends impacting our communities.

Social Engagement

Social Engagement moves us beyond simply providing quality information and allows us to have ongoing dialogue with our customers. We intently listen to their feedback and keep the lines of communication open via phone, newsletters, posts and discussions on our social media channels. We also create special audio, visual and written content for our audience. When connecting with our supporters, our mantra is "we cultivate followers, not likes."



Pay Per Social Engagement

Word of mouth is still the most powerful selling tool, and people are more likely to buy what they like, share, or discuss. Paying per social engagement not only allows you to maximize your marketing dollars but also understand who your customer is and how / why they became interested in your product or service. The customer insight and access available to you when paying per social engagement allows you to directly spark conversation and answer potential customer questions while building brand loyalty. You can engage with audience members you already know have a vested interest in your product, service or area of business. Social interaction also creates opportunity of viral content with the possibility for exponential amplification. These are just some of the invaluable benefits of paying per social engagement, which are not available with the popular pay-per-click and cost-per-impression models that can be costly, inefficient and impersonal.

Pay Per Social Engagement Rates

Each organically accumulated click, like, share, comment (excluding replies), retweet, repost or favorite is 10¢ and total payments are calculated by the net number of social engagements during a campaign session.

Minimum Audience Size	Desktop Campaign	PPSE Rates	Campaign Medium
1,000+	\$10.00 & PPSE	N/A	Bi Weekly
5,000+	\$90.00 & PPSE	\$800.00	Weekly
20,000+	\$300.00 & PPSE	\$1,500	Daily
150,000+	\$3,000.00	N/A	N/A

Content Does Matter

Vegiheal is committed to endorsing news, information and research we know will benefit our audience's well being. Our culture is powered by quality content which is conveyed through infographics, quotable graphics, video, audio or written articles. We are glad to either endorse your own materials or to co-create media to deliver your message.

We only endorse brands, products and content that are in line with our business and editorial philosophy. Vegiheal approved endorsement consists solely of content promotion on our online properties.

Content Creation Rates

Quotable Graphic	1 Round of Revision	\$45.00
Infographic	1 Round of Revision	\$85.00
Video Endorsement	60 Seconds	\$510.00
Audio Endorsement	90 Seconds	\$280.00
Written Endorsement	200 Words	\$75.00

Hosting Content

We recommend that you host your content on a proprietary online location as it makes it easier for people to follow you. If you don't have one, we can host your content.

Contact Information

OFFICE
275 W WASHINGTON PL
PASADENA CA, 91103

WEB
VEGIHEAL.COM
VEGIHEALVOICE.COM

EMAIL
SOCIAL@VEGIHEAL.NET
CONTENT@VEGIHEAL.NET
INFO@VEGIHEAL.COM

PHONE
+1 626 . 797 . 2484

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/VEGIHEALLIFE
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WHAT FRUITS & VEGETABLES ARE IN SEASON

ALL YEAR

AMARANTH
APPLES
ARROWROOT
APRICOTS, DRIED
AVOCADOS
BANANAS
BANANA SQUASH
BELL PEPPERS
BLACK EYED PEAS
BLACK RADISH
BOK CHOY
BROCCOFLOWER
BROCCOLINI
BURDOCK ROOT
CABBAGE
CARROTS
CRANBERRIES, DRIED

CHINESE EGGPLANTS
COCONUT
EGGPLANT
GAI LAN
GALANGAL ROOT
KIWANO
LEEK
LEMONS
LETTUCE
MUSHROOMS
OLIVES
ONIONS
PAPAYAS
PARSNIPS
PEARL ONIONS
POTATOES
RUTABAGAS
SALAD SAVOY
SNOW PEAS
WASABI ROOT
YUCCA ROOT
CHERRY TOMATOES
CELERY

Poster available @ VEGIHEAL.COM 

WHAT FRUITS & VEGETABLES ARE IN SEASON

WINTER

DECEMBER
JANUARY
FEBRUARY

BELGIAN ENDIVE
BRUSSELS SPROUTS
BUTTERCUP SQUASH
CACTUS PEAR
CARDOON
CHERIMOYA
CHESTNUTS
CLEMENTINES
COLLARD GREENS
DATE PLUMS
DATES
DELICATA SQUASH
GRAPEFRUIT
KALE
KIWIFRUIT
LEEKS

MANDARIN ORANGES
MARADOL PAPAYA
ORANGES
PASSION FRUIT
PEAR
PERSIMMONS
POMEGRANATE
PUMPELO
RED BANANA
RED CURRANTS
SHARON FRUIT
SWEET DUMPLING SQUASH
TANGERINES
TURNIPS

Poster available @ VEGIHEAL.COM 

WHAT FRUITS & VEGETABLES ARE IN SEASON

SPRING

MARCH
APRIL
MAY

ARTICHOKES
ASPARAGUS
BARBADOS CHERRIES
BELGIAN ENDIVE
BITTER MELON
BROCCOLI
BUTTER LETTUCE
CACTUS
CHAYOTE SQUASH
CHERIMOYA
CHIVES
COLLARD GREENS
CORN
FAVA BEANS
FENNEL
FIDDLEHEAD FERNS
GREEN BEANS
HONEYDEW
JACKFRUIT
LIMES
LYCHEE

MANGO
MANOA LETTUCE
MOREL MUSHROOMS
MUSTARD GREENS
ORANGES
PEA PODS
PEAS
PINEAPPLE
PURPLE ASPARAGUS
RADICCHIO
RAMPS
RED LEAF LETTUCE
RHUBARB
SNOW PEAS
SORREL
SPINACH
SPRING BABY LETTUCE
STRAWBERRIES
SWISS CHARD
VIDALIA ONIONS
WATERCRESS
WHITE ASPARAGUS

Poster available @ VEGIHEAL.COM 

WHAT FRUITS & VEGETABLES ARE IN SEASON

SUMMER

JUNE
JULY
AUGUST

APRICOTS
ASIAN PEAR
BEETS
BLACK CURRANTS
BLACKBERRIES
BLUEBERRIES
BUTTER LETTUCE
CANTALOUPE
CHERRIES
CHINESE LONG BEAN
CORN
CUCUMBERS
DURIAN
EDAMAME
ENDIVE
GARLIC
GRAPEFRUIT
GRAPES
GREEN BEANS
HONEYDEW MELON
JALAPENO PEPPERS
JACKFRUIT
LIMA BEANS
LIMES

MANOA LETTUCE
MULBERRIES
NECTARINES
OKRA
ONG CHOY SPINACH
PEACHES
PEAS
PLUMS
PASSION FRUIT
RADISHES
RASPBERRIES
SHALLOTS
STRAWBERRIES
SUGAR SNAP PEAS
SQUASH
TOMATILLO
TOMATOES
WATERMELON
WINGED BEANS
YUKON GOLD
POTATOES
ZUCCHINI

Poster available @ VEGIHEAL.COM 

WHAT FRUITS & VEGETABLES ARE IN SEASON

FALL

SEPTEMBER
OCTOBER
NOVEMBER

ACORN SQUASH
ASIAN PEAR
BARBADOS CHERRIES
BLACK CROWBERRIES
BLACK SALSIFY
BELGIAN ENDIVE
BROCCOLI
BRUSSELS SPROUTS
BUTTER LETTUCE
BUTTERNUT SQUASH
CACTUS PEAR
CAPE GOOSEBERRIES
CARDOON
CAULIFLOWER
CHAYOTE SQUASH
CHINESE LONG BEANS
CRAB APPLES
CRANBERRIES
DATE PLUM
ENDIVE
FEIJOA
GARLIC
GINGER
GRAPES
GUAVA

HEARTS OF PALM
HUCKLEBERRIES
JALAPENO PEPPERS
JERUSALEM ARTICHOKE
JUJUBE
KEY LIMES
KOHLRABI
KUMQUATS
MUSCADINE GRAPES
MUSHROOMS
ONG CHOY SPINACH
PASSION FRUIT
PEAR
PERSIMMONS
PINEAPPLE
POMEGRANATE
PUMPKIN
RADICCHIO
SAPOTE
SHARON FRUIT
SUGAR APPLE
SUNFLOWER KERNELS
SWEET DUMPLING SQUASH
SWEET POTATOES
SWISS CHARD
TURNIPS

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\$000.00

MORE INFO ADD TO CART



PRODUCT NAME
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\$000.00

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PRODUCT NAME
★★★★★ 0 REVIEW(S)
\$000.00

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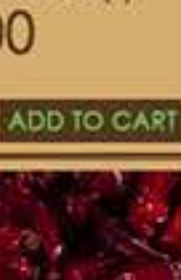
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\$000.00

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PRODUCT NAME
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PRODUCT NAME
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PRODUCT NAME
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\$000.00

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PRODUCT NAME
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Departments

- Cleanse & Detox
- Women's Health
- Men's Health
- General Health
- Weight Control
- Sports & Fitness
- Antioxidants
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- Hair & Skin
- High Blood Pressure
- Diabetes
- Healthy Living
- Formulas
- Herbs
- Birth Solutions
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By Valeria Parker-Ross

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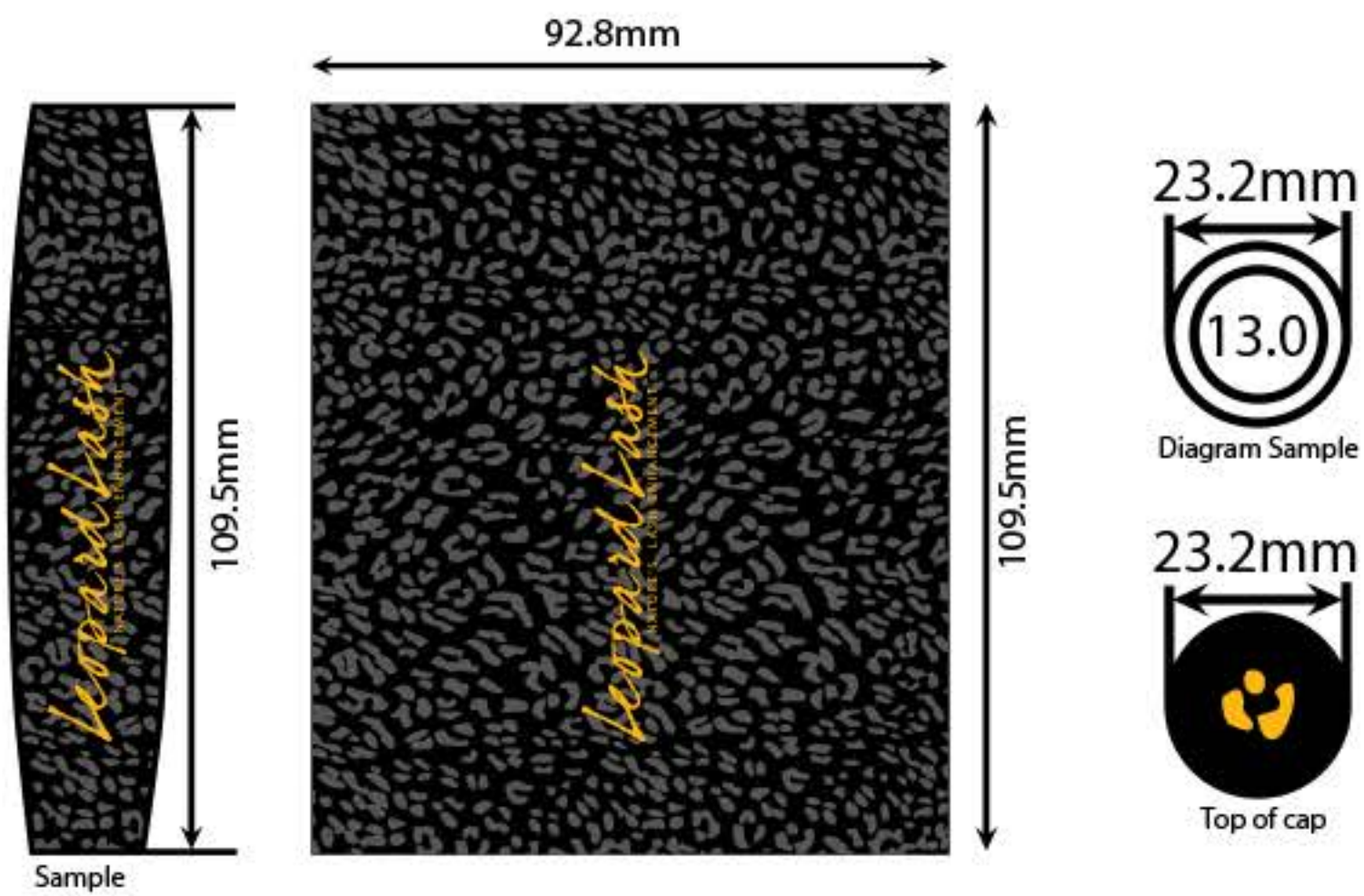
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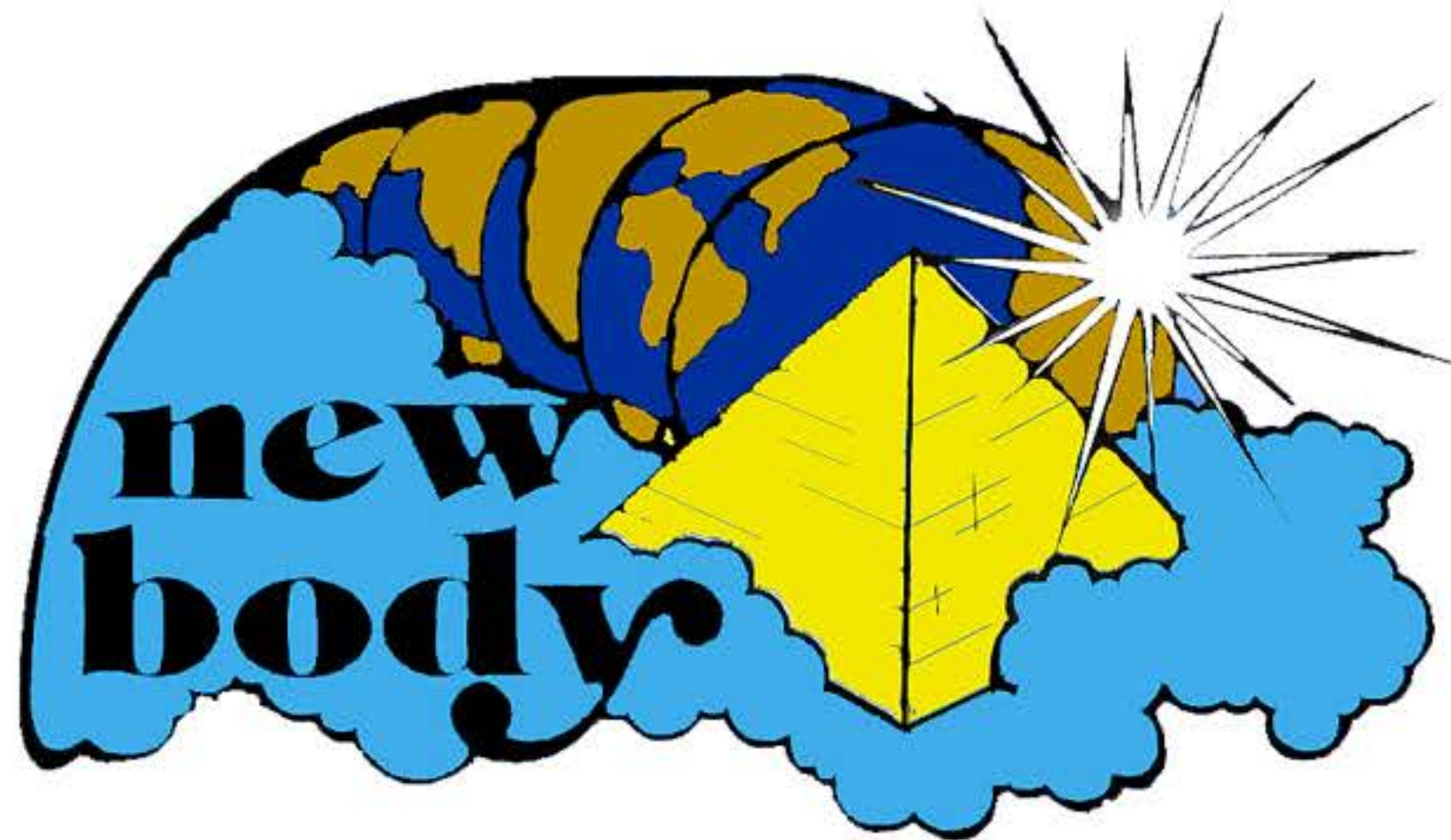
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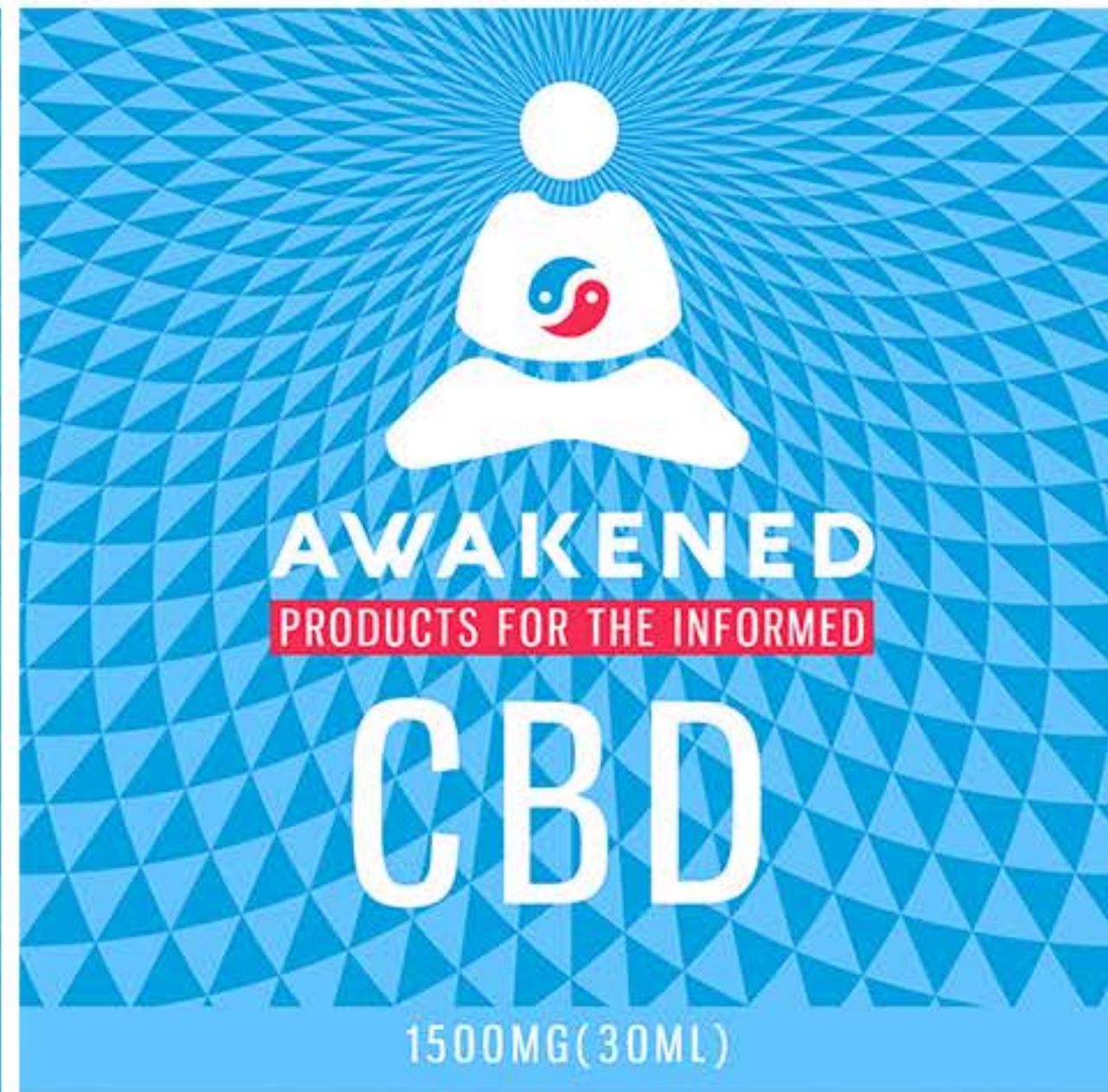
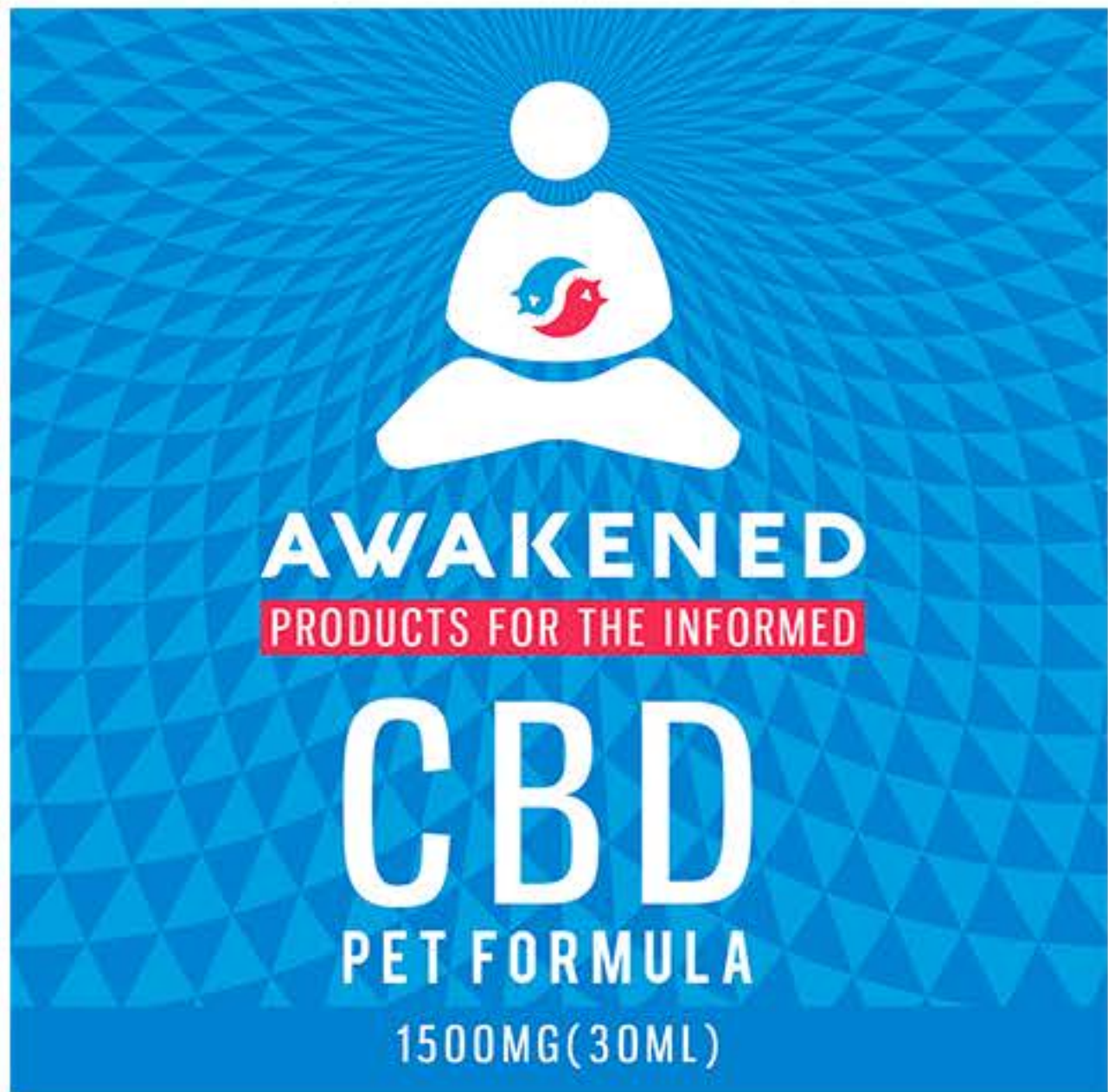
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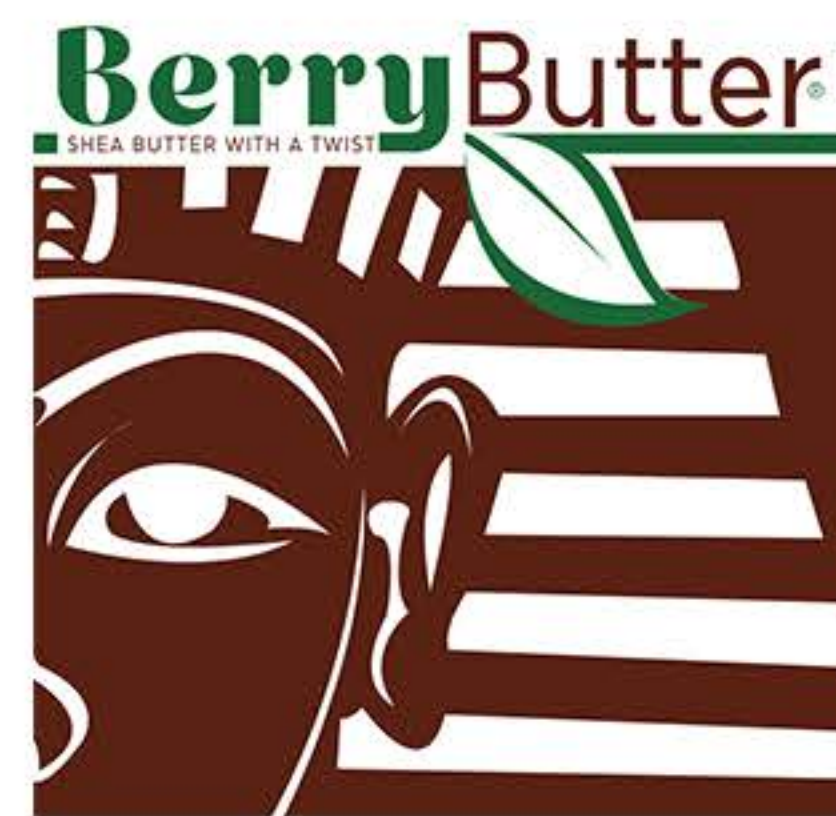


BerryButter[®]

SHEA BUTTER WITH A TWIST













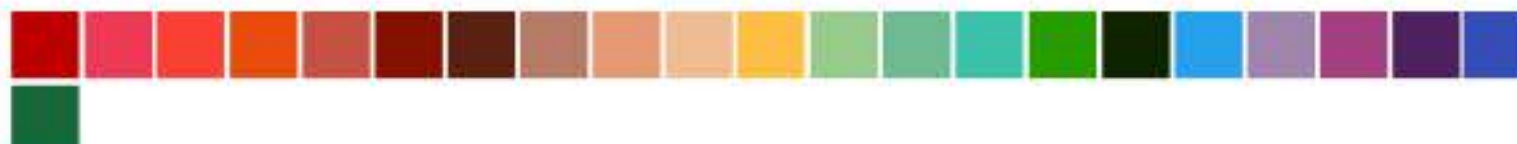
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NATURAL / FROSTED CLEAR

SCREEN PRINT

2 COLOR LABELS

FRAGRANCES =

BRAND =



BerryButter®

SHEA BUTTER WITH A TWIST

Black Seed 8oz

Surprise your loved one with a nerve soothing massage. This therapeutic emollient promotes health and longevity while enlivening the senses.

Ingredients: Shea Butter, Vitamin E, Jojoba Oil, Rosemary Essential Oil, Liquid Lecithin, and Fragrance.



Want More?:



ROUND JAR DOME LID LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR



BOTTLE LABEL [4oz]
CLEAR BASE + NATURAL / FROSTED DOME CAP



BerryButter®
SHEA BUTTER WITH A TWIST

BLACK SEED™

Hair & Body Massage Oil 4 oz

Surprise your loved one with a nerve soothing massage. This therapeutic emollient promotes health and longevity while enlivening the senses.

DIRECTIONS: After cleansing, towel blot excess water from the hair and body. Massage the oil into the scalp and skin until absorbed thoroughly. Enjoy!

WARNING: For external use only. Avoid contact with eyes. If contact occurs, rinse with water. Keep out of reach of children. Discontinue use if irritation develops.

INGREDIENTS: Sweet Almond Oil, Jojoba Oil, Vitamin E, Shea Butter, and Fragrance

Store at temperatures above 64° degrees to keep product from solidifying.



Want More?:



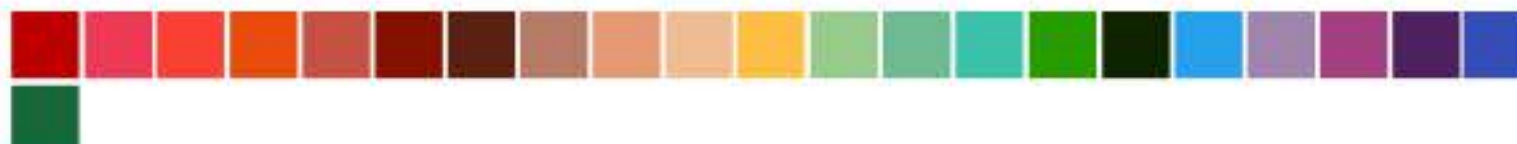
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BRAND =



BerryButter®

SHEA BUTTER WITH A TWIST



African Shea butter 8oz

Sooth your skin with this vitamin rich emollient Use for anti-aging, UV protection, to reduce stretch marks and other blemishes, and to soothe chapped lips.

Ingredients: 100% pure African Shea butter



Want More?:



ROUND JAR DOME LID LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR



BOTTLE LABEL [4oz]
CLEAR BASE + NATURAL / FROSTED DOME CAP



BerryButter®

SHEA BUTTER WITH A TWIST



PURE SHEA™

Hair & Body Massage Oil 4 oz

Sooth our skin with this vitamin rich emollient Use for anti-aging, UV protection, to reduce stretch marks and other blemishes, and to soothe chapped lips.

DIRECTIONS: After cleansing, towel blot excess water from the hair and body. Massage the oil into the scalp and skin until absorbed thoroughly. Enjoy!

WARNING: For external use only. Avoid contact with eyes. If contact occurs, rinse with water. Keep out of reach of children. Discontinue use if irritation develops.

INGREDIENTS: Sweet Almond Oil, Jojoba Oil, Vitamin E, Shea Butter, and Fragrance

Store at temperatures above 64° degrees to keep product from solidifying.



Want More?





ROUND JAR LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR

SCREEN PRINT

2 COLOR LABELS

FRAGRANCES =

BRAND =



BerryButter®

SHEA BUTTER WITH A TWIST

Tropical Paradise 8oz

Experience rich coconut doused in crisp lime and find your skin teased by the essence of the lush tropics.

Ingredients: Shea Butter, Vitamin E, Jojoba Oil, Rosemary Essential Oil, Liquid Lecithin, and Fragrance.



Want More?:



ROUND JAR DOME LID LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR



BOTTLE LABEL [4oz]
CLEAR BASE + NATURAL / FROSTED DOME CAP



BerryButter®

SHEA BUTTER WITH A TWIST

TROPICAL PARADISE™

Hair & Body Massage Oil 4 oz

Experience rich coconut doused in crisp lime and find your skin teased by the essence of the lush tropics.

DIRECTIONS: After cleansing, towel blot excess water from the hair and body. Massage the oil into the scalp and skin until absorbed thoroughly. Enjoy!

WARNING: For external use only. Avoid contact with eyes. If contact occurs, rinse with water. Keep out of reach of children. Discontinue use if irritation develops.

INGREDIENTS: Sweet Almond Oil, Jojoba Oil, Vitamin E, Shea Butter, and Fragrance

Store at temperatures above 64° degrees to keep product from solidifying.



Want More?

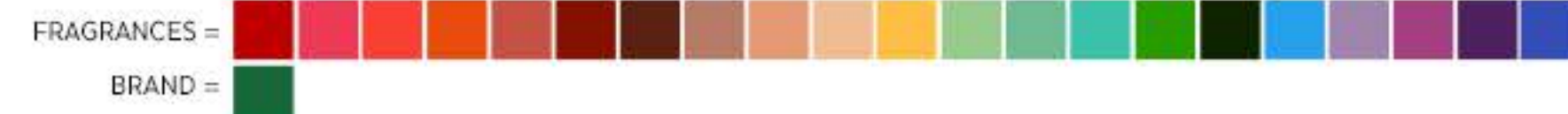




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SCREEN PRINT

2 COLOR LABELS



BerryButter®

SHEA BUTTER WITH A TWIST



Billie Holiday 8oz

Inspired by Lady Day and the adorned Gardenia, this satin bouquet is a classic love potion capturing the elegance and alluring quality of a woman.

Ingredients: Shea Butter, Vitamin E, Jojoba Oil, Rosemary Essential Oil, Liquid Lecithin, and Fragrance.



Want More?:



ROUND JAR DOME LID LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR



BOTTLE LABEL [4oz]
CLEAR BASE + NATURAL / FROSTED DOME CAP



BerryButter®

SHEA BUTTER WITH A TWIST

BILLIE HOLIDAY™

Hair & Body Massage Oil 4 oz

Inspired by Lady Day and the adorned Gardenia, this satin bouquet is a classic love potion capturing the elegance and alluring quality of a woman.

DIRECTIONS: After cleansing, towel blot excess water from the hair and body. Massage the oil into the scalp and skin until absorbed thoroughly. Enjoy!

WARNING: For external use only. Avoid contact with eyes. If contact occurs, rinse with water. Keep out of reach of children. Discontinue use if irritation develops.

INGREDIENTS: Sweet Almond Oil, Jojoba Oil, Vitamin E, Shea Butter, and Fragrance

Store at temperatures above 64° degrees to keep product from solidifying.



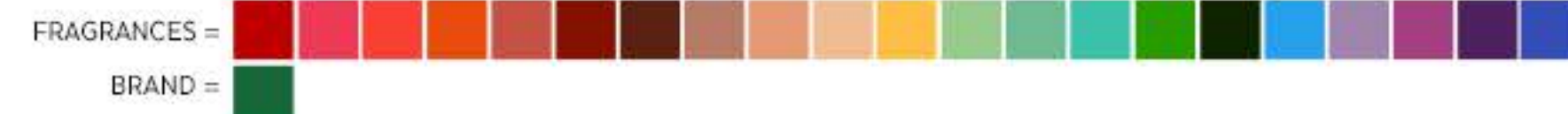
Want More?



ROUND JAR LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR

SCREEN PRINT

2 COLOR LABELS



BerryButter®

SHEA BUTTER WITH A TWIST



Paris Rain 8oz

Embody love and romance. Adorn yourself in quintessential floral essence with this Paris escape.

Ingredients: Shea Butter, Vitamin E, Jojoba Oil, Rosemary Essential Oil, Liquid Lecithin, and Fragrance.



Want More?:



ROUND JAR DOME LID LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR



BOTTLE LABEL [4oz]
CLEAR BASE + NATURAL / FROSTED DOME CAP

BerryButter®

SHEA BUTTER WITH A TWIST



PARIS RAIN™

Hair & Body Massage Oil 4 oz

Embody love and romance.
Adorn yourself in quintessential
floral essence with this Paris
escape.

DIRECTIONS: After cleansing, towel blot excess
water from the hair and body. Massage the oil into
the scalp and skin until absorbed thoroughly.
Enjoy!

WARNING: For external use only. Avoid contact
with eyes. If contact occurs, rinse with water. Keep
out of reach of children. Discontinue use if irritation
develops.

INGREDIENTS: Sweet Almond Oil,
Jojoba Oil, Vitamin E, Shea Butter, and
Fragrance

Store at temperatures above 64° de-
grees to keep product from solidifying.



Want More?



ROUND JAR LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR

SCREEN PRINT

2 COLOR LABELS

FRAGRANCES =



BRAND =



BerryButter®

SHEA BUTTER WITH A TWIST



Sankofa 8oz

Excite your sense of smell with this sweet tantalizing emollient of east african pomegranate.

Ingredients: Shea Butter, Vitamin E, Jojoba Oil, Rosemary Essential Oil, Liquid Lecithin, and Fragrance.



Want More?:



ROUND JAR DOME LID LABEL [2oz, 4oz, 6oz,]
NATURAL / FROSTED CLEAR



BOTTLE LABEL [4oz]
CLEAR BASE + NATURAL / FROSTED DOME CAP



BerryButter®

SHEA BUTTER WITH A TWIST



SANKOFA™

Hair & Body Massage Oil 4 oz

Careful or you might get bitten! A playful union between cucumber and melon makes this delightful skin treat a definite Honey-Do.

DIRECTIONS: After cleansing, towel blot excess water from the hair and body. Massage the oil into the scalp and skin until absorbed thoroughly. Enjoy!

WARNING: For external use only. Avoid contact with eyes. If contact occurs, rinse with water. Keep out of reach of children. Discontinue use if irritation develops.

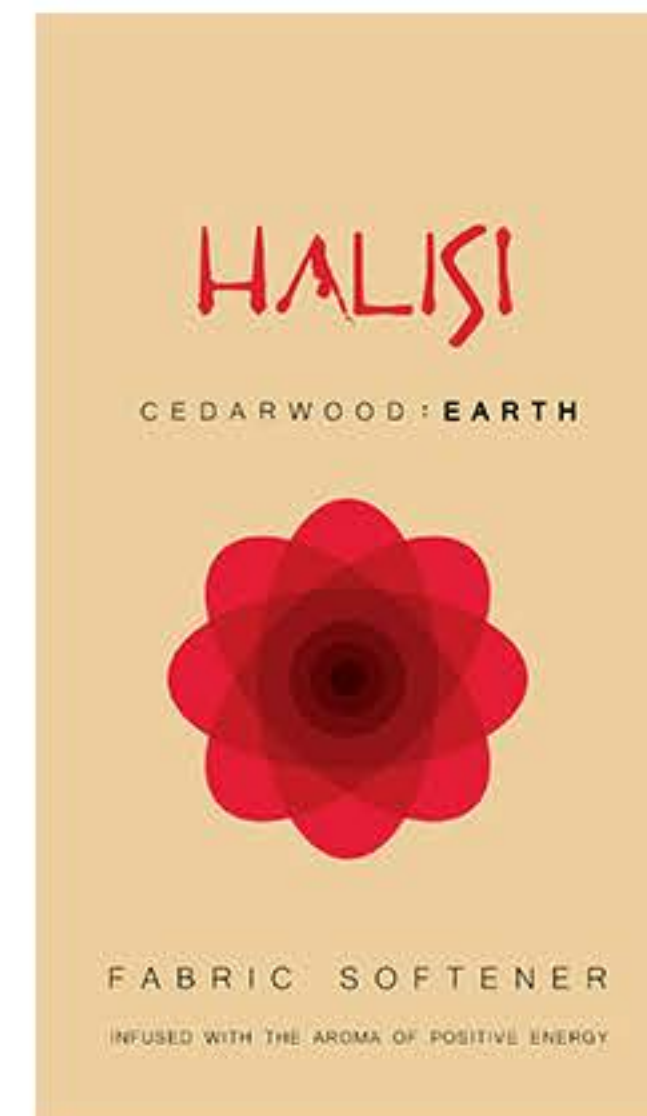
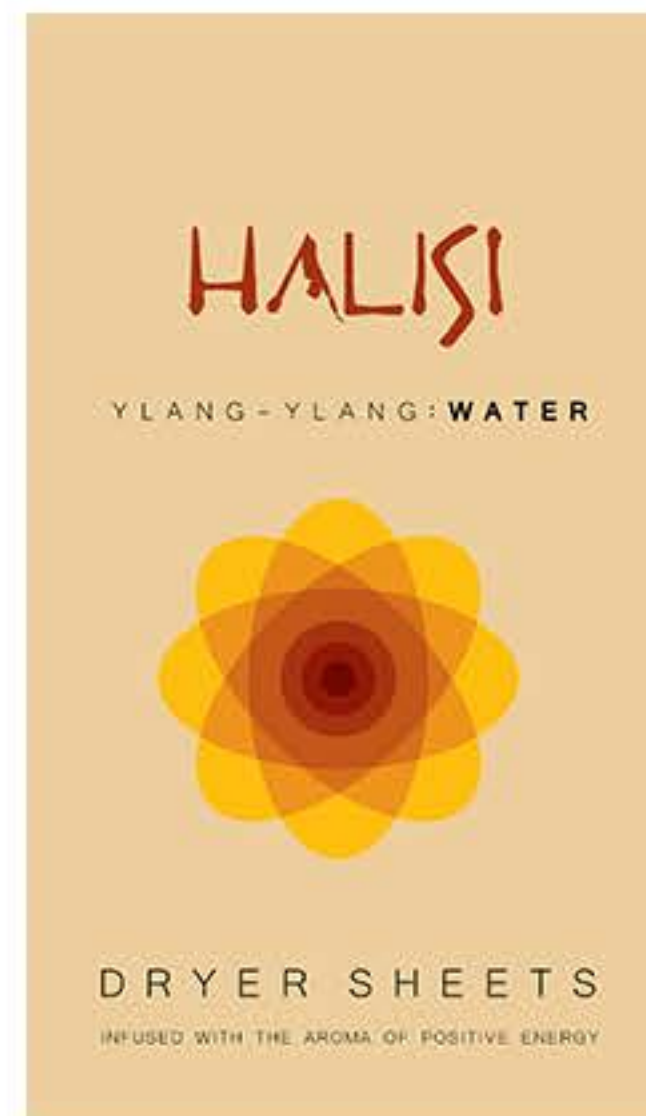
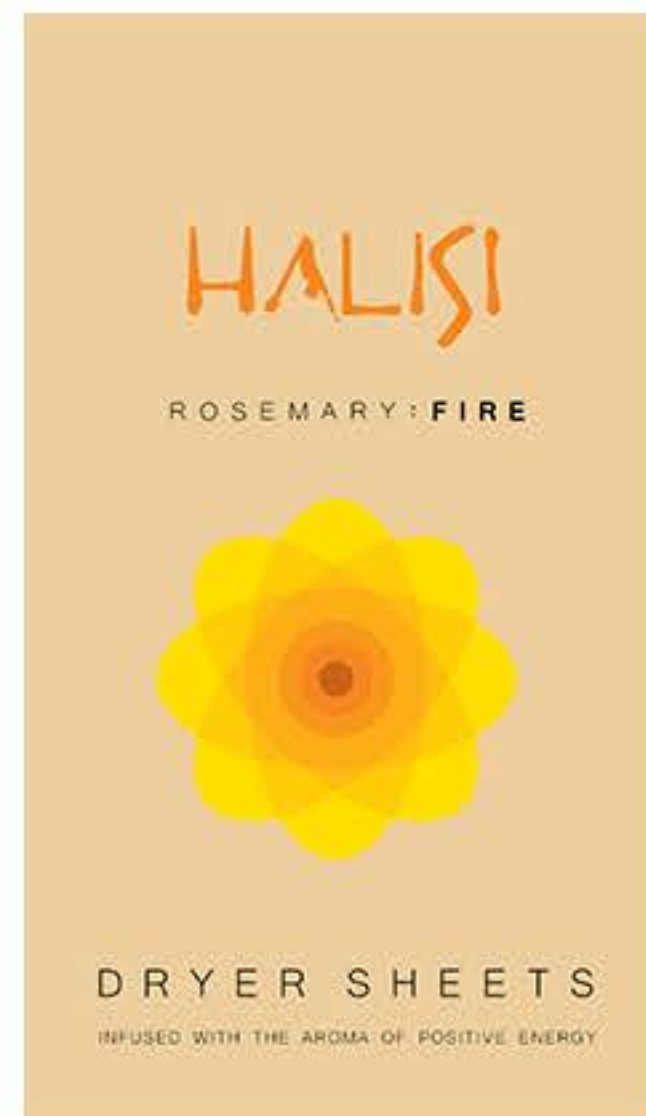
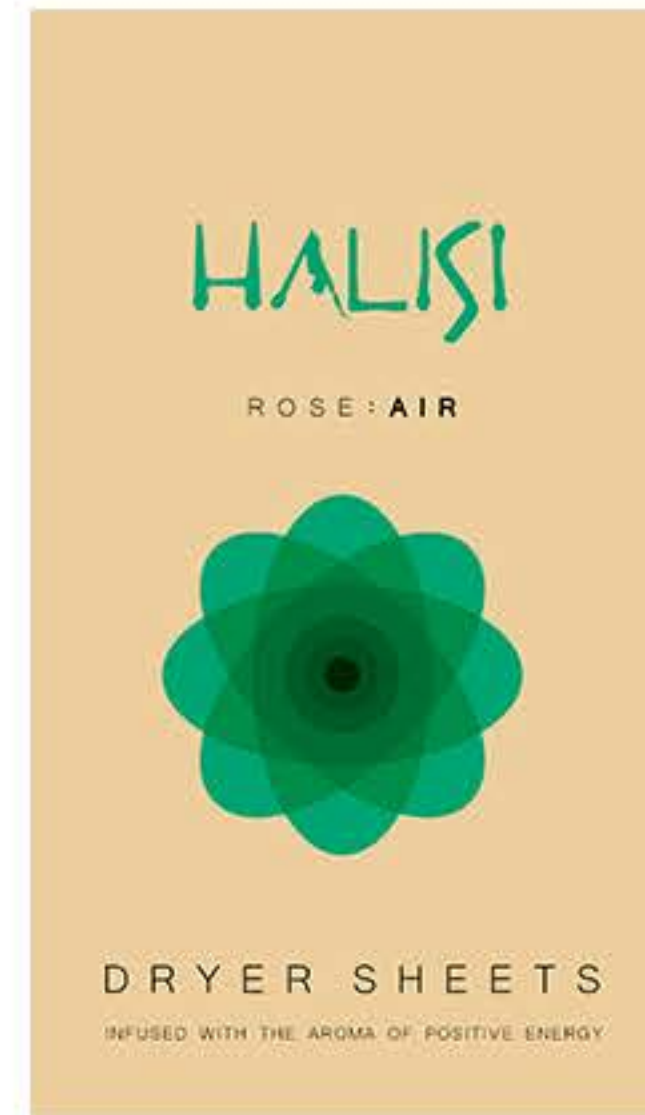
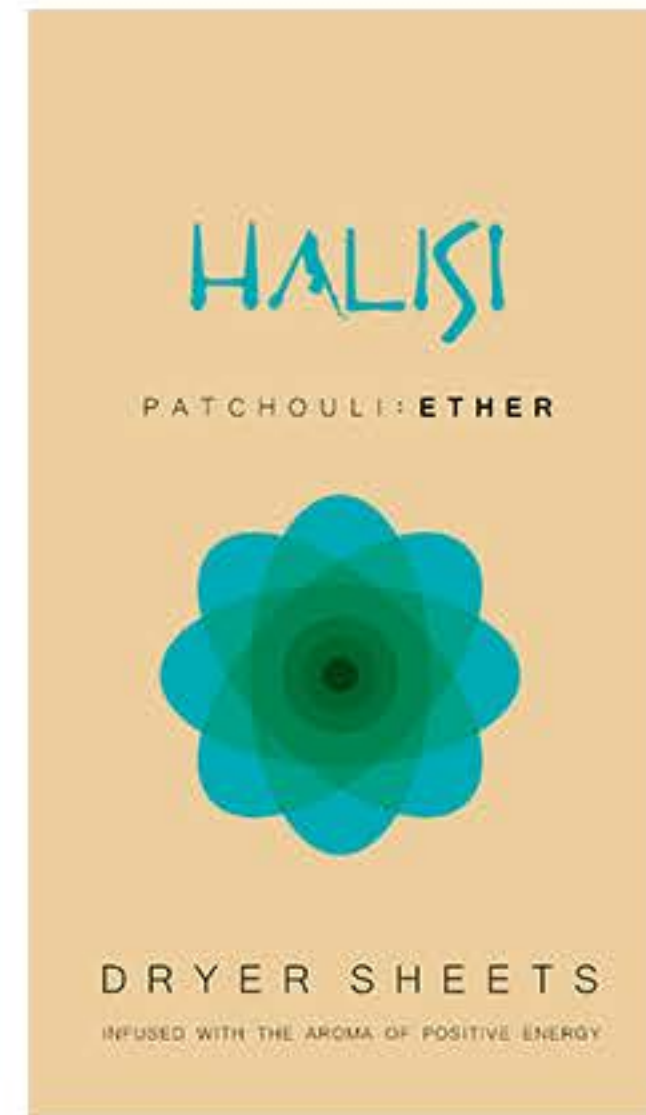
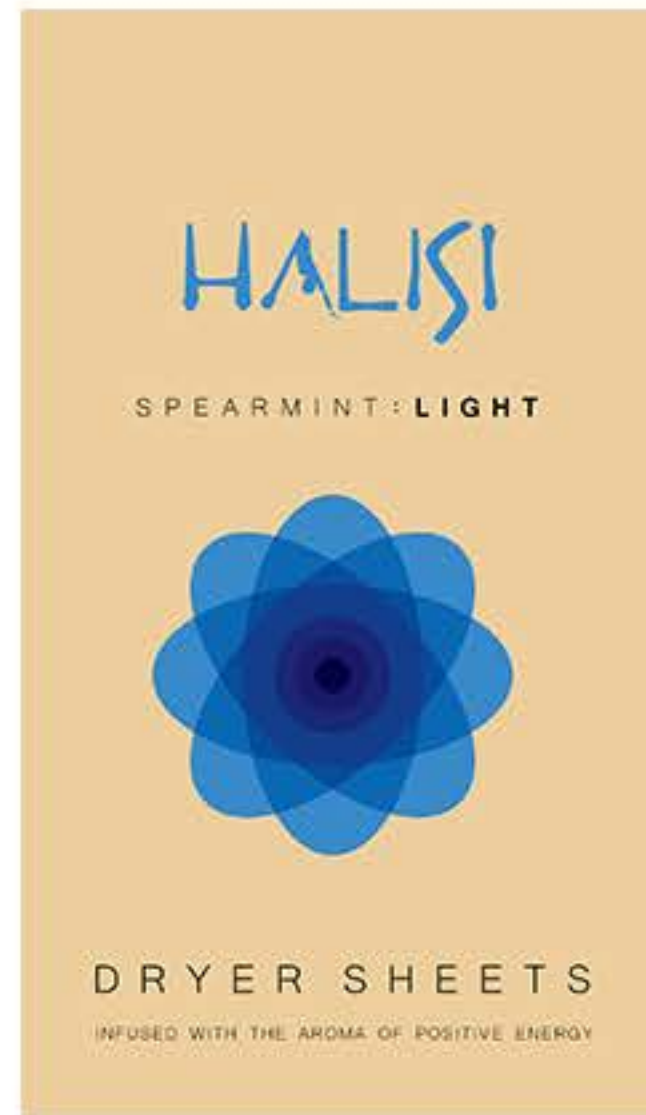
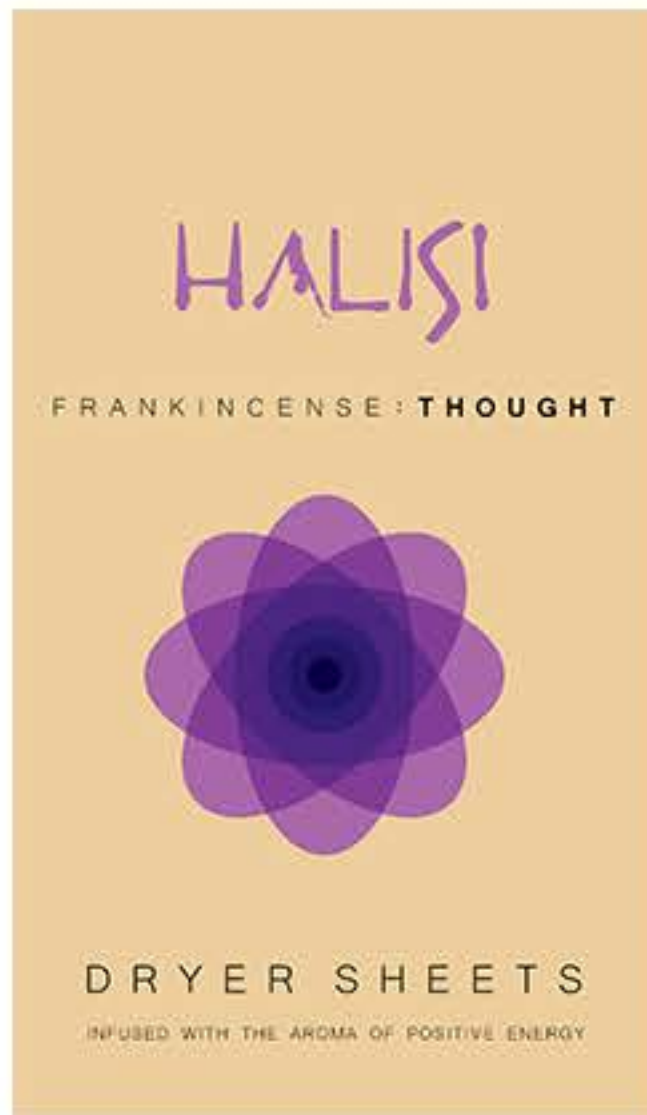
INGREDIENTS: Sweet Almond Oil, Jojoba Oil, Vitamin E, Shea Butter, and Fragrance

Store at temperatures above 64° degrees to keep product from solidifying.



Want More?

HALSI

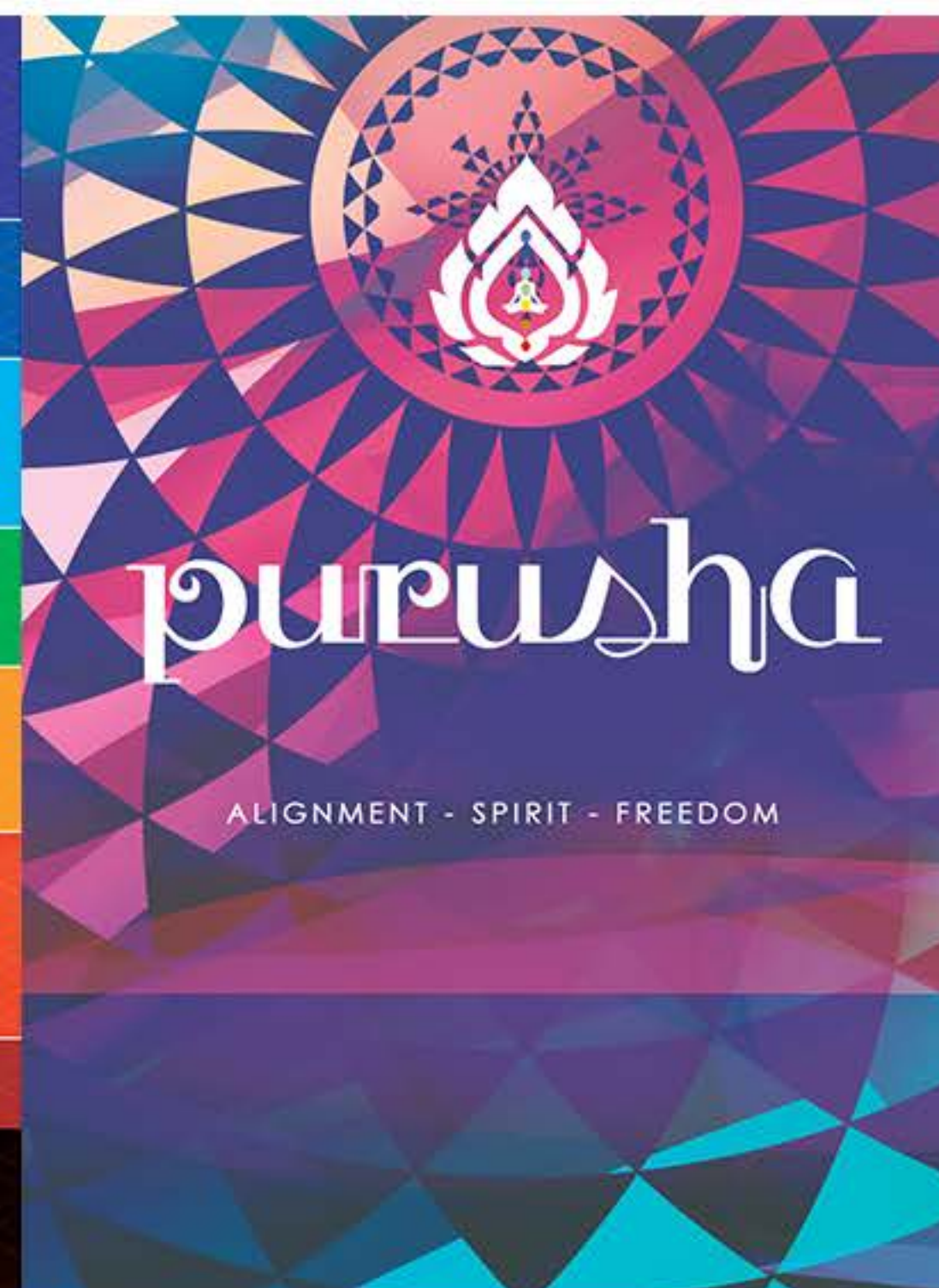




puruṣha

ALIGNMENT - SPIRIT - FREEDOM

Monday 8p - 9:30a Senior Yoga 7p - 8:15p Warm Room Yoga all levels 8:30p - 9:30p Sexy Fitness	INSTRUCTOR Toyla Sherida Sherida
Tuesday 6p - 7p Zumba 7:15p - 8:30pm Beginners Yoga	Lupita Adrienne
Wednesday 8a - 9:30a Senior Yoga 7p - 8:15p Red's Flow all levels 8:30p - 9:30p Dancehall	Pam Deep Red Molika
Thursday 7p - 8p Sexy Fitness 8:15p - 9:30p Yoga Flow Intermediate	Sherida Sherida
Friday 8a - 9:30a Senior Yoga 4:30p - 5:30 Kids Hip Hop 7p - 8p Free Community Class	Pam Pamela Varies
Saturday 8a - 9a Zumba 9a -10a Pilates 10a - 11:30a Beginner Yoga 12p - 1:15p Kids Yoga Boogie 4p - 6p Adult Drumming	Lupita Pamela Adrienne Anna Fred
Sunday 11a- 12:15p Chakra Meditation	Sherida
crenshawyogaanddance.org sheridacrenshawyoga@gmail.com	





Jason Kal
LEAD DEVELOPER

☎ 000 . 000 . 0000

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A NEW WAY TO HANDLE YOUR FREQUENCIES!

Transform your tuning fork into an ergonomic attunement device designed to amplify your experience.



Auners are counter-weighted to balance a tuning fork allowing you to relax your grip and contribute greater energy into a session. You will be more attuned and active while guiding the healing process.

Our **Auner** is constructed of lightweight, corrosion resistant aluminum as strong as steel, to maximize its durability and longevity. Contoured with a smooth surface, **Auners** provide an ergonomic grip to enhance the healing experience for both the practitioner and their clients. **Aune's caps** have high torque threading which allows for seamless, rapid changes and fine threading for secure attachment of the easily interchangeable **tips**.



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