



H ealth E ducation A cademics T raining

365 Athletics Camp

Building Strong Youth 365 Days a Year

365 Athletic Training Camp provides each youth between the ages of 10—17 a chance to prepare themselves for their next academic school year. We will offer athletics, strength and conditioning, academic tutoring, skill building and core values skill development in all activities.

Our camp will engage youth physically and mentally. There will be a rigorous strength and conditioning component geared to prepare all competitive and non-competitive athletes. The 365 Athletic Training Camp focuses not only on athletics but also on key elements for success that require zero athletic ability. Youth will learn about respect for self and others, career aspirations, team work and professionalism, coping skills for life's pressures regarding such elements as drugs, alcohol, sexual activity, the importance of a positive attitude, importance of giving back to the community and being a good citizen. These acquired skills will prepare youth for their next academic year.



The Boys & Girls Club of Newport County—Florence Gray Center
Orlando Peace · opeace@bgcnewport.org
1 York Street, Newport, RI 02840 · 401-847-4592
www.bgcnewport.org